This month, we launched the Telehealth Resilience and Recovery Program in collaboration with the Departments of Surgery and Pediatrics and MUSC’s Center for Telehealth. The goal of this exciting new service is to address the unmet mental health needs of adults and children after traumatic injury. More than 20% of these patients go on to develop posttraumatic stress, depression, and other mental health problems. Yet, most trauma care units across the nation do not have mental health programs to facilitate continuity of care. We hope that TRRP will become a model program that, over time, can also reach other acute care centers across South Carolina. Our services include: in-hospital education, brief telephone screening 30 days post-discharge, full telehealth or in-person diagnostic interview for patients with positive screens, and full telehealth or in-person treatment for patients with posttraumatic stress disorder or depression. We also are developing for TRRP a cell-phone-based symptom tracking resource with motivational/educational messaging.

In just one month, the all-star team featured on the left has approached 62 Level A or B trauma patients who are good candidates for our program. Of these, 58 (44 adults, 14 children) received in-hospital education and enrolled in our program for screening and, if needed, telemental health services. These patients have been very engaged in our program. In fact, many have asked us if we would follow up with them before the 30-day screen. We’re excited about the potential for this program to have real impact.

**RECENT PUBLICATIONS**


**SPOTLIGHT**

Dr. John McGillicuddy, Dr. Prabhakar Baliga, and TACHL partnered on an exciting R01 recently funded by NIDDK: *Mobile Technology Medication Adherence Program for Kidney Transplant Patients*. Medication non-adherence and blood pressure control are major risk factors in this population for graft rejection, graft loss, and death; these are therefore critical targets for intervention. TACHL will assist in the development of *Smartphone Medication Adherence Saves Kidneys* (SMASK), a patient-guided, smartphone-based system to improve blood pressure control and medication adherence. SMASK will include automated reminders, tailored text message based motivational feedback and reinforcement, and provider tailored automated reports and alerts. The system will be tested in a 6-month randomized controlled trial with 6-month follow-up with 80 kidney transplant patients with verified medication non-adherence and uncontrolled hypertension.