**TIME TO LOOK WITHIN**

By Dean Gail Stuart, PhD, RN, FAAN

It is hard to listen to the news without hearing about acts of terrorism. But I think rather than look to outside “invaders” our destruction may come from within.

The events of the past couple of months in our country reflect the turmoil, disrespect and disenfranchisement of many members of our society. And it seems that all too often the solution seems to be violence and unrest. I am not at all sure how we got to this state of affairs, and how as a nation we began to not only tolerate but to actually accept behavior that is intolerant, angry and provocative on the road, in our places of employment, and yes, even in our classrooms.

That said we need to “own the problem” if we want to solve it. To that end I offer the following strategies for us to consider:

- **UNLOCK THE SILENCE.** Things not examined are not resolved. In this era of enhanced technology we now know that smart phones and body cameras are showing us things that were hidden before. But in addition to seeing we need more talking and forums for each of us to share convergent but even more importantly divergent viewpoints.

- **OPEN OUR MINDS.** But if our minds are closed to the values, experiences and beliefs of others then we will get nowhere. We need, rather, to listen with receptivity, suspend our own biases to hear and affirm the reality of others.

- **DEEPEN OUR UNDERSTANDINGS.** So we talk about “life-long learning” when it comes to our profession but we need the same mandate for learning about the people with whom we live and work. For me, one of the most influential books I have read is “Between the World and Me.” It is a small book but in reading it my eyes were opened to what it means to be black in America.

- **MOVE THE NEEDLE.** None of the above is important if we do not identify specific ways in which each of us personally and collectively can make change happen. In the days ahead I hope we can talk about what we can do as a College to address all this. One place to start is to engage as a College in the discussion of what gun violence means to us. Another action is for us to examine and revise what we have in our curriculum related to the direct and indirect effects of gun violence – homicide, suicide, domestic violence, needed safety measures, and even violence-related health care expenses.

Looking within has never been more important. - Gail

What to help? Click here for some violence prevention resources.
KELECHI, ACIERNO AWARDED GRANT FOR PAIN, FATIGUE MANAGEMENT INTERVENTIONS

Two MUSC College of Nursing researchers are the recipients of an P20 National Institute of Nursing Research Award from the National Institutes of Health totaling nearly $1.9 million. The five-year study, being led by principal investigator Teresa Kelechi, PhD, RN, FAAN, and Ron Acierno, PhD, will provide a framework for nurse scientists to identify and intervene with groups who are at risk for worsening chronic disease symptoms, particularly symptoms of fatigue and pain.

Partnering with the College of Nursing’s Technology Applications Center for Healthful Lifestyles, the SCTR Community Engagement Core, and the MUSC Biomedical Informatics Center, CON researchers will use leading-edge technology to develop effective, scalable and sustainable hi-tech tools to enhance self-management interventions that will be accessible to patients in their communities. To achieve this, they will use patient-centered approaches that can be used in real community settings through established community partnerships.

Kelechi, a professor and the David and Margaret Clare Endowed Chair, teaches in the PhD program, and practices in a residential care facility, where she provides foot care and geriatric consultation. She was the recipient of the U.S Professor of the Year by The Carnegie Foundation for the Advancement of Teaching in 2004 and is a frequently sought-after lecturer on topics related to aging, foot care, and wound prevention.

Acierno is a professor and associate dean for research in the College of Nursing and a senior clinical research scientist at the Ralph H. Johnson Veterans Affairs Medical Center, MUSC’s Consortium VA partner. Additionally, he is the clinical training director and board member of the non-profit Veterans on Deck, an organization he founded that uses sailing to impart socialization, team-building and personal growth in veterans recovering from PTSD, substance use, and who have been victims of military sexual trauma.

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WORLD HUMANITARIAN DAY - AUG. 19

As World Humanitarian Day (WHD) approaches, recognizing the efforts of groups and individuals seeking to promote human welfare is timely and relevant.

In today’s global climate, there are record numbers of people requiring life-saving assistance and funding while many humanitarians are facing rising tensions in many regions of the planet. According to the United Nations, humanitarians regularly encounter danger and adversity in order to help those in need.

August 19 was established as WHD by the United Nations General Assembly to coincide with the anniversary of the 2003 bombing of the United Nations headquarters in Baghdad, Iraq. The UN and its partners annually recognize groups and individuals for their bravery and service on this day.

