AGENDA

I. Call to Order K. Hermayer

II. Minutes of September 23, 2016 meeting K. Hermayer

III. Executive/Finance Committee Report K. Hermayer

IV. Council Reports
   A. Outreach Council E. Todd Heckel
   B. Diabetes Center Council P. Arnold
   C. Surveillance Council J. Vena/K. Hunt

V. SC DHEC R. Hill

VI. Intensive Management of Diabetes in the Hospital Task Force K. Reeves

VII. Old Business
    A. Strategic Plan Update K. Hermayer

VIII. New Business
    A. Diabetes Under the Dome 2017 J. Benke-Bennett
    B. UFit Thrive Diabetes Lifestyle Program S. Jackson

Adjournment

Future meetings:
- March 3, 2017 (Charleston)
- June 2, 2017 (Columbia)
- September 1, 2017 (Charleston)
Diabetes Initiative of South Carolina
Board Meeting
Friday, September 23, 2016
North Charleston Convention Center
North Charleston, SC

MINUTES

Members Present
Pam Arnold
Elizabeth Todd Heckel
Kathie Hermayer
Usah Lilavivat
Yaw Boateng
Ali Rizvi
Karen Reeves (via phone)

Guests Present
Dana Burshell (for Carolyn Jenkins)
Stacy Lawrence
Kevin Wiley
James Bradford (for Bryan Amick)
Michelle Nichols
Adrian Grimes
Carolyn Bethea (via phone)

Call to Order
Dr. Hermayer called the meeting to order at 1:04 pm. The meeting was held immediately following the Diabetes Symposium.

Minutes
The minutes of the June 3, 2016 Board meeting were accepted as written and approved.

Executive/Finance Committee Report
Julie Benke-Bennett reported for the Executive/Finance Committee. The Diabetes Symposium realized a considerable loss this year due to the lack of grant funding. Ms. Benke-Bennett will continue to look at other venues and opportunities to reduce costs even further.

Council Reports
Full reports from the Councils are added to these minutes.

Outreach Council
Elizabeth Todd Heckel reported for the Outreach Council.

Camp Adam Fisher hosted 220 campers this past summer. Their Medical Director resigned, and Dr. Lilavivat graciously agreed to fill in as Interim Director for the 2016 camp session.

Dr. Holliday from the American Medical Association spoke at the symposium yesterday on the National Diabetes Prevention Program (NDPP). Dr. Lilavivat noted that he is working to open a center in the Sumter area.

The group reviewed the website www.prevendiabetesstat.org as a tool for healthcare professionals.

Adrian Grimes and Kevin Wiley from Dr. McElligott’s office informed the group that Dr. McElligott visits the Statehouse once a year. They suggested that DSC invite him to join the Diabetes Under the Dome Event in March 2017.

Diabetes Center Council
Pam Arnold reported for the Diabetes Center Council.

The 22nd Annual Diabetes Fall Symposium for Primary Health Care Professionals was held on September 22 & 23, 2016 at the North Charleston Convention Center. There were 217 people in attendance. Pam, Julie and Dr. Hermayer will work together to reduce costs for next year’s program.

Surveillance Council
John Vena reported for the Surveillance Council.

Drs. Hermayer and Hunt met with Les Lenert, MUSC’s Chief Research Information Officer, to discuss utilizing databases for tracking quality metrics. DSC is looking at ways to collect & utilize data better to ascertain a better accounting of prediabetes in SC. Because funding is a major issue, DSC will need to look at sources for funding. Dr. Hunt will look into the cost of partially funding an associate to do the work. Dr. Jim Bradford suggested utilizing DHHS Medicare data that is already available.
Dana Burshell shared the website Healthyinsight.org from the SC Association for Community 
Economic Development (SCACED). The website focuses on social determinants of health, 
and is pulled from 32 public data sites. The site is funded through the Robert Wood Johnson 
Foundation.

**Intensive Management**  
**Of Diabetes in the Hospital**  
**Task Force**

Karen Reeves reported for the Task Force. The SCHA has been working closely with the 
Greenville Hospital system. Dr. Lilavivat noted that Palmetto Health is ready to launch the 
use of the Glucommander (Palmetto Health is part of the GHS).

**Old Business**  
**Strategic Plan:**

The draft of the Strategic Plan is ready for review. Ms. Benke-Bennett will send the draft out 
to all Board and Council members for review and feedback. She will then compile all input 
and send for further review by Drs. Vena and Hunt (Surveillance), Dr. Nichols and Jenkins 
(Outreach), and Pam Arnold (Diabetes Center).

