The glorious month of May has many celebrations including graduation for our students, Mother’s Day and Nurses’ Week. This year, rather than confining ourselves to one week, I hope that we celebrate nurses and nursing for the full month of May. The theme for us this month is MUSC Nurses Taking Care:

- Taking Care of our Patients
- Taking Care of each Other
- Taking Care of our Students
- Taking Care of our Finances
- Taking Care of our Health

We will be expanding on each of these areas on our College of Nursing web site so that we can share our success and future goals with the larger community. Be sure to check it out!

In this column I would like to focus on “Nurses Taking Care of our Health.” You see May also is Mental Health month and so it is a great time for us to pause and focus on those things that can keep us healthy and resilient in these demanding times.

I would like to share with you 10 Tools identified by Mental Health America in their Live Your Life Well campaign. These proven tools can help you feel stronger and more hopeful.

1. Connect with others
2. Stay positive
3. Get physically active
4. Help others
5. Get enough sleep
6. Create joy and satisfaction
7. Eat well
8. Take care of your spirit
9. Deal better with hard times
10. Get professional help if you need it

Not all the tools are right for everyone, but you might want to try out a few and check out the suggestions for applying them to your life at www.livethelifewell.org. Most of all, I hope we remember that taking care of others starts with taking care of ourselves.

Happy Nurses Month!...Gail
Funding Resources for Future Nurse Educators

Nurse educators play a pivotal role in shaping future generations of registered nurses and advancing the nursing profession. The American Association of Colleges of Nursing (AACN) has developed a fact sheet to highlight funding sources available to students considering graduate study en route to nurse faculty careers. You can access it at [www.aacn.nche.edu/Media/Fact-Sheets/fundingresources.htm](http://www.aacn.nche.edu/Media/Fact-Sheets/fundingresources.htm).

YES Campaign Salutes Two CON Employees

On April 21, at the YES Campaign Loyalty Award ceremony, two members of the College of Nursing family received awards for continuous contributions to the YES Campaign. Marilyn Laken received an award for 11 years and Peggy Sires received an award for 12 years of continuous contributions. Thank you to both of these women for their gracious support of the University.

Celebrating Florence Nightingale

The Karpeles Manuscript Museum is opening a new exhibit that includes two dozen manuscripts chronicling the life and work of Florence Nightingale. As many of you know, Florence Nightingale is best known for having founded modern nursing and helping to improve the care provided by hospitals. The exhibit will be on display May through August at the museum located at 68 Spring Street. Hours of operation are 11 a.m. to 4 p.m., Tuesday through Friday. For more information, call 853-4651.

New Additions

The College of Nursing was recently gifted with two new oriental rugs. Peek in the Board Room and Room 401 to see our newest additions.

MUSC Excellence: Rounding Isn’t Scary

As a leader, you want your employees to be happy, productive, and loyal. Indeed, it’s your job to create conditions that facilitate these qualities. Remember that Rounding is not an evaluation, rather it is a useful tool designed to gather information about your staff and your department. If you are having difficulty Rounding, loosen up. The Rounding log is not a militaristic instrument that cannot be adapted to suit your needs. Remember your ultimate goal is to build relationships, capture “wins,” and communicate any issues/concerns. The Rounding log is not an inflexible instrument. It can be adapted to suit your needs. With this information you will be able to set clear expectations and recognize staff, which in turn should improve morale and reduce turnover.

To learn more about the MUSC Excellence Program, visit [http://academicdepartments.musc.edu/univ_excellence](http://academicdepartments.musc.edu/univ_excellence).

