MESSAGE FROM THE CHAIRMAN:  
HAPPY, HAPPY, NEW YEAR!

-SCOTT T. REEVES, MD, MBA

2011 was an exceptional year for the department. We have grown to 55 faculty, 45 residents and 75 CRNAs and approximately 20 support staff. With all the growth has come the need to be proactive in our planning. Over the past nine months, the faculty have been working on a five year strategic plan for FY 2012-2016. It has focused on the areas of Faculty Development, Education, Research, Clinical Care and Finance. Each one of these focused areas had a strategic committee charged with creating a mission, vision and implementation strategy. The faculty had a day long retreat on November 19 in the Gazes auditorium to reach final agreement. I am pleased to report that the strategic plan is finished and can be viewed by clicking here.

Completing the vision was the easy part; now we must all roll up our sleeves, take ownership and implement it. 2012 will be a challenging year as the presidential election will occur. Healthcare reform will continue. Despite all the outside forces at play having a road map (strategic plan) will assist us in our journey to become a nationally and internationally acclaimed academic department.

For the next five months, Sleepy Times will highlight one of the five strategic areas. In this edition, Dr. Fred Guidry summarizes the Faculty Development plan.

As we begin 2012, I personally want to thank each one of you for allowing me to be your chairman. It is a privilege to represent such an excellent department.

Happy New Year!

Scott
Faculty Development
By: Fred Guidry, MD

One of the most successful academic anesthesiology departments in the country is at Washington University in Saint Louis. The December issue of Anesthesiology focuses on that department by publishing eighteen articles from that department and an editorial from Bill Owens (past chair) and Alex Evers (present chair). Part of that editorial says “A successful academic culture embraces and integrates research, quality improvement, clinical care, and education. The measure of that culture is not National Institutes of Health funding, publications, or resident match lists. It is the impact and legacy of the people who train and work in the department that influences and improves anesthesiology and medicine.” I would encourage you to read the entire brief editorial because it is a roadmap to excellence. It is available by clicking here.

The goal of faculty development is to develop a department as described in the above quote that both improves people’s lives but also provides a rewarding career for those in the department. It would be very hard to describe our mission better than Owens and Evers did.

The MUSC anesthesiology department is in a unique position because of the fifty-six faculty, forty-one have joined the Department since July of 2006. In essence the faculty is a blank slate from which a world class department can be crafted. What must be done to approach the level of excellence and output of departments such as Washington University?

This is also an exciting time in faculty development because there is a renewed emphasis by the College of Medicine on development. All departments were required to submit a faculty development plan by August. The Department’s plan can be downloaded by clicking here. The COM has also begun a series of quarterly meetings to share thoughts and ideas on mentoring.

Mentoring is considered to be a key to developing a productive academic career and unfortunately is one of the Department’s weaknesses because of the relative junior status of most faculty. There are simply not enough senior people to spread around. This is an area in which we will have to be creative because conventional mentoring plans are not applicable.

The next area of weakness has been a dearth of research opportunities and infrastructure. This is rapidly improving with the addition of Frank McGowan and his research lab. The rapid developments in this area including the availability of time and funds for research will be covered by Dr. McGowan in a future Sleepy Times article in this series.

One unique aspect of development within the Department is the availability of resources for leadership development. Grants are available from the Joanne Conroy endowment to members of the faculty for substantial development opportunities such as advanced degrees, training in education, advocacy, etc. These grants coupled with substantial leadership experience within the Department should provide ample opportunities.

On an individual level, the goal is a dual one - developing a rewarding academic career and having that development being recognized by promotion.

Much of the Department’s plan is devoted to the mechanics of promotion – developing a portfolio, maintaining a CV, and the function of the Promotions Committee.

The Department now has the opportunity to move to the next level. It is incumbent on us all to make sure we get there. Please take a minute to become familiar with the faculty development strategic plan on the next page.
Faculty Development Strategic Plan

Mission:
Our mission is to develop academic careers, promote lifelong learning and professional development, motivate junior faculty to become leaders in academic medicine, develop skill sets for excellence in all areas, provide a support system for new faculty, support diversity, and reduce stress and burnout of individual faculty.

