Updates in General Internal Medicine for Primary Care 2018

March 9-11, 2018
Francis Marion Hotel
387 King Street
Charleston, South Carolina

Presented and sponsored by the
Medical University of South Carolina
Department of Medicine
Division of General Internal Medicine
Office of Continuing Medical Education
College of Medicine

http://gimCME.musc.edu

A Bridge to Future Understanding
Conference Agenda / Learning Objectives
Updates in GIM for Primary Care - CME Meeting 2018

At the end of each presentation learners should be better able to achieve the respective objectives stated.

Friday, March 9th

8:00 Andrew Schreiner, MD MSCR
Updates in Primary Care: A Review of the Literature – 2017
1. Discuss updates to primary care based practice guidelines.
2. Identify new findings in the literature that apply to primary care.

9:00 Christine Holmstedt, MD
Brain Attack Management for the PCP
1. Outline acute stroke treatments and early management
2. Describe brain ischemia etiology and work up
3. Discuss early secondary stroke prevention

10:00 Break

10:30 Amanda Roten MD and Benjamin Kalivas MD
An overview of diagnosis and treatment followed by useful tips when treating Adults with ADHD
1. List the diagnostic criteria for ADHD.
2. Summarize several different pharmacotherapy options for patients with ADHD.
3. Discuss nuances specific to the diagnosis/treatment of adults with ADHD.

11:30 Terrence O’Brien, MD
Recent Progress in Heart Failure Management
1. Outline practical approaches to HFrEF and HFpEF management
2. Review major heart failure clinical trials
3. Discuss recent updates to heart failure guidelines

12:30 Lunch (on your own)

1:45 Laura Winterfield, MD
Derm for the PCP
1. Recognize features that warrant referral to dermatology
2. Describe the most common lesions that are seen by dermatology consultants, which could be managed adequately by PCP
3. Identify “staples” of dermatologic treatments - creams, ointments, and gels that PCPs should be comfortable prescribing

2:45 Wayne Weart, PharmD, BCPS, FASHP, FAPhA
New Drug Update 2017-18
1. Discuss the FDA Warnings and label changes that relate to medication safety and how this information should be applied in the selection and monitoring of evidence-based pharmacotherapy to achieve better patient related outcomes.
2. Describe the 2017 updated ACIP/CDC Immunization recommendations and new FDA approved vaccines, the new 2017 AHA Hypertension Guidelines, the 2017 GOLD Guidelines for COPD, the 2018 ADA and 2017 ACCE Diabetes Guidelines and the 2017 AHA/ACC/HFSA Focused Update on Heart Failure
3. Describe the current information concerning newly FDA approved medications (pharmacology, pharmacokinetics, efficacy and safety data, drug interactions, dosing, monitoring and cost) in the selection of evidence-based pharmacotherapy.
4. Compare and contrast these selected newer agents to the existing therapies and be able to recommend an appropriate medication regimen for a specific patient.

3:45 Break

4:00 Don Rockey, MD
A growing epidemic: Fatty Liver Disease
1. Identify symptoms and signs that suggest the presence of NAFLD
2. Recognize sequelae of chronic NAFLD
3. Describe the basic foundations of NAFLD treatment

5:00 Adjourn - Wine & Cheese Reception
Saturday, March 10th

8:00 William P Moran, MD MS
New Medicare-reimbursed services to support population health in primary care
1. Identify new Medicare reimbursed services and CPT codes which support patient-centered care
2. Describe the requirements and payments for new service delivery
3. Examine effective processes to systematically implement new services in your practice

9:00 John Cox, MD
Asthma Treatment Update
1. Identify appropriate stepwise therapy for asthma treatment.
2. Identify appropriate indications for newer biologic therapies for severe asthma.

