CHP Celebrates Diversity

Last month, CHP students, faculty, and staff came out and celebrated National Hispanic Heritage Month with an event sponsored by the Student Diversity Leadership Council. Salsa dance lessons were led by Assistant Professor and Diversity Liaison, Dr. Cristina Reyes Smith. There was also a panel of speakers discussing the patient care experience. Latino desserts were provided to all in attendance. See the fun below!
Join Student Diversity Leadership Council in the following upcoming events:

**All events are open to all colleges and ethnicities:**

- **Alliance for Equality (formerly the MUSC Gay-Straight Alliance) Monthly Meeting,** October 9, 2017, 12:00 to 1:00 pm, Gazes Bldg Room 125
- **MUSC Alliance for Hispanic Health (AHH) Fiesta Latina,** October 12, 2017, 11:00 am – 1:00 pm, Horseshoe and Portico
- **MUSC Asian Student Association (MASA) Asian Health Professionals Panel,** October 18, 2017; 12:00 – 1:00p Basic Science Building Room 433 (All events open to all colleges and ethnicities)
- **CHP Student Diversity Leadership Council, Gullah Ghost Stories Silent Auction,** October 31, 2017, 11:30 am to 1:00 pm, CHP Atrium - Contact your nearest Student Diversity Leadership Council Member or Lauren Brown (brownlau@musc.edu) by Friday, October 20th if you would like to donate an item for the Silent Auction. All contributions are welcomed.

**Other Upcoming Events**

**At a glance**

- **MOJA Arts Festival** A celebration of African-American and Caribbean Arts, September 8th - October 8th. Click [here](#) for more information.
- **MUSC Alliance for Hispanic Health Migrant Farm Workers Health Fairs** Tuesday, October 10th 5:30 - 8:30pm at Williams Farm Camp (Islanton, SC) and Thursday, October 19th, 5:30 - 8:30pm at Horizon Gas Station (Lodge, SC)
- **MUSC PA Alumni Reception** Tuesday, October 10th. Click [here](#) for more information.
- **DHLM 20th Annual Healthcare Leadership Conference** Friday, October 13th 8:30am-5:00pm. Founders Hall. Click [here](#) for more information.
- **Latin American Festival** Sunday October 15th Wannamaker Park. Click [here](#) for more information.
- **Ballet Hispanico, Gaillard Auditorium** October 24th, 7:30pm. Click [here](#) for more information.
- **19th Annual Update on Perfusion Conference** Friday, October 26th - Sunday, October 28th. Click [here](#) for more information.
A Few Health Awareness Observances to Remember for the Month of October:

- World Cerebral Palsy Day (October 6)
- World Mental Health Day (October 10)
- Bone and Joint Health National Action Week (October 12-20)
- National Health Education Week (third full week of October)
- Pregnancy and Infant Loss Awareness Day (October 15)
- National Healthcare Quality Week (October 17-22)
- National Health Education Week (October 17-21)
- World Pediatric Bone and Joint Day (October 19)
- Red Ribbon Week (October 23-31)
- National Breast Cancer Awareness Month
- National Down Syndrome Awareness Month
- Health Literacy Month
- Healthy Lung Month
- National Physical Therapy Month
- Sudden Infant Death Syndrome (SIDS) Awareness Month
- Spina Bifida Awareness Month (promoted by the Spina Bifida Association)
- National ADHD Awareness Month

If you’ve not done so, please register for the MUSC’s emergency notification system, MUSC ALERT by clicking here.

Students with Differing Abilities Campus Meet and Greet

Join the Office of Student Programs and Student Diversity for a meet and greet specifically for students with differing abilities. Come meet other students who have differing abilities, whether visible or invisible, and enjoy a free lunch.

October 11, 2017 | 12pm
SGA Library
(located in the Harper Student Center, Room 224)
Register online at musc.edu/spsd by October 9, 2017.

CHP 2017 Teacher of the Year Award - Nominations due October 15th

The College of Health Professions Awards Committee is seeking nominations for the CHP Teacher of the Year Award for 2017. Please note: the following past award winners are not eligible to be nominated in 2017: Dr. Cindy Dodds and Dr. Karen Wager. Please refer to the award criteria and send your letter of support to:

Nominat.u65wovr0fqq9rtw@u.box.com

For questions, you may contact Cami Meyer at meyc@musc.edu.

