A VIRTUAL LEARNING COLLABORATIVE FOR ALCOHOL SCREENING, BRIEF INTERVENTION AND TREATMENT IN PRIMARY CARE (ALC-TRIP)

Lynne S. Nemeth, PhD, RN, FAAN

Grant 1 R25 AA024430-01A1 National Institute of Alcohol Abuse and Alcoholism
OBJECTIVES

• Provide an overview of the ALC-TRIP virtual learning collaborative (VLC) and it’s goals
• Present timelines and project activities
• Call for any final practices interested to participate
• 30% of adults meet criteria for at-risk drinking or alcohol use disorder (AUD) during their lifetime
• Heavy alcohol use → preventable death
  – exacerbates/causes conditions seen in primary care
• Screening, brief intervention and referral (SBIRT) in primary care cost-effective to ↓ alcohol consumption
• Alcohol pharmacotherapy (meds) effectively ↓ risk of relapse in alcohol dependent patients
• NIAAA recommends systematic SBIRT in primary care, and consideration of alcohol pharmacotherapy for those with AUD

• USPSTF recommends all adults be screened for alcohol use and brief behavioral counseling as indicated to reduce alcohol misuse
This alcohol education project will:

- Develop and implement ALC-TRIP, a virtual learning collaborative, for primary care staff and clinicians to develop approaches to improve alcohol screening, brief interventions and pharmacotherapy.
- Compare effectiveness of practice participation in ALC-TRIP on alcohol SBIRT and medications to non-participation in 20 practices over 12-18 months.
- Examine the strengths, weaknesses, opportunities and threats related to this approach from the perspective of the stakeholders.
PRACTICE PARTICIPATION

We provide:
• CME credits
• Component PCMH QI
• Education: staff, clinicians, residents
• Practice QI support/coaching for SBIRT improvement

Your involvement:
• Implement alcohol screening, BI, consider Rx for AUD
• Document in structured EHR fields
• If in intervention VLC: 1 hour/monthly: webinar, reading, e-discussions
• A website that will provide
  – Embedded educational content for clinicians, staff and patients
  – Webinars, podcasts, videos, and resource material
  – Active facilitated discussions in Moodle CE

• Sharing practice experiences and networking may motivate, provide new skills and build confidence in practice interactions with patients who might be resistant to treatment
VLC COMPONENTS

**New Content**
- Webinars
- Podcasts
- Academic Detailing
- Case Studies
- Performance Review
- Quality Improvement Planning

**Implementation Toolkit**
- NIAAA Guides Videos
- Rethinking Drinking
- Case Studies
- PPRNet Practice Performance Reports Repository
- EHR clinical decision-support tips

**Discussion Forums**
- Share and solve problems
- Disseminate best practices
- Redesign practice roles
- Planning and evaluation
- Breakout for clinicians and staff/administrators
PPRNet Virtual Learning Collaborative: ALC-TRIP

CONTENTS

1. Implementation Toolkit-Alcohol
   Resources
   Progress: 0 / 2

2. Implementation Toolkit-CDS

3. 1 - ALC-TRIP Introduction

4. 2 - Medications for alcohol use disorders

5. 3 - IMPLEMENTING BEST PRACTICES IN ALCOHOL SCREENING, BRIEF INTERVENTION AND MEDICATION USE
   Not published to students

6. 4 - APPROACHES TO BILLING FOR ALCOHOL SCREENING AND BRIEF INTERVENTION
   Not published to students

7. 5 - "BEST PRACTICE HIGHLIGHTS"
   Not published to students

8. 6 - MAKING IT ROUTINE: SUSTAINING IMPROVEMENTS AND OVERCOMING BARRIERS
   Not published to students

9. 7 - ALC-TRIP SUCCESS STORIES AND FAQS
   Not published to students

10. 8 - NEW EVIDENCE
    Not published to students

11. 9 - ALC-TRIP MIDPOINT: HOW ARE WE DOING?

12. Files
    Progress: 0 / 3 Not published to students

Create a new section  Course Tools
WHAT’S EXPECTED OF PRACTICES

• Appoint point person in practice for communication
• All practices view webinar (intro)
• Intervention practices enroll staff and clinicians in Moodle CE ALC-TRIP course-receive login/password
• Clinicians and staff download resources, read new content (monthly)
• Participate in discussions as desired in each monthly new content update
• Review performance, plan improvement processes with ALC-TRIP team
• Complete survey at end of intervention
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## TIMELINE

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ALC-TRIP TEAM

- Steve Ornstein, MD (faculty)
- Sarah Book, MD (faculty)
- Cara Litvin, MD, MS (faculty)
- Andrea Wessell, PharmD (faculty)
- Ruth Jenkins, PhD (informatics)
- Vanessa Congdon, MS (informatics)
- Paul Nietert, PhD; Mary Dooley, MS (statisticians)
- Michelle Nichols, PhD, RN (faculty/qualitative evaluator)
- Lynne Nemeth, PhD, RN (PI)
- Alex Walters (Ed Technology)
- Cassidy Sandercock (student)
ADVISORY BOARD

• Vanessa Allen, MD
• Susan Andrews, MD
• Hal Chertok, DO
• Peter Miller, PhD
PRACTICES INVOLVED

- Plymouth Family Physicians
- JP VanDongen
- Quality Family Practice
- Fulton Family Health Associates
- New London Family Medicine
- Internal Medicine and Pediatrics of New Albany
- Hilliard Family Medicine
- Skyline Family Practice

- Kachina Family Practice
- Lovelace Family Practice
- UT Health
- MUSC Family Medicine
- MUSC General Internal Med
- Sopris Family Med
- Cayuga Family Med
- Rio Grande Medicine
- Donna Medical Clinic
- Riverside Family Physicians
• We still have room for at least 2 more practices
• Practices that enroll will receive incentives to defray PPRNet membership fees
Thank you for helping to conceptualize this project, and for your support

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