Updates in General Internal Medicine for Primary Care 2017

March 10-12, 2017
DoubleTree by Hilton Hotel & Suites
181 Church Street
Charleston, South Carolina

Presented and sponsored by the
Medical University of South Carolina
Department of Medicine
Division of General Internal Medicine & Geriatrics
Office of Continuing Medical Education
College of Medicine

http://gimCME.musc.edu

A Bridge to Future Understanding
**Friday, March 10, 2017**

8:00  **Valerian Fernandes, MD**  
“Update on Dual Anti-Platelet Therapy (DAPT)”  
a) Discuss the updated guidelines for DAPT in Coronary artery disease;  
b) Reevaluate the optimal duration of DAPT;  
c) Identify concerns over DAPT interruption before surgery;  
d) Balance the bleeding risk and ischemia protection benefit when using prolonged DAPT.

9:00  **Jan Basile, MD**  
“Hypertension 2017: SPRINTing to Understand the Landscape for Effective BP Control”  
a) Summarize the epidemiology of hypertension and recent improvements in BP control rates;  
b) Describe proper BP measurement technique and the role of the office, home, and 24 hr ambulatory blood pressure measurement;  
c) Review the SPRINT trial and how it may influence future HTN guidelines and BP goals;  
d) Recognize which classes of antihypertensive agents are recommended as first line agents in the treatment of hypertension.

10:00  **Break**

10:15  **Nilesh Lodhia, MD**  
“Inflammatory Bowel Disease Update 2017”  
a) Identify treatment goals as it relates to the natural history of IBD;  
b) Describe the different treatment options for IBD;  
c) Discuss pertinent health Maintenance issues for patients with IBD.

11:15  **Andrew Schreiner, MD**  
“Review of Impactful Journal Articles 2016”  
a) Discuss the impact of major articles over the calendar year 2016;  
b) Identify how the article findings are applicable to everyday practice.

12:15  **Lunch**

1:45  **C. Wayne Weart, PharmD**  
“Drug Updates Session 1”  
a) Describe appropriate use of new medications and vaccines; and compare and contrast new products and suitable circumstances for prescribing them;  
b) Discuss the FDA warning and label changes that relate to medication safety that have been released in the last year.

2:45  **Break**

3:00  **C. Wayne Weart, PharmD**  
“Drug Updates Session 2”  
a) Describe appropriate use of new medications and vaccines; and compare and contrast new products and suitable circumstances for prescribing them;  
b) Discuss the FDA warning and label changes that relate to medication safety that have been released in the last year.

4:00  **Laura Winterfield, MD, MPH**  
“Cutaneous Manifestations of Systemic Disease”  
a) Identify cutaneous features associated with systemic diseases.  
b) Describe the components of sun avoidance/sun protection needed for patients with photosensitivity associated with rheumatic diseases.  
c) Formulate a treatment plan using topical, local and systemic therapies for the treatment of cutaneous symptoms associated with systemic diseases.

5:00  **Adjourn - Wine & Cheese Reception**

**Saturday, March 11 and Sunday, March 12 continued next page**
## Conference Agenda / Learning Objectives
### Updates in General Internal Medicine for Primary Care 2017

#### Saturday, March 11, 2017

<table>
<thead>
<tr>
<th>Time</th>
<th>Speaker(s)</th>
<th>Title</th>
<th>Topics</th>
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<tr>
<td>8:00</td>
<td>Charlie Strange, MD</td>
<td>“What is new for COPD?”</td>
<td>a) Describe how to make a diagnosis of COPD;</td>
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<td>b) Enable therapy along evidence-based guidelines;</td>
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<td>c) Discuss methods to enhance compliance with COPD therapies.</td>
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<td>9:00</td>
<td>Eric Angermeier, MD and Kyle Kokko, MD, PhD</td>
<td>“Practical Advice for Common Hand and Wrist Complaints”</td>
<td>a) Review concise history and focused exam methods to accurately diagnosis common hand and wrist complaints;</td>
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<td>b) Describe simple techniques and procedures for initial treatment of common hand disorders in the office, and how to bill for these services;</td>
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<td>c) Identify common indications for hand surgery referral.</td>
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<td>10:00</td>
<td>Break</td>
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<td>10:15</td>
<td>Kristen Williams, MD</td>
<td>“Psychiatry – 2016 Year in Review”</td>
<td>a) Discuss the latest updates in various areas of Psychiatry with implications for the primary care patient.</td>
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<td>b) Discuss and appropriately prescribe new psychiatric drugs on the market.</td>
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<td>c) Discuss chronic pain, the opioid epidemic, and treatment strategies as it relates to mental health.</td>
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<td>11:15</td>
<td>Walter Brzezinski, MD</td>
<td>“A typical case of HTN, DM-2 and elevated lipids, is your treatment Urban legend or based on bad data?”</td>
<td>a) Discuss BP goals and choice of therapy. I has been a moving target for decades;</td>
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<td>b) Identify goal A1C and initial therapy. It is not a faulty pancreas, it’s the liver’s fault;</td>
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<td>c) Summarize the controversy about lipid management, are the current guidelines useful.</td>
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<td>12:15</td>
<td>William Moran, MD</td>
<td>Value Based Care: Where are we?</td>
<td>a) Identify options for participation in payment methodologies supporting value-based primary care;</td>
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<td>b) Discuss ways to develop and measure effectiveness of implementation strategies to improve delivery of value-based primary care.</td>
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<td>1:15</td>
<td>Adjourn</td>
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#### Sunday, March 12, 2017

