A Virtual Learning Collaborative for Alcohol Screening, Brief Intervention and Treatment in Primary Care

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Objectives

• Discuss status of our latest grant application to National Institute for Alcohol Abuse and Alcoholism
• Seek your willingness to write a letter of support for the project.
• 30% of adults meet criteria for at-risk drinking or alcohol use disorder (AUD) during their lifetime
• Heavy alcohol use → preventable death
  – exacerbates/causes conditions seen in primary care
• Screening, brief intervention and referral (SBIRT) in primary care cost-effective to ↓ alcohol consumption
• Alcohol pharmacotherapy (meds) effectively ↓ risk of relapse in alcohol dependent patients
Guidelines

• NIAAA recommends systematic SBIRT in primary care, and consideration of alcohol pharmacotherapy for those with AUD

• USPSTF recommends all adults be screened for alcohol use and brief behavioral counseling as indicated to reduce alcohol misuse
Prior NIAAA Funded PPRNet Studies

• AA-TRIP 2004-2007
  – Improved alcohol screening (AUDIT C) and brief counseling for hypertensive patients

• AM-TRIP: 2008-2013
  – Improved and sustained SBIRT (single question screen) in hypertensive and diabetic patients
New R25 Submission

• Why another study?
  – Broader dissemination
  – 21st century implementation model (virtual learning collaboration)
  – Less costly/more generalizable approach

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Components of the VLC

ALC-TRIP Virtual Learning Collaborative

Discussion Boards
Share, problem solve, best practices, role-specifics, planning and evaluation activities

EHR Tools
Decision Support Templates, Implementation Guides

New Content/ Webinars
Academic Detailing, Performance Review, QI Planning

Alcohol Toolkit
NIAAA Guides, Videos, Rethinking Drinking, Case Studies, PPRNet Practice Performance Reports

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NIAAA Review of Jan 2015 Application

• “The strengths outweigh the weaknesses for this excellent application from this excellent team” (and Network)

• “Enthusiasm dampened because primary care practices have not been contacted to determine if they will participate”
Practice Participation
Requirements

• Send regular EHR extracts
• Attend intro webinar
• Record data in structured fields for ALC-TRIP
• Intervention: opportunity to view monthly webinars (sync or async) and use web resources/discussions
• Survey at end of 18 months
Practice Incentives

- Financial incentives to defray all or part of PPRNet membership fee ($295 per provider/year)
- CME credit
- ABFM Part IV MOC for FPs
- Components for PCMH applications
- Education/practice QI support for staff and clinicians

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Will You Participate?

- Letters of support (non-binding) are needed by Sept 10, 2015
- A template is available
Thank You!

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