Vision:
Our vision is that all faculty will achieve their individual full potential as members of the College of Medicine and MUSC and be rewarded for that achievement and that these achievements will result in a nationally and internationally acclaimed academic department.

Strategic Objectives:
Develop a mentoring system that supports and encourages faculty in their development
Provide opportunities for faculty to excel in clinical care, research, education, and administration
Provide unique opportunities for leadership development
Support individuals in developing the materials necessary for successful promotion

Performance metrics:
Monitor indices of research production in conjunction with the Research Committee such as grant submissions, IRB approvals and accepted peer reviewed articles
Monitor benchmarks of the other three areas of practice especially against previously agreed upon goals
Track academic time granted against academic productivity
Compare faculty promotion to the next level against time at current level

Christmas Breakfast at Hominy Grill
The departmental administrative assistants and residency program coordinators had a wonderful breakfast at Hominy Grill with the department’s administrative leadership to celebrate another great year. We are all truly appreciative of the outstanding job that they do for the faculty and residents.
PICIS UPDATE: EXISTING AIRWAY MACRO
BY: LARRY FIELD, MD

There is an 'Existing Airway' macro available to be used for patients that are already ventilated/sedated (and therefore do not necessarily need an induction and/or airway device placement macro). Use of this 'Existing Airway' macro will ensure that billing/regulatory events are still present (see below) and lets us know that there was no airway placement for the attending to document presence. Use of this 'Existing Airway' macro should reduce unnecessary automatic emails to complete “missing” documentation. This macros does not have an icon at this time, but selection of the 'Existing Airway' macro from the drop-down 'Macros' list as shown will deploy the macro/events.
DR. MATTHEW MCEVOY NAMED GOLDEN APPLE NOMINEE & TEACHER OF THE MONTH!

This year the department of Anesthesia had great success in its participation with Families Helping Families. We initially started out with two families, but due to the vast amount of charitable donations by members of the department, we were able to take on another family! Not including donated gift items, the department was able to raise $1,581 in monetary donations which went to various gifts for families including clothing, electronics, toys, and grocery gift cards. The administrative staff held a gift wrapping party prior to sending off the goods. Each member was responsible for bringing in a delectable snack. One of the favorites was Kim Crisp’s blueberry cobbler, a big hit! Thanks to all for your generous help and donations!

FAMILIES HELPING FAMILIES: A BIG SUCCESS FOR 3 FAMILIES!

The Students of MUSC College of Medicine

certify to all that:

Dr. Matthew McEvoy

has been nominated as a

Teacher of the Month—November

Granted: December 9, 2011

Julie Teuber, Faculty Excellence Co-Chair
CRNA CORNER: Fran Zinko Has Retired!

All good things must come to an end, and so, Fran Zinko’s run as a CRNA at MUSC ended December 31, 2011. We just need to figure out how we’ll keep going after she’s gone. Who will wear all the hats she wore?

Fran started her medical career as a corpsman in the Air Force in 1967. She then took a break to start her family before returning to nursing school and graduating in 1979. After working as a nurse for many years, she returned to nurse anesthesia school in Charleston, SC at MUSC, completing a Masters of Science in Nurse Anesthesia in 1994. She accepted a job in Columbia after graduation, and worked there until March 1997 when she returned to MUSC as a staff CRNA. She’s been here ever since.

Along the way she managed to serve 21 years in the Army reserve, even spending 90 days in Iraq in 2002. She retired from the reserves in 2008 as a Lt. Colonel.

She was the President Elect and President of the South Carolina Association of Nurse Anesthetists from 2006-2007.

Fran has been a role model to many staff members and students over the years, always working to make things better in the department. She has been a daily coordinator, helping the OR charge nurse and the DOD run the schedule, and a part time manager for me in my absence. She’s the “go to girl” in the Main Anesthesia department.

I was talking to my oldest daughter several years ago, and mentioned that I wouldn’t be around forever, and she said, “you can’t die yet, I still have a lot of questions!”

