Everyone loves spring. Its arrival heralds an opportunity for newness, growth, and blossoming. These are lovely images of hopefully not just our outside landscapes, but also of our own inner thoughts and feelings.

But in my recent conversations with others I have been lead to wonder why it is that some people go to seed, while others bloom and remain vital to the end of their days. Why do some people stop learning and quell their curiosity even at a young age? I am talking about men and women, young and old, who seem to just be going through the motions of life and appear to be functioning below their potential. Their flowers have gone to seed; they seem to have passed their prime; and they no longer appear to be full of life. These people have fixed attitudes, beliefs and habits, and are trapped in the daily experience rather than open to the true ongoing joy of life.

There is a proverb I like that says, “It’s what you learn after you know it all that counts.” And the opportunities for learning are enormous no matter the age. We learn from our family, our friends, our coworkers, our neighbors and those whom we have never met in person, but whose ideas challenge us to think in a new way or question one of our long held beliefs. We learn from our failures and our successes, our hardships and our pleasures, and the best learning may be the simple but core understanding that we, and life, are not perfect, which is just fine because what we really are is resilient.

As life unfolds I think that those who are most happy are imbued with a sense of realistic optimism and look forward each day to continuing their self-discovery and exploring their untapped possibilities. The bottom line is that the only thing really holding us back are ourselves. For me, springtime renewal is about digging deeper into the meaning in one’s life that comes from our past, our loves and losses, our adventures and misadventures, our hopes and dreams, and our compassion and caring for and about others.

Thus my gift to you this spring is a virtual bouquet of flowers that I hope blossoms in your heart and mind and reminds you of the importance of your own ongoing self-renewal.

- Gail
DIVERSITY & INCLUSION NEWS

The College of Nursing puts forth great effort to ensure that diversity is spread throughout each cohort. Though each student cohort becomes the closest of comrades, between busy schedules and studying, students rarely mingle outside of their own peer group. To bridge this chasm, the CON Student Government Association and Student Nurses Association came together to host ‘Bash at the Barrel’ in late March. The event, held at the Barrel on Folly Rd., brought together students from every cohort to enjoy good food, good times, and, most importantly, good company. This fun-filled environment was the perfect way to promote CON pride and build new friendships.

CELERATING ALUMNI ACHIEVEMENTS

On March 3, the MUSC Alumni Association hosted an awards reception at the Charleston Country Club. Awards in four categories were presented to six deserving individuals who have demonstrated a strong commitment to the College of Nursing.

OUTSTANDING SERVICE
Tiffany Williams, BSN ’90, MSN ’01, DNP ’12
Harvey Galloway

EXEMPLARY RECENT GRADUATE
Sonya Ehrhardt, MSN ’11, DNP ’13,
Melissa Batchelor-Murphy, PhD ’11

HONORARY ALUMNUS
Diane Lorenzi Shuler

DISTINGUISHED ALUMNA
Hon. Bethany Hall-Long, MSN ’88

Look for more news from CON’s Alumni Awards in the upcoming issue of Lifelines. Also, click here to view more pics.
APRIL

5 / Coffee Hour / 8:30 - 9:30 am / CON 413
11 / SCTR Lunch & Learn / Noon - 1 pm / BEB 110
12 / DOTS / Noon - 1 pm / CON 202
12 / Earth Day at MUSC / 11 am - 1 pm / MUSC Horseshoe
13-14 / MUSC Board of Trustees Meeting
13 / Baby Shower for Gena Ryan / 3 pm / Drawing Rm.
17 / Faculty Assembly / 1 pm / CON 202
13 / “Leadership” presented by Lisa Saladin, PhD / 4 - 5 pm / CON 202
19 / Staff Meeting / 9 am / CON 413
19 / Waring Lecture “Nurses of Passchendael” / 5:30 pm / BSB Aud.
26 / Administrative Professionals Breakfast / 9 am / Drawing Rm.