A Great Read

Check out the latest issue of *Lifelines* focused on Community Partnerships. Inside you will find articles on how the College of Nursing is making a difference in the lives of our neighbors and other news and happenings at the College. The current issue is in the mail so be sure to look for it coming your way soon. Or visit the online version at [www.musc.edu/nursing](http://www.musc.edu/nursing).
## CALENDAR OF EVENTS

### MAY

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Event</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>MONDAY</td>
<td>Breakfast Seminar Series “Community Advisory Boards: Best Practices” by Jeannette Andrews</td>
<td>9 a.m. BSB 302</td>
</tr>
<tr>
<td>4</td>
<td>MONDAY</td>
<td>CON Thank You Reception hosted by Kay Chitty</td>
<td>2:30 p.m. Wickliffe House</td>
</tr>
<tr>
<td>11</td>
<td>MONDAY</td>
<td>Confederate Memorial Day State holiday; CON open</td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>THURSDAY</td>
<td>College of Nursing Convocation</td>
<td>3 p.m. St. Matthew’s Lutheran Church, 405 King St.</td>
</tr>
<tr>
<td>15</td>
<td>FRIDAY</td>
<td>MUSC Graduation</td>
<td>9 a.m. MUSC Horseshoe</td>
</tr>
<tr>
<td>16</td>
<td>SATURDAY</td>
<td>Beach Party @ Folly Beach hosted by the Student Nurses Association</td>
<td>11:30 a.m. 302 East Artic Ave.</td>
</tr>
</tbody>
</table>

### GETTING TO KNOW MELISSA COX

- **Position:** CCHP program coordinator
- **How many years at CON?** 9 months
- **How many years at MUSC?** 9 months

**Most rewarding thing about your job?** Continually learning new things with a great team of people.

**Alma Mater:** Boston College

**Hometown:** Princeton, MA

**Family:** Want a chocolate lab!

**Astrological sign:** Leo

**Superstitious?** Not a bit.

**Webpage bookmarks?** CNN, NY Times, Public Health Association, ESPN

**What book is on the nightstand?** The United States of Arugula: The Sun Dried, Cold Pressed, Dark Roasted, Extra Virgin Story of the American Food Revolution by David Kamp

**Last movie you saw?** Milk

**First concert you ever attended?** The Beatles at Shea Stadium when I was 11 years old.

**Favorite place you’ve traveled to?** Aran Islands, Ireland

**If you could attend any event what would it be?** Wimbledon

**Love to trade places for a day with...** Giada De Laurentis (I want to be able to cook like her).

**Talent I’d most like to have:** Painting

**My very first job:** Ticket sales at a ski mountain.

**My heros are...** my mom and grandmothers.

**Three things in your bucket list:**
1. Skydive
2. Tour all the MLB ballparks in the US
3. Visit New Zealand

**COLOR:** Orange

**FLOWER:** Calla lily

**SPORTS TEAM OR PLAYER:** Boston Red Sox

**OUTDOOR ACTIVITIES:** Hiking

**BOARD GAME:** Scrabble

**TV SHOW:** Nightly News with Brian Williams

**MOVIE:** Good Will Hunting

**MAGAZINE:** New Yorker, Newsweek

**BREAKFAST CEREAL:** Honey Bunches of Oats

**FRUIT:** Apple

**CANDY BAR:** York peppermint patty

**CHIPS/SNACK:** Multigrain Wasa cracker with cream cheese

**COOKIE:** Chocolate chip

**FAVORITE THING ABOUT LIVING IN CHARLESTON?**
The beach and not seeing snow in April!
A “Win” for FNP Student

Kylie Perkins, a graduating (May 2009) family nurse practitioner student, recently published her paper entitled, “Contraindication of Angiotensin-Converting Enzyme (ACE) Inhibitors for Patients Receiving Therapeutic Plasma Exchanges” in the November/December 2008 issue of the Nephrology Nursing Journal. Not only was her paper published, it was selected as an offering for Continuing Nursing Education credit by the American Nephrology Nurses Association. Her paper was initiated as a course requirement for the nursing research and evidence-based practice course she completed last year taught by Teresa Kelechi. Kylie is employed at MUSC as a clinical nurse coordinator. Congratulations to Kylie for her outstanding accomplishment!