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<tr>
<td>8:30</td>
<td>Scott Curry, MD</td>
<td>“Clinical Microbiology 2017: Useful and Useless New Tests in Primary Care”</td>
<td>a) Discuss the latest updates on Respiratory Panel testing;</td>
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<td>b) Summarize the latest in Stool diagnostic tests;</td>
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<td>c) Describe current C difficile testing.</td>
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<td>9:30</td>
<td>Michelle Meglin, MD</td>
<td>“Postmenopausal Bleeding”</td>
<td>a) Recognize common causes of postmenopausal bleeding;</td>
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<td>b) Describe initial management of postmenopausal bleeding;</td>
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<td>c) Identify patients requiring referral to a gynecologist.</td>
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<td>10:30</td>
<td>Amanda Overstreet, DO</td>
<td>“Primary Palliative Care”</td>
<td>a) Describe palliative care and how it differs from hospice;</td>
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<td>b) Discuss how to manage patients’ goals and expectation in serious illness;</td>
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<td>c) Recognize options to minimize polypharmacy in patients’ w multiple comorbidities;</td>
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<td>d) Discuss prognostication and best ways to convey this information in outpatient setting.</td>
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<td>Adjourn</td>
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Program Faculty
Tenth Annual • Updates in General Internal Medicine for Primary Care 2017
A Bridge to Future Understanding

Conference Chairpersons

Kimberly S. Davis, MD, FACP
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Division of General Internal Medicine & Geriatrics

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Associate Professor
Division of General Internal Medicine & Geriatrics

MUSC Presenters

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Department of Orthopaedics

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Professor
Division of General Internal Medicine & Geriatrics

Walter A. Brzezinski, MD
Professor
Division of General Internal Medicine & Geriatrics

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Division of Infectious Diseases

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Department of Orthopaedics

Nilesh I. Lodhia, MD
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Division of Gastroenterology & Hepatology

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Assistant Professor
Department of Obstetrics & Gynecology

William P. Moran, MD, MS
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Division of General Internal Medicine & Geriatrics

Andrew D. Schreiner, MD
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Division of General Internal Medicine & Geriatrics

Charlie B. Strange, MD
Professor
Division of Pulmonary, Critical Care, Allergy & Sleep Medicine

C. Wayne Weart, PharmD
Professor
South Carolina College of Pharmacy – MUSC

Kristen Williams, MD
Assistant Professor
Department of Psychiatry

Laura S. Winterfield, MD, MPH
Associate Professor
Department of Dermatology
Accreditation

The Medical University of South Carolina is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

The Medical University of South Carolina designates this live educational activity for maximum of 15 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurse: For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME.

Physician Assistant: The National Commission on Certification of Physician Assistants (NCCPA) states that AMA PRA Category 1 Credits™ are acceptable for continuing medical education requirements for recertification.

Disclosure

In accordance with the ACCME Essentials and Standards, anyone involved in planning or presenting this educational activity will be required to disclose any relevant financial relationships with commercial interests in the healthcare industry. This information will be made available to participants at the beginning of the activity. Speakers who incorporate information about off-label or investigational use of drugs or devices will be asked to disclose that information at the beginning of their presentation.

