What is Careers in Medicine?

Careers in Medicine (CiM) is a career planning program designed to help you choose a specialty and apply to residency programs. In order to accomplish this goal, the Careers in Medicine program aims to keep student-mentor interaction at the forefront of each year spent in Med School. The MUSC CiM program will guide you through: self-understanding, exploring a variety of medical careers, selecting a specialty to meet your career objectives, and applying for residency.

Traditionally, medical students were given the sole responsibility of researching and selecting from over 120 specialties and subspecialties. At MUSC, we believe that choosing your career in medicine is one of the most important things you will do during medical school. The Careers in Medicine program is thus designed to offer assistance to each student through a variety of ways. We are whole-heartedly committed to aiding you in meeting your career objectives, and we believe this program adds an important and unique element to our curriculum.

Because we are so dedicated to serving each of our medical students, Careers in Medicine is a requirement for all medical students and molds the student experience for all four years of medical school; during the first two years of training CiM is contained within Fundamentals of Patient Care. You are obligated to attend all CiM lectures and complete the assigned activities in order to pass FPC. You should have already received a login/password for the AAMC Careers in Medicine website. In order to accomplish what is needed, please log in if you have not already done so.

Year 1 Objectives:
1. Identify and use electronic resources related to professional development.
2. Improve self-understanding related to professional goals.
3. Gain understanding of several major medical specialties through seminars, clinical visits, and student interest groups.
4. Develop an understanding and demonstrate how to document academic achievement effectively on a Curriculum Vitae.

MUSC WEBSITE: http://academicdepartments.musc.edu/com/stu_affairs/career_planning/
AAMC WEBSITE: www.AAMC.org/cim
Steps to the Careers in Medicine Curriculum:

1. **Understanding Yourself** - Conducting an honest self-assessment is the foundation for the whole process and critical to making good career decisions. You need to understand who you are (your interests, values, skills, faults and personality) and what is important to you. The more you understand yourself, the better prepared you will be to successfully navigate this process, make a good decision and be successful in your career as a physician. The resources and exercises provided in the "Understanding Yourself" section on the AAMC CiM website will help you accomplish these goals. (Years 1 and 2)

2. **Exploring Options** - Learning more about specialties and other career options will help you figure out where you fit into medicine. The goal of exploring options is to learn about opportunities and specialties that may match your personal characteristics. One of the best ways to research specialties is through the AAMC Careers in Medicine Specialty website. Here, you can find career-related information for over 120 medical specialties [https://www.aamc.org/cim/specialty/list/](https://www.aamc.org/cim/specialty/list/) (Years 1, 2, and 3)

3. **Choosing a Specialty** - It is important to be able to make healthy decisions about your medical career. This involves finding a good fit between the information you have learned about yourself and about your specialties of interest. It also involves considering what is important to you about the residency programs you are interested in pursuing and possible future practice settings. This phase will provide an objective framework to make these decisions. (Years 3 and 4)

4. **Getting into Residency** – Polishing your Curriculum Vitae (CV) and residency application, interviewing for residency, and going through the Residency Match are integral components to implementing your decision. This is where you put your decisions into action. (Year 4)
Careers in Medicine - Financial Literacy 101 Series
COM Year 1 – Proposed Curriculum Overview

**Lecture 1** - (FALL Semester)
**Title:** First, Do no Harm to Your Financial Future
**Description:** Financial Literacy 101
**Attendance:** Mandatory

**Lecture 2** - (SPRING Semester)
**Title:** On Call: Your Financial Future is stat paging
**Description:** Financial Literacy 101
**Attendance:** Mandatory

**Learning Objectives:**
- Define financial terminology, different categories of finance, and expectations for personal planning
- Create and implement a realistic budget
- Utilize financial formulas to incorporate their financial goals in to a budget
- Describe various types of investments and how they may be pertinent and available to medical students
- Define and recognize methods of debt management, with specific consideration given to management of a medical student’s current and future debt. (Differences between individual students will be highlighted (married vs. single, in-state vs. out-of-state, children, etc.) in the series. The importance of starting to implement plans early in the minimum 7 year training career will be addressed.)

