For to be free is not merely to cast off one’s chains, but to live in a way that respects and enhances the freedom of others.”

- Nelson Mandela

FROM TRIPLE TO QUADRUPLE

By Dean Gail Stuart, PhD, RN, FAAN

We are all familiar with the Triple Aim of healthcare as introduced by Don Berwick – enhancing the patient experience, improving population health, and reducing costs. It is an approach to optimizing health system performance to improve the health of our population. These aims continue to grow in importance and salience as we struggle with major issues in our healthcare delivery system.

But it has also been observed that society is expecting more and more from clinicians and this stress may be impacting how well we can achieve these goals. Reports are mounting about burnout and turnover among physicians, nurses and staff, and burnout among providers is associated with lower patient satisfaction, lower levels of empathy and negative clinical outcomes. We also know that a nursing shortage is once again looming large.

Thus it has been suggested that there may be a fourth aim we should be considering – improving the work life of health care clinicians and staff (Bodenheimer & Sinsky, Annals of Family Medicine, 12:6, 2014). I think it is high time that we address the work life of those providing the care.

But let's not stop there. I would like to extend that concept to include those of us who educate our future health care providers as well. In many ways, we are facing similar work place stresses and this can impact the quality of the education we provide to our students.

Clearly work life balance is critical to each and every one of us regardless of where we work or what we do. Some days it is more challenging than others. Still, at the end of the day we are each personally responsible for “taking charge” and managing this complex issue. But in the process we also need to be there to support and positively reinforce each other as our strength lies in our ability to work as a team – together negotiating the tugs and pulls of daily life. So here’s to greater appreciation of the fourth aim of healthcare and making that as important as the other three. - Gail
PRESTIGIOUS NATIONAL HONOR BESTOWED UPON TWO CON FACULTY

The American Academy of Nursing (AAN) has selected two MUSC College of Nursing faculty members to be inducted into the 2016 class of AAN fellows. Gayenell Magwood, PhD, RN, Alumnus CCRN, and Debbie Chapman Bryant, DNP, RN, will be honored during the Academy’s 43rd Annual Meeting and Conference that will be held Oct. 20 - 22 in Washington, DC. Induction as a Fellow of the American Academy of Nursing is one of the most prestigious honors in the nursing field. Those nominated for induction into the fellowship are recognized leaders who have made significant contributions to nursing and health care.

Magwood, a nurse researcher, is a professor in the College of Nursing where she teaches in the PhD and DNP programs. She also has a joint appointment with the College of Graduate Studies. She is a principle investigator (PI) whose work is funded by the National Institute of Health (NIH) by grants from the National Institute of Nursing Research (NINR) and the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK). Magwood’s NINR grant work builds on the novel integration of genomics to personalize a socio-culturally tailored diabetes prevention intervention for women residing in subsidized housing communities. The NIDDK funding supports the implementation of a multi-level DPP intervention, linking Subsidized Housing infrastructures with FQHC-Primary Care Networks. Magwood has served as PI and co-investigator on internal and external funded research for development and implementation of community engaged interventions and multi-level community-based participatory research with underserved communities. Her research interests include health disparities, community-based interventions related to multiple risk reduction, particularly cardiometabolic risk, chronic disease prevention, and management.

Bryant is the director of partnerships for healthcare quality research at MUSC where she provides oversight for translational research efforts between the academic medical center and a federally qualified health center for clinical quality improvement and delivery. She also holds a faculty appointment as assistant professor in the College of Nursing and serves as director of outreach and community relations at MUSC’s Hollings Cancer Center (HCC). Bryant has extensive experience in community-based programs designed to reach unique populations. In her role at HCC, she oversees outreach services, including the Mobile Health Unit and Patient Navigation Services. She also is charged with providing administrative leadership within the cancer control research program. She is a recipient of the 2012 Robert Wood Johnson Foundation Community Health Leaders Award and was selected in 2014 as a Robert Wood Johnson Executive Nurse Fellow.

“I am proud of Drs. Magwood and Bryant for this well-deserved honor,” said Gail Stuart, PhD, RN, FAAN, dean of the MUSC College of Nursing. “Both are exceptional nurse leaders who have made significant and meaningful impacts on health care quality throughout our state.”

This year, the AAN will install 164 distinguished nurse researchers, educators, practitioners and executives from across the country who have been recognized for their extraordinary nursing careers and are among the nation’s most highly-educated citizens. Following induction, new fellows have the privilege of using the FAAN credential (Fellow of the American Academy of Nursing).