In an effort to recognize these messengers of humanity, CON’s Diversity and Inclusion Committee is taking action on WHD. The group will be disseminating messages of humanity and performing acts of service on August 19 and would encourage colleagues to do the same. Providing service is one of the best ways to spread the message of benevolence, while promoting community and global connectedness. Becoming an active messenger of humanity can provide an opportunity to impact our community in a positive way, while drawing us closer to national and global humanitarians, ultimately heightening the impact.

“No kind action ever stops with itself. One kind action leads to another. Good example is followed. A single act of kindness throws out roots in all directions, and the roots spring up and make new trees. The greatest work that kindness does to others is that it makes them kind themselves.”

- Amelia Earhart
AUGUST

16 / RN to BSN Pinning Ceremony / 4 pm / St. Luke’s Chapel
17 / Staff Meeting / 9 am / CON 202
22 / Faculty & Staff Retreat / 9 am / Mt. Pleasant Waterfront Park
23 / Faculty Convocation / 4:30 pm / DD Auditorium
22-25 / ABSN New Student Orientation / CON
30 / Stethoscope Ceremony / 4:30 pm / St. Luke’s Chapel

SEPTEMBER

05 / Labor Day / State Holiday / CON closed
19 / Faculty Assembly / 1 - 4 pm / CON 202
20 / BSN Scholarship Reception / 4 pm / CON-Mary Swain Foyer
21 / Staff Meeting / 9 am / CON 202
24 / Lowcountry Heart Walk / 9 am / Liberty Square

FOR MORE LISTINGS OF PROGRAMS & EVENTS VISIT
CON’S WEB CALENDAR

Please consider joining one of the College of Nursing’s teams on Sep. 24 in our efforts to build healthier lives, free of cardiovascular diseases and stroke at the 2016 Lowcountry Heart Walk.

Choose one of CON’s five teams who are lead by JacKetta Cobbs, Ruth Henderson, Teresa Kelechi, Lynne Nemeth and Gayenell Magwood who is serving as this year’s College champion.

TOGETHER, WE CAN MAKE A DIFFERENCE!

Register today to walk with a College of Nursing team or just donate by clicking here.

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A private social network that only people with an MUSC email account can join

2,016 messages were posted in the last 28 days*

383 groups created*

5,169 MUSC employees use it which represents 352% growth over last period*

Yammer Do’s

*Post updates
*Create a survey
*Praise and acknowledge
*Focus groups
*Attach files
*Tag people and topics

Yammer Don’t’s

*No Private Health Information (PHI)
*Can’t be unprofessional

Now we can all "yammer" like a boss

* data as of 7/22/16
**FUNDED GRANTS**

**PI:** Gigi Smith, PhD, APRN, CPNP-PC  
**SPONSOR:** Health Resources and Services Administration (HRSA)  
**TITLE:** Nurse Faculty Loan Program  
**GOAL:** This competing continuation application is for financial loan support for students enrolled in a PhD in Nursing degree program and the Post-Masters DNP Program at the College of Nursing

**PI:** Kathryn Van Ravenstein, PhD, FNP-BC  
**SPONSOR:** South Carolina Telehealth  
**TITLE:** Using Telemedicine and Activity Trackers to Promote Physical Activity in Low-Income Older Adults  
**GOAL:** The purpose of this pilot project is to integrate wearable activity trackers and interprofessional telemedicine with physical therapy students to promote physical activity in low-income older adults.

**PI:** Brian Conner, PhD, RN and Martha Sylvia, PhD, MBA, RN  
**SPONSOR:** MUSC’s Office of Interprofessional Initiatives  
**TITLE:** Primary Care and Population Health: The Role of the Primary Care Medical Home  
**GOAL:** The Primary Care and Population Health Program seeks to integrate a significant component of interprofessional self-directed team-based learning through the development of a new clinical rotation in the University Internal Medicine Patient Centered Medical Home setting. The rotation will include MD, PA, PharmD, and DNP students who will work in coordination with the current staff which includes internal medicine physicians, NPs, PAs, PharmDs, RNs, LPNs, and support staff.