Registration Fees

The registration fees for Updates in General Internal Medicine for Primary Care 2017 are:

- Physicians in Practice: $525
- Nurse Practitioners: $425
- Physician Assistants: $425
- Physicians in Training: $425

*The fee includes continental breakfasts, coffee/snacks, Friday evening reception, CME credit processing, paper and electronic course syllabus. If you do not need a paper syllabus please indicate this on your registration.

Please make all checks payable to MUSC General Internal Medicine and mail with registration form to:

Division of General Internal Medicine
Medical University of South Carolina
135 Rutledge Ave., MSC 591
Charleston, SC 29425

Tel: 843.792.5386
Fax: 843.792.7283

Visit our website http://gimCME.musc.edu for more information.

Americans with Disabilities Act

It is the policy of the Medical University of South Carolina not to discriminate against any person on the basis of disabilities. If you feel you need services or the auxiliary aids mentioned in this act in order to fully participate in this continuing medical education activity, please call Gayle Cox at 843 792 5386 or attach a note to your registration prior to March 1, 2017.
Cancellations
A refund will be made upon written request prior to March 1, 2017, however $100 will be retained for administrative costs. We reserve the right to cancel the program if necessary (due to Acts of God or other unforeseen events). In such case, full registration fees will be refunded for canceled programs. We cannot be responsible for reimbursement of airline or other transportation fares, hotel or rental car charges, including penalties.

Statement of Purpose
This conference will provide primary care physicians and mid-level providers with the tools to better manage their practice and address disease states common to the adult primary care population today and to optimize quality of care and patient outcomes. This three day course will emphasize diagnosis, treatment, and management of these diseases and conditions and will discuss new advances in care and technology related to primary care.

Hotel Accommodations
DoubleTree Hotel & Suites is an elegantly appointed property with 182 one and two bedroom suites - the largest suites in Charleston’s Historic District, and 30 Executive King Deluxe Rooms. Located in the heart of the city Market, the DoubleTree is easily accessible to Charleston’s renowned restaurants, historic walking and carriage tours, Waterfront Park and High Battery, antebellum mansions and gardens, and shopping - from Charleston’s boutiques to local vendors in the open-air Market. The DoubleTree provides legendary service, southern hospitality, traditional Charleston ambience and thoroughly modern amenities for business and leisure travelers.

Hotel rates are $229 Single/Double and subject to applicable taxes and assessments which are currently 13.5%. Please call the hotel and reference “2017 Updates in General Internal Medicine” to reserve a room under our discounted rate.

843.577.2644 or toll free 877.408.8733
Discounted rates available until February 7th based on availability of rooms that have been allotted to this conference.

www.charlestondoubletree.com
Charleston, South Carolina

Charleston is a uniquely magical place. From exquisite hand-fashioned wrought ironwork to stately antebellum mansions. From half-hidden gardens to a shimmering blue sea that is never far from view. From battle-ravaged historic shrines to the quiet sanctuary of historic churches. From quaint treasure-laden antique shops to haute-style fashion boutiques.

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Registration Form

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March 10-12, 2017 • DoubleTree Hotel & Suites, Charleston, South Carolina

(Please print clearly)

Name ___________________________________________________
(As you would like it printed on your name badge)

☐ MD  ☐ DO  ☐ NP  ☐ PA  ☐ Other (specify) ______________________

Address  ____________________________________________________________________________
____________________________________________________________________________________

City _____________________________  State _____  Zip __________

Phone: ( _____ ) _____  -  _______, Fax: ( _____ ) _____  -  _______
(If international, include country/city codes)

E-mail address:  ___________________________________________

What is your primary medical specialty?  (Check one)
☐ Internal Medicine  ☐ Family Medicine
☐ Other (specify) ______________________

Please check your tuition category
☐ Physicians in Practice $525
☐ Nurse Practitioners, Physician Assistants, Physicians in Training $425

Please check if you don’t need a paper syllabus
☐ I do not need a paper syllabus

Payment must accompany registration

☐ Check payable to:
MUSC General Internal Medicine
in U.S. dollars drawn on U.S. bank

☐ Visa, ☐ MC, ☐ AMEX, ☐ DC

Expiration date:  _____ / _____

Card Number ________________________

3 Digit Card Verification Number ________________________

Cardholder’s Name ________________________

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☐ Mail registration form with check or credit card information to:
Division of General Internal Medicine
Medical University of South Carolina
135 Rutledge Ave., MSC 591
Charleston, SC 29425

☐ Fax: (843) 792-7283

☐ Register online at:
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