MUSC NAMED LGBT HEALTH LEADER

In June, South Carolina AHEC, in collaboration with MUSC’s colleges of nursing, dental medicine, medicine, health professions, the MUSC Library, and the SC College of Pharmacy, held the Carolina AHEC Summer Careers Academy. The academy is a one-week summer program designed to help underrepresented minority and disadvantaged students prepare for entry into nursing, dental, medicine, pharmacy, physician assistant, and occupational therapy training programs within SC. Tiffany H. Williams, DNP and Carolyn Page are Summer Careers Academy Nursing Coordinators for 2016.

The College of Nursing hosted seven academy students who identified nursing as a major. Students took part in a week of clinical and didactic sessions on campus. In addition, CON faculty and staff supported specific nursing activities during the week, including a viewing and discussion of The American Nurse, a film that explores some of the biggest issues facing America—aging, war, poverty, prisons—through the work and lives of nurses. Students described time in the simulation lab with Ruth Henderson, MSN, as the most memorable experience during their week at the college.

“Drs. Magwood and Bryant are both exceptional nurse leaders who have made significant and meaningful impacts on health care quality.”
JULY

04 / Independence Day / State Holiday / CON closed
18 / Faculty Assembly / 1 - 4 p.m. / CON 202
18-21 / PhD Learning Intensive I (new 2016 cohort) / 8 am / CON Drawing Rm.
20-22 / PhD Learning Intensive III (continuing students) / 8:30 am / TBD
20 / DNP Orientation (2-days) / 7:30 am / Bio Engineering Lobby
20 / Staff Meeting / 9 am / CON 202
20 / Janelle Othersen Visiting Professorship Lecture / 4 pm / DD Auditorium

AUGUST

15 / Faculty Assembly / 1 - 4 pm / CON 202
16 / RN to BSN Pinning Ceremony / 4 pm / St. Luke’s Chapel
17 / Staff Meeting / 9 am / CON 202
18 / Faculty Convocation / 4:30 pm / DD Auditorium
22 / Faculty & Staff Retreat / 9 am / Mt. Pleasant Waterfront Park
30 / Stethoscope Ceremony / 4:30 pm / St. Luke’s Chapel

FOR MORE LISTINGS OF PROGRAMS & EVENTS VISIT
CON’S WEB CALENDAR

FACULTY DEVELOPMENT SERIES

Sessions follow Faculty Assembly from 4 - 5 p.m.

SEPTEMBER 19
“What we do and how we work together” presented by Drs. Stuart, Smith & Barosso

OCTOBER 17
“Research: Resources at your fingertips” Presented by Dr. Acierno & SCTR colleagues

NOVEMBER 21
“Authorship” presented by Drs. Angelini, Nemeth, Edlund & Kelechi

TAKE A LOOK

The Waring Historical Library is pleased to announce the opening of its newest online exhibit: “Educate and Inspire: The MUSC College of Nursing.” In honor of the 2014 renovation of the College of Nursing Building, a physical exhibit was installed using historical and contemporary photographs, as well as memorabilia from the College’s own artifact collection. This online exhibit is an expanded version of the physical exhibits located on the second floor of the College of Nursing Building. The physical exhibit was curated by Brooke Fox, University Archivist, and Susan Hoffius, Curator of the Waring Historical Library, and designed by Thomas Hamm, Office of Instructional Technology and Faculty Resources. The online version was curated by Brooke Fox and designed by Sherman Paggi, MUSC Library.
**Funded Grants**

**PI:** Lynne S. Nemeth, PhD, RN, FAAN  
**SPONSOR:** NIH/NIAAA  
**TITLE:** A Virtual Learning Collaborative for Alcohol Screening, Brief Intervention and Treatment in Primary Care  
**GOAL:** To create a virtual learning collaborative (VLC) for primary care clinicians and staff to promote the dissemination and implementation of alcohol guidelines developed by the National Institutes of Alcohol Abuse and Alcoholism. The VLC will engage in web-based learning, quality improvement planning and review of performance on alcohol screening, brief intervention and medication management measures over a 12-18 month timeframe.

**PI:** Gigi Smith, PhD, APRN, CPNP-PC  
**SPONSOR:** HRSA  
**TITLE:** Advanced Education Nursing Traineeship Program  
**GOAL:** To aid students enrolled in the MSN and DNP (primary care) programs in order to increase the supply of and produce primary care advanced practice nurses who practice in rural and health professional shortage areas and/or medically underserved areas in SC and the nation in three areas: AGNP, FNP, and PNP. This project will provide stipends to 16 diversity and/or disadvantaged students who commit to primary care work in a rural and HPSA and/or MUA for at least two years after graduation.

**PI:** Kenneth Ruggiero, PhD  
**SPONSOR:** NIH/NIMH  
**TITLE:** Bounce Back Now: A Low-Cost Intervention to Facilitate Post-Disaster Recovery  
**GOAL:** To support research training and related activities of Heidi Resnick, PhD (Psychiatry and Behavioral Sciences) to facilitate her reentry into biomedical and behavioral research following serious illness. The Reentry Supplement would supplement the parent grant, R01MH107641.