MAY

03 / SCTR Scientific Retreat / 9 am - 3 pm / BEB 110
10 / Confederate Memorial Day / state holiday / CON open
15 / Faculty Assembly / 1 pm / CON 202
17 / Staff Meeting / 9 am / CON 202
18 / Convocation / 2 pm / Charleston Music Hall
19 / Commencement / 9 am / MUSC Horseshoe
29 / Memorial Day / state holiday / CON closed

QUALITATIVE RESEARCH INTENSIVE

JUNE 5-9, 2017
Medical University of South Carolina
College of Nursing

DISCUSS when a qualitative approach is appropriate
DISCOVER how to frame your research purpose and questions
DETERMINE which qualitative method to use
DEVISE data collection options, focus group strategies, interview question development and data analysis

Facilitated by Julie Barroso, PhD, this in-person, week-long series of classes is for researchers and others who wish to learn how to develop and implement a qualitative research project. For more information, visit musc.edu/nursing/conhub.
CONVOCATION AND COMMENCEMENT 2017

Convocation is the pinning ceremony for the students earning a BSN and the hooding ceremony for the students earning a MSN, DNP, and PhD. It is scheduled for Thursday, May 18 at 2 p.m. at Charleston Music Hall, 37 John Street.

Graduates are asked to arrive by 1 p.m. so they can be assisted with robing and lined-up for the processional. Faculty should arrive by 1:30 p.m.

Graduation is Friday, May 19 at 9 a.m. in the MUSC Horseshoe (171 Ashley Ave). More details are available from the Office of Enrollment Management.

SCHOLARSHIP OPPORTUNITIES

> TRI-COUNTY BLACK NURSES ASSOCIATION

The Tri-County Black Nurses Association is seeking applicants for its 2017 scholarship award. One $1,000 scholarship will be awarded to a deserving nursing student enrolled in a BSN or ADN program in SC. The deadline to apply is April 15. For more information contact Earline M. Kinloch, TCBNA Scholarship Committee Chair at 843-884-3699 or e.m.Kinloch@att.net.

> NURSE CORPS SCHOLARSHIP PROGRAM

The 2017 NURSE Corps Scholarship Program is accepting applications through May 11. As a student accepted or enrolled in a diploma, associate, baccalaureate, or graduate degree nursing program, you can receive funding for tuition, fees, and other educational costs. In exchange you must work at an eligible facility with a critical shortage of nurses upon graduation.

HOWELL CROWNED MR. MUSC

Congratulations to ABSN student, Quinton Howell, who was crowned Mr. MUSC 2017 in February. The seventh annual contest was presented by the College of Health Profession’s physician assistant class of 2018 and benefited the St. Andrews Clinic, a free medical clinic in Mount Pleasant. Other participants included Michael Fontenot, dental medicine; Thomas Valente, medicine; Olin Longino, physician assistant; Steven Phillips, physical therapy; Ralph Tanios, MD, PhD; and Aaron Young, pharmacy. The contestants competed in swim wear, talent, formal wear and Q&A. (Photos by Vickey Boyd/Staff, Moultrie News)

MUSC NURSE FACULTY PRACTICE HIGHLIGHT

FACULTY PRACTITIONER:
Katherine Chike-Harris, DNP, cPNP; NE

NAME OF PRACTICE: MUSC School-based Telemedicine Clinics

LOCATION: Eight Charleston area school clinics (KidsWell), specifically, Chicora School of Communications, Sander Clyde Creative Arts School, and six other schools on an as needed basis.

POPULATION FOCUS: Telemedicine. With a team of interdisciplinary providers, the department serves 38 schools statewide to date.

ROLE & RESPONSIBILITIES OVERVIEW: Increase access to primary care for schoolaged children with the underserved and rural areas of SC. The school-based telemedicine clinics offer assessment and diagnosis of acute illnesses (e.g. strep throat, ear infections, URIs, UTIs, etc...), as well as chronic disease management such as asthma, ADHD, and obesity.

LOWCOUNTRY NURSING RESEARCH CONFERENCE

Friday, April 28 | 8:00 a.m. – 4:30 p.m.
MUSC Bioengineering Building

The Nursing Research Councils of Roper St. Francis and MUSC are holding a joint nursing research conference in conjunction with the Gamma Omicron at-Large Chapter of Sigma Theta Tau International. The conference will focus on bridging the gap between clinical practices and nursing research. The target audience encompasses various clinical roles throughout the health care community and will include representatives from the greater Charleston area and beyond. For more information, contact Heather Craven at cravenh@musc.edu.
GRANT SUBMISSIONS

PI: Tracy A. Stecker, PhD and Kenneth Conner, PhD (Univ. of Rochester)
SPONSOR: Sub to Univ. of Rochester/NIH R01
TITLE: Brief CBT intervention to promote treatment and lower drinking in adults with AUD (alcohol use disorder)
GOAL: This randomized controlled trial tests the efficacy of a promising, cognitive behavioral screening, brief intervention, and referral to treatment (SBIRT) intervention to increase treatment engagement, improve alcohol-related outcomes, and show that treatment engagement explains, in part, the improved outcomes.