2007 FNP’s Receive 100% Pass Rate

The Office of Academics has received a report from the American Academy of Nurse Practitioners (AANP) Certification Program on the Family Nurse Practitioner (FNP) Certification examination for 2007. Five students took the exam and 100 percent passed. FNP’s can take either the American Nurses Credentialing Center’s (ANCC) certification exam or the AANP certification exam. Currently, more FNP students take the ANCC exam. The 2007 report from ANCC had eight FNP students testing with a 100 percent pass rate. We are anxiously awaiting the 2008 AANP report.

Compliance Training

The 2009 education modules are now available on CATTS. Monthly e-mail reminders will be sent to help you with keep up with the compliance training requirements. If you would like to complete your training sooner rather than later you can access CATTS via the web at www.musc.edu/catts (use your net ID as your user name and password). The deadline for completion is December 1, 2009. If you have any questions, contact Maria Toler at 792-2051 or tolerm@musc.edu.

Grades Due May 6

Remember that all grades are due no later than May 6. Please notify Student Services of any serious circumstances that you may anticipate (i.e. incomplete grades, failures, etc…).

CON Convocation and Graduation Information

Congratulations to the Class of May 2009! Convocation is scheduled for Thursday, May 14 at St. Matthew’s Lutheran Church, 405 King Street. The program will begin promptly at 3 p.m., however graduates are asked to arrive by 2 p.m. so you may be assisted with robing and line-up for the processional. There will be a rehearsal for this special event on Wednesday, May 13 at 3 p.m.

The following morning, Friday, May 15 is Graduation. This event begins at 9 a.m., but graduates are asked to arrive at the Institute of Psychiatry Auditorium Lobby by 7:30 a.m. so you may be assisted with robing and line-up for the processional. Graduates will wear their graduation robe, hoods, and caps. Comfortable shoes are recommended as you will be walking from the Institute of Psychiatry (IOP) to Ashley Avenue. Sun-screen and sunglasses are also suggested. Water will be provided. You may wear what you like under your gown.

The Web site for Commencement is: http://www.musc.edu/academics/grad/index.html. This site has information for candidate’s guests (including disability accommodation), as well as information about news releases, photos and videos, and adverse weather plans. There is also a map for candidate and audience seating.
SCTR Pilot Program Grant Submissions

Grant title: A Survey of Unmet Needs After Spinal Cord Injury
Submitted by: Susan Newman
Purpose: To determine the specific unmet service needs and the barriers that prevent access to these needs among individuals with SCI in SC.

Grant title: Cooking Healthy-Eating Smart (CHES) Making All the Right Moves
Submitted by: Elaine Amella
Purpose: This project will use current federal and state funded congregate meal systems to reach adults aged 60 and older. The objectives are to determine if nutritional education focusing on safe food choices, preparation practices of simple and healthy foods and safe food handling can be adopted and delivered to congregate meal sites servicing older adults in SC, as well as to design an instrument to assess food safety among older adults.

NIH Challenge Grants Submissions

Grant title: iHealth Exercise for Venous Disorders-Adherence Strategies
Submitted by: Teresa Kelechi
Submitted to: NIH National Heart Lung and Blood Institute

Grant title: African Americans with Diabetes: Hospital Community Transition
Submitted by: Carolyn Jenkins
Submitted to: NIH and the National Institute of Diabetes and Digestive and Kidney Diseases.

Grant title: Photo Novellas to Improve Health Literacy and Hypertension and Related Diseases
Submitted by: Charlene Pope
Submitted to: NIH and the National Center on Minority Health and Health Disparities (NCMHD).

Grant title: Combining Artificial Intelligence and Biomarker Determinants to Predict NEC
Submitted by: Martina Mueller (Co-PI) and Carol Wagner (PI)

Grant Submissions

Gayenell Magwood submitted a supplement to an R01 by Patricia Sharpe, USC, Prevention Research Center. The title of the parent grant is “Behavioral and Support Intervention for Diet and Exercise Among Underserved Women” and is in response to a call from NIH Research Supplements to Promote Diversity Program.

Funded Projects

Congratulations to Martina Mueller, who received 20 percent funding on the grant entitled, “Prolonging Remission in Depressed Elderly (PRIDE).” This project was submitted by the Department of Biostatistics, Bioinformatics & Epidemiology to NIH and the National Institute of Mental Health. The projected start date will be sometime in June. Congratulations!