**New Business**  
**DSC Membership:**

Dr. Kathy Lewis, a pediatric/adult Endocrinologist, has been appointed to the DSC Board by 
the President of MUSC.

Khosrow Heidari has accepted a new position and will have limited collaboration with DSC 
and diabetes epidemiology. He has resigned his position on the Surveillance Council.

John Bruch, MD has encountered many changes in his practice, and has resigned his Board 
position in hopes of allowing someone who can be more active fill his spot.

Dr. Hermayer thanked everyone for their support of DSC, and the meeting was adjourned at 2:55 pm.

Respectfully Submitted,

Kathie L. Hermayer, MD, MS  
Board Chair, Diabetes Initiative of SC

**Future Meetings**  
December 2, 2016 in Columbia
Functions
As defined by Section 44-39-50 amendment to 1976 Code of Laws for South Carolina, the Diabetes Outreach Council shall oversee and direct efforts in patient education and primary care including:
1. Promoting adherence to national standards of education and care.
2. Ongoing assessment of patient care, costs, and reimbursement issues for persons with diabetes in South Carolina.
3. Preparing an annual report and budget proposal for submission to the Diabetes Initiative of South Carolina Board.

WEBSITE: www.musc.edu/diabetes

Prominent Activities this quarter:
Elizabeth Todd Heckel
- Family Practice Diabetes Education Groups; 1st and 3rd Tuesday of every month; 6-12 participants.
- Individuals, 2nd and 4th Tuesday's.
- Diabetes Today Advisory Committee (DTAC), 3rd Wednesday of every month.
- 13th Annual Obesity Summit: "Going the Distance: Achieving HEALTH Equity Together", Brookland Baptist Church, 10/24/16, 200+ participants.
- Midlands Chapter of Diabetes Educators, Villa Tronco Restaurant, 11/26/16, 20 participants.
Professional Education Activities:

- 2015 DSC Annual Report
- Diabetes Strategies; February 2 and 3, 2016, North Charleston Convention Center, North Charleston, SC. Day 1 = 84 attendees; Day 2 = 82 attendees.
- Diabetes Under the Dome: March 16, 2016
- 22nd Annual Diabetes Fall Symposium for Primary Health Care Professionals; September 22nd & 23rd, 2016, N. Charleston Convention Center, North Charleston, SC.
- Updated Diabetes Initiative of South Carolina Screening Forms:
  - Are You at Risk for Developing Diabetes?
  - Persons with Diabetes; What are Your Risks for Developing Complications or Problems?
- Updated South Carolina Adult Guidelines for Diabetes Care – 2016
- Developed South Carolina Guidelines for Adult Diabetes Care in the Hospital – 2016
- DSC 10 Year Strategic Plan Draft

Meetings:

- MUSC Hospital Diabetes Task Force
- Hospital Quality Committee
- MUSC ADA Education Recognition Program (ERP) Coordinator: Annual Report and 4yr renewal application September 2016 – approved 1/6/17 – 1/6/2021
Professional Education Activities:

- 22nd Annual Diabetes Fall Symposium for Primary Health Care Professionals; September 22\textsuperscript{nd} & 23rd, 2016, N. Charleston Convention Center, North Charleston, SC.
- Draft DSC 10yr Strategic Plan
- Diabetes Awareness Day – November 14, 2016 – MUSC, Blood glucose checks, diabetes & prediabetes assessments, diabetes education

Publications:

Quarterly Report  
South Carolina Department of Health and Environmental Control  
Statewide Diabetes Activities  
October 1, 2016 – December 1, 2016

The South Carolina Department of Health and Environmental Control (DHEC) is dedicated to the prevention chronic disease disparities such as diabetes. The overarching diabetes efforts at DHEC are to prevent complications, disabilities, and burden associated with diabetes as well as to eliminate diabetes-related health disparities.

I. State and Federal Updates: 

CDC Grant Applications Update  
• The CDC’s National Center for Chronic Disease Prevention and Health Promotion (NCCDPHP) Training and Technical Assistance Support Center (TTASC) are sponsoring the 1305/1422 Grantee Meeting, scheduled for Wednesday, November 30, to Friday, December 2, 2016, at the Crowne Plaza Ravinia hotel in Atlanta, Georgia. The meeting is for the primary recipients of the 1305 and 1422 cooperative agreements.

• The Centers for Medicaid and Medicare Services approved the final reading of the proposal to cover Medicare National Diabetes Prevention Programs starting in January 2018. Organizations desiring to bill CMS for the National DPP will need to apply to become Medicare DPP providers in 2017 and go through the process to be accepted as a provider.

