23rd Annual Diabetes Fall Symposium for Primary Health Care Professionals

September 15, 2018

North Charleston Convention Center
Embassy Suites Hotel
5055 International Boulevard
North Charleston, South Carolina

Presented by:

The Medical University of South Carolina
and the Diabetes Initiative of South Carolina (DSC)

DSC Midlands Site at the University of South Carolina

South Carolina College of Pharmacy

Lowcountry AHEC

SC DHEC – Division of Diabetes, Heart Disease, Obesity and School Health
## 23rd Annual Diabetes Fall Symposium for Primary Health Care Professionals

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List of Supporters and Exhibitors
Supporters

We would like to thank the following organization for their support of this symposium.

SC DHEC -
Division of Diabetes, Heart Disease, Obesity and School Health
Exhibitors

Diabetes Advisory Council (DAC) of SC

Insulet Corporation

Lilly Diabetes – Lilly USA, LLC

Novo Nordisk
Neither the Medical University of South Carolina nor the Diabetes Initiative of South Carolina endorse or approve any products that may be associated with this continuing education activity.
Planning Committee
23rd Annual Symposium
Planning Committee

Pamela C. Arnold, MSN, APRN, BC-ADM, CDE

Julie Benke-Bennett, BBA

Yaw Boateng, MS, MPH, RD, LD, CDE

Diana Caron, RN, BHS, MEd

Elizabeth Todd Heckel, MSW, CDE

Kathie L. Hermayer, MD, MD

Rhonda Hill, PhD, CHES

Carolyn Jenkins, DrPH, APRN, BC-ADM, CDE, RD, FAAN

Usah Lilavivat, MD, FACP, FACE

Timothy J. Lyons, MD

Caitlin Mardis, PharmD, BCPS

Diane Mathews, MS, MT(ASCP)SH

Michelle Moody, BA, MPH, CHES

Odessa Ussery, Med, CCMEP
Continuing Education Hours
Continuing Education - Accreditation

Pharmacists
The University of South Carolina College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. The program is accredited for a total of 7.0 live contact hours of knowledge-based learning activities for pharmacists. Participants must sign-in at registration table at the beginning of the day and attend each session for which they claim credit in its entirety. Instructions on how to complete evaluations and have credit reported to the NABP CPE Monitor will be provided. Evaluations must be completed within 30 days; any credit claimed greater than 60 days from the program will be rejected by the CPE Monitor. To view learning objectives for pharmacists and ACPE UANs, visit http://cop.sc.learningexpressce.com to view the full activity announcement for pharmacists.

Physicians
Credit Statement: The Medical University of South Carolina designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accreditation Statement: This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint providership of Medical University of South Carolina, and the Diabetes Initiative of South Carolina. The Medical University of South Carolina is accredited by the ACCME to provide continuing medical education for physicians.

Nurses
This nursing continuing education activity awards a total of 7.2 contact hours.

Lowcountry AHEC is an approved provider of continuing nursing education by the South Carolina Nurses Association, an accredited approver with distinction, by the American Nurses Credentialing Center’s Commission on Accreditation.

Counselors and Therapists
This program is approved for 7.2 hours of continuing education credit. The South Carolina AHEC system is recognized as a permanent sponsor of continuing education by the South Carolina Board of Examiners of Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists.

Registered Dietitians
This program provides a total of 7.2 contact hours.

Social Workers
This program is approved for a total of 7.2 non-social worker contact hours. The South Carolina AHEC system is recognized as an approved provider of continuing education by the South Carolina Board of Social Work Examiners.

All Participants
This program is approved for 0.72 CE (7.2 clock hours) by Lowcountry AHEC and meets South Carolina AHEC Best Practice Standards.

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Lowcountry AHEC is an equal opportunity employer and adheres to the requirements of the ADA statements.

Neither Lowcountry AHEC nor the American Nurses Credentialing Center endorses or approves any products that may be associated with this continuing education activity.