PhD Student Receives Fellowship

PhD student, Melissa Aselage was selected as a 2009 – 2011 John A. Hartford Foundation Building Academic Geriatric Nursing Capacity (BAGNC) Scholar. This pre-doctoral fellowship was awarded to her based on her grant entitled, “Alleviating Mealtime Difficulties in Older Adults with Dementia.” Congratulations, Melissa!

Conference Presentation

On April 25, Melissa Cox co-facilitated a workshop with Holly Wise entitled, “Understanding and Addressing the Social Determinants of Health” at the Annual Conference of the South Carolina Physical Therapy Association held at MUSC.
Es Todo Acercade

College of Nursing patient navigator, Judith Rundbaken, participated in the “It’s All About Me / Es Todo Acercade” activity at the Johns Island Regional Library on Saturday, April 18. The reading activity, for children ages 11 and younger, helped kick off the “Week of the Young Child” that promoted literacy and community involvement. Spanish speakers had the opportunity to learn more English and English speakers to learn some Spanish!

Farewell to the Citadel Interns

Many thanks to Citadel cadets, Justin Caldwell and Christopher Thurmond for their hard work and good attitudes. They participated in a Hispanic Health Initiative internship during spring semester. Christopher and Justin expressed how much they enjoyed and learned from their Spanish translation experience at the College of Nursing. We wish them the best as they continue looking for work where they can help the Spanish-speaking population.

Helping Out Girls Scouts

On April 23, the PNP class of 2010 (Ashley Bath, Jessica Cleveland, Alyssa Cogdill, Rebekah England, Alana Harrison, Amy Moffet, Anna Christy Norris, and Shannon Whitehead) performed physicals at the North Charleston Girl Scout Services Center for girls who would like to attend summer camp but could not afford the required physical exam. The students were supported by PNP faculty Rebecca Jianuzzi and Gigi Smith. The Girl Scout Association was very appreciative that the MUSC College of Nursing was able to do this for the second year in a row.

Nationally Recognized Nurse Entrepreneur to Speak

Debra Toney, PhD, RN, will present “Successful Leadership during Chaotic Times” on Friday, May 8 at 2 p.m. in the Basic Science Building (BSB) 502. Dr. Toney is president of the National Black Nurses Association, founding president of the Southern Nevada Black Nurses Association, a Robert Wood Johnson Executive Nurse Fellow and founder of her own health care business. She is published and is a nationally recognized speaker on leadership, entrepreneurship, business development, women in business and women’s issues. This event is co-sponsored by the Center for Community Health Partnerships, the MUSC Office of Diversity, and the Tri-County Black Nurses Association.

Applications Available for Community Engaged Scholars

Applications are now available for the Community Engaged Scholars Program sponsored by the Center for Community Health Partnerships (CCHP). This program will provide training, pilot funds, and mentorship for up to five teams consisting of an academic and community partner who have interests in community based participatory research. The goal of this program is to increase the capacity of academic-community partnerships to conduct research, and ultimately, improve the health of our communities in South Carolina and beyond. Application materials are available on the CCHP Web site at http://www.musc.edu/nursing/cchp. For more information, contact Melissa Cox at coxme@musc.edu or 792-2215.

Wound Care Course Update

The College of Nursing’s Wound Care Education program, held April 18 - 25, had seven participants from across the U.S. and one international nurse from Bermuda.
Attention: Regular Faculty

Schedule your May annual evaluation conference now! The annual faculty evaluation conferences with the department chair will be held during May. If you haven’t already done so, schedule your conference with Elizabeth Erkel today. The conference will discuss:

- Achievement of APT criteria in the context of your five year scholarship plan
- Review of your workload assignments for 2009-10

Be sure to update the employee database file by May 1. Also, please submit an electronic copy of your updated CV and a self-evaluation paragraph including goals for next year, to Elizabeth Erkel by May 1.

