I find that I don’t have nearly the time I would like for pleasurable, non-work-related reading so I am delighted when I find some books that combine my interests. I’d like to share two of my new reads with you this month. They are both quick reads not only because of their page limits but because you won’t want to put them down.

The first is *Whistling Vivaldi: How Stereotypes Affect Us and What We Can Do*. Given our increasing focus on diversity, I was intrigued when a colleague suggested this book to me. It is an interesting blend of personal experience and thought-provoking research on stereotype threat, leadership of influential institutions, and interventions that can make a real difference in our society. The author, Claude Steele, is a social psychologist and he shows us how the messages our children absorb about themselves can shape the way they behave. Never has a book been more timely, even though it was written in 2010.

The second book, *The Heart* by Maylis de Kerangal, is a novel but it was written in such a way that it is a medical journal as well. I picked up this book when I saw that Bill Gates recommended it among his reviews in *Time* magazine. The story takes place over 24 hours and starts when a young surfer dies and his parents have to decide whether to donate his heart or not. Now that may sound like a simple plot, and it is, but the author mesmerizes the reader by her use of the most beautiful language and her emotional brush strokes of humanity. As in any great novel you connect with the people and struggle through their grief and conflicts. By the last page I am not sure if I felt relieved or simply more thoughtful about the life I lead each day and the choices we all make as family members and as health care providers.

Have you found an interesting book? I would love to know about it. Send me a tweet at @MUSC_CONN. — Gail
SEEKING NOMINATIONS FOR 2018 ALUMNI AWARDS
The College of Nursing Alumni Association is seeking nominations for the 2018 Alumni Awards, which will be presented at the 135th Anniversary of the College of Nursing gala at the South Carolina Aquarium on February 23, 2018. Do you know a fellow alumnus who fits one of the criteria below? Nominate someone today!

› **Distinguished Alumnus/Alumna Award**: Recognizes an alumnus/alumna who has distinguished him or herself in the nursing profession, in the community and brought honor to MUSC and the College of Nursing. Eligible nominees are graduates of 11 or more years.

› **Exemplary Recent Graduate Award**: Recognizes an alumnus/alumna who has distinguished him or herself professionally in the field of nursing. Nursing alumni who graduated within the last ten years are eligible for this award.

› **Outstanding Service to College of Nursing Award**: Given to an individual or organization that demonstrates outstanding service which promotes the advancement of the College of Nursing.

› **Honorary Alumnus Award**: Given to an individual who, while not a graduate of the MUSC College of Nursing, has made significant contributions to the college’s educational mission.

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**CON RECEIVES AACN INNOVATIONS IN PROFESSIONAL NURSING EDUCATION AWARD**

The MUSC College of Nursing has been selected as a recipient of the American Association of Colleges (AACN) of Nursing Innovations in Professional Nursing Education Award. These awards are given annually in four institutional categories: Small Schools; Academic Health Center (AHC); Private Schools without an AHC; and Public Schools without an AHC. MUSC was selected to receive the 2017 award in the Academic Health Centers category.

The award recognizes the outstanding work of AACN member schools to re-envision traditional models for nursing education and lead programmatic change.

The college will receive a $1,000 award at the Fall Semiannual Meeting of the American Association of Colleges of Nursing on October 30 in Washington, D.C.
OCTOBER

04  Feed Your Mind / noon / CON 513
   Dr. Chanita Hughes-Halbert presents Precision Health

06  Schwartz Center Rounds / noon - 1 pm / Gazes Auditorium
   Topic: Stigma of Morbid Obesity

11  DOTS / Noon / CON 202

11  Dean’s Scholarship Reception / 5 pm / CON Swain Foyer

12-13  Board of Trustees Meeting / Colcock Hall

12  Fiesta Latina / 11:30 am - 1:30 pm / MUSC Horseshoe

16  Faculty Assembly / 1 pm / CON 202
   Staff are encouraged to attend

20  SC NAPNAP conference / 8 am - 3:30 pm / CON 202
   (see p. 8 for details)

NOVEMBER

02-3  MUSC Research Day / Drug Discovery Auditorium

02-4  SCNA State Convention / Hilton Head, SC

03  Schwartz Center Rounds / noon - 1 pm / Gazes Auditorium

06  Faculty Writing Workshop / noon - 1 pm / CON 316
   Use of squire guidelines for quality improvement papers

08  Telehealth Lunch & Learn / noon - 1:30 pm / Gazes 125

08  DOTS / Noon / CON 221

10  Veterans Day (Observed) / State Holiday / CON open

20  Professional Development Series / noon - 1 pm / CON 202
   Resources at the CON and MUSC

20  Faculty Assembly / 1 pm / CON 202

23-24  Thanksgiving Holiday / State Holiday / CON closed
GRADUATE SCHOLARSHIPS AWARDED

