The Medical University of South Carolina
Department of Family Medicine Presents

FAMILY MEDICINE UPDATE 2018

June 11–16, 2018
Turtle Point Clubhouse
Kiawah Island Golf Resort
Kiawah Island, South Carolina

www.musc.edu/cme
FAMILY MEDICINE UPDATE 2018
June 11–16, 2018 | Kiawah Island Golf Resort, Turtle Point Clubhouse

COURSE FACULTY

COURSE DIRECTOR
Alexander W. Chessman, MD
Professor
Department of Family Medicine

FACULTY
Cristin Swords Adams, DO
Assistant Professor
Department of Family Medicine

Jennifer Bain, MD
Associate Professor
Department of Family Medicine

Ryan Barnes, DO
Assistant Professor
Department of Emergency Medicine

Adrienne Baker, BS, MS
Associate Director
RxREACTS
Purdue Pharma, LP

Russell Blackwelder, MD
Assistant Professor
Director of Geriatric Education
MUSC Department of Family Medicine
Associate Medical Director, The Village at Summerville

Sarah Bradford, MD
Assistant Professor
Department of Medicine

Andrew S. Brock MD
Associate Professor
Division of Gastroenterology & Hepatology
Department of Medicine

Jane Charles, MD
Endowed Chair, Jeffrey Edwin Gilliam Memorial for the Study of Developmental Disabilities
Professor, Department of Pediatrics

Alec DeCastro, MD
Residency Program Director
Chief of Primary Care Sports Medicine
Assistant Professor
Department of Family Medicine

Kathy Hogan Edwards, PharmD, BCPS, BCOP
Clinical Pharmacy Specialist, BMT
Department of Pharmacy Services
Hollings Cancer Center
Adjunct Associate Professor, South Carolina College of Pharmacy
Medical University of South Carolina

John Freedy, MD, PhD
Associate Professor
Department of Family Medicine

Kesh Hebbar, MBBS
Associate Professor
Department of Family Medicine

Vanessa K. Hinson, MD, PhD
Professor
Department of Medicine
Director, Movement Disorders

Christine Holmstedt, DO
Medical Director, Clinical Stroke Services
Co-Director, Comprehensive Stroke & Cerebrovascular Center
Associate Professor
Department of Neurology

W. Ennis James, MD
Assistant Professor
Division of Pulmonary Medicine & Critical Care
Department of Medicine

Ted McRackan, MD, MSCR
Assistant Professor
Department of Otolaryngology-Head and Neck Surgery

Lisa Mims, MD, MS
Associate Program Director
Assistant Professor
Trident/MUSC Family Medicine Residency Program

Robert Murphy, MD
Assistant Professor
Division of Pediatric Orthopaedics
Department of Orthopaedics

Marty Player, MD
Associate Professor
Department of Family Medicine

Ross Rames, MD
Associate Professor
Department of Urology

Anita Ramsetty, MD
Assistant Professor
Department of Family Medicine
Medical Director, CARES Clinic
Maralynne D. Mitcham Interprofessional Fellow

Don C. Rockey, MD
Professor
Division of Gastroenterology & Hepatology
Chairman, Department of Medicine

Nicholas Shungu, MD
Assistant Professor
Department of Family Medicine

Daniel Steinberg, MD
Associate Professor
Division of Cardiology
Department of Medicine

Charlie Strange, MD
Professor
Division of Pulmonary Medicine & Critical Care
Department of Medicine

Ryan J. Tedford, MD, FACC, FAHA
Associate Professor
Department of Medicine
Chief, Heart Failure

Aljoeson Walker, MD
Associate Professor
Department of Neurology

C. Wayne Weart, Pharm D, BCPS, FASHP, FAPhA
Professor of Clinical Pharmacy and Outcome Sciences
SC College of Pharmacy MUSC Campus
Professor, Department of Family Medicine

Ruth Weber, MD
Clinical Associate Professor
Department of Family Medicine

Jeffrey Winterfield, MD
Director, Ventricular Arrhythmia Service
Associate Professor
Division of Cardiology
Department of Medicine

Laura Winterfield, MD
Associate Professor
Department of Dermatology and Dermatologic Surgery

Shane Woolf, MD
Associate Professor
Chief, Sports Medicine
Department of Orthopaedics
COURSE DESCRIPTION
The purpose of this conference is to review common problems and chronic conditions in family medicine and provide practical approaches to their prevention, evaluation and treatment.