Recently Published Faculty

PUBLICATIONS:


POSTER PRESENTATIONS:


Bonham Elected to Academy

Congratulations to **Phyllis Bonham** who was selected for Fellowship in the American Academy of Nursing. The induction ceremony for new Fellows will be held during the Annual Meeting of the Academy, November 7, 2009 in Atlanta, Georgia. This is the highest recognition in nursing and we are proud to have her honored in such a prestigious way!

BREAKFAST SEMINAR SERIES

May 4 • 9 a.m. • BSB 302
“Community Advisory Boards: Best Practices”
by Jeannette Andrews, PhD, RN

June 1 • 9 a.m. • Room TBA
“Mentorship in Health Services Research”
by Charlene Pope, PhD, RN

Sponsored by:
The Center for Community Health Partnerships

McCottry-Brown Join CON Staff

**Tammy McCottry-Brown** has joined the College of Nursing staff as a project manager in the Office of Research and Evaluation. Her primary duties will be working on a research study entitled, Sister to Sister, which is a social ecological based smoking cessation intervention in public housing neighborhoods. In addition, she will coordinate and schedule all grant activities between multiple sites, work with neighborhood tenant associations, community health workers, and research participants.

If Tammy looks familiar, then you have probably seen her on Comcast Cable channel 2. She is the host and producer of the award winning “Tammy Show”, the only Lowcountry community television 30-minute talk show. The show features guests from non-profit and community organizations who discuss topics including arts, education, health, literature and other human interest stories.

Tammy is a native of Charleston. At birth, Tammy was adopted by the late Turner McCottry, MD and Catherine M. McCottry, MD, PhD (retired). Tammy earned an undergraduate degree in microbiology from Howard University in Washington, DC. She is married to her husband, Christopher and is the mother of 14-year-old daughter, Catherine, and 7-year-old son, Christopher.
Laird Recognized with Palmetto Gold Scholarship

Grace Laird, Class of May 2009, was recognized at the annual Palmetto Gold Gala on April 25 in Columbia, SC. Ranked in the top five of her class, Grace was inducted into Sigma Theta Tau International Nursing Honor Society last fall.

In addition to her student role, Grace is a student technician at the Medical University of South Carolina in the Neuroscience Step-down ICU. She demonstrates caring qualities to patients and their families.

She serves on the MUSC Student Government Association and attends bimonthly meetings with representatives from all MUSC colleges to discuss pertinent issues affecting the campus. She is the liaison for College of Nursing students and has been an excellent communicator and role model. She was selected as a student representative to attend the College of Nursing Annual Retreat.

Grace is motivated by philanthropy and has a long history of community service and leadership, including volunteering at a medical clinic as part of a Katrina Relief Team, and serving on the Executive Committee for Relay for Life. She has been a blood pressure clinic volunteer at Laing Middle School.

The Palmetto Gold Scholarship Program is the largest scholarship award program for undergraduate student nurses in SC. A $1,000 scholarship is awarded each year to recipients from each of the 23 approved registered nurse programs in the state.

Presidential Scholars Program Announces Class of 2009-2010

J’Vonne Hunter, Devon Licari, Bonnie Shepherd, and Amy Painter have been selected for the prestigious MUSC Presidential Scholars Program. These students were selected from a competitive applicant pool from each of the six colleges at MUSC. The mission of the Presidential Scholars is to explore the complex social, political, and human issues that shape the delivery of health care services in SC.

VA Valor Program Selects CON Students

Three College of Nursing students, Jonathan Edwards, Aindrea Maddray, and Rachal Thorne have been selected for the VA Valor Program. This program (VA Learning Opportunities Residency) is an initiative to recruit nursing students who are entering their senior year in a baccalaureate degree nursing program. The nursing students are given the opportunity to develop competence in nursing specialty areas while being paid, attend nursing-focused clinical conferences, receive course work, and perform clinical practice with a qualified RN preceptor on their assigned units. The VALOR students consistently express positive feedback about their meaningful and invaluable clinical experiences.

