By Dean Gail Stuart, PhD, RN, FAAN

This year marks the College of Nursing’s 130th anniversary. We are, indeed, one of the oldest schools of nursing in the country—one that has transitioned from a training program, to a diploma program, and now to a college that offers BSN, MSN, DNP and PhD degrees. Thus we are proudly celebrating 130 glorious years in which we have truly “Taken Nursing to a Higher Level.”

I hope you will read the fall issue of *Lifelines* as it contains stories about the students, programs and projects that help us achieve and excel in our mission. Specifically, in the year ahead we will be focusing on four exciting areas that capture the amazing activities of our College:

> **Caring** – the heart that characterizes all that we undertake  
> **Discovering** – the brain of our inventiveness and problem solving  
> **Leading** – the feet that accelerate us on our creative and innovative paths, and  
> **Growing** – the hands that reach outward and upward to new horizons.

As I reflect on our history I also am reminded of the inscription on our College of Nursing pin. It is “Auget Lar-gendo.” This means, “she, the College, enriches generously.” Our faculty and staff make that ideal come alive each and every day.

So I now humbly ask that you consider “enriching generously” as well. The pages in *Lifelines* reflect the many opportunities that you have to financially support us in our ongoing activities. We could not accomplish all that we have done without your active engagement with us, and for that we are so very grateful.

Finally, I am most moved by the words of Winston Churchill who said, “We make a living by what we get, we make a life by what we give.” At no time in our history has the College of Nursing needed your visible and dedicated philanthropic support more than the present. As you read about all that we have accomplished, I ask you to help us take nursing to an even higher level as we venture on to the next 130 years…. *Gail*
Want to reduce readmissions? Hire more nurses, study says
by Stephanie Baum | MedCity

Midwives and nurses are as good as docs - and sometimes better, WHO finds
by Maggie Fox | NBCNews

New RWJF policy brief explores efforts to facilitate nurses’ academic progression
RWJF

As retail and urgent care clinics grow, nurses see new opportunities
Johnson & Johnson Nursing Notes

Survey: 190,000 nurses could leave nursing
Journal of Advanced Practice Nursing

Ex-hockey player starts new life as nurse
by Kevin P. Dupont | The Boston Globe

Let nurse practitioners do their jobs
by Jane Kirschling and Patricia Travis
The Baltimore Sun

Beyond the diagnosis: Nurse practitioners, physician assistants educating community about their roles
by Mara Knaub | Yuma Sun

Reading that clicks

Florence Nightingale lecture and historical exhibit
The MUSC College of Nursing is sponsoring a lecture and Florence Nightingale historical exhibit at the Charleston Library Society (CLS) on November 7 at 12:30 p.m. “The Lady with the Lamp: Florence Nightingale’s Legacy for Nursing and Healthcare Today” will be the topic of a lecture by Lynn McDonald, PhD, who is widely recognized as a leading authority on Florence Nightingale. The exhibition of Florence Nightingale letters and artifacts will be on display at the CLS from November 7-30.

Dr. McDonald is the editor and director of The Collected Works of Florence Nightingale, a 16-volume edition of Florence Nightingale’s books, articles, pamphlets and previously unpublished correspondence, gathered from more than 200 archives worldwide. In addition, Dr. McDonald is university professor emerita at the University of Guelph, Ontario, and former president of the National Action Committee on the Status of Women, a Canadian women’s organization committed to equality and social justice for women. As a parliamentarian, she sponsored Canada’s ground-breaking legislation to establish smoke-free work and public places and ban cigarette advertising. She also is co-founder of The Nightingale Society, which promotes the vision and work of Florence Nightingale and defends her reputation and work.

To learn more about the lecture and to purchase tickets visit www.brownpapertickets.com/event/460087. For more information, contact Catherine Cummins at cummins@musc.edu or 843-792-4283.

VA mental health nurse residency program wins approval
The Ralph H. Johnson VA Medical Center has been named one of four facilities in the country that has been approved as a site for the VA Mental Health Nurse Practitioner (MHNMP) Residency Program. This is a pilot program with funding planned over three years for 10 residencies with up to three residents per site.