TARGET AUDIENCE & SCOPE OF PRACTICE
The conference is designed for family medicine, internal medicine, and other primary care providers, residents, physician assistants, nurse practitioners and pharmacists.

PROGRAM OBJECTIVES
At the conclusion of this conference, the participant should be able to:

• Describe current diagnosis and therapy for conditions seen in primary care.
• Discuss controversial and emerging issues in primary care.
• Explain new trends in the diagnosis and management of typical presentations to primary care.

CANCELLATIONS
A refund for conference registration will be made upon written request prior to May 11, 2018, however, $100.00 will be retained for administrative costs. No refunds will be made after this date. We reserve the right to cancel the program if necessary. Full registration fees will be refunded for canceled programs. The Medical University cannot be responsible for reimbursement of airline or other transportation fees, hotel or rental car charges, including penalties. By registering for this conference, you acknowledge and agree to this cancellation policy.

AMERICANS WITH DISABILITIES ACT
It is the policy of the Medical University of South Carolina not to discriminate against any person on the basis of disabilities. If you feel you need services or the auxiliary aids mentioned in this act in order to fully participate in this continuing medical education activity, please call the Office of CME at 843-876-1925 or attach a note to your registration form by May 11, 2018.

CREDIT DESIGNATION
The Medical University of South Carolina designates this live activity for a maximum of 25.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP: Application for continuing medical education credit has been filed with the American Academy of Family Physicians. Determination of credits is pending.

Nursing Credit: Most states accept CMEs that apply to a specific nursing specialty as nursing continuing education. Please check with your respective State Board of Nursing to ascertain the equivalent number of contact hours offered for 25.0 AMA PRA Category 1 Credit(s)™.

ACCREDITATION
The Medical University of South Carolina is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

DISCLOSURE
In accordance with the ACCME Essentials & Standards, anyone involved in planning or presenting at this educational activity will be required to disclose any relevant financial relationships with commercial interests in the health care industry. This information will be made available to participants at the beginning of the activity. Speakers who incorporate information about off-label or investigational use of drugs or devices will be required to disclose that information at the beginning of their presentation.

ELECTRONIC SYLLABUS - PLEASE NOTE!
We’re going green! In our efforts to “go green”, the syllabus will be provided on our website, www.musc.edu/cme. Information will be emailed to you the week prior to the conference so that you may download a copy. Internet connection will also be available in the meeting room. A printed syllabus (3 slides per page) is available upon request at the time of your registration for an additional fee of $55.00.
## COURSE AGENDA

### MONDAY, JUNE 11, 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30</td>
<td>Registration and Breakfast</td>
<td></td>
</tr>
<tr>
<td>8:00</td>
<td>Healthcare for Persons with Autism Spectrum Disorder and Developmental Disabilities: Issues Across the Lifespan</td>
<td>Jane Charles, MD</td>
</tr>
<tr>
<td>8:45</td>
<td>Erectile Dysfunction - What’s New for You?</td>
<td>Ross Rames, MD</td>
</tr>
<tr>
<td>9:30</td>
<td>Coffee Break</td>
<td></td>
</tr>
<tr>
<td>9:45</td>
<td>Update on Cancer Therapy</td>
<td>Kathy Hogan Edwards, PharmD</td>
</tr>
<tr>
<td>10:30</td>
<td>Lawful Prescribing and the Prevention of Diversion</td>
<td>Adrienne Baker, BS, MS</td>
</tr>
<tr>
<td>11:15</td>
<td>Coffee Break</td>
<td></td>
</tr>
<tr>
<td>11:30</td>
<td>New Drug Update 2018</td>
<td>C. Wayne Weart, PharmD</td>
</tr>
<tr>
<td>1:00</td>
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### TUESDAY, JUNE 12, 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30</td>
<td>Registration and Breakfast</td>
<td></td>
</tr>
<tr>
<td>8:00</td>
<td>STI Update</td>
<td>Sarah Bradford, MD</td>
</tr>
<tr>
<td>8:45</td>
<td>Updates in Concussions</td>
<td>Alec DeCastro, MD</td>
</tr>
<tr>
<td>9:30</td>
<td>Coffee Break</td>
<td></td>
</tr>
<tr>
<td>9:45</td>
<td>Updates in Clinical Guidelines</td>
<td>Lisa Mims, MD</td>
</tr>
<tr>
<td>10:30</td>
<td>Prostate Cancer Updates</td>
<td>Nicholas Shungu, MD</td>
</tr>
<tr>
<td>11:15</td>
<td>Coffee Break</td>
<td></td>
</tr>
<tr>
<td>11:30</td>
<td>Drug Induced Liver Disease</td>
<td>Don Rockey, MD</td>
</tr>
<tr>
<td>12:15</td>
<td>Hospice for Family Medicine</td>
<td>Russell Blackwelder, MD</td>
</tr>
<tr>
<td>1:00</td>
<td>Adjourn for the day</td>
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</tr>
</tbody>
</table>