PI: Melba A. Hernandez-Tejada, DHA
SPONSOR: U.S. Department of Justice/Office on Violence Against Women
TITLE: Identifying pragmatic targets for prevention of elder abuse, particularly among women and minorities: Secondary analysis of the National Elder Mistreatment Study Wave I and Wave II data sets
GOAL: To conduct secondary data analyses of data from the National Elder Mistreatment Study (NEMS) and its recently completed follow-up, the NEMS Wave II to identify pragmatic targets for elder abuse prevention, with a focus on racial/ethnic minority victims, particularly women.

PI: Suparna Qanungo, PhD and Kathleen Cartmell, PhD
SPONSOR: NIH/NCI
TITLE: Implementation of home-based palliative care in limited resource settings
GOAL: To evaluate a home-based palliative care intervention using community health workers to facilitate the delivery of palliative care to cancer patients in rural India by using a pragmatic clinical trial design.

PI: Michelle Nichols, PhD
SPONSOR: Sub to Univ. of Maryland/RWJF
TITLE: Use of health impact assessment to assess the potential benefits of environmental benefits districts in communities impacted by environmental injustice
GOAL: To address public health concerns by training, engaging with community, and working directly with community members one day per week for three years. Training will include leadership training, research methodology, networking, health equity research, and population health. Funding will include support for fellowship activities and research funds.

PI: Ron E. Acierno, PhD
SPONSOR: U.S. Department of Justice/National Institute of Justice
TITLE: Secondary analysis of the National Elder Mistreatment Study and the National Elder Mistreatment Follow-up Study: Validating a taxonomy of elder polyvictimization
GOALS: 1) Use NEMS data set to derive prevalence estimates across the potential definitions of elder abuse polyvictimization, including HYBRID definitions addressing the same physical or emotional act defined in terms of its perpetrators as abuse or assault. 2) Examine associated characteristics of each definition, including perpetrator characteristics, likelihood of services involvement, age, gender, racial, and ethnicity influences on these parameters, and likelihood of CJS involvement following each type of victimization. 3) Use the NEMS wave II data to examine risk of anxiety, depression, and health problems secondary to each type of polyvictimization. 4) Use NEMSw3 CJS data to examine obstacles and facilitators to CJS involvement following polyvictimization.

SBIRT GRANT CARRYING OUT ITS MISSION

South Carolina is a state with significant chronic illness, including substance abuse. SBIRT (screening, brief intervention and referral to treatment) is an early intervention approach and treatment to people with substance use disorders or at risk of developing these disorders.

The College of Nursing, with funding from SAMSHA, is addressing these issues through a training project designed for nursing and other health professional students to master how to ask patients about their tobacco and alcohol use, substance abuse, domestic violence and mental health.

For the past few months the SBIRT team has been busy carrying out its mission. In January, Sarah Gainey, SBIRT program manager, provided motivational interviewing training to 63 physical therapy doctoral students from the College of Health Professions. In February, Gainey trained 69 BSN students on screening and assessment of substance use disorders using the MUSC SBIRT Screening Tool. And last month, Gainey and Joy Lauerer, DNP, RN, assistant professor and project evaluator for SBIRT, trained 65 DNP students in substance use disorder screening.

A growing body of evidence shows that SBIRT is a successful and cost-effective way to reduce drinking and substance abuse problems. Click here to learn more about SBIRT.
NURSES NIGHT: Nurses Night at the Charleston RiverDogs! Mark your calendars for Monday, May 8 at The Joe for Nurses Night! $5 tickets for nurses, family, and friends plus food and drink specials! Game time: 7:05 p.m.

WORKSITE SCREENING: The next worksite screening will be Friday, April 28 at Colbert library (room 118). This screening, is available to employees with the State Health Plan (including MUSC Health Plan) at no charge for the basic test in 2017. Employees and spouses without this insurance can participate for $47. For more information, including updated pricing for optional tests, and to register online visit here.