So Fran, I say to you, you can’t retire yet, there’s still a lot you need to teach us!

Thanks for all you’ve done. We love you to the moon and we’ll miss you!

Wendy and all the Main CRNAs.
Research Corner

In December the following articles from the faculty were published.

In Anesthesia Analgsia

**GUIDELINES AND STANDARDS**

**Management of a Symptomatic Patient with a High Transvalvular Gradient Across a Stentless Aortic Valve**

Caroline Cunningham McKillop, MD,* Alan C. Finley, MD,* John S. Ikonomidis, MD, PhD, FRCS(C), FACS, FAHA, FACC,‡ William M. Yarbrough, MD,‡ and Scott T. Reeves, MD, MBA*

In the *Journal of the American Society of Echocardiography* (JASE)

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Meet the New Staff

**Dawn Leberknight**

*Residency Program Assistant*

Dawn grew up in the small town of Washington, NC, and moved to Charleston to attend college. While attending the College of Charleston, she met her husband Shawn, and they have been married for a little over a year now. After majoring in English and minoring in Education, Dawn worked at Moultrie Middle School in Mount Pleasant for three years. She loved her seventh grade students but knew it was time to pursue a career in medical education. Dawn is no stranger to the medical field as her brother is a CRNA in Portland, Oregon, and her father is Physician Assistant in New Bern, NC. Dawn is really excited to be joining us here and looks forward to working with everyone.
2011 Annual Anesthesia Holiday party Starts with Raffle Winners!
2011 Annual Anesthesia Holiday party and Smiling Faces!
2011 Annual Anesthesia Holiday party, More Smiles!
2011 Annual Anesthesia Holiday party Dancing At Its Best!
January is a time for reflection. A time for looking back at 2011 and asking yourself, “Did I accomplish all that I wanted in my personal and professional life?” or framed another way “Was my moustache as righteous as it could have been?”

Yes, sadly, Movember is but a fading memory. What? You didn’t hear about Movember? Maybe you were on sick leave or vacation for the several weeks, either that or you have the spam filter settings on your e-mail adjusted properly!

Movember is an international fundraiser aimed at increasing awareness of men’s health issues and giving financial support of prostate cancer and the LIVESTRONG foundation, among others. It began in Australia, and since 2004 has grown in size to over 850,000 participants from 14 countries raising nearly 108 million dollars this year!

Participants in this event are encouraged to start clean-shaven on Movember 1st, and grow a moustache for the entire month. Women are also invited to share in the fun, by joining the team and embarking on their own fund-raising efforts.

26 members of the department joined our team, named “aneStaches” by Ilka (Thanks!). Nearly half of our members were women, go Mo’Sistas, and a fifth of the total who joined were CRNA’s!

Who would have known how many secret moustache lovers were out there?! I really enjoyed seeing the home-grown creations. It was fun to see the reactions over the month and was a great bonding experience.

Thanks to Frank McGowan who sponsored a party in celebration of all things, ‘Stache’ at the end of the month. Thanks to the Mo’Sistas who created two very generous awards which were decided upon and given out at the endStache event; sexiest moustache and chester-the-molester (I can’t remember who won what). John Redding, Amanda’s husband, was the overall leader in individual contributions raised, and in the end team aneStaches was able to raise $1,610 for the cause; Thank you! Also, a special thanks to honorary Mo’Bro, Scott Walton, for volunteering his time and photography expertise by taking the aneStaches team photo, as well as many and the ending party.

Who’s in for next year?!
Notable Righteous Moustache Victims!

Frank Stewart, MD
Horst Ricke, MD
Larry Field, MD
Will Hand MD
Frank McGowan, MD
John Redding
Eric Nelson, DO
Laurie Uebelhoer, CRNA
Grayce Davis, MD
Ilka Theruvath, PhD, MD

MO-Sisters
Babies, Babies Everywhere!

Jackson Bennett Cierney
7 lbs 6oz
Born 10/20/2011

Wells Louis Straughan
7 lbs 2 oz
Born 11/1/2011

Bejamin Walker Gaddy
7 lbs 20"
Born 10/28/2011
Babies, Babies Everywhere!

