All interns were nutrition instructors for Share Our Strength’s Cooking Matters®, which helps families to grocery shop and cook healthy meals on a budget. Locations where interns taught classes include: Devon Forest elementary school, Jerry Zucker Middle School of Science, Matilda Dunston Elementary, North Charleston Creative Arts Elementary School, Charleston Housing Authority and Pinehurst Elementary School.

Five of our interns presented their capstone research abstracts and posters at our annual state dietetics conference in Columbia, South Carolina this past April.

Interns provided nutrition education at several health fairs around Charleston. Locations included: North Charleston Creative Arts Elementary School, Our Lady of Mercy Community Outreach, St. Andrews School of Math and Science, Gilliard Center, and Harborview Elementary School.

Throughout the year, interns chose to partake in several volunteer opportunities. Some of our interns had the pleasure of volunteering for the 35th annual Lowcountry Oyster Festival at Boone Hall Plantation, which is claimed to be the largest in the world!

Two of our clinical interns completed their five-week food service rotation at College of Charleston. With goals to reduce food waste in the cafeteria, interns surveyed students in order to change recipes and to make dishes more palatable.
Over 45 preceptors, including Registered Dietitians and other professionals in the nutrition field, served as preceptors for interns. Locations included:
Roper St. Francis, Lowcountry Food Bank, College of Charleston, private practices, Culinary Institute of Charleston, WIC, Joint Base Charleston, Trident Medical Center, Summerville Medical Center, Dialysis Clinic Inc, Charleston County Schools, Heartland of West Ashley, Bishop Gadsden, and the VA Medical Center.

LOWCOUNTRY FOOD BANK

Our community interns completed their foodservice rotation at the Lowcountry food bank. Interns developed seven new meals for the East Cooper Meals on Wheels menu rotation. All meals were nutritionally analyzed with food processor software to assure they met the specific Meals on Wheels nutrition guidelines.

MUSC PEDIATRIC HEART HEALTH 5K

Another Sunday morning spent volunteering! Interns helped with MUSC's Heart Health 5k fun run and walk, which fundraised for the fight against childhood obesity.

FNCE

Two of our interns had the opportunity to attend the Academy of Nutrition and Dietetics Food and Nutrition Conference and Exposition (FNCE) this past fall in Chicago. Each year over 10,000 Registered Dietitian Nutritionists, nutrition science researchers, policy makers, health-care providers and industry leaders attend.

SCHOOL LUNCH

The Charleston County School district allowed interns to spend a week learning about the school lunch program! Interns performed carbohydrate counts and allergen updates for all school lunch menus.

Thank you! -MUSC dietetic intern class of 2018