**AAMC FIRST - Financial Information, Resources, Services, and Tools (FIRST)** is a resource that provides financial information including financing options, understanding loan repayment options, budgeting, and many more to help you manage your finances. A AAMC FIRST seminar will be held on September 10, 2015, and attendance is mandatory. For more information on the AAMC FIRST, you may visit the following website: [https://www.aamc.org/services/first/](https://www.aamc.org/services/first/)

**Assessment Activity - AAMC Medloans® Organizer and Calculator (MLOC):** Developed for medical students and residents, the MLOC provides a secure location to organize and track your loans and calculate custom repayment plans using your own loan information to help you make smart choices about repayment. Students may access the AAMC Medloans Organizer and Calculator by visiting the following website and sign in by using your AAMC username and password. [https://www.aamc.org/services/first/medloans/](https://www.aamc.org/services/first/medloans/)
Careers in Medicine Grading

CiM material will not be represented on written exams. You must pass AND complete all CiM requirements on time to pass the Fundamentals of Patient Care theme/course. In addition, you must complete all assignments on time or you will not be eligible for Honors in the overall FPC course.

Specialty Seminars: You will be receiving specialty seminars throughout years 1 and 2. Most seminars are timed with the curriculum material being taught. Attendance is mandatory for all seminars as they are designed to increase specialty exposure PRIOR to your clinical education training. For any unexcused absence(s), the student becomes ineligible to receive FPC Honors, he/she must watch the seminar on Tegrity and submit a summary, and a possible Physicianship form may be submitted on behalf of the student.

Career Advising with Small Groups: In a small group session, you will have the opportunity to interact, discuss, and ask the CiM Associate Dean and staff any questions centered on career exploration. Your group will consist of your fellow first year colleagues that have the same specialty interest as you. You are required to complete the Medical Specialty Preference Inventory (MSPI) on the AAMC CiM website before your scheduled small group advising session.

Clinical Shadowing: You are required to shadow any health care professional associated with MUSC. You must complete 4 hours of shadowing, and this may be completed in one of the following methods: one 4-hour session or two 2-hour sessions. An email will go out instructing students when they may begin shadowing and when the evaluation is available in E*Value.

Requirements to pass CiM First Year include:
1. Attend all specialty and financial literacy seminars, including the AAMC FIRST
2. Create a personal profile on the AAMC website and complete the Medical Specialty Preference Inventory (MSPI)
3. Attend and participate in CiM small group advising session and COM TEAM groups
4. Upload Curriculum Vitae to Moodle in the Careers in Medicine course under ‘CV Upload’ by April 30, 2016. Your CV must be reviewed by your preceptors.

Medical Student Research Portal and Summer Research Opportunities
In November, you will begin to plan your summer between first and second year. Many students choose to do research, volunteer work, or find employment opportunities. There will be an optional workshop for Summer Research Opportunities in the fall to help you navigate your summer choices and prepare your applications. The Medical Student Research Portal (MSRP) is a CiM webpage designed to help students specifically find research opportunities. Below is the link to the MSRP webpage.  
http://academicdepartments.musc.edu/com/stu_affairs/career_planning/cim/MSRP/
Four Year Overview:

**Year 1:**
- Fall: Orientation to the CiM course/ Medical Specialty Preference Inventory
- Fall: Self-Assessment (Individually and small group work)
- Fall: Summer Research Opportunities Seminar (Optional)
- Fall: Curriculum Vitae Seminar
- Fall: CiM Career Advising Small Group participation
- Fall/Spring: Specialty and Financial Literacy Seminars
- Fall/Spring: COM Team Advising Program
- Spring: Clinical shadowing visit(s) and evaluation
- Summer: Summer Research Participation: Research, volunteer, etc. (Optional)

**Year 2:**
- Fall: Clinical visits and evaluation
- Fall/Spring: Specialty and Financial Literacy Seminars
- Fall/Spring: COM Team Advising Program – in advisor role
- Spring: Step 1 Symposium
- Spring: 3rd year planning meeting and preparing schedule
- Spring: Tips for Third Year: Student Panel

**Year 3:**
- Fall/Spring: Visits with clinical advisor
- Spring: 4th year planning and scheduling meeting
- Spring: Meet with M.A.P Advisor/MSPE writer

**Year 4:**
- Fall: Seminar: How to Apply to Residency (ERAS, NRMP)
- Fall: ERAS Workshop (Optional)
- Fall: Interviewing Workshop with Residency Program Directors
- Fall: Visits with Clinical Advisor
- Fall/Spring: Contact with M.A.P Advisor
- Spring: Visits with clinical CiM Advisor
- Spring: Seminar: How to Rank and Match into a Program
- Spring: Seminar: “What Happens After I’ve Matched” – Resident Panel
Course Directors and Persons of Contact

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