**GRANT SUBMISSIONS**

**PI:** Ron Acierno, PhD  
**SPONSOR:** DOD  
**TITLE:** Peer Social Support During In Vivo Exposure for PTSD: A Program to Address Dropout from Prolonged Exposure  
**GOAL:** To evaluate whether the opportunity to receive social support during in vivo exposure therapy homework from veterans who have successfully competed PE (i.e., the therapeutic equivalent of an exposure therapy ‘workout buddy’) is effective in reversing dropout and improving PTSD outcomes; and, secondarily, to determine whether this program is particularly helpful for those receiving PE via telemedicine.

**PI:** Elaine Amelia, PhD, RN, FAAN, and Suparna Qanungo, PhD  
**SPONSOR:** NIH/NINR  
**TITLE:** Mealtime Partnerships for People with Dementia in Respite Centers and at Home  
**GOAL:** To test the efficacy of a mealtime intervention (Partners at Meals) in respite care centers that provide a social model of care for people with dementia living in the community and support for their caregivers.

**PI:** Lynne Nemeth, PhD, RN, FAAN  
**SPONSOR:** Sub to New York University/NIH/NCATS  
**TITLE:** Measure Development to Accelerate the Translation of Evidence Based Clinical Guidelines into Practice  
**GOAL:** To develop a reliable, valid, and pragmatic assessment tool that will identify core features of primary care practices that are related to high performance on CVD-related outcomes. Because half of the U.S. adult population has one or more preventable risk factors for cardiovascular disease including hypertension and hyperlipidemia, but only 10 percent are meeting all of their clinical goals due to suboptimal adoption of guideline recommended care because many primary care practices and health care systems are struggling to identify which combination of care structures and processes they need to implement to become high performing practices.

**RECENT PUBLISHED WORK**


ALUMNI SCHOLARSHIPS AWARDED TO THREE SURPRISED STUDENTS

During the MSN/DNP/PhD orientation in July, Sallie Sistare, executive director of the MUSC Alumni Association stopped by the College of Nursing to surprise three incoming students with a $500 scholarship. One deserving student was selected by the faculty from each graduate program.

Kelly Haviland is a PhD student and a clinical nurse practitioner in the Surgical Advanced Care Unit at Memorial Sloan Kettering Cancer Center in New York. Her interest in the survival of mechanically ventilated patients outside of the intensive care unit setting lead her to designing and implementing a retrospective study to investigate outcomes in this patient population. Due to the poor survival rate in this patient population, Haviland’s long term goal is to advance her research in this area and use the data to develop and implement evidence-based ventilator weaning protocols and to better guide Nurse Practitioners in initiating and continuing end of life conversations. She has presented her research in several national forums including the AACN’s National Teaching Institute and Critical Care Exposition and the Annual American Association of Chest Physicians. Haviland’s colleagues describe her as compassionate, driven, ambitious, enthusiastic, and “sincere in her desire to acquire the skills needed to pursue a career in research.”

Grea Elizabeth Boyd, a student in the MSN program, hopes to use her degree as a family nurse practitioner to continue working to make the emergency department safer, provide better care, and create relationships with patients. Boyd’s ultimate goal is to decrease the dependence on the emergency department as a primary care facility and transition back to the department’s original purpose – to provide emergency life-saving interventions. To do this she plans to create relationships with her patients, especially those with chronic illness that are not being managed properly, by educating them and helping them establish primary care in their local community. Boyd has a positive, motivating demeanor that is not only a representation of herself, but also has a lasting impact on those she interacts with. She is dedicated and works hard to achieve goals she has set forth. She is a forward thinker, has a strong work ethic, and is an excellent communicator.

Joseph Stocking, a DNP student in the Nurse Executive program, is an experienced military leader with 20 years of success in challenging, operation essential positions. He has a proven record of unprecedented accomplishment, mission-critical decision making, time-management, and extensive teamwork abilities. Stocking consistently utilizes exceptional communication, technical abilities, and customer service skills to provide innovative solutions for both patients and subordinates. He’s a highly motivated individual who recognizes success stems from preparation, hard work, and perseverance. Although humble, he consistently demonstrates confidence, reliability and stability and has always been able to rise to the challenge of organizing people and orchestrating logistics involved in any project/assignment to achieve desirable outcomes for our patient population. Stocking is a proven leader who has earned the respect of all teammates as well as those he commanded. He is dedicated to his profession and higher education. He possesses a phenomenal degree of insight, intuition and people skills and brings a wealth of experience throughout many aspects of health care organization and delivery.