SNA Elects New Officers

The College of Nursing’s Student Nurses Association is excited to announce the winners of our recent election: Chip Burger, President; Hannah French, Vice President; Sara Colbert, Community Director; Bree Mandray, Treasurer; Katie Caldwell, Secretary; Chelsie Dennis, Historian; Tiffany Hunter, Legislative Director; and Katelyn Mucklow, Breakthrough to Nursing. In addition, Amanda Oswald has been appointed to serve as our State Liaison, a new position that has been created so that we may be represented and informed on all of our state association activities. We would like to thank all the hard work that the previous officers did, with a special thanks to Zerlinna Shannon who served as president. You will all be missed!

For the first time in many years, MUSC was represented at the SNA National Convention in April. Zerlinna, Hannah, Chelsie, and Amanda all attended this event in Nashville, Tennessee, and returned with many wonderful ideas for future fundraising activities. We encourage all students in the nursing program to register with SNA on our national web site at www.nsna.org. Registration is $30 for students each year. Not only will it keep you abreast of SNA events, but it also offers discounts including Barnes and Noble, NCLEX review materials, and scrubs.
Mulloy Selected for MUSC Student Leadership Society

MSN student **Cathy Mulloy** was inducted into the MUSC Student Leadership Society at the annual Student Leadership Banquet on April 15. She is the first College of Nursing student to be selected for this prestigious campus group. She received a $2,500 scholarship.

She is a stellar student, graduating from the Accelerated Bachelor of Science in Nursing degree program with a 3.5 GPA. She was inducted into Sigma Theta Tau, the International Nursing Honor Society. In the graduate program, she has a 3.89 GPA.

Cathy’s spirit of giving is evidenced by her volunteer activities at both Hospice of Charleston and East Cooper Hospital. She clearly cares about the health care of the most vulnerable and often acts as an advocate for those who are often marginalized. Her compassion for older adults and their families is extraordinary, as is her interest in promoting their quality of life. She is currently a member of the Advisory Board for Respite Ministries, a day care service for persons with Alzheimer’s Disease. Cathy was recognized in 2007 and 2008 by MUSC Gives Back with the “Volunteer of the Year Award” representing the College of Nursing.

Working closely with Elaine Amella, Cathy has been able to incorporate her interests into research and publications. She worked with Elaine on a NIH/NINR-sponsored research project entitled: “Meals at Home for Person’s with Late-Stage Dementia.” As a research assistant, she contacted community partners, recruited research participants, collected data, and followed care-givers and persons with dementia in their homes throughout the time they were enrolled in the study. She is not hesitant to work with persons in diverse communities (inner city, rural, minority) and is extremely respectful of everyone she encounters. Elaine and Cathy co-authored an article published in the *Journal of American Psychiatric Nurses Association*. Elaine shared that during their bi-weekly meetings, “Cathy demonstrated growth in both nursing skills and knowledge, and is truly a full member of the research team.”

**Lucy Megginson**, a PhD student, was also recognized by MUSC Gives Back for her volunteer service to a community-based health clinic in Rome, Georgia. She is the first on-line student to receive this honor.
JOIN US for Nurses Night Out!
at The Mills House Hotel
brought to you by

the
UNIFORM OUTLET

To celebrate nurses throughout the Lowcountry, Y102.5 and Q104.5, along with The Uniform Outlet & The Mills House Hotel, are throwing a Nurses Night Out Party.

Tuesday May 12 from 5 - 7 p.m.
on the terrace at The Mills House Hotel!

Join us for free hors d’oeuvres, great music, and lots of prizes in honor of National Nurses Week!
A cash bar will be available.

Sponsored by Y102.5, Q104.5, The Mills House Hotel, The Uniform Outlet, MUSC College of Nursing and Loy Harn Jewelers.

Get your fresh fruits and vegetables from local farmers.

MUSC FARMER’S MARKET

NEW: 3 Locations!

1. Horseshoe Area
2. Charleston Memorial Hospital
   (grassy area in back, next to the parking garage and ART)
3. Harborview Office Towers

Every Friday
7 am - 3:30 pm
(or whenever customers slow down)