Ruth Chamberlain Scholarship (PhD program)

Logan Camp is an instructor at the Mary Black School of Nursing at the University of South Carolina Upstate in Spartanburg, SC. Prior to joining the faculty at USC Upstate, she served as a registered nurse for five years in both middle and elementary schools in the Spartanburg area, and, every summer since 2011, for a summer youth camp. During her time as a school nurse, she served on several committees for the Spartanburg county school district including the overnight field trip policies and procedures committee, and the procedures for medication administration committee. She is pursuing her PhD to advance her research, which focuses on the development and implementation of school-based childhood obesity prevention and treatment interventions to improve child health in rural areas. Camp is a demonstrated scholar, earning a 4.0 for both her BSN and MSN degrees, and is an active member of the Mu Rho Chapter of Sigma Theta Tau International. Camp’s colleagues describe her as “a gentle coach and mentor to her students,” “highly motivated and a self-starter,” “an aggressive learner,” and “an advocate for child health.”

Elizabeth Mills Scholarship (MSN program)

Juliet Brown, BSN, RN is a 2015 graduate of the MUSC College of Nursing and also holds a bachelor’s degree in animal science from North Carolina Agriculture and Technical State University. She is an active member of the District of Columbia Nursing Association and is currently working as a pediatric nurse at the Children’s National Medical Center in Washington, D.C. She served her community throughout her career and worked with organizations such as Race for Every Child, Woods and McLeod Health Fair, Holiday Cards for Troops and numerous other organizations. Brown’s peers describe her as compassionate, hard-working, enthusiastic, and bright. In her first year in nursing she spearheaded a QI project that led to improved practice on her floor. Brown is entering the DNP program as a pediatric nurse practitioner and plans to enter into practice serving the underserved in her community. She hopes to provide a place where children can grow mentally and physically by creating a positive institution in her community.

Irene Dixon Scholarship (DNP program)

In May, Jurell Riley, BSN, RN graduated with a GPA of 3.89 from of the MUSC College of Nursing. He also holds a Bachelor of Science degree from Coastal Carolina University. In addition, Riley is a Sergeant in the Air Force Reserves and serves as an Aeromedical Evacuation Nurse Technician (USAF flight nurse). Riley is described by his nurse peers as a dedicated and focused individual who others have come to admire. He takes on difficult tasks and situations and remains calm under stress. His resolve to be the best is unmatched. His attention to detail and commitment to his patients make him an outstanding nurse. Riley is planning to begin his DNP degree in the psychiatric mental health practitioner track.

Congratulations to the following students who have been awarded scholarships from the South Carolina Nurses Foundation.

2017 SCNF NURSES CARE
Kara Edmond
Wendy Hatchell
Amanda McAllister
Ashleigh Zimmerman

JULIA WHITTEN SCHOLARSHIP
William Ryan
Jennifer Jeffcoat

Congratulations to the following MUSC students who were recently awarded scholarships from the Medical University Womens Club. This was a competitive group with 77 applicants vying for the scholarship.

Dental
Stephanie Glacet
Anne Adams

Health Professions
Amber Williamson
Sarah Cassily

Medicine
Rupa Patel
Shannon Blair

Nursing
Tanya Hunt
Whitney Smith

Pharmacy
Millie Thomas
Ashley Tufton

DOTS
Diversity & Openness
Talking Series
Oct. 11 @ 12 pm
CON 202

Lynne Nemeth, PhD, will host the next DOTS seminar focusing on transparency and authenticity on Wed., Oct. 11 at noon. This seminar will focus on The Authenticity Paradox that was published in the Harvard Business Review (Jan. 2015) and considers the framework’s impact on safe and effective care. The group also will discuss models for organizational learning, the sharpening of leadership skills, and how to become more transparent and authentic in our communications.
Funded Grants