STUDENTS APPRECIATED BY HUGER COMMUNITY

Since May 2015, the ABSN students have been working in the Huger Community in conjunction with their Population Health Nursing course. They have been involved with initiatives such as, health screenings and health education, as well as, working in the health clinic with faculty instructors Beth Jensen, DNP, and Charlene Pruitt, MSN, APRN.

At the recent finale for the Summer Enrichment Camp held at Cainhoy School, Rev. Stephen Love, a prominent community leader, expressed his appreciation for all that the MUSC nursing students have done for the residents of Huger.

“We can’t be afraid of change. You may feel very secure in the pond that you are in, but if you never venture out of it, you will never know that there is such a thing as an ocean, a sea. Holding onto something that is good for you now, may be the very reason why you don’t have something better.”

- C. JoyBell C.
ANNOUNCEMENTS

SOMETHING TO LISTEN TO: Carolyn Jenkins, DrPH, APRN, FAAN, will be featured on SC Public Radio on SC Public Radio’s most popular shows, Health Focus, beginning Aug. 1 at 5:44 p.m. and will be repeated throughout the week. The topic of the interview with hosted by Bobbi Conner will be on Jenkins’ diabetes research in Bamberg, SC.

Scheduled air times: Mon., Aug. 1 @ 5:44 p.m. (All Things Considered); Tue., Aug 2 @ 6:45/8:45 a.m. (Morning Edition); Wed., Aug. 3 @ 4:44 p.m. (All Things Considered); Thu., Aug. 4 @ 1:33 p.m. (Here and Now). This MUSC Public Radio interview will also be available 24/7 as a podcast on the SC Public Radio website.

WELCOME: The College of Nursing would like to welcome the following new College of Nursing team members. Five new faculty members have been hired. Thomas Connelly, PhD, MSN, is an assistant professor and the new director of undergraduate programs, Melody Reibel, PhD, MSN, an instructor, and Natalie Stepanian, PhD, MSN, also an instructor, will all teach in the College’s undergraduate program. Sarah Miller, PhD, MSN, joins us as an associate professor and junior researcher. Danna Cook is a new research grant assistant, Donna Jordan has joined CON as an administrative assistant, and John Sieverdes, PhD is TACHL’s new program manager. We’d also like to introduce Jessica Chandler, PhD who joins CON as a post doc scholar.

LEADERSHIP: Gayenell Magwood, PhD, RN, Alumnus CCRN, has been appointed to a two-year term on the American Heart Association/ American Stroke Association’s Stroke Nursing Science Subcommittee of the Council on Cardiovascular and Stroke Nursing. Magwood also attended the AHA/ASA’s Research Leaders Academy in San Antonio, TX in July.

Tina Lopez, PhD, has assumed the role of CON Diversity Officer. She takes over from Tiffany Williams.

Kari Mau, DNP, has agreed to serve on the university wide Presidential Scholars committee.

Lynne Nemeth, PhD, RN, FAAN, will give a presentation at the 2016 NAPCRG (North American Primary Care Research Group) Annual Meeting being in November in Colorado Springs, CO. The title of her presentation is Patient Perspectives on Reducing Harm from High Priority Medications in Primary Care.

UNIVERSITY WIDE

FACULTY CONVOCATION: The 2016 Faculty Convocation, sponsored by the Office of the Provost, will be held on August 23, beginning at 4:30 p.m. in the Drug Discovery Auditorium. The keynote speaker will be James Krause, PhD, professor and associate dean for research in the College of Health Professions. A reception will follow at 5:30 p.m.

APPLE STOREFRONT SLATED TO OPEN JAN. 2017: MUSC has been approved to join the Apple Authorized Campus Store Program. Thanks to the hard work of many, MUSC has secured a spot on the exclusive list of sanctioned Apple campus stores. This is a huge win for our organization and will be a satisfier for students and employees, who can take advantage of discounts on products and get tech support at this future location.

This partnership with Apple exemplifies MUSC’s strategy around innovation. It is another step toward creating an atmosphere of respect for lifelong learning where we can illuminate the importance of continued education and provide opportunities for our community to do so. The “MUSC Tech Store” will be a physical space on the downtown campus that brings people together to share ideas and find the right technology to execute their vision into something of value. While there are still some final papers to sign, we are ready to dig in and get started planning the official Apple Authorized Campus Store. Next steps: Renovate the 1st floor of the Colbert Education Center/Library to house the new storefront slated to open in early 2017.