Want to promote an event? Email Lane Campbell at campblan@musc.edu by October 30th to have your event promoted in the next newsletter!
The MUSC Office of Planned Giving presents

Creating Your Will 101

with Christina Wynn of Duggan Law Firm

October 12 from 12 To 1 P.M.
College of Health Professions A102

Due to high interest, we are excited to offer a Wills Seminars at the College of Health Professions for faculty and staff. Learn tips and get advice about creating your will from a local estate planning expert.

Space is limited. RSVP to Lauren Brown at Brown.Lau@musc.edu or 843-792-919 by October 9. The Seminar will take place at College of Health Professions, A Building, Room A102. Lunch provided.

MUSC Medical University of South Carolina

MAKE A DIFFERENCE DAY

JOIN THE MUSC COMMUNITY FOR A DAY OF SERVICE!

SATURDAY

OCT 14

8:30 AM - 12:30 PM

Register online at musc.edu/spsd

SUPPORTING MISSION

THE OFFICE OF STUDENT PROGRAMS AND STUDENT DIVERSITY

For more info, call 843-792-4094.

THE ADDAMS FAMILY

OCTOBER 19, 2017
@ 8 PM
PRIVATE MUSC RECEPTION
@ 7 PM
$5 Student Ticket | $10 Employee Ticket

ON SALE IN STUDENT PROGRAMS & STUDENT DIVERSITY

MUSC SGA NIGHT AT

the Footlight Players

MUSC SGA

October 19, 2017
@ 8 PM
Private MUSC Reception
@ 7 PM
$5 Student Ticket | $10 Employee Ticket

On Sale in Student Programs & Student Diversity

For more info, call 843-792-4094.
class notes...

Dream Center Clinic
Physical and Spiritual Health as Our Center Focus.

JOIN US FOR THE
4th ANNUAL
HOPE4HEALING

SATURDAY
OCT. 14th
8AM-11AM
North Charleston
High School
1087 E. Montague Avenue
North Charleston, SC 29405

This event is to raise financial support to provide medical care to the uninsured residents of the Lowcountry, facilitated by the Dream Center Clinic (DCC) a Non-Profit organization.

Contributions made individually or as a team towards the 1.5 mile walk, will help reach our goal for community quality of health and lives.

See you at The Finish Line!

VISIT OUR WEBSITE TO
REGISTER TO WALK
www.dreamcenterclinic.org

AFTER PARTY @ THE FINISH LINE
- Food
- Games
- Jump Castle
- Face Painting
- FUN DJ
- and More!

FREE T-SHIRTS
for teams that raise $200 or more
Save the Dates

Debt and Money Management
Finding Balance in Your Budget as a Full Time Graduate Student
Hosted by Andrew C. Jaffe, CPP®; RICP®, CLU® Northwestern Mutual

Thursday, October 26th
12-12:50pm
CHP A106

- How to establish & maintain a budget
- Explore the balance between saving, spending, and borrowing in order to achieve short- and long-term goals
- Suggestions & recommendations for saving and spending responsibly

FREE LUNCH for first 50 students:
catered by Iacofano’s

event sponsored by the CHP Office of Student Life

Boost Your Mental Health!
Tuesdays & Thursdays
12p-12:30p
CHP B212

1 in 4 Mental Health Awareness
Come join OT students to learn fun ways to reduce stress and increase positive mental health!

Yoga
Oct 17
Oct 19

Art Therapy
Oct 24
Oct 26

Sensory - Halloween
Oct 31
Nov 2

**Snacks & Drinks included**

CALLING ALL BABIES!
MUSC PT Baby Day
Friday, December 1st | 8:30am - 10:30am
College of Health Professions - 151 Rutledge Avenue, Building B

We are looking for babies under 18 months to help with a student learning opportunity at the MUSC College of Health Professions Physical Therapy Program.

Please contact Erica Pfeiffer, PT DPT at pfeiffer@musc.edu for more information.
MUSC Health Celebrates the PA Profession
By Megan E. Fulton, MSPAC, PA-C and Director of PA Practice, MUSC Health

Each year from October 6-12, we celebrate National PA Week, which recognizes the PA (Physician Assistant) profession and its contributions to the nation's health.