**PI:** Elaine Amella, PhD, RN, FAAN and Suparna Qanungo, PhD  
**SPONSOR:** NIH/NINR  
**PROJECT PERIOD:** Sep. 1, 2017 – Jun. 30, 2021  
**AMOUNT:** $1,630,395  
**TITLE:** Mealtime Partnerships for People with Dementia in Respite Centers and at Home  
**SUMMARY:** This study will test the efficacy of a mealtime intervention (Partners at Meals) in respite care centers that provide a social model of care for people with dementia living in the community and support for their caregivers.

**PI:** Catherine O. Durham, DNP, APRN, FNP-BC  
**SPONSOR:** HRSA  
**PROJECT PERIOD:** Sep. 30, 2017 – Aug. 31, 2021  
**AMOUNT:** $1,234,960  
**TITLE:** Behavioral Health Workforce Education and Training (BHWET)  
**GOAL:** To expand lifespan behavioral health workforce through increased longitudinal placements and provide interprofessional training in collaborative practice for students, faculty, and preceptors (field placement supervisors). The BHWET project will provide stipends to psychiatric mental health nurse practitioner students who complete their field placement and pursue employment in a rural, vulnerable, and/or medically underserved area.

**PI:** Susan D. Newman, PhD, RN, CRRN  
**SPONSOR:** Dept. of Health and Human Services/Admin. for Community Living  
**PROJECT PERIOD:** Sep. 30, 2017 – Sep. 29, 2020  
**AMOUNT:** $599,683  
**TITLE:** PHOENIX: Development of a Spinal Cord Injury Peer-Supported Self-Management Intervention  
**GOAL:** To improve participants’ community participation and quality of life and decrease subjective impact and occurrence of secondary conditions and rehospitalization after spinal cord injury.

**PI:** Melba A. Hernandez-Tejada, DHA  
**SPONSOR:** Dept. of Public Safety/Victims of Crime Act  
**PROJECT PERIOD:** Oct. 1, 2017 – Sep. 30, 2018  
**AMOUNT:** $430,522  
**TITLE:** Elder Abuse Assessment Training and Mental Health Services Program  
**SUMMARY:** Around 10 - 11 percent of community residing older adults in SC have been victims of elder abuse, but detection by healthcare providers is less than 1 percent, and actual service provision for elder abuse is less than one-tenth of 1 percent of cases. This project aims to address this need by training healthcare providers and providing information, referral, and treatment services for elder abuse.

**PI:** Kenneth Ruggiero, PhD  
**SPONSOR:** Dept. of Homeland Security/FEMA  
**PROJECT PERIOD:** Aug. 1, 2017 – Aug. 31, 2018  
**AMOUNT:** $380,289  
**TITLE:** Mobile Web Resources to Support Spouses and Family Members of Fire Service Personnel  
**SUMMARY:** Earlier studies showed that, after critical incidents and occupational stressors, 19 percent of firefighters looked to peers for support but 74 percent turned to spouses and family members. Also, according to later studies, family members are often the first to recognize the need for help. Therefore, critical resources are needed to help firefighter families to: understand and identify common firefighter stressors and behavioral reactions; identify their own stressors and behaviors (e.g., worry, anxiety, distress, marital discord); learn about evidence-based self-care, peer/social support, and communication strategies; build skills to recognize warning signs and take action; and know how to seek help through local and online resources. This team was asked by the National Fallen Firefighters Foundation to create such a resource to add to their fire service portfolio. This project will develop and evaluate these resources.

**PI:** Wendy A. Muzzy, MRA, MLIS  
**SPONSOR:** Dept. of Public Safety/Violence Against Women Act  
**PROJECT PERIOD:** Oct. 1, 2017 – Sep. 30, 2018  
**AMOUNT:** $60,300  
**TITLE:** Innovative Treatment for Female Victims of Military Sexual Trauma (MST) and PTSD  
**SUMMARY:** Female veterans report experiencing sexual assault while in the military at rates 400 percent that of their civilian counterparts, however, more than 95 percent choose not to obtain services from the VA hospitals for emotional problems resulting from these sexual assaults. This may be because VA services and providers are usually male oriented. This project offers evidence-based counseling services tailored to these female victims of military sexual trauma in an innovative context.

