Authentic Leadership Course Registration Form

Are you confident in your leadership strengths to get the best results from the people you are leading and influencing? This truly unique two day course will allow you to discover your authentic leadership style to be a more effective leader. Self-awareness is the first step, and this course is designed to help you clarify and articulate the strengths of your leadership style, learn new tools, and gain more confidence to put these into practice.

Course Learning Objectives

- Create greater self-awareness and confidence in your own leadership style
- Understand ways to adapt your style to lead and influence others better (DISC model)
- Learn a process to prepare for difficult conversations and tips to lead them more effectively
- Gain insights into the power of storytelling and narrative leadership
- Identify your personal leadership goal and next steps
- Build your network of leaders

<table>
<thead>
<tr>
<th>Day 1: Self Development</th>
<th>Day 2: Others Development</th>
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<tbody>
<tr>
<td>• Your Leadership Strengths and Challenges</td>
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<td>• Introduction to Emotional Intelligence</td>
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<td>• Understanding DISC Leadership Styles</td>
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<td>• Strategies for Leading and Influencing Others Better</td>
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<td>• Process to Prepare for Difficult Conversations</td>
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<td>• Tips for Leading Difficult Conversations</td>
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<td>• Understanding Your Leadership Story</td>
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<td>• Storytelling as a Communication Tool</td>
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<td>• Identifying a Leadership Goal &amp; Next Steps</td>
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Who Should Attend?
C-Level, VPs, Directors, Managers, Team Leads, Business Owners (anyone looking to develop their leadership skills)

Class Size is Limited
Courses usually have between 14-24 people; we limit them at 30 people to ensure a quality experience.

Upcoming Courses & Costs

<table>
<thead>
<tr>
<th>City</th>
<th>Date</th>
<th>Location</th>
<th>Cost</th>
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<tbody>
<tr>
<td>NYC</td>
<td>Sept 17+18</td>
<td>W Union Square</td>
<td>Early $1895 (Regular $2095)</td>
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<tr>
<td>Boston</td>
<td>Sept 28+29</td>
<td>Le Méridien Cambridge</td>
<td>Early $1895 (Regular $2095)</td>
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<tr>
<td>Washington</td>
<td>Oct 1+2</td>
<td>Westin Alexandria</td>
<td>Early $1895 (Regular $2095)</td>
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<tr>
<td>Toronto</td>
<td>Oct 6+7</td>
<td>Westin Harbour Castle</td>
<td>Early $1795 (Regular $1995)</td>
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<td>Seattle</td>
<td>Oct 19+20</td>
<td>W Seattle</td>
<td>Early $1895 (Regular $2095)</td>
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<tr>
<td>Chicago</td>
<td>Oct 22+23</td>
<td>Westin Michigan Avenue</td>
<td>Early $1895 (Regular $2095)</td>
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<tr>
<td>Los Angeles</td>
<td>Nov 16+17</td>
<td>W Westwood</td>
<td>Early $1895 (Regular $2095)</td>
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<tr>
<td>San Francisco</td>
<td>Nov 19+20</td>
<td>Le Méridien San Francisco</td>
<td>Early $1895 (Regular $2095)</td>
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<tr>
<td>NYC</td>
<td>Nov 30 + Dec 1</td>
<td>W Union Square</td>
<td>Early $1895 (Regular $2095)</td>
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<tr>
<td>Las Vegas</td>
<td>Dec 3+4</td>
<td>Cosmopolitan Hotel</td>
<td>Early $1895 (Regular $2095)</td>
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<tr>
<td>Toronto</td>
<td>Dec 15+16</td>
<td>Westin Harbour Castle</td>
<td>Early $1795 (Regular $1995)</td>
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Fax completed form to Fax #: 613-249-7124 or email to info@trilliumteams.com
You will be contacted within two business days with availability & confirmation.

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<td>Other Contact for Billing</td>
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**Indicate Your Course Date & Location**

- The Course Calendar is at [www.trilliumteams.com/courses](http://www.trilliumteams.com/courses)
- **Early Bird Price** applies to registration 1 month prior to course start date.
- **Cost Includes** all course materials, a personalized DISC report, complete breakfast, lunch, snacks and refreshments.

**Method of Payment**

- **Bill Me** – Pay by Check (You will receive an invoice upon registration).
- **Credit Card** (Circle Card Type)
  - AmEx  MasterCard  VISA  Discover
  - Card Number: __________________________________________________________________
  - Expiry Date: ____________
  - Security Code: ____________
  (Note: 3-digit code on back of most cards or 4-digit code on front for AmEx)

**Food Restrictions, or Special Needs?**

**Cancellation Policy**

- Cancellation within 21 business days prior to course start date is subject to a cancellation fee of 50% of the total cost or participant can select another available course date.
- To change course date within 10 business days of course start date, is a $200 administrative fee
- No show on course day will be charged the full amount.
About Trillium Teams

Trillium Teams helps organizations build stronger teams and leaders through team building workshops, leadership courses, team coaching, and facilitation services. Since 2005, Trillium Teams has helped hundreds of clients in diverse industries, small and multinational organizations, government departments, and associations build stronger and more productive work environments.