Residency programs ensure a supervised transition to autonomous and competent clinical practice. Historically, accredited residencies have been funded for medicine, dentistry, psychology, pharmacy and other clinical professions, but not for nurse practitioners. A survey of graduate nurse practitioners reported that only 10 percent of 562 respondents perceived they were well prepared for practice following their graduate education, while 51 percent reported they were only somewhat or minimally prepared (Hart, 2004). Flinter (2011) states that despite the rigorous clinical hours required for all nurse practitioner educational programs, there is insufficient clinical experiential education to begin practice with confidence and mastery. Pilot nurse practitioner residency programs have reported residency programs are successful in bridging the transition from new NP to confident and competent primary care provider (Flinter, 2011).

In addition to MUSC, the approved partnering schools are University of Alabama at Birmingham, Boston College, and Duke University.
### NOVEMBER

**WED 06**  
**The Promise of Nursing for South Carolina**  
6 p.m (reception); 7 p.m. (dinner)  
Charleston Marriott (170 Lockwood Blvd.)

**THU 07**  
**Lunch & Lecture | “The Lady with the Lamp: Florence Nightingale’s Legacy for Nursing and Healthcare Today” presented by Dr. Lynn McDonald**  
12:30 p.m. | Charleston Library Society (164 King St.)  
Tickets are $30, includes lunch. [Click here for tickets](#) or call 843-723-9912

**College of Charleston Nursing Club Simulation Lab Tour**  
3:30 p.m. | Sim Lab

**Florence Nightingale Historical Exhibit Viewing & Reception**  
6:00 p.m. | Charleston Library Society (164 King St.)

**FRI 08**  
**Florence Nightingale Lunch Forum | “Using Florence Nightingale’s principles in nursing practice: A dialogue on research findings and leadership in public policy on health care” presented by Dr. Lynn McDonald**  
Noon | Hollings Cancer Center Auditorium (Rm.120)

**Mini-Orientation** (incoming Accelerated BSN students)  
1:00 - 4:00 p.m. | BSB (402)

**WED 13**  
**Research for Lunch | “mHealth lifestyle program for older dialysis patients to achieve transplant wait list status” presented by Dr. John Sieverdes**  
Noon | HOT (304P)  
Bring your own lunch; RSVP to Raquel Vining at vining@musc.edu

**Warren A. Sawyer Lecture | “Disease, race, and slavery in the South Carolina Lowcountry” presented by Dr. Peter McCandless**  
5:30 p.m. | Basic Sciences Auditorium

**TUE 19**  
**CON Staff Meeting**  
9 a.m. | HOT (910)

**MON 25**  
**Research for Lunch | “PCORI-Decision making regarding lung cancer screening” presented by Dr. Lynne Nemeth**  
Noon | HOT (304P)  
Bring your own lunch; RSVP to Raquel Vining at vining@musc.edu

**THU 28**  
**Thanksgiving Holiday Begins**  
Thursday & Friday

### DECEMBER

**SAT 07**  
**Winter Convocation**  
10 a.m  
Cathedral of St. Luke and St. Paul (126 Coming St.)

**MON 09**  
**SGA Exam Break | Need a study break? Grab some FREE energy boosting brain food and beverage and take a quick break from the books!**  
7 - 8 p.m.  
Education/Library Bldg. (Lobby)

**THU 12**  
**MUSC Board of Trustees Meeting**  
Thursday & Friday

**MON 23**  
**CON will be closed for the holidays from December 23 through January 1**  
State holidays include December 24, 25, 26 and January 1

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**Have you joined Yammer?**

What is Yammer? Yammer is a private social network and communication tool that helps organizations stay on top of it all. Sign up now to get connected to the right people on campus and share information across teams.

MUSC, the College of Nursing, and other MUSC departments have created Yammer groups. To join, sign-up at [https://www.yammer.com/signup](https://www.yammer.com/signup). Once you’ve joined you will receive an invitation to join the College of Nursing group. For the immediate future, we will keep this group closed to only CON faculty and staff in order to create a private exchange. This is a great place where you can post articles of interest or throw out an idea for feedback. Look forward to seeing you on Yammer!
Winter convocation

Convocation is the pinning ceremony for the students earning a Bachelor of Science in Nursing and the hooding ceremony for the students earning a Master of Science in Nursing, Doctor of Nursing Practice, and PhD. It is scheduled for Saturday, December 7 at 10 a.m. at the Cathedral of St. Luke and St. Paul, 126 Corning St. in downtown Charleston.