• The 1422 cooperative agreement grantees submitted three sub-awardee success stories that highlighted successes in the areas of 1. nutrition or physical activity, 2. heart disease and stroke, and 3. diabetes prevention. A success story for each of the aforementioned topics were submitted on November 15, 2016.

II. Diabetes Surveillance Systems:  

Goal: Monitor the statewide diabetes burden and identify gaps to assist with planning, decision-making, and evaluation.

• Robert Coaxum with PHSIS is working with the division to develop maps depicting the location of all active National DPPs. They are scheduled to be complete before the end of November.

III. Health Systems Improvement:  

Goal: To increase the number of health care providers engaged in professional education on recommended standards of care.

15th Annual Chronic Disease Symposium  
• The 15th Annual Chronic Disease Prevention Symposium Health Systems Transformation: Working Together to Improve Population Health in South Carolina will be held March 10-11, 2017 at the Sheraton Myrtle Beach Convention Center Hotel in Myrtle Beach, SC. The symposium is co-sponsored by the SC Medical Association, South University, and the Cancer Alliance and will feature presentations by state and national experts on topics including: eliminating disparities in access to quality cancer care, diabetes and
hypertension control, opioid use and abuse, building care coordination models to control chronic disease and learning practice transformation tips. Continuing Education Credits will be provided. Please note that the symposium structure has changed to all day Friday and an early release on Saturday by 1 pm. The Awards Luncheon will take place on Friday. For more information contact: Felicia G. Brown at BrownFB@dhec.sc.gov.

- The division is pursuing a more robust collaboration with the SC Office of Rural Health related to both health systems and community clinical linkages. Michelle Moody, Lifestyle Intervention Coordinator and Kay Lowder, Community Clinical Linkages Coordinator, exhibited at the SC Rural Health Conference in Hilton Head on October 25-27, 2016 and made contact with 20 providers from across SC. Twenty are interested in offering/referring their patients to an active National DPP and 16 are wanting more information on the DSME/T program. Both coordinators are following up to set face to face meetings.
- Kay Lowder is working with Care Coordination Institute (CCI), one of our health systems partners, to include a rubric to capture team-based care and hypertension management data. State proxy performance measures used for CDC reporting have been reviewed and finalized with the 1305 evaluator team. Measure Accurately, Act Rapidly, Partner Proactively (MAP) and Diagnosis Early, Act Quickly, Refer Appropriately Teach Healthy Behaviors (DART) programs will be developed for CCI 1305 counties to support hypertension management and diabetes management.

Diabetes Self-Management Education/Training (DSME/T) Programs
- The division continues to support medical practices in their diabetes self-management efforts. Two new contracts are being processed by Public Health Contracts, Shifa Clinic and Team First Health and will bring our total to 10 current contracts. Team First Health will begin their DSME/T program at Bosch in Charleston. A third contract is under review by the new president of MedCare and should be able to be processed by the end of November.
- Little River Medical Center in Conway and AnMed Medical have received AADE accreditation. AnMed will roll out their accredited DSME/T programs to 14 satellite sites. Berkley Family Practice participated in their AADE accreditation telephone interview on October 26 and have received their AADE accreditation too.

IV. Community Awareness and Outreach:
Goal: Increase diabetes knowledge and awareness across disparate and hard to reach communities.
- Morehouse School of Medicine Diabetes Learning Collaborative
- The Diabetes Learning Collaborative is still making progress and working to improve processes at HopeHealth Inc., HopeHealth has decided to broaden their focus so that it includes looking at processes for managing care comprehensively for their diabetic patients. This comprehensive management includes retinal screenings (both within
HopeHealth and in the community) along with referrals to other services that meet the patients needs. In addition, HopeHealth is working to communicate the data to providers in hopes that the providers will encourage their patients to participate in the services offered. The Morehouse collaborative was scheduled to end in September of 2016, however, they have extended it to go through January of 2017 due to staff transition with several of the participating teams. On January 10th and 11th teams will be in Atlanta to present project outcomes to the Morehouse Learning Collaborative project coordinators. Additional updates regarding project outcomes will be shared at the next quarterly meeting.

Diabetes Advisory Council of SC (DAC)

- The Diabetes Advisory Council of SC (DAC) Provider Engagement Workgroup is in the process of developing a SC Diabetes Prevention Provider Toolkit that will be based on the AMA/CDC Provider Toolkit, but with a SC appeal. Once completed, the toolkit will be piloted with a minimum of one health care practice. SCMA has offered to assist in providing a face to face or webinar training that will offer CMEs for providers to learn how to incorporate the toolkit into their practice.