10:00 Break

10:15 Ashley Teale Britell, MD
Preoperative Evaluation for the Primary Care Physician: Let’s ‘Clear’ the Air
1. Discuss basic cardiac and pulmonary risk stratification
2. Explain evidence-based practices for preoperative testing
3. Define “medical optimization” in the perioperative setting

11:15 Donald Fylstra, MD
Hormone Replacement Therapy: Where do we currently stand?
1. Compare and contrast the risks and benefits of HRT in post-menopausal women
2. Identify appropriate uses for these medications
3. Recognize the growing popularity and use of testosterone, bio-identical hormones and other supplements

12:15 Mark Newbrough, MD
Dementia Care for Primary Care Providers: When Your Older Adult Patient (and friend) Can’t Remember Anymore
1. Providers will be able to identify their own sense of loss and worry when a beloved patient develops dementia
2. Describe strategies for evaluation and management of common dementia syndromes
3. Identify community resources that are available for patients and families dealing with dementia

Sunday, March 11th

8:30 Amanda Overstreet, DO
Advanced Care Planning for Primary Care
1. Define advance care planning and why it’s important
2. Discuss strategies for implementation and integration into your clinic workflow
3. Summarize the most commonly used documents and other beneficial resources

9:30 Jay Brzezinski, MD
The future of Medicine is Science, making sense of ‘NIB and ‘MAB drugs
1. Summarize the complex biology of select novel small molecule therapies and antibody treatments
2. Proficiently decode the complex nomenclature of new drugs
3. Identify the General Internal Medicine applications of these medications beyond cancer

10:30 Christopher Kestner, MD
Common Outpatient Foot and Ankle Complaints and Disorders
1. Diagnose common foot and ankle injuries such as sprain, fracture, fasciitis, tendonitis and neuroma
2. Review appropriateness of imaging and/or immobilization/boots
3. Identify injuries that require referral to orthopedic specialist

11:30 Adjourn
Conference Chairpersons

Kimberly S. Davis, MD, FACP
Associate Professor
Division of General Internal Medicine

Brad A. Keith, MD
Associate Professor
Division of General Internal Medicine

Elizabeth B. Kirkland, MD, MSCR
Assistant Professor
Division of General Internal Medicine

MUSC Presenters

Ashley Teale Britell, MD, MPH
Assistant Professor
Division of General Internal Medicine

Walter A. Brzezinski, MD
Professor
Division of General Internal Medicine

John B. Cox, MD
Clinical Professor
Division of Pulmonary & Critical Care, Allergy & Sleep Medicine

Donald L. Fylstra, MD
Professor
Department of Obstetrics & Gynecology

Christine A. Holmstedt, DO
Associate Professor
Department of Neurology

Benjamin C. Kalivas, MD
Assistant Professor
Division of General Internal Medicine
Department of Psychiatry

Christopher J. Kestner, MD
S.C. Sports Medicine & Orthopaedic Center
Charleston, SC

William P. Moran, MD, MS
Professor, Director
Division of General Internal Medicine

Mark A. Newbrough, MD
Associate Professor
Division of General Internal Medicine

Terrence X. O’Brien, MD
Professor
Division of Cardiology

Amanda N. Overstreet, DO
Assistant Professor
Division of General Internal Medicine

Don C. Rockey, MD
Professor
Division of Gastroenterology & Hepatology
Chairman, Department of Medicine

Amanda T. Roten, MD
Assistant Professor
Department of Psychiatry

Andrew D. Schreiner, MD, MSCR
Assistant Professor
Division of General Internal Medicine

C. Wayne Weart, PharmD
Professor
South Carolina College of Pharmacy – MUSC

Laura S. Winterfield, MD, MPH
Associate Professor
Department of Dermatology
Accreditation
The Medical University of South Carolina is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation
The Medical University of South Carolina designates this live educational activity for maximum of 15 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurse: For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME.

Physician Assistant: The National Commission on Certification of Physician Assistants (NCCPA) states that AMA PRA Category 1 Credits™ are acceptable for continuing medical education requirements for recertification.

Disclosure
In accordance with the ACCME Essentials and Standards, anyone involved in planning or presenting this educational activity will be required to disclose any relevant financial relationships with commercial interests in the healthcare industry. This information will be made available to participants at the beginning of the activity. Speakers who incorporate information about off-label or investigational use of drugs or devices will be asked to disclose that information at the beginning of their presentation.

Registration Fees
The registration fees for Updates in General Internal Medicine for Primary Care 2018 are:

- Physicians in Practice: $525
- Nurse Practitioners, Physician Assistants, Physicians in Training: $425

*The fee includes continental breakfasts, coffee/snacks, Friday evening reception, CME credit processing, paper and electronic course syllabus. If you do not need a paper syllabus please indicate this on your registration.