PA Week is especially exciting this year as we celebrate the 50th anniversary of the profession – and 50 years of providing the best possible care to our patients. PAs are nationally certified and state-licensed medical professionals who practice on healthcare teams with physicians and other providers. There are currently more than 115,000 PAs in the country and 1480 PAs in SC.

“The PA profession is growing every year, which allows us to provide care to more patients, especially in underserved areas with challenging access to healthcare,” said Megan Fulton, MUSC Director of PA Practice. “We’ve accomplished a lot over the last five decades, and we’re ready for five more.” Dustin Hayes, 2019 MUSC PAS Class President says, “Part of our mission is to get the word out about PAs in SC and all over the country by informing the general public about who PAs are and why they continue to be an essential part of our healthcare team.”

The events listed below have been planned in collaboration with the APP Best Practice Center, APP Council, and the PAS (Physician Assistant Studies) Program at MUSC. During the week of October 9th in the Portico (MUSC Colbert Library), MUSC PAs, PAS faculty and PAS students will be offering free blood pressure screenings during lunchtime to any healthcare team member, student, or patient families. Partnering with MUSC Primary Care, we will also be handing out information on how and where to schedule an appointment with one of our primary care providers.

- Monday October 9th: 1145-1pm
  Led by Gil Boissonneault, PhD, PA-C, Faculty PAS Program
- Tuesday October 10th: 1145-1pm
  Led by Cris Chillura, PA-C, Faculty PAS Program
- Wednesday October 11th: 12-1pm
  Led by Rebecca Patton Cumbee, PA-C, APP Council

Thursday October 12th: 12-1pm
Led by Lesli Woodall, PA-C, Faculty PAS Program
- Saturday, October 14th: Hope for Healing Walk and Free Screening Event
- Who: MUSC PAs and PAS students partner with Seacoast Church and the North Charleston Dream Center
- What: Free screening for the general public: vital signs, eye/ear exam, nutrition/wellness/blood glucose screening, dermatological exam and dental screening in conjunction with the “Hope for Healing Walk”
- When: Saturday, October 14, 2017 from 8-11 am
- Where: North Charleston High School Football Stadium
- Why: PAs and healthcare partners promoting health wellness and prevention

“MUSC wouldn’t be the same without the expertise of PAs on our patient-centered teams,” said MUSC Chief Executive Officer, Dr. Patrick Cawley. “PA Week is a great opportunity to recognize them, and to say thank you.”

For more information, please contact Skylar Stewart Clark, PhD, PA-C: stewarss@musc.edu

Megan E. Fulton, MSPAC, PA-C and Director of PA Practice, MUSC Health
CHP Celebrates National Physical Therapy Month

Join the DPT Class of 2019 as we celebrate National PT Month!

PT Day of Service, October 14th:
Avondale 5K: The run is to help benefit Charles Webb Center, which serves lower income children with disabilities in West Ashley. The run will take place in the morning, and they need volunteers at Triangle Char & Bar (828 Savannah Hwy, West Ashley) by 7AM to help make sure people follow the route and to encourage them as they walk/run. It should be done around 11 AM, and everyone is invited to the after Race Party & Awards.
Dream Center and Seacoast Church Health Fair and Walk: Student involvement is needed to help Jill Boorman, PT, from Premier Physical Therapy, run the health fair. Students would help assess body composition, lower body strength, as well as low back and hamstring flexibility. The event will take place in North Charleston.

CHP Assistive Device Scavenger Hunt (Competition October-April 13th):
This scavenger hunt is a competition between all the classes of CHP to help collect assistive devices (wheelchairs, canes, crutches, walkers, etc.) that are no longer needed as donations for the One World Health’s medical Summer 2018 mission trips to Uganda and Nicaragua, so that they can be given to patients in need of them.
It has been a struggle to collect enough assistive devices to take with them on the mission trips to help patients in the past. So we are launching this scavenger hunt in hopes that we can collect enough to help all those in need!
In addition, assistive devices are often donated to Goodwill, the Salvation Army, other thrift stores, or tossed as trash. For example, a lot of veterans try to return their assistive devices back to the VA after they don’t need them anymore, but the VA does not take back used equipment. This scavenger hunt will hopefully be a new outlet for people who no longer need their assistive devices to donate them to so that they don’t go to waste. May the best class of scavenger hunters win!