Several College of Nursing faculty are working on other funded grants outside the college. These include:

- **PI:** Dee W. Ford (College of Medicine)  
  **CO-INVESTIGATOR:** Emily Johnson, PhD  
  **SPONSOR:** HRSA  
  **TITLE:** Telehealth Center of Excellence

- **PI:** Marvella Ford, PhD (Public Health Sciences)  
  **CO-LEAD ON COMMUNITY OUTREACH CORE:** Gayenell Magwood, PhD, RN, FAAN  
  **SIGNIFICANT CONTRIBUTOR:** Kathleen Cartmell, PhD, MPH  
  **TITLE:** South Carolina Cancer Disparities Research Center
HHI NEWS
The Mexican Consulate General, located in Raleigh, NC, was in Charleston on September 23 assisting local residents from Mexico with immigration issues, including obtaining passports for children born in the states to Mexican parents, Mexican ID cards, military ID cards, and other legal documents such as power of attorney. Appointments were scheduled throughout the day. While residents waited to talk with a Consulate representative, several health and social service organizations that serve the Spanish speaking community were set up to answer questions, provide health screenings, and assist with referrals to services.

During this visit, the Hispanic Health Initiative scholars partnered with Fetter Health Care Network to provide health information, blood pressure screening, as well as glucose and HIV testing. CON students Park Ashley and Leigh Rothgeb performed the screenings while representatives from Fetter provided language assistance, information and referrals to the Fetter Health Centers.

Ashley commented that he was surprised by the number of residents attending the Consulate visit. He described the population served as very concerned about their health status. During the four hour consulate visit, Ashley and Rothgeb saw 41 individuals of whom approximately 16 percent had abnormal values and needed a referral to Fetter Health Centers for follow up.

Left: Park Ashley performs a blood pressure screening.

Right: Fetter Health Network employee assists woman with paper work while Leigh Rothgeb prepares for testing.

FACULTY WRITING RESOURCES AND INFORMATION
Predatory Open Access Journals - What should we do now that Beall’s List of Predatory Open Access Journals and Publishers has been taken off the web? Diane Angelini, EdD, encourages faculty to find out if the journal you are selecting is a member of COPE (Committee on Publication Ethics) and to see if the journal you are selecting has an impact factor. It takes approximately two years for a new journal to acquire an impact factor. Both of these are good bets that the open access journal is credible. If you cannot determine this, please contact Angelini at angelini@musc.edu and she will explore the issues with credible publishers. Also of note, Jeffrey Beall has written a recent publication that may be of interest titled, Research integrity corner: Special issue on predatory journals. What I learned from predatory publishers.

The next writing workshop is planned for Nov. 6 from noon until 1 p.m. in room 316. Feel free to bring a lunch. The topic will be on the use and adaptation of squire guidelines for quality improvement papers. If you are interested in attending this workshop, send an email to angelini@musc.edu.

Left: Park Ashley performs a blood pressure screening.

Right: Fetter Health Network employee assists woman with paper work while Leigh Rothgeb prepares for testing.

AVAILABLE INTRANET RESOURCES
• Faculty Writing
• Components of the Discussion Section

These two resources can be found under Resources > Professional Development/Scholarship

Helping Hurricane Victims
CON’s Multicultural Student Nurses Association and the Student Nurses Association are seeking donations for victims of Hurricane Harvey. The students will be accepting contributions through Oct. 31 and will send the collection to the flood victims in Texas. A donation box is located in the CON Student Break Room on the 3rd floor. Items of particular help include personal hygiene products, clothes, blankets and book bags.

THANK YOU!
HIPPA AUTHORIZATION: In order to access records for reasons outside the areas of treatment, payment or health care operations, patients must have a valid authorization from the patient on file. Authorizations are valid for one year after the date it is signed. To find out more about the authorization form and its use, look for a ring of papers on the bulletin boards in the breakrooms.

SPREADING THE SBIRT APPROACH: Sarah Gainey led a workshop at the Georgia School of Addiction Studies in Savannah, GA on Sep. 1. Her presentation on SBIRT (screening, brief intervention and referral to treatment) gave attendees a glimpse of the cultural competency in substance abuse screening instruction that is performed at MUSC. The conference was attended by professionals working in the field of substance use disorders from across the southeast. SBIRT is a comprehensive, integrated, public health approach to the delivery of early intervention and treatment services for risky drug and alcohol use.