**Grant Submissions**

**PI:** Terri O. Fowler, DNP, APRN  
**SPONSOR:** The Duke Endowment  
**TITLE:** Building the Healthcare Workforce to Serve the Underserved  
**GOAL:** To build on the momentum established by the AHEC Institute for Primary Care, a collaboration between MUSC and East Cooper Community Outreach, to provide care to the uninsured, and an interest by Fetter Health Care Network, a federally qualified health center, to build a pipeline of primary care providers to serve the underserved.

**PI:** Tracy Stecker, PhD  
**SPONSOR:** NIH/NIMH  
**TITLE:** Evidence-based Pathways to Improve Healthcare Use Among Individuals At-Risk for Suicide  
**GOAL:** To assess the feasibility, acceptability, and efficacy of combining two evidence-based interventions to promote entry and retention into mental health treatment among Veterans and civilians at-risk for suicide who are not in the treatment system.

**PI:** Alyssa A. Rheingold, PhD  
**SPONSOR:** NIH/NINR  
**TITLE:** Addressing Caregiver Bereavement Within the Palliative Care End of Life Trajectory: Nurse-Directed Telemedicine Based Behavioral Activation for Grief  
**GOAL:** To compare the effects of behavioral activation and therapeutic exposure for grief to those typically offered supportive grief counseling in reducing symptoms of complicated bereavement/complicated grief among caregivers experiencing the recent death of a life partner.

**PI:** Emily Johnson, PhD  
**SPONSOR:** NIH/NIDDK  
**TITLE:** Bariatric Surgery Realized Access Among Patients with Diabetes: Factors and Implications  
**GOAL:** To propose a quantitative evaluation with secondary data to identify existing disparities in bariatric surgery, as well as facilitators and barriers to bariatric surgery access in underserved patients with obesity and diabetes.

**PI:** Kenneth J. Ruggiero, PhD  
**SPONSOR:** NIH/NIMH  
**TITLE:** Improving Quality of Care in Child Mental Health Service Settings  
**GOAL:** To address challenges of delivering effective interventions to children with mental health disorders by testing a novel, technology-based solution designed to improve the delivery of child mental health interventions in real-world community settings. Nearly 9 million U.S. children meet criteria for at least one mental health disorder at any point in time. Mental health providers need more support in the delivery of these interventions to ensure that children and families receive the best quality care.

**PI:** Suparna Qanungo, PhD and Kathleen Cartmell, PhD, MPH  
**SPONSOR:** NIH/NCI  
**TITLE:** Implementation of Home-Based Palliative Care in Limited Resource Settings  
**GOAL:** To evaluate a home-based palliative care intervention for utilizing community health workers to facilitate the delivery of palliative care to cancer patients in rural India.
PRACTICE

HISPANIC HEALTH INITIATIVE NEWS

In June the HHI scholars partnered with the federally qualified health center, Fetter Health Care Network (FHCN), to provide on site health screening and health information to the migrant farmworkers and their families. Students performed blood pressure, glucose and A1C screenings, in addition to providing information about hypertension and diabetes. Also, the scholars teach hands only CPR, and first aid techniques. A FHCN provider (an NP, MD, or PA) performed physicals and wrote prescriptions for acute and chronic conditions.

The FHCN migrant outreach workers are in place to ensure referrals are made and follow up with the migrants to make sure they are able to access services. Recently, a child with significant developmental delays was identified and the outreach worker was able to arrange for the child to be seen the next day at the clinic and arranged for transportation to the clinic for the family.

PASOS promotores also attended to provide information on healthy lifestyles. This year dental students provided information about oral health.

ACTION NEEDED: VA SEEKS TO ALLOW APRN TO PRACTICE FULL EXTENT OF TRAINING

The Veterans Health Administration as a part of the Department of Veterans Affairs (VA) is considering updating its policy to allow advanced practice registered nurses (APRNs) to practice to the full extent of their education and training within the scope of their VA employment. In a proposal dated May 25, 2016, the VA quoted the American Nurses Association's statement of support for granting APRNs full practice authority within a press release that highlights the plan to allow APRNs to assess, diagnose, prescribe medications and interpret diagnostic tests. If realized, this action will increase the number of qualified health care providers to provide primary health care and other related services to the full extent of their education, training and certification without the clinical supervision of a physician and as recommended by the prestigious Institutes of Medicine.

“The purpose of this proposed regulation is to ensure the VA has authority to address staffing shortages in the future,” stated David J. Shulkin, MD, VA Under Secretary for Health. “This is good news for our APRNs, who will be able to perform functions that their colleagues in the private sector are already doing.”

