Totals:

- Project Execution: 133 hrs. (64% of total; avg. of 2.5 hrs per week)
- Education: 48 hrs. (23% of total; avg. of .9 hrs per week)
- Coaching: 27 hrs. (13% of total; avg. of .5 hrs per week)
<table>
<thead>
<tr>
<th>Time Period</th>
<th>Item</th>
<th>Time (hours)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan-Feb</td>
<td>Conduct an initial onboarding group call (60 – 90 min.) Dec or early Jan....</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>Establish private Facebook Mastermind Group</td>
<td>0</td>
</tr>
<tr>
<td></td>
<td>Students complete the self-paced JCG Lean Six Sigma White Belt Course (4 hours)</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>Students complete the self-paced CCI Yellow Belt Course AND new CCI Waste Busters course (8-12 hours total)</td>
<td>12</td>
</tr>
<tr>
<td></td>
<td>Students select and conduct a simple Yellow Belt project [waste reduction kaizen quick wins]</td>
<td>13</td>
</tr>
<tr>
<td></td>
<td>Monthly 1-hour group coaching calls</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>Individual 1:1 coaching per student - 1 hour per month per student</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>Yellow Belt Project Evaluations</td>
<td>0</td>
</tr>
<tr>
<td></td>
<td>TOTAL</td>
<td><strong>34</strong></td>
</tr>
<tr>
<td>Mar-April</td>
<td>Students complete Green Belt pre-course online training</td>
<td>16</td>
</tr>
<tr>
<td></td>
<td>Live Green Belt training &amp; project selection (2 days)</td>
<td>16</td>
</tr>
<tr>
<td></td>
<td>Monthly 1-hour group coaching calls</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>Individual 1:1 coaching per student - 1 hour per month per student</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>Students work on Green Belt project</td>
<td>40</td>
</tr>
<tr>
<td></td>
<td>TOTAL</td>
<td><strong>76</strong></td>
</tr>
<tr>
<td>May-June</td>
<td>Monthly 1-hour group coaching calls</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>Individual 1:1 coaching per student - 1 hour per month per student</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>Students work on Green Belt project</td>
<td>40</td>
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<tr>
<td></td>
<td>TOTAL</td>
<td><strong>44</strong></td>
</tr>
<tr>
<td>July-Dec</td>
<td>Individual 1:1 coaching per student - 1 hour per month per student</td>
<td>6</td>
</tr>
<tr>
<td></td>
<td>Students complete Green Belt Project</td>
<td>40</td>
</tr>
<tr>
<td></td>
<td>Live Workshop – Program Wrap-up [1 day]**</td>
<td>8</td>
</tr>
<tr>
<td></td>
<td>TOTAL</td>
<td><strong>54</strong></td>
</tr>
</tbody>
</table>

** Attend live in-person event
Participants Expectations:

- Attend the kickoff call in January
- Complete the self-paced online White Belt training and pass the exam
- Complete the self-paced Yellow Belt & Waste Busters training and pass the exam
- Execute one Yellow Belt-level improvement project – can be quick win waste reduction
- Complete Green Belt pre-course online training
- Attend live Green-belt training and pass the exam
- Execute one Green Belt-level improvement project
- Participate in monthly coaching webinars
- Along the way ask questions on the private Facebook group
- Attend the live program wrap-up session
- Participate as needed in private monthly coaching calls