Firefighter behavioral health is an urgent issue and the fire service has devoted significant effort toward building effective and accessible programs to address these needs. However, stigma remains a major barrier to getting help. How can we overcome the resistance of firefighters to getting the help they need when they need it most? TACHL and faculty from the National Crime Victims Research and Treatment Center are partnering with the National Fallen Firefighters Foundation to develop a novel resource, *Firefighters Helping Firefighters*, to address stigma head on with funding from the Department of Homeland Security. Drs. Ken Ruggiero and Angela Moreland co-lead the project.

*Firefighters Helping Firefighters* is a video storytelling resource designed to increase use of behavioral health care among firefighters who need it. It features the personal stories and recommendations of over 30 fire service professionals who have enthusiastically volunteered to share their experiences related to behavioral health and help seeking. It is modeled after *AboutFace*, an award-winning resource for Veterans developed by the National Center for PTSD.

The intervention will be widely and freely accessible via any internet-connected device, and is scheduled for launch in the Fall of 2015. Stay tuned!

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**TACHL CAPABILITIES AND RECENT PUBLICATIONS**

Ecological momentary assessment (EMA) has emerged as a valuable tool with great potential to advance science and practice, including the development of personalized health technology solutions. It allows repeated sampling of individuals’ behavior and experiences in real time, in their natural environments, thereby reducing recall bias and increasing ecological validity relative to retrospective assessment. TACHL has partnered with at least 4 research teams on funded grants in which we have developed SMS-, web-, and smartphone-based EMA tools for children and adults with chronic pain, opioid addiction, and uncontrolled asthma. Feel free to contact us for an EMA consult.

**RECENT PUBLICATIONS**


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**TACHL SPOTLIGHT**

**TWO NEW K AWARDEES!**

Congratulations to Carla Kmett Danielson, PhD, and Zack Adams, Ph.D., who were awarded K grants from the National Institute on Drug Abuse in the last quarter. Dr. Danielson was awarded a mid-career K24 grant to provide mentorship to junior investigators and lead the development of eHEARTT: *electronic HIV-Info Education and Addiction Risk for Traumatized Teens*. eHEARTT will be a technology-based toolkit to enhance delivery of HIV and substance use prevention resources for adolescents. Dr. Adams was awarded a K23, *mHealth Tools to Enhance Treatment of Teen Substance Abuse and Mental Illness*. This grant will give him the resources he needs to launch a line of research to evaluate mobile health technologies in treatment of youth with substance use disorders and comorbid mental illness. TACHL is partnering on 6 currently funded K awards, including the innovative grants that these outstanding scientists are leading.