Please make all checks payable to MUSC General Internal Medicine and mail with registration form to:

Division of General Internal Medicine
Medical University of South Carolina
135 Rutledge Ave., MSC 591
Charleston, SC 29425

Tel: 843-876-8547
Fax: 843-792-7283
Visit our website http://gimCME.musc.edu for more information.

Americans with Disabilities Act
It is the policy of the Medical University of South Carolina not to discriminate against any person on the basis of disabilities. If you feel you need services or the auxiliary aids mentioned in this act in order to fully participate in this continuing medical education activity, please call Gayle Cox at 843-876-8547 or attach a note to your registration prior to March 1, 2018.
Cancellations

A refund will be made upon written request prior to March 1, 2018, however $100 will be retained for administrative costs. We reserve the right to cancel the program if necessary (due to Acts of God or other unforeseen events). In such case, full registration fees will be refunded for canceled programs. We cannot be responsible for reimbursement of airline or other transportation fares, hotel or rental car charges, including penalties.

Statement of Purpose

This conference will provide primary care physicians and mid-level providers with the tools to better manage their practice and address disease states common to the adult primary care population today and to optimize quality of care and patient outcomes. This three day course will emphasize diagnosis, treatment, and management of these diseases and conditions and will discuss new advances in care and technology related to primary care.

Hotel Accommodations

The historic Francis Marion Hotel, named for the Revolutionary War hero Francis Marion, has a long tradition of gracious service, elegant accommodations, and hosting splendid banquets and events dating back to its opening in 1924. The Hotel now combines 1920’s style and grace with 21st Century comfort and convenience in the heart of historic Charleston on Marion Square. Rising 12 stories, many of the Hotel’s 235 guestrooms and suites offer spectacular views of Charleston’s historic harbor, church steeples and legendary King Street. With its central downtown location, it is an easy walk to the antebellum homes, magnificent gardens, antique shops and boutiques, and world-class restaurants.

Hotel rates are $239 Single/Double and subject to applicable taxes and assessments which are currently 13.5%. Please call the hotel and reference “2018 Updates in General Internal Medicine” to reserve a room under our discounted rate.

843-722-0600 or toll free 877-756-2121

Discounted rates available until 5:00 PM on February 6th based on availability of rooms that have been allotted to this conference.

www.francismarioncharleston.com
Charleston, South Carolina

Charleston is a uniquely magical place. From exquisite hand-fashioned wrought ironwork to stately antebellum mansions. From half-hidden gardens to a shimmering blue sea that is never far from view. From battle-ravaged historic shrines to the quiet sanctuary of historic churches. From quaint treasure-laden antique shops to haute-style fashion boutiques.

You’ll love Charleston!

Registration Form

Eleventh Annual • Updates in General Internal Medicine for Primary Care - 2018
March 9-11, 2018 • Francis Marion Hotel, Charleston, South Carolina

(Please print clearly)

Name ___________________________________________________
(As you would like it printed on your name badge)

☐ MD ☐ DO ☐ NP ☐ PA ☐ Other (specify) _______________________

Address _____________________________________________________

________________________________________________________________

City _____________________________ State _____ Zip __________

Phone: ( _____ ) _____ - _______, Fax: ( _____ ) _____ - _______
(If international, include country/city codes)

E-mail address: _____________________________________________

What is your primary medical specialty? (Check one)
☐ Internal Medicine ☐ Family Medicine
☐ Other (specify) _______________________

Please check your tuition category
☐ Physicians in Practice $525
☐ Nurse Practitioners, Physician Assistants, Physicians in Training $425

Please check if you don’t need a paper syllabus
☐ I do not need a paper syllabus

Payment must accompany registration

☐ Check payable to:
MUSC General Internal Medicine
in U.S. dollars drawn on U.S. bank

☐ Visa, ☐ MC, ☐ AMEX, ☐ DC

Expiration date: _____ / _____

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☐ Mail registration form with check or credit card information to:
Division of General Internal Medicine
Medical University of South Carolina
135 Rutledge Ave., MSC 591
Charleston, SC 29425

☐ Fax: 843-792-7283

☐ Register online at:
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