Graduates are asked to arrive by 9 a.m. in the adjoining Fellowship Hall to be assisted with robing and lined-up for the processional. Faculty should arrive in full regalia by 9:30.

No tickets will be distributed, but please limit the number of guests to three. Traffic and parking are always a challenge, so car-pooling is advised. There is some parking in the lot across the street from the Cathedral of St. Luke and St. Paul. There are also garages on St. Phillip Street and King Street (adjacent to the Francis Marion Hotel). There is a small parking lot at Charleston Public Works located on Vanderhorst St.

If you are coming from out-of-town, hotel reservations are important. If you plan to go to lunch following the ceremony, reservations are also highly suggested. Convocation usually lasts an hour and a half, and should be finished by 11:30 a.m.

Student handbook update

Standards of conduct for the treatment of trainees

MUSC strives to impart the values and collegial attitudes and behaviors in interactions among members of the University community. MUSC prohibits attitudes or behaviors towards students, residents, and fellows that are unfavorable to the development of mutual respect. The University has established Standards of Conduct for Treatment of Trainees which are published in the MUSC Student Handbook. The Standards of Conduct policy provides examples of misconduct and outlines procedures trainees can use to address mistreatment.

Doctoral students shine

John Paguntalan, PhD student, was selected the winner of the Graduate Student Scholarship, an award sponsored by the South Carolina League for Nursing (SCLN) that recognizes an outstanding, currently enrolled graduate student from a graduate nursing program in South Carolina. He will be honored at the SCLN annual awards dinner in Columbia on November 8. All awardees and candidates will be honored at the awards dinner. Congratulations, John!

Solange M. Marcel, PhD student, has been invited to attend the 7th annual Bedside to Bench Conference sponsored by the National Institute on Aging, the American Geriatrics Society, and the John A. Hartford Foundation. The conference will be held in Bethesda, MD in February 2014 and will feature a series of speakers, group discussions, opportunities to learn about cutting edge research developments, participate in the creation of recommendations for future research, as well as networking with colleagues and leaders in the field. Congratulations, Solange!

Acclaimed journalist to speak to MUSC, CofC, and Citadel Students

MUSC, CofC, and Citadel students are invited to a moderated Q&A with author and journalist, Sebastian Junger on Wednesday, November 13 at 4 p.m. at the Rivers Green Behind the Addlestone Library on the CofC Campus.

Acclaimed war journalist, bestselling author, and Academy Award-nominated documentary film maker, Sebastian Junger, will give a special talk exclusively for students from MUSC, CofC, and the Citadel. He will speak about his experiences in journalism and publishing, filmmaking, and international affairs, giving students from multiple disciplines an insider’s look at a prolific career that intersects the humanities, the arts, the social sciences, and current affairs. For students only; not open to the public.

The day will feature a moderated Q&A with Sebastian Junger discussing his documentary: WAR: A Year with One Platoon in the Most Dangerous Valley in Afghanistan.

This student Q&A session is free to MUSC Students. There will also be a keynote address and cocktail reception which both have a cost so take advantage of the free Q&A if you are able. Visit http://junger.cofc.edu for more information.
Submitted grants

Teresa J. Kelechi, PhD, RN, FAAN, submitted an R21 application titled, “FOOTFIT mHealth physical activity intervention for leg ulcer patients.” The overall aim of this study is to test the feasibility of this home-based physical activity strategy using our reliable and valid accelerometer and to develop a patient-provider communication strategy that will enhance adherence. The mHealth strategy will promote adherence to physical activity in a leg and foot ulcer population with severely de-conditioned legs and who are underserved without access to physical activity programs. It will also involve clinical feedback through a patient-provider communication interface and serve as a patient reminder system.

Elaine J. Amella, PhD, RN, FAAN, and Kumar Sambamurti, PhD, MUSC Department of Neurosciences, submitted an application for the MUSC Interprofessional Collaboration Grant Pilot Project Program. In this project, titled “An interprofessional study on the role nutrition on AD pathogenesis; Effects on biomarkers,” they have established an interprofessional collaborative team that combines the expertise of a geriatric nurse practitioner, a nutritionist, a statistician and a basic scientist to address the potentially translational problem of the role of nutrition in AD pathogenesis. The project’s aims are to determine whether there is a postprandial increase in secreted APP in healthy volunteers, and to evaluate postprandial APP synthesis in the brain of an AD transgenic mouse model.