Participants must attend 90% of the program to receive a certificate. No partial credit will be given.
List of Faculty
Distinguished Faculty

Donald C. Eagerton, MD Endocrinologist
Carolina Health Specialists
Grand Strand Health
Myrtle Beach, SC

Valerian Fernandes, MD, MRCP, FACC Professor of Medicine
Division of Cardiology
Medical University of South Carolina
Charleston, SC

Christopher E. Gross, MD Orthopedic Surgeon
Department of Orthopedics
Medical University of South Carolina
Charleston, SC

Chitra Lal, MD
Associate Professor of Medicine Division of Pulmonary and Critical Care
Medical University of South Carolina
Charleston, SC

Usah Lilavivat, MD
Board Chair, Diabetes Initiative of SC
Endocrinologist
Carolina Diabetes & Kidney Center
Sumter, SC

Aundrea Loftley, MD
Assistant Professor of Medicine
Division of Endocrinology, Diabetes & Metabolic Diseases
Medical University of South Carolina
Charleston, SC

Marc J. Rogers, MD
Assistant Professor of Medicine
Department of Urology, Director of Men’s Health
Medical University of South Carolina
Charleston, SC

C. Wayne Weart, PharmD, BCPS, FASHP, FAPhA
Professor of Clinical Pharmacology & Outcomes Science
Professor of Family Medicine
Medical University of South Carolina
Charleston, SC
Faculty/Planner Disclosures
Faculty/Planner Disclosures

Disclosure Information
In accordance with the ACCME Essentials and Standards, anyone involved in planning or presenting this educational activity is required to disclose any relevant financial relationships with commercial interests in the healthcare industry. This information is listed below.

The Medical University of South Carolina College of Medicine, as an ACCME provider, requires that all faculty presenters identify and disclose any off-label uses for pharmaceutical and medical device products. The Medical University of South Carolina College of Medicine recommends that each physician fully review all the available data on new products or procedures prior to instituting them with patients.

Presenters/planners with no relevant financial relationships

Julie Benke-Bennett, BBA
Yaw Boateng, MS, MPH, RD, LD, CDE
Diana Caron, RN, BHS, MEd
Donald C. Eagerton, MD
Valerian Fernandes, MD, MRCP, FACC
Christopher E. Gross, MD
Elizabeth Todd Heckel, MSW, CDE
Kathie L. Hermayer, MD, MS, FACE
Rhonda Hill, PhD, CHES
Carolyn Jenkins, DrPH, APRN, BC-ADM, CDE, FAAN
Usah Lilavivat, MD, FACE, FACN, FACP, CDE
Aundrea Lofley, MD
Timothy J. Lyons, MD
Diane Mathews, MS, MT(ASCP)SH
Michelle Moody, MPH, CHES
Marc J. Rogers, MD
Odessa Ussery, MEd, CCMEP
C. Wayne Weart, PharmD, BCPS, FASHP, FAPhA

Presenters/planners with relevant financial relationships

Pamela C. Arnold, MSN, APRN, BC-ADM, CDE – Advisory Board: Sanofi Aventis
Donald C. Eagerton, MD – Investigator: Novo Nordisk, Eli Lilly, Sanofi Aventis, Bristol Meyers Squibb
Speakers’ Bureau: Novo Nordisk, Merck, Eli Lilly, Abbott, Bristol Meyers Squibb
Kathie L. Hermayer, MD, MS, FACE – Research Support: Novo Nordisk
Chitra Lal, MD – Research Grant: Jazz Pharmaceuticals
Consultant: Jazz Pharmaceuticals

The Office of CME, College of Medicine, Medical University of South Carolina has no relevant financial relationships with any commercial interest.
Program Agenda
23rd Annual Diabetes Fall Symposium
for Primary Health Care Professionals

7:00 am  Registration/Continental Breakfast/ Visit Exhibits

7:50 am  Welcome/Moderator
         Usah Lilavivat, MD

8:00 am  Sleep Apnea and Diabetes
         Chitra Lal, MD

9:00 am  Men’s Health and Diabetes
         Marc J. Rogers, MD

10:00 am  BREAK - Foyer

Visit Exhibits and Posters

10:15 am  New, Concentrated, and Biosimilar Insulins
         Donald C. Eagerton, MD

11:15 am  Prediabetes
         Aundrea Loftley, MD

12:15 pm  LUNCH (Box lunch provided)
         Visit Exhibits
         Visit Posters

1:00 pm  18th Annual Scientific Poster Session Winners Announced
         Usah Lilavivat, MD

1:15 pm  Diabetes and Orthopaedic Considerations
         Christopher E. Gross, MD

2:15 pm  Diabetes and Cardiovascular Disease
         Valerian Fernandes, MD, MRCP, FACC

3:15 pm  BREAK - Foyer
         Visit Exhibits and Posters

3:30 pm  Pharmacotherapy
         C. Wayne Weart, PharmD, BCPS, FASHP, FAPhA

4:30 pm  Adjournment