### WEDNESDAY, JUNE 13, 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30</td>
<td>Registration and Breakfast</td>
<td></td>
</tr>
<tr>
<td>8:00</td>
<td>Clinical Strategies for Shoulder and Knee Problems</td>
<td>Shane Woolf, MD</td>
</tr>
<tr>
<td>8:45</td>
<td>Multiple Sclerosis Today</td>
<td>Aljoeson Walker, MD</td>
</tr>
<tr>
<td>9:30</td>
<td>Coffee Break</td>
<td></td>
</tr>
<tr>
<td>9:45</td>
<td>Ultrasound Use In Emergent Care</td>
<td>Ryan Barnes, DO</td>
</tr>
<tr>
<td>10:30</td>
<td>UTI is the New URI</td>
<td>Ruth Weber, MD</td>
</tr>
<tr>
<td>11:15</td>
<td>Coffee Break</td>
<td></td>
</tr>
<tr>
<td>11:30</td>
<td>Update on Kidney Disease</td>
<td>Kesh Hebbar, MD</td>
</tr>
<tr>
<td>12:15</td>
<td>Thyroid Nodules: Updates on the Initial Evaluation in Primary Care</td>
<td>Anita Ramsetty, MD</td>
</tr>
<tr>
<td>1:00</td>
<td>Adjourn for the day</td>
<td></td>
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## COURSE AGENDA

### THURSDAY, JUNE 14, 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 am</td>
<td>Registration and Breakfast</td>
</tr>
<tr>
<td>8:00</td>
<td>Irritable Bowel Syndrome</td>
</tr>
<tr>
<td></td>
<td>Andrew S. Brock, MD</td>
</tr>
<tr>
<td>8:45</td>
<td>Brain Attach Treatment, Work Up and Prevention</td>
</tr>
<tr>
<td></td>
<td>Christine Holmstedt, DO</td>
</tr>
<tr>
<td>9:30</td>
<td>Coffee Break</td>
</tr>
<tr>
<td>9:45</td>
<td>Sarcoidosis in Primary Care: Initial Evaluation and “High Risk” Screening</td>
</tr>
<tr>
<td></td>
<td>W. Ennis James, MD</td>
</tr>
<tr>
<td>10:30</td>
<td>Adult ADHD</td>
</tr>
<tr>
<td></td>
<td>John Freedy, MD</td>
</tr>
<tr>
<td>11:15</td>
<td>Coffee Break</td>
</tr>
<tr>
<td>11:30</td>
<td>Telemedicine Implementation and Uses in Primary Care:</td>
</tr>
<tr>
<td></td>
<td>Acute and Chronic Care Models</td>
</tr>
<tr>
<td></td>
<td>Marty Player, MD</td>
</tr>
<tr>
<td>12:15 pm</td>
<td>Updates in Women’s Health</td>
</tr>
<tr>
<td></td>
<td>Jennifer Bain, MD</td>
</tr>
<tr>
<td>1:00</td>
<td>Adjourn for the day</td>
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### FRIDAY, JUNE 15, 2018