Jennifer E. Shearer, PhD, RN, CNE, submitted an application for the Innovation in Teaching and Learning Grant Opportunity Pilot Project Program titled “Measuring achievement of a core competency using innovative interactive teaching-learning strategies.” The specific aim is to determine the effectiveness of innovative classroom strategies to teach cultural competences by comparing group score of those who receive usual online Culturally and Linguistically Appropriate Services in Health ad Healthcare standards (CLAS) instruction or the Innovative Interactive Teaching Learning (IITL) class strategies.

Publications & presentations

PUBLICATIONS:

PRESENTATIONS:
Traditional recipe book made by HHI participants

As part of the Abrazos program (an HHI outreach program), a strong emphasis is placed on healthy eating and active living for the health promotion curriculum component. This past year, this emphasis resulted in the production of the Recipe Book Project.

The Recipe Book Project is a way for the Abrazos’ mothers, who are all originally from Latin American countries, to use the knowledge they learned in class about nutrition and apply it to food that they cook in their own homes. The women submitted their favorite recipes for review by a MUSC Registered Dietician. The dietician worked with the women to modify the recipes to make them healthier. Some recipes did not need to be changed while substitutions or quantities were changed in others. After the Abrazos school year ended, the women continued to meet with the goal of producing a recipe book that could be distributed to improve the health and wellbeing of their community.

Through putting this recipe book together, the women learned not only about healthy eating, but also were able to practice their English and learn important business and planning skills. The recipe book will be sold at community events and at MUSC with all proceeds going to support health promotion activities related to healthy eating and active living in the Latino community.

If you would like to support this cause and purchase a recipe book for $10, contact Anna Tecklenburg Patton at tecklenb@musc.edu or (843) 792-8526.

BSN students attend medical ethics lecture

A group of Accelerated BSN students attended the 2013 Thomas A. Pitts Memorial Lectureship in Medical Ethics in October. The Thomas Pitts Lectureship, now in its 20th year, explores a wide range of bioethical issues, each year inclining toward one of its many interfaces: clinical-bioethical, legal-bioethical, social-bioethical, and policy-bioethical. This year’s conference, titled “Ethical and Legal Issues in Pediatrics,” leaned toward the clinical-bioethical questions related to current issues in pediatrics. The panel consisted of eight speakers who were nationally and internationally respected thinkers and writers on specific topics. Each speaker shared their perspectives and positions on a particular topic for 30 minutes then addressed the opposing views in a debate style discussion. The topics included newborn screening, vaccination refusal, infant male circumcision, and surgery for trisomy 18 infants. The focus of the 2014 conference will be on domestic violence.
October 1 marked the initiation of the Affordable Care Act (ACA). This beginning health care legislation seeks to address the gaps in health care coverage for Americans as we attempt to decrease the now 48 million Americans that do not have health insurance (Robert Wood Johnson Foundation, 2013). Most of the media coverage since October 1 has been surrounding the problem-plagued rollout of the healthcare.gov website which both the president and key health and human services (HHS) personnel have now formally acknowledged as a problem without a clear resolution (Associated Press, 2013). Despite the problematic rollout, in its most detailed report yet, it is speculated that nearly 500,000 applications have been opened in ACA marketplaces (Associated Press, 2013). It remains unknown how many people have actually enrolled in the insurance markets but an estimated 19 million people had visited the website by October 18 (Associated Press, 2013). This makes us think about how, in our role as nurses, we may be asked about ACA coverage and what we can offer our patients and the public about this comprehensive health insurance reform that is already impacting our practice.

While we will see differences in each state based upon exchanges, the overarching goal of the legislation is that in the future, all Americans will have access to affordable health care (HHS, 2013). Open enrollment has begun and will continue through March 2014. ACA coverage will begin in January. There are three main themes to the legislation: Improving and lowering health care costs, new consumer protections, and access to health care (HHS, 2013).