Workshop Leaders: This course is facilitated by Ruth Gmehlin and Jill Geddes, Partners at Trillium Teams Incorporated. Jill and Ruth are consistently recognized for their professional, open and relaxed facilitation style. They create the ideal learning environment allowing participants to be engaged and have that transformative experience, all while having fun. Their goal is to help participants put their authentic leadership style into practice back at the office.

Having two facilitators present at all times is a key differentiator for this course. Trillium believes so strongly in teamwork that they model the behaviour in their workshops. Two facilitators allows:
- Everyone to be engaged, heard, and understood, because participants learn in different ways and respond to different styles.
- The energy level to stay high resulting in a more productive course environment.
- Feedback and notes to be accurate, since both facilitators are always engaged.

Partial Client List

Abbott Diabetes Care
ATB Investor Services
AstraZeneca
Allen Vanguard
Andrew Peller Limited
Adobe Systems Inc
Bristol-Myers Squibb
Canadian Medical Association
Calian Technologies Ltd
Chipworks
Canadian Management Centre
CIBC Bank
Computer Room Services Corporation
Covidien
CVE Inc
Deluxe
Dana Industries Inc
Ernst & Young
Excel HR
Export Development Canada
Fusioncast
FGL Sports
Hawthorne Seniors Care Community
HP
Intermap Technologies
Kaiser Permanente
Logistec Corporation
Linamar Corporation
Marriott International
McKenna Long & Aldridge LLP
Microsoft
Millennium/Takeda
Motorola Solutions
Northstar Aerospace Inc
Ottawa International Airport Authority
P2S Engineering
Parent Resource Centre
Pharmaceuticals
Polymer Logistics
Pestalozzi Environmental Health Services Inc
Quabbin Wire & Cable Co.
Queensway Carleton Hospital
Rogers Communications Inc
SMART Technologies
Shire Pharmaceuticals
Sikorsky Aircraft Corporation
SNC Lavalin
Tesla Motors
The Nature Conservancy
The Banff Centre
The Royal Canadian Mint
Transglobe Energy Corporation
Toronto Dominion Bank
Toyota
United Bankers' Bank
Unison Construction Management Ltd
Upromise
Verizon Wireless
Vonage
WestJet
World Wide Technology

Trillium Teams Inc | Ph: 613.241.6472 | info@trilliumteams.com | www.trilliumteams.com
Course Participant Testimonials

“There are many different levels of content introduced throughout this course. I have learned different ways to communicate and relate that I never imagined. I can’t wait to incorporate what I learned into my work environment.”  **Amy Button, Sr. Account Executive, Gartner**

“Ruth and Jill are a dynamic duo! The course is well organized and purposeful throughout every segment. They give leaders and future leaders the tools to grow and mentor others.”  **Jim Deeken, Vice President, Marketing, Children’s Hospital of Los Angeles**

“I learned a lot about myself and was surprised at what I learned. I thought I was coming to learn how to manage others, but I learned more about managing myself.”  **Theresa Torres, Sr. Product Manager, Digital Marketing, Abbott Diabetes Care**

“I loved how this course was facilitated. Ruth and Jill pulled a team of strangers together and very quickly made us feel very comfortable, created a safe environment to share and had a spot on unique technique.”  **Wendy Kramer, Commercial Business Director, AstraZeneca**

“I found this course to be a well-structured and well thought out approach. It is applicable to both new leaders, as well as experienced leaders to refresh.”  **John Forbes, Vice President, Sales, Flexera Software**

“I have attended many seminars and workshops but this is honestly the only one I have ever attended that captivated me the whole time and gave me valuable insight into myself and my coworkers.”  **Dan Swedlow, Associate General Counsel, Teamsters Local Union No 117**

“Ruth and Jill kept the course going at a good pace and yet allowed for deep discussions among participants.”  **Lisa Rice, President, Brevard Workforce**

“I suspect that pretty much everybody is a little bit uneasy upon walking into one of these courses, but Ruth and Jill made all of us feel immediately comfortable with one another, and for an introvert like me, that is a big deal. This was, by far, the most impactful leadership molding experience that I have been exposed to.”  **Greg Plassmann, Production Manager, Quabbin Wire & Cable Co.**

“What a great two days of wonderful creative ideas and motivating stories I had with Trillium. I just wanted to let you know how much I enjoyed the training this week. I always seem to come away from training with new ideas, but this was just exceptional! After 28 years of my working career, it is wonderful to know it is never too late to learn new tricks and grow. Thank you for your enthusiasm, knowledge, and willingness to share such wonderful energy and expertise.”  **Charles Lavoie, Director, Defence Construction Canada**

“Ruth and Jill have crafted an amazing leadership program that couples lectures, audience participation, data, and anecdotes. They are terrific facilitators and guided our group through an educational, impactful, and actionable leadership journey. Thank You!”  **Laura Leedy, Senior Manager, Adobe Systems**

“You two are wonderful! Thank you for guiding me to find out about myself. I look forward to putting these new practices in place.”  **Emily Schwartz, Executive Director, Bonanno Concepts**

“Right from the emails when registering for the course - the feeling was comfortable, relaxed, yet professional. You are both excellent speakers that kept the energy level high at all times!”  **Jeanette Bowers, Global Mobility Manager, MDA Corporation**

“Thank you Jill and Ruth for creating an environment for discussion amongst the group, which was a great opportunity for learning and growth.”  **Bonnie Drozdowski, Researcher, Alberta Innovates**