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>7:30 am</td>
<td>Registration and Breakfast</td>
</tr>
<tr>
<td>8:00</td>
<td>Intoe, Trip and Limp – Common Pediatric Gait Abnormalities</td>
</tr>
<tr>
<td></td>
<td>Robert Murphy, MD</td>
</tr>
<tr>
<td>8:45</td>
<td>Management of Common Movement Disorders</td>
</tr>
<tr>
<td></td>
<td>Vanessa Hinson, MD</td>
</tr>
<tr>
<td>9:30</td>
<td>Coffee Break</td>
</tr>
<tr>
<td>9:45</td>
<td>Heart Failure in 2018: Tried and True... And Something’s New</td>
</tr>
<tr>
<td></td>
<td>Ryan Tedford, MD</td>
</tr>
<tr>
<td>10:30</td>
<td>Primary Care of Arrhythmias</td>
</tr>
<tr>
<td></td>
<td>Jeffrey Winterfield, MD</td>
</tr>
<tr>
<td>11:15</td>
<td>Coffee Break</td>
</tr>
<tr>
<td>11:30</td>
<td>Aortic Stenosis and TAVR - Intersections of Evidence, Insights, Guidelines &amp; Practice</td>
</tr>
<tr>
<td></td>
<td>Daniel Steinberg, MD</td>
</tr>
<tr>
<td>12:15 pm</td>
<td>Everyday Dermatology</td>
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<td></td>
<td>Laura Winterfield, MD</td>
</tr>
<tr>
<td>1:00</td>
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### SATURDAY, JUNE 16, 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>7:30 am</td>
<td>Registration and Breakfast</td>
</tr>
<tr>
<td>8:00</td>
<td>Prevalence, Evaluation, and Treatment of Age Related</td>
</tr>
<tr>
<td></td>
<td>Hearing Loss</td>
</tr>
<tr>
<td></td>
<td>Ted McRackan, MD</td>
</tr>
<tr>
<td>8:45</td>
<td>Chronic Pain: Strategies for Management Based on Current</td>
</tr>
<tr>
<td></td>
<td>Guidelines</td>
</tr>
<tr>
<td></td>
<td>Cristin Swords Adams, DO</td>
</tr>
<tr>
<td>9:30</td>
<td>2018 Update on COPD</td>
</tr>
<tr>
<td></td>
<td>Charlie Strange, MD</td>
</tr>
<tr>
<td>10:30</td>
<td>Adjourn until 2019</td>
</tr>
</tbody>
</table>

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**QUESTIONS?**  
Call the Office of CME at 843-876-1925 or email cmeoffice@musc.edu
Registration Information

<table>
<thead>
<tr>
<th></th>
<th>On or Before 4/13/2018</th>
<th>On or After 4/14/2018</th>
<th>Limited 3 Day Reg Fee</th>
<th>Onsite Full</th>
<th>Onsite 3 Day</th>
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</thead>
<tbody>
<tr>
<td>Practicing Physicians</td>
<td>$775</td>
<td>$820</td>
<td>$675</td>
<td>$845</td>
<td>$700</td>
</tr>
<tr>
<td>NP’s, PAS, Residents</td>
<td>$675</td>
<td>$720</td>
<td>$625</td>
<td>$745</td>
<td>$650</td>
</tr>
<tr>
<td>Printed Course Syllabus</td>
<td>$55</td>
<td>$55</td>
<td>$55</td>
<td>*</td>
<td>*</td>
</tr>
</tbody>
</table>

* Extra Syllabus may or may not be available on site to purchase.

Registration fee includes continental breakfasts, coffee breaks, electronic course syllabus and credit processing. No pre-registrations will be accepted after June 6, 2018. After this date, you must contact the Office of CME at 843-876-1925 to see if space is still available. If space is available you must register onsite. Note: There will be an increased rate for on-site registrations!

Registration Methods

(Please use ONE of these methods to register. Do not mail if previously faxed or telephoned).

- **Online**: Visit [www.musc.edu/cme](http://www.musc.edu/cme). Please select “CME Conferences” in the left hand menu, and scroll down to find “Family Medicine Update 2018” and select the blue “Register” button.

- **Mail**: Please send registration form with check payable to “Medical University of South Carolina” or credit card information to: Elizabeth Gossen, Office of CME - MUSC, 96 Jonathan Lucas Street, HE 221A, MSC 754, Charleston, SC 29425

- **Telephone**: 843-876-1925 - Credit card only.

- **Fax**: 843-876-1931 - Credit card only. (Secured area)

Accommodations

**The conference will be held at the Turtle Point Clubhouse**

Kiawah Island Resort, just outside of Historic Charleston, is drenched in southern charm and natural grace. An unforgettable coastal setting with miles of undisturbed beaches and tidal marshes, yet still a short drive to experience the city life on the Charleston Peninsula. This resort and residential community has a gracious character of its own, giving guests a unique resort experience unlike any other. Kiawah is a popular vacation destination for families, where southern hospitality is defined and a welcoming community is waiting.

The resort has activities daily for children and teens and many evenings are scheduled with fun activities for the whole family to include entertainment for all. Please check with the Kiawah Resort (843-768-2121) or visit [www.kiawahresort.com](http://www.kiawahresort.com) for a schedule of these events. A children’s camp is also available by registering directly with the resort.

A block of 1, 2 and 3 bedrooms villas have been reserved in the Turtle Point and East Beach areas. These villa rates range from $260–$475.00 per night. Reserve your villa before May 11, 2018 to receive the discounted rates. Please call 866-224-2612, ask for Villa Reservations and mention the “MUSC Family Medicine” or booking ID #14243 to receive these lower rates. For more information on Kiawah Resort, visit their web site at [www.kiawahresort.com](http://www.kiawahresort.com).

A resort service fee of 9% per villa, per day will apply to all guest rooms utilized. The resort service fee includes on-demand, on-island transportation to all resort owned venues via the existing fleet of resort vehicles, local & 800 phone calls, credit card access calls and in-room coffee.

Rates are subject to a 6.5% South Carolina state tax and a total of 6% local tax (subject to change). The maximum occupancy at Kiawah is two (2) adults per bedroom. Children under the age of 18, when accompanied by an adult and staying in the same room, are free of charge.
**REGISTRATION FORM**

By Registering for this conference, you acknowledge and agree to the cancellation policy stated below.

Name__________________________________________ Personal ID# XXX - XX -

As you would like it printed on your name badge  Please use the last four digits of your SSN

Address__________________________________________ State_______________ Zip Code ________

City________________________ State_______________ Zip Code ________

Specialty________________________ Degree/Credentials ______________________

Business Phone # (_________ ) ________________ - ______________ Business Fax # (_________ ) ________________ - ______________

Email____________________________________

Please provide your active email address to ensure proper receipt of all CME Credit documentation.

Please read the statements below and check the box if you agree.

☐ I do NOT want my name included on a list of participants to be included in handouts at the conference.

☐ YES, I would like to purchase a copy of the printed course syllabus

☐ NO, I do not want a printed copy of the course syllabus.

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**Registration Fees**

<table>
<thead>
<tr>
<th></th>
<th>Early Bird Fees (Full Conf)</th>
<th>Regular Fees (Full Conf)</th>
<th>Limited 3-Day Registration Fee*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physicians in Practice</td>
<td>$775</td>
<td>$820</td>
<td>$675</td>
</tr>
<tr>
<td>Residents, NP’s, PAs, Nurses, Pharmacists</td>
<td>$675</td>
<td>$720</td>
<td>$625</td>
</tr>
<tr>
<td>Printed Course Syllabus</td>
<td>$55</td>
<td>$55</td>
<td>$55</td>
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</tbody>
</table>

Total Registration Fee Included: $___________

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**NOTE:** Registering on-site will increase the above registration fees by $25.00. On-site availability will be limited; pre-registration is recommended.

This fee includes continental breakfasts, coffee breaks, access to online course syllabus and credit processing.

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**Conference Registration may be charged to:**

☐ Enclosed Check Payable to Medical University of South Carolina

☐ MasterCard ☐ Visa ☐ Discover ☐ American Express

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Card Number ___________________________ Expiration Date

Name as it appears on card

---

**Registration methods:** (Please use ONE of these methods to register. Do not mail if previously faxed or telephoned).

- Mail registration form with credit card information or check made payable to “Medical University of South Carolina” to: Office of CME, Medical University of South Carolina, 96 Jonathan Lucas Street, HE221A, MSC 754, Charleston, SC 29425
- Telephone: (843) 876-1925 – Registration by credit card only
- Fax: (843) 876-1931 – Registration by credit card only
- Online: Visit [www.musc.edu/cme](http://www.musc.edu/cme) and select “CME Conferences” on the left hand side, then scroll down to find “Family Medicine Update 2018” and select the blue “Register” button.

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**Cancellations**

A refund will be made upon written request prior to May 11, 2018, less a $100 cancellation fee. We reserve the right to cancel the program if necessary. Full registration fees will be refunded for cancelled programs. The University cannot be responsible for reimbursement of airline or other transportation fares, hotel or rental car charges, including penalties. By registering for this conference, you acknowledge and agree to this cancellation policy.