> IMPROVING QUALITY AND LOWERING HEALTH CARE COSTS
  - Free Preventative Care, including benefits for women when accessing well-women’s care, and coverage available to children up to age 26 (this provision has already gone into effect).
  - Decreased prescription prices for seniors with an aim to strengthen Medicare with yearly wellness visits, many free preventative services for some seniors with Medicare
  - Protection from health care fraud
  - Small business tax credits

> NEW CONSUMER PROTECTIONS
  - Pre-existing condition coverage
  - Consumer assistance
  - Insurers must justify any premium increase of 10 percent or more before the rate takes effect

> ACCESS TO HEALTH CARE
  - Health Insurance Marketplace- enrollees will access this once they are registered

Despite the problems faced with rollout, this legislation represents an exciting time in our careers as nurses. It formally recognizes the holistic approach that we have long embraced in our profession as it expands coverage for more Americans and recognizes the importance of preventative care while attempting to increase wellness nationally.

REFERENCES
Nemeth only S.C. inductee into AAN in 2013

This year only one South Carolina nurse has been named a fellow by the American Academy of Nursing (AAN). Lynne S. Nemeth, PhD, RN, FAAN, associate professor in the College of Nursing, was bestowed this honor at a ceremony during the organization’s annual meeting October 17-19 in Washington.

Induction into the AAN Fellowship is one of the most prestigious honors in nursing. Fellows—now numbering 2,068—are considered nursing’s most accomplished leaders in education, management, practice and research. They are elected through a highly selective process that recognizes individuals who have made major contributions to nursing and health care and whose work has influenced health policies benefiting all Americans. Today, there are 10 faculty members and five emeritus faculty in the MUSC College of Nursing who are members of the academy. “We are delighted to welcome Dr. Nemeth to the ranks of our AAN Fellows,” said Gail Stuart, PhD, RN, FAAN, dean of the MUSC College of Nursing. “She represents excellence and has had a truly significant impact on quality health care throughout the country.”

In addition to being a faculty member in the MUSC College of Nursing, Lynne also is a nurse researcher at the MUSC Medical Center. Her specialties include implementation research, theoretical modeling and qualitative methods. Lynne has a diverse career in nursing with extensive clinical, educational, administrative and research experience. Her clinical areas of interest have developed broadly from opportunities to practice in critical care, emergency, trauma, neuroscience, outcomes and case management. Lynne has led numerous quality initiatives over the past decade, including clinical pathway and coordinated care development and implementation, medication safety, and hospital patient flow. Lynne earned her Bachelor of Science degree in nursing from the State University of New York at Stony Brook, her Masters of Science degree from Boston College as a clinical nurse specialist, and her doctoral degree in nursing science from MUSC.

Kudos

The October issue of ADVANCE for NPs & PAs profiles Kahlil Demonbreun, DNP, RNC-OB, WHNP-BC, ANP-BC, in an article titled “Breaking Barriers in Women’s Health.” Click here to read.

Congratulations to Martina Mueller, PhD, who participated in the AmeliaMan Sprint/Olympic Distance Triathlon in Fernandina Beach, FL on October 13. Martina placed third in her age group that consisted of 0.25 miles ocean swim, 16 miles bike ride and 3.1 miles run. She had a total time of 1 hour and 38 minutes with swim: 11 minutes; bike: 57 and run: 26 minutes. Her partner, Marty, did the Olympic Triathlon with a 1.5K (0.9 miles) ocean swim, 40K (25 miles) bike ride and 10K (6.2 miles) run. He finished in 3 hours and 19 minutes with swim: 43 minutes, bike 1 hour, 18 minutes and run 1 hour and 10 minutes.

CON welcomes a new faculty member

Cristina M. Lopez, PhD, is joining the College as an assistant professor on the educator/research track effective November 1.

As a post-doctoral fellow in the mental health disparities program at MUSC, Cristina’s research interests are in trauma intervention and prevention within underserved populations, particularly Latino/a youth. Cristina provides Spanish-speaking psychological services to patients suffering from trauma-related symptoms. She also collaborates on several research projects that help identify the mental health needs of Latino populations in our community. More specifically, her research involves the evaluation of cultural modifications to empirically supported treatments and the development of a culturally adapted HIV prevention program for Latina adolescents.

She was previously an instructor in the College of Medicine in the Department of Psychiatry and Behavioral Sciences.

Please consider giving to the CON RECOGNITION FUND ($50 for faculty, $25 for staff)

Money is used for flowers, cards, parties, well wishes and condolences. Please make a check payable to CON Recognition Fund and give to Ruthie Conner or Joanne Langdale.

Questions? Email Ruthie at stockder@musc.edu.