FREE FLU SHOTS: If you want to get a jump on the flu season then hop on over to Employee Health Services (57 Bee St.) to get your flu shot. Flu Shot hours are Mon. - Fri. from 7:30 am until 3:30 p.m. Bring your MUSC ID badge with you. For your convenience and to avoid long lines, you may receive your flu shot at any pharmacy at no charge using your MUSC State Insurance. For more information, contact EHS at 843-792-2991 or ehs1@musc.edu.

RECOGNITION: On Sep. 27, the SC attorney general, Alan Wilson, recognized CON faculty members, Melba Tejada-Hernandez, DHA and Wendy Muzzy, MRA, for their work on the victims services grant project.

CON RECOGNITION FUND

FACULTY AND STAFF:
Please consider a contribution to the CON Recognition Fund.
Faculty: $50 | Staff: $25

These funds are used to send faculty and staff cards and flowers for births and adoptions, bereavement, purchase retirement gifts, and to pay for parties and showers.

Only checks made out to ‘CON Recognition Fund’ can be accepted. Drop off a check in Shannon Phillips’s mailbox in the 5th floor mailroom.

Thank you for your support!

UNIVERSITY WIDE

WHAT DEFINES A LEADER? Compassion, Respect, Innovation, Collaboration, Integrity—do you know someone who demonstrates these characteristics? Please nominate them for the Values in Action Award. This award honors five employees each year who help fulfill MUSC’s vision statement, leading health innovation for the lives we touch. The winners will be vetted, selected, and recognized in person by President Cole and his wife, Kathy. If you have anyone in mind that you would like to nominate, please do so by the end of October of this year. Assistant Professor Suparna Qanungo, PhD, was the recipient of the 2016 Values in Action award for collaboration. Will another one of us be honored this upcoming year?
2017 ANNUAL CONFERENCE
EARN 5 CEUs, including 3 Pharm (1 Controlled Substance) & 1 L-CERP

Friday, Oct. 20th | 8 am - 3:30 pm
MUSC College of Nursing, Room 202
99 Jonathan Lucas Street Charleston, SC 29425
$50 for NAPNAP members | Students $20 | Non-member $65

AGENDA

8 am  Breakfast and Registration

8:20 am  Lara Wine Lee, MD | Clinical Pearls in Pediatric Dermatology

9:30 am  Conrad Williams, MD | Opioids: The Good, The Bad, The Ugly

10:40 am  Kelli Garber, MSN, APRN | Enhancing Pediatric Healthcare Through Telehealth

12 pm  Lunch and Business Meeting

1:15 pm  Kathryn Kinyon Munch, DNP, APRN | The New Face of Cystic Fibrosis & Changes in Diagnostic Criteria

2:25 pm  Mimi McCully, MSN, APRN, IBCLC | Breastfeeding Benefits & Avoiding Supplementation

3:35 pm  Conference Concludes

Continental Breakfast & Lunch Provided | Questions? scnapnap@gmail.com

Register by October 15th at: scnapnap2017.eventbrite.com
You’re Invited!

*Shucking for Stroke Oyster Roast*

on World Stroke Day

Sunday, October 29th 2017, 1:00-4:00 PM

Come on out for oysters and music to raise awareness about stroke in the Lowcountry. The proceeds will benefit stroke survivors and their families through the MUSC Cares Clinic, a student-run free rehabilitation clinic, and the Roper Rehabilitation Equipment Fund.

**Location:** Creekside Kitchen and Brewhouse/2600 Savannah Highway/Charleston SC, 29414

**Cost:** $20; includes oysters, chili and non-alcoholic beverages. Alcoholic beverages and other food items can be purchased directly from the venue.

**Tickets:** available at the door. Contact Katie Hall at Kaitlyn.Hall@rsfh.com or 843-720-8349 to reserve yours!

*an outreach of Survive to Thrive: Living Well With Stroke (www.facebook.com/livingwellwithstroke)*

*a PCORI-funded partnership between MUSC, Roper Rehab Hospital, Stroke Survivors and Caregivers.*