

ABCs of Wound Care: Principles for Managing Complex Acute and Chronic Wounds

April 17-24, 2010

“A Review Course”

PRESENTED BY



Wound Care Education Program

FACULTY

Phyllis Bonham, PhD, MSN, RN, CWOCN,
DPNAP and Invited Guest Lecturers

PLANNING COMMITTEE

Phyllis Bonham, PhD, MSN, RN, CWOCN,
DPNAP
Teresa Kelechi, PhD, APRN-BC, CWCN

ABOUT THE COURSE

This intensive review course is designed to update or expand the knowledge base and skills of nurses (RNs, NPs, CNSs) and other health care providers who are responsible for managing patients with complex acute and chronic wounds such as pressure ulcers, venous, arterial or neuropathic/diabetic leg wounds; draining wounds with tubes or fistulae, or atypical wounds in hospitals, out patient clinics, home health care, nursing homes, long term care, and physician offices.

The course will also benefit those who are preparing for a wound certification examination via the experiential pathway or recertifying by examination. Current national guidelines and research are addressed in the course provided by nationally recognized faculty.

PROGRAM OBJECTIVES

Upon completion of the course, the participant will be able to

- Identify key factors which impede the wound healing process
- Describe the phases of wound healing
- Perform a comprehensive wound assessment including measurement, staging, and documentation
- Identify the clinical indicators of wound infection
- Describe the correct technique to perform wound cultures
- Recommend strategies to prevent and manage pressure ulcers
- Discuss key principles of effective wound management
- Select appropriate topical therapy and dressings based on a comprehensive wound assessment
- Identify indications for surgical interventions in pressure ulcer care
- Identify wounds that would benefit from adjunctive therapies such as topical negative pressure, skin substitutes, growth factors, or hyperbaric oxygen therapy
- Conduct a comprehensive lower extremity examination to differentiate venous, arterial, and neuropathic wounds for effective treatment strategies
- Demonstrate correct technique for application of compression wraps
- Perform ankle brachial index (ABI) using a pocket Doppler
- Identify high risk foot/nail conditions
- Identify the benefits of collaborative, multidisciplinary wound care
- Identify principles of care for patients with special wound care needs such as burn wounds, oncology wounds, and other atypical wounds
- Identify strategies to manage patients with fistulae or wounