Updates in General Internal Medicine for Primary Care 2016

March 11-13, 2016
DoubleTree by Hilton Hotel & Suites
181 Church Street
Charleston, South Carolina

Presented and sponsored by the
Medical University of South Carolina
Department of Medicine
Division of General Internal Medicine & Geriatrics
Office of Continuing Medical Education
College of Medicine

http://gimCME.musc.edu

A Bridge to Future Understanding
Friday, March 11, 2016

7:15  Continental Breakfast

8:00  “Initial Evaluation and Management of Knee and Shoulder Injuries in the Weekend Warrior”
      Harris S. Slone, MD
      1) Identify common knee and shoulder pathology of young adult and middle aged athletes; 2) Review the physical exam of the knee and shoulder and relation to specific pathology; 3) Discuss the role of initial and advanced imaging of the knee and shoulder; 4) Review initial conservative treatments for specific knee and shoulder pathology.

9:00  “Drug Update 2016”
      C. Wayne Weart, MD
      1) Describe appropriate use of new medications and vaccines; and compare and contrast new products and suitable circumstances for prescribing them; 2) Discuss the FDA warning and label changes that relate to medication safety that have been released in the last year.

10:00 Break

10:30  “Evaluation and Treatment of Chronic Hepatitis C Virus Infection: 2016 Update”
       Eric Meissner, MD
       1) Identify the epidemiology and natural history of chronic HCV infection; 2) Explain the principles guiding clinical evaluation and treatment; 3) Explore opportunities and hurdles for treatment of HCV infection.

11:30  “Update in Heart Failure Therapy”
       Terrence X. O’Brien, MD
       1) Discuss impact of new clinical trial results and guideline changes; 2) Review advances in Heart Failure with Reduced Ejection Fraction treatment; 3) Explore new insights into Heart Failure with Preserved Ejection Fraction.

12:30 Lunch

       Nichole T. Tanner, MD
       1) Summarize the data to support lung cancer screening; 2) Identify eligibility criteria for lung cancer screening; 3) Outline the components necessary for a high-quality effective lung cancer screening program.

2:45  “Dermatology for the Primary Care Practice”
       Joni Mazza-McCrann, MD, FAAD
       1) Discuss the diagnosis and treatment of common skin conditions seen in the primary care setting; 2) Identify dermatologic conditions warranting urgent dermatology consultation.

3:45 Break

4:00  “The Possibilities of Palliative Care”
       Maribeth Bosshardt, MD
       1) Discern the difference between Palliative care and hospice; 2) Recognize appropriate patients for palliative care consultation; 3) Discuss how palliative care positively impacts patient care and the healthcare system.

5:00 Adjourn – Wine & Cheese Reception

Saturday, March 12 and Sunday, March 13 continued next page
Saturday, March 12, 2016

7:15 Continental Breakfast

8:00 “Impactful Journal Articles in Review 2015”
Andrew Schreiner, MD
1) Outline the impact of major articles over the calendar year 2015; 2) Explain how the article findings are applicable to everyday practice.

9:00 “Update on Osteoporosis diagnosis and management”
Beatrice Hull, MD
1) Discuss the diagnosis of osteoporosis; 2) Describe fracture prediction tool, FRAX Score; 3) Summarize the latest recommendations on management of osteoporosis.

10:00 Break

10:15 “Changes in Residency Education and Training - What can you expect when you hire a new doc?”
Benjamin Clyburn, MD
1) Review the changes to Graduate Medical Education over the last 2 decades, focusing on Internal Medicine Residency training; 2) Outline both new improvements and challenges arising for residents during the current training era.

11:15 “You Never Find It if You Don’t Look for It… Screening for Rare Diagnosis Made Easy”
Walter A. Brzezinski, MD
Four rare diseases will be presented as unknowns. Each case represents a disorder that is commonly mentioned in a differential diagnosis but rarely found. The pathology and epidemiology of each disease will be presented.
1) Discuss the typical clinical features of each unknown; 2) Distinguish when to hunt for this particular Zebra; 3) Describe the usual laboratory studies to confirm or rule out each case

12:15 Strategies to Promote Safe Opioid Use and Reduce Risk of Misuse and Abuse
Sarah Ball, PharmD
“Strategies to Promote Safe Opioid Use and Reduce Risk of Misuse and Abuse”
1) Identify monitoring and documentation practices to meet best practice standards and maximize safety when prescribing opioids to your patients; 2) Recognize prescription drug monitoring reports that identify potential aberrant/problematic behavior; 3) Investigate the role of naloxone for opioid safety.

1:15 Adjourn

Sunday, March 13, 2016

7:45 Continental Breakfast

8:30 “GI Bleeding”
Andrew Brock, MD
1) Describe the new anatomic delineation of GI bleeding; 2) Explain how to triage patients according to type and severity of bleed; 3) Summarize how to tailor pre- and post-endoscopic therapy according to patient and etiology of bleed.

9:30 “Geriatric Pearls”
William P. Moran, MD
1) Describe how to quickly evaluate 5 common geriatric syndromes in primary care; 2) Identify principles to avoid harm in older patients in the primary care setting; 3) Summarize initial management strategies and what to expect as a response.

10:30 “Review of Prevention Guidelines for the Primary Care Doc”
Brad A. Keith, MD
1) Discuss US Preventive Services Task Force Recommendations on the most common preventative medicine screening guidelines; 2) Review criteria for the levels of evidence (A,B,C,D).

11:30 Adjourn
Program Faculty
Ninth Annual • Updates in General Internal Medicine for Primary Care 2016
A Bridge to Future Understanding

Conference Chairpersons

Kimberly S. Davis, MD, FACP
Associate Professor
Division of General Internal Medicine & Geriatrics

Brad A. Keith, MD
Assistant Professor
Division of General Internal Medicine & Geriatrics

MUSC Presenters

Maribeth H. Bosshardt, MD
Assistant Professor
Division of General Internal Medicine & Geriatrics

Walter A. Brzezinski, MD
Professor
Division of General Internal Medicine & Geriatrics

Sarah Ball, PharmD
Assistant Professor
South Carolina College of Pharmacy – USC

Andrew S. Brock, MD
Assistant Professor
Division of Gastroenterology & Hepatology

Benjamin Clyburn, MD, FACP
Professor
Division of General Internal Medicine & Geriatrics

Beatrice J. Hull, MD
Assistant Professor
Division of Endocrinology, Diabetes, and Medical Genetics

Joni Mazza-McCrann, MD, FAAD
Assistant Professor
Department of Dermatology

Eric Meissner, MD
Assistant Professor
Division of Infectious Diseases

William P. Moran, MD, MS
Professor, Director
Division of General Internal Medicine & Geriatrics

Terrence X. O’Brien, MD, MS, FACC
Professor
Department of Cardiology

Andrew D. Schreiner, MD
Assistant Professor
Division of General Internal Medicine & Geriatrics

Harris S. Slone, MD
Assistant Professor
Department of Orthopaedic Surgery

Nichole T. Tanner, MD, MSCR
Assistant Professor
Division of Pulmonary, Critical Care, Allergy & Sleep Medicine

C. Wayne Weart, PharmD
Professor
South Carolina College of Pharmacy - MUSC
Accreditation
The Medical University of South Carolina is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation
The Medical University of South Carolina designates this live educational activity for maximum of 15 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurse: For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME.

Physician Assistant: The National Commission on Certification of Physician Assistants (NCCPA) states that AMA PRA Category 1 Credits™ are acceptable for continuing medical education requirements for recertification.

Disclosure
In accordance with the ACCME Essentials and Standards, anyone involved in planning or presenting this educational activity will be required to disclose any relevant financial relationships with commercial interests in the healthcare industry. This information will be made available to participants at the beginning of the activity. Speakers who incorporate information about off-label or investigational use of drugs or devices will be asked to disclose that information at the beginning of their presentation.

Registration Fees
The registration fees for Updates in General Internal Medicine for Primary Care 2016 are:

<table>
<thead>
<tr>
<th>Category</th>
<th>Fee</th>
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<tr>
<td>Physicians in Practice</td>
<td>$475</td>
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<tr>
<td>Nurse Practitioners, Physician Assistants, Physicians in Training</td>
<td>$400</td>
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*The fee includes continental breakfasts, coffee/snacks, Friday evening reception, CME credit processing, and electronic course syllabus.
*There will be an additional fee of $25 for those who require a paper syllabus. Paper syllabus must be requested, along with payment of $25 fee, at the time of registration.

Please make all checks payable to MUSC General Internal Medicine and mail with registration form to:

Division of General Internal Medicine
Medical University of South Carolina
135 Rutledge Ave., MSC 591
Charleston, SC 29425

Tel: 843.792.5386
Fax: 843.792.7283

Visit our website http://gimCME.musc.edu for more information.

Americans with Disabilities Act
It is the policy of the Medical University of South Carolina not to discriminate against any person on the basis of disabilities. If you feel you need services or the auxiliary aids mentioned in this act in order to fully participate in this continuing medical education activity, please call Gayle Cox at 843 792 5386 or attach a note to your registration prior to March 1, 2016.
Cancellations
A refund will be made upon written request prior to March 1, 2016, however $100 will be retained for administrative costs. We reserve the right to cancel the program if necessary (due to Acts of God or other unforeseen events). In such case, full registration fees will be refunded for canceled programs. We cannot be responsible for reimbursement of airline or other transportation fares, hotel or rental car charges, including penalties.

Statement of Purpose
This conference will provide primary care physicians and mid-level providers with the tools to better manage their practice and address disease states common to the adult primary care population today and to optimize quality of care and patient outcomes. This three day course will emphasize diagnosis, treatment, and management of these diseases and conditions and will discuss new advances in care and technology related to primary care.

Hotel Accommodations
DoubleTree Hotel & Suites is an elegantly appointed property with 182 one and two bedroom suites - the largest suites in Charleston’s Historic District, and 30 Executive King Deluxe Rooms. Located in the heart of the city Market, the DoubleTree is easily accessible to Charleston’s renowned restaurants, historic walking and carriage tours, Waterfront Park and High Battery, antebellum mansions and gardens, and shopping - from Charleston’s boutiques to local vendors in the open-air Market. The DoubleTree provides legendary service, southern hospitality, traditional Charleston ambience and thoroughly modern amenities for business and leisure travelers.

Hotel rates are $219 Single/Double and subject to applicable taxes and assessments which are currently 13.5%. Please call the hotel and reference “2016 Updates in General Internal Medicine” to reserve a room under our discounted rate.

843.577.2644 or toll free 877.408.8733

Discounted rates available until February 8th based on availability of rooms that have been allotted to this conference.

www.charlestondoubletree.com

For more information Please call MUSC Division of General Internal Medicine:
Tel: 843.792.5386 • Fax: 843.792.7283 • http://gimCME.musc.edu
Charleston, South Carolina

Charleston is a uniquely magical place. From exquisite hand-fashioned wrought ironwork to stately antebellum mansions. From half-hidden gardens to a shimmering blue sea that is never far from view. From battle-ravaged historic shrines to the quiet sanctuary of historic churches. From quaint treasure-laden antique shops to haute-style fashion boutiques.

You’ll love Charleston!

Registration Form

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(Please print clearly)

Name ___________________________________________________  
(As you would like it printed on your name badge)

☐ MD  ☐ DO  ☐ NP  ☐ PA  ☐ Other (specify) ________________________

Address ______________________________________________________

City _____________________________ State _____  Zip ___________

Phone: ( _____ ) _____  -  _______, Fax: ( _____ ) _____  -  _______
(If international, include country/city codes)

E-mail address:  ___________________________________________

What is your primary medical specialty?  (Check one)
☐ Internal Medicine  ☐ Family Medicine
☐ Other (specify) ________________________

Please check your tuition category
☐ Physicians in Practice $475
☐ Nurse Practitioners, Physician Assistants, Physicians in Training $400

Paper Syllabus $25

Payment must accompany registration

☐ Check payable to:  
MUSC General Internal Medicine  
in U.S. dollars drawn on U.S. bank

☐ Visa, ☐ MC, ☐ AMEX, ☐ DC

Expiration date:  ____ / ____

Card Number _______________________

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Please use ONE of these methods to register (do not mail if previously faxed or telephoned):

☐ Mail registration form with check or credit card information to:
Division of General Internal Medicine  
Medical University of South Carolina  
135 Rutledge Ave., MSC 591  
Charleston, SC 29425  
Fax: (843) 792-7283

☐ Register online at:  
http://gimCME.musc.edu