Panel Discussions: “Messages to Future PTs”, CHP A204 12:00-1:00 PM
Patient panels discussing their good/bad experiences with PT
October 26th: Speakers with Ehlers Danlos, shoulder post-op, and lower extremity post-amputation
October 30th: Speakers with SCI (traumatic/MVA, AVM, and severe stenosis)

Contact Minhanh Pham (phammi@musc.edu) if you have any questions!
MUSC Occupational Therapy Students recently advocated at the South Carolina State House for #AOTAHillDay!! Great job, you guys!
**Travel Grant Presentation**

**MUSC Center for Global Health**

Trainee Travel Grant Presentations

**Kristin Housholder**  
College of Health Professions  
“Providing Patient Education to Nicaraguan Patients about Child Malnutrition.”

**Adam Sender**  
College of Medicine  
“Improving Student Ethical and Clinical Competency on a Medical Trip to Haiti.”

**Thursday, October 26, 2017**

12pm – 1pm | BSB 349 | Lunch Provided

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**Volunteer for the Sweep**

Would you like to be a part of an upcoming Beach Sweep or River Sweep? Anyone can participate, including businesses, civic clubs, recreation clubs, individuals, families, school groups, church groups, and youth groups. Volunteers select any river, lake, swamp, beach, creek, or marsh area they wish to clean. You may participate as a regular volunteer or as a site captain. Site captains are the volunteers who organize and lead a local cleanup effort, large or small. Regular volunteers are those who come out to pick up the trash. Site captains may register online and regular volunteers may contact and offer help to the site captains listed under cleanup sites. Click [here](#) for a list of upcoming sweeps!

Come out and support OT student, Kristin Housholder on Thursday, October 26th as she speaks on her international experience in Nicaragua! The next set will take place Wednesday, November 15th, at 12pm in BSB 435. The speaker will be PA student, Christina Curtner, and her topic is Telemedicine in Uganda. See you then!
### MUSC Wellness Center Fall Programs

<table>
<thead>
<tr>
<th>Program</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Healthy Charleston Challenge</strong></td>
<td>Our signature 12 week weight loss program guided by the team of professionals: personal trainers, dietitians, exercise physiologists, health coaches</td>
</tr>
<tr>
<td><strong>Boot Camp</strong></td>
<td>U.S. Marines lead participants in a military style fitness training class. Program focuses on overall fitness and endurance training</td>
</tr>
<tr>
<td><strong>Fighting for Fitness</strong></td>
<td>A unique boxing and boxing conditioning program. Superior training for all major components of physical fitness. Feat. James Johnson</td>
</tr>
<tr>
<td><strong>Females in Boxing</strong></td>
<td>Work on muscular strength, coordination, cardiovascular fitness, agility, core stability and balance. This class is a fun way to reach your fitness goals and enhance self confidence.</td>
</tr>
<tr>
<td><strong>H.I.T.S.</strong></td>
<td>A strength &amp; conditioning program which incorporates Olympic and Power lifting, Kettle Bells, gymnastics, balance and stability training</td>
</tr>
<tr>
<td><strong>Tai Chi</strong></td>
<td>An ancient Chinese discipline consisting of slow, meditative movements. Results in number of benefits including better stress management</td>
</tr>
<tr>
<td><strong>Survivors' Fit Club</strong></td>
<td>An exercise, nutrition and wellness program designed specifically for breast cancer survivors and sponsored by The Hollings Cancer Center</td>
</tr>
<tr>
<td><strong>Piece It Together</strong></td>
<td>Designed for teens and young adults that want to promote brain health and may have high functioning Autism Spectrum Disorder</td>
</tr>
<tr>
<td><strong>Rock Steady Boxing</strong></td>
<td>RSB classes are modified for all levels of Parkinson’s, at any stage of the disease.</td>
</tr>
</tbody>
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Please see the membership desk for more information, pricing, and to sign up.

MUSC Wellness Center | 843-792-5757 | www.musc.edu/hsc