The Waring Library Society cordially invites you to attend the Joseph I. Waring Jr. Lecture and annual meeting

Christine Hallett will present:  
*Nurses of Passchendaele: Caring for the Wounded on the Western Front, 1917-1918*  
Wednesday, April 19, 2017 - 5:30PM  
Basic Sciences Auditorium on MUSC Campus

A reception will follow at the Waring Historical Library. This lecture is free and open to the public. For more information, please contact the library at 843-792-2288 or waringhl@musc.edu.

Dr. Christine Hallett will present her talk "Nurses of Passchendaele: Caring for the Wounded on the Western Front, 1917-1918." This lecture coincides with the centennial of the American entry into World War I with an emphasis on the roles of Allied nurses.

Drawing from her recently published book, Nurses of Passchendaele, Dr. Hallett will recount the stories of nurses who found themselves in the traumatizing fate of being stationed at the site of the largest battles in WWI, Ypres Salient. Dr. Hallett will examine the service of U.S. Army Reserve Nurse Helen Fairchild who was stationed at US Base Hospital No. 10 in Northern France and at Casualty Clearing Station No. 4 in Belgium. Nurse Fairchild’s story echoes those of other Allied nurses who served on the Western Front.

Hallett holds doctorates in both nursing and history. She is a professor of nursing history at the University of Manchester with interests in the history of nurses during the First World War. She is the author of several books and articles, including Containing Trauma (Manchester University Press, 2009); Veiled Warriors (Oxford University Press, 2014); Nurse Writers of the Great War (Manchester University Press, 2016); and her most recent Nurses of Passchendaele (Pen and Sword Books, in press).
“Hope is not a plan.”

Dr. Atul Gawande

JOIN US for a free screening and discussion of the PBS FRONTLINE film Being Mortal. Based on the best-selling book by Atul Gawande, MD, this documentary explores the hopes of patients and families facing terminal illness and their relationships with the physicians who treat them.

See the film and be part of a national conversation that brings medical professionals and community members together around the shared responsibility of discussing what matters most to patients and families facing difficult treatment decisions and how to have these conversations ahead of a medical crisis.

- **WHERE:** Drug Discovery Building Auditorium, 110
- **WHEN:** Monday, April 3, Pizza at 5 pm, Program 5:30 - 7:30
- **MORE INFORMATION:** Interdisciplinary Advance Care Planning Panel

This event is a program of MUSC College of Medicine, Center on Aging, and Palliative Care

Atul Gawande, MD, MPH, is a surgeon, writer, and public health researcher. He practices general and endocrine surgery at Brigham and Women’s Hospital and is professor in both the Department of Health Policy and Management at the Harvard School of Public Health and the Department of Surgery at Harvard Medical School. Dr. Gawande has been a staff writer for The New Yorker magazine since 1998 and has written four New York Times bestsellers: Complications, a finalist for the National Book Award in 2002; Better, one of the 10 best books of 2007 by Amazon.com; The Checklist Manifesto in 2009 and his most recent book, Being Mortal: Medicine and What Matters in the End, released in October 2014. He has won two National Magazine Awards, AcademyHealth’s Impact Award for highest research impact on healthcare, a MacArthur Fellowship and the Lewis Thomas Award for Writing about Science.
GOT SLEEP?

Sleep & Pharmacology

Sleep & Mental Health

Sleep Disorders & Shift Work

Friday, May 5th, 2017
7:30 a.m. - 4:00 p.m.
VA Main Auditorium
Register in TMS Course #4178781
ALL CLINICAL STAFF WELCOME
CONTACT HOURS WILL BE OFFERED
Contact: Fharen Grant at x5414 OR Fharen.grant@va.gov

The Ralph H. Johnson VAMC is an approved provider of Continuing Nursing Education by the South Carolina Nurses Association, and accredited by the American Nurses Credentialing Center’s Commission on Accreditation
Save the Date!

2017 Annual Mentorship Training Symposium

Essential Professional Communication Skills for Academic Success

Friday, June 9, 2017

8:00am-1:00pm  DRUG DISCOVERY AUDITORIUM

SCTR
South Carolina Clinical & Translational Research Institute

MUSC
MEDICAL UNIVERSITY of SOUTH CAROLINA