Julia Marie Heinke
7 lbs 3 oz
Born 11/18/2011

Caroline Meena Choi
6 lbs 12 oz
Born 11/1/2011

Asher Hayes Dancy
8 lbs 4 oz
Born 12/1/2011
Ansley McEvoy’s Attempt Breaks the World Record!

Ansley's Attempt was successful! On December 3, 2011, the road to building The Journey House began with Ansley, her family, and the Charleston community setting a new Guinness World Record for the largest picture mosaic ever constructed by people! A picture that Ansley drew (here) was blown up to be 81' x 108'! Local school children and many other volunteers colored 2'x3' boards, each comprising one of 1,458 pieces that made up the mosaic! Accomplishing this feat obviously took a huge collective effort on the day of the event and leading up to it! You can click here (ABC News4) or here (Live5News) or here (YouTube) to see local news coverage of the event.

This event would not have occurred without the generous support of our community and our corporate sponsors! Thank you for making this day possible for Ansley and for those that The Journey House will serve!

The first phase of the building project for The Journey House will cost about $2,500,000. We are setting a first-step goal of $250,000 in order to get the ball rolling. This will allow us to move forward with securing a loan for the property on which The Journey House will be built. All donations will help toward this goal. A recurring donation of $20, $50, or more per month would be outstanding, as our recurring donation will help us plan the timeline for developing The Journey House - and the more donors that sign up the faster we can make this a reality! If you are interested in making donations to support this cause, please visit the official Journey House website by clicking here, or visit www.thejourneyhouse.org.
Ansley’s Attempt Breaks the World Record!

Cathy Reeves following signing support for the Journey House

 Residents in stands preparing to go onto the field

Residents Tim Heinke and Ryan Nobles

McEvoy family looking at mosaic on the field

McEvoy family standing adjacent to EMC showing off Guinness Book of World Record Plaque after breaking the record

Drs. Rick Smith and Kim Payne awaiting to go onto the field
GRAND ROUNDS FOR MONTH OF JANUARY

“Management of the Chronic Pain Patient for Ambulatory Surgery”
January 3, 2012
Ryan Gunselman, MD
Medical University of South Carolina

“Sympathetic Nerve Blocks”
January 10, 2012
Arthur Rick Smith, MD
Medical University of South Carolina

January 17, 2012
Sylvia Wilson, MD
Medical University of South Carolina

“M&M”
January 24, 2012
Susan Harvey, MD
Medical University of South Carolina
Future Events/Lectures
3/Jan—Management of the Chronic Pain Patient for the Ambulatory Surgery, Grand Rounds, Ryan Gunselman, MD
4/Jan—Anesthesia for Genitourinary Surgery; Anesthesia for Patients with Renal Disease, CA1, Carlee Clark, MD
9/Jan—Fibromyalgia/Myofascial Pain Syndromes, CA2/3, Stephen Gibert, MD
10/Jan—Sympathetic Nerve Blocks, Grand Rounds, Arthur R. Smith, MD
11/Jan—Anesthesia for Patients with Endocrine Disease; Anesthesia for Patients with Neuromuscular Disease, CA1, Dwayne McClerklin, MD
16/Jan—Diagnosis and management of SIADH and DI, CA2/3, Tom Epperson, MD
23/Jan—Chronic Pain Management “Barash Ch. 58”, CA2/3, Arthur R. Smith, MD
24/Jan—M&M, Susan Harvey, MD
25/Jan—Management of Patients with Fluid & Electrolyte Disturbances; Fluid Management & Transfusion, CA1, Larry Field, MD

I HUNG THE MOON
Don’t forget to nominate your co-workers for going ‘Beyond the Call of Duty’. I hung the Moon slips are available at the 3rd floor front desk, and may be turned in to Rhonda or Kim. Thanks so much!!

Dwayne McClerklin, MD: Going above and beyond the call of duty and staying after hours to help out fellow staff in case starts.

We Would Love to Hear From You!
If you have ideas or would like to contribute to Sleepy Times, the deadline for the February edition will be January 23, 2012.