- The DAC Coverage Workgroup met during the DAC Quarterly meeting on October 28, 2016. During the meeting, the group moved forward with finalizing subgroups to get the Employer Survey Assessment completed by December 31, 2016. Chair of the group, Lisa Wear-Ellington, provided a brief overview of grant funds that the Business Coalition on Health will be receiving from the American Medical Association to help increase employer coverage of the National DPP. The Business Coalition on Health plans to work alongside DAC Coverage workgroup to implement the grant workplan particularly around the activities that are similar. The Business Coalition on Health is looking to approach large employers in their network to pilot and cover the National DPP.

National Diabetes Prevention Program (National DPP)

- The American Medical Association hosted a Best Practices Summit in Chicago on November 3, 2016. The summit was comprised of four states (California, Michigan, New York, and South Carolina) who received 1422 cooperative agreement funding from CDC, convened AMA/CDC/NACDD collaborative P-STAT meeting, and are now launching their comprehensive diabetes prevention action plans and entering implementation phase of their newly created plans. Dr. Gerald Wilson (DAC Chair), Shauna Hicks, Tiffany Mack and Rhonda Hill from DHEC were invited to attend from SC. The purpose of the summit was to share state-wide advances in diabetes prevention by strengthening clinical-community linkages. It took the participants through a three-part, interactive retrospective analysis – including data gathering, first-hand accounting, brainstorming and prioritization to surface the key learnings and best practices from the initial state engagement meeting through early implementation of the action plan. Findings from the summit will help inform a scalable, state-based best practices playbook for multi-stakeholder prevention of type 2 diabetes.

- On October 11th, the Cancer Society Regional Service Coordinators (RSCs) were trained on the SC WISEWOMAN (WW) National Diabetes Prevention Program Referral and Coordination Guide. The RSCs will train nurses, nurse practitioners, physicians and health
coaches on the referral and coordination process for WW patients who are referred to and participate in National DPP.

- During the November monthly meeting with the Region Prevention Coordinator, the Central Office Prevention Coordinator provided technical assistance and facilitated a discussion on engaging worksites to disseminate prediabetes awareness information and referring their employees to existing National DPPs. In addition, the team discussed significantly increasing the number of CDC Prediabetes Risk Assessments distributed as a way to raise awareness about prediabetes as a serious condition and introduce participation in an existing National DPP (where available) as a next step. This will be accomplished by providing prediabetes awareness materials, including the SC Prediabetes Fact Sheet, to housing authorities/communities, free medical clinics and other organizations that serve Medicaid and Medicaid eligible individuals, which are the 1422 grant’s priority population.

- The 1422 CDC prevention success story focused on Dillon Family Medicine, a NDPP site set in a medical practice that includes the lead physician as one of the participants. The site currently has 18 active participants and has a waiting list for individuals interested in participating in the second cohort for their site. The practice has pledged to provide prediabetes education to all of their patients that receive a prediabetes diagnosis.

V. Division Updates:

- Ms. Jacqlyn Atkins has been hired as the newest member of the Division of Diabetes, Heart Disease, Obesity and School Health as our Health Systems Coordinator. Ms. Atkins has an MPH, a BS in Psychology and has over seven years experience working in public and private health environments. She previously served as the Director of the Office of Health Equity with DHEC. We are very excited to have Jacqlyn as a part of our team.

- Tiffany Mack, Jaclyn Atkins and members from the Office of Health Equity presented a poster at the ESMMSC Obesity Summit on October 24th. The poster highlighted the cultural competence/healthy equity strengths and areas of opportunities of the statewide comprehensive diabetes prevention plan utilizing the Cultural Competency Guidelines developed by the DAC Cultural Competency Committee.

- The division, through a partnership with ESMMSC, hired Ms. Rachel Kaplan, MPH as the Diabetes Advisory Council of SC (DAC) Coordinator. Ms. Kaplan will start on December 5, 2016.

- Tiffany Mack, the SC PHASE Program Administrator has assumed the key duties of the 1422 SC PHASE Central Office Clinical Coordinator as of October 2nd. Her current responsibilities still include monitoring the implementation of the SC PHASE grant; however, in a more supportive role. In addition, Tiffany will oversee contractual agreements in support of the clinical (component 2) SC PHASE initiative and provide technical assistance and guidance to the SC PHASE Region Team Leads and Clinical Coordinators.