In order to influence this policy that has the potential for major shifts in the APRN scope of practice debate, the ANA and the SC Nurses Association are urging all nurses, advocates for nursing practice and veteran’s health to take action now to support this policy.

The 60-day public comment period will end July 25, 2016. We need a large number of supportive comments during this timeframe and it is easy to do. Click here to read and comment on the proposed rule. More than 44,000 comments have been received to date which is by far the highest number of comments for a VA rule since online comment submission was instituted in 2006.

The following is a sample comment to use or create your own. “It is critical to remove practice barriers in order to increase access to care, reduce ER visits, serve disparate populations, and improve outcomes. Currently, over 30 state recognize APRNs with independent practice and full prescribing authority. I support the VA’s proposal to amend medical regulations to permit the full practice authority of all VA APRNs when they are acting within the scope of their VA employment.”
**ANNOUNCEMENTS**

**WELCOME:** We are pleased to welcome the following new faces to the College of Nursing team. On the faculty side, DeeDee Carter-Saks, DNP, FNP-BC, CCRN, is a new instructor in the DNP program, Amy Gulledge, MSN/Ed, RN, CNE, has been hired as a clinical instructor in the undergraduate program, Susan Lacey, PhD, RN, is a professor in the DNP Nurse Executive program, and Kimbi Marenakos, BSN, RN, LPC, has joined CON as an instructor in the ABSN program. We also welcomed several new staff members to the fold: Jenna Gunsolley is a program assistant for TACHL, Jametta King has joined CON as a WISSDOM Center Community Health Worker, and Luke Sox is a new TACHL program coordinator.

**AWARDS:** Elaine Amella, PhD, RN, FGSA, FAAN was invited to join the NIH-NIGMS (General Medical Sciences), Support of Competitive Research (SCORE) study section. SCORE is a developmental program that seeks to increase the research competitiveness of faculty at institutions that have a historical mission focused on serving students from underrepresented groups. In addition, she was asked to serve as chair-elect of the Fellows Selection Committee of the Gerontological Society of America. She will serve as Chair in 2017.

Cathy Durham, DNP, APRN, was selected for the 2016-2017 LEAD: Transformations program at MUSC. She was also selected for promotion to CAPTAIN, US Navy Reserve Nurse Corps

Mat Gregoski, PhD, was invited to serve on the program committee for the 2016 NIH Wireless Health conference.

Joy Lauerer, DNP, RN, has been named the 2016 Excellence in Education Award winner from the American Psychiatric Nurses Association. Lauerer also joined the Child and Adolescent Council Steering Committee of American Psychiatric Nurses Association for a one year term.

Gigi Smith, PhD, RN, has been accepted into the competitive AACN-Wharton Executive Leadership Program. This four-day program is presented at the prestigious Wharton School in Philadelphia and taught by Wharton faculty, who offer relevant and timely content designed to advance chief academic administrators to a higher level of leadership.

Kathy Van Ravenstein, PhD, FNP-BC, has a proposal titled “Development of New Interprofessional, Team-Based, Patient-Care Experiences for MUSC Students at Independent Low-Income Elderly Living Facilities” that was selected for funding by the MUSC interprofessional team-based clinical training development pilot program.

**LEADERSHIP:** Michelle Nichols, PhD, RN, has been appointed as the state liaison for SC for the Southern Nursing Research Society (SNRS).

Amy Williams, DNP, APRN, has been appointed to the Early Head Start Governance Council for the state of SC.

Deborah Williamson, DHA, MSN, spoke at a national workshop held on community health mapping on the NIM/NIH campus in June that was sponsored by the National Library of Medicine and the Robert Wood Johnson Foundation.

Congratulations to new grandmother, Ruth Henderson, MSN, RN, on the birth of her grandson, Nathan Ryan Wagner, born June 11 at 2:01 a.m. weighing in at 7 pounds, 2 ounces and stretching to 20.5 inches.

**UNIVERSITY WIDE**

Effective July 1, the broadcast message system will be retired. Yammer, MUSC’s new easy-to-use and secure place for social networking, will now serve as the platform for enterprise wide announcements. Yammer ‘Groups’ have been created, similar to the categories on broadcast messages, and at this time include: fundraisers, research volunteers, employee discounts, employee wellness/screenings/benefits, arts/entertainment/community events, parking/service outages, surplus/recycling/sustainability, lost and found, training/seminars/professional development. As an interactive platform, Yammer will enable users to post flyers and allow readers to ask questions in real-time. We are excited to have this new communication tool and hope you are, too.

Signing up is easy and takes less than 90 seconds. Here’s how:
1. Go to http://yammer.com/office365
2. Enter your MUSC email (____@musc.edu) & press “Tab”
3. You will be redirected to an MUSC branded login page.
4. Enter your MUSC password, and click submit.
5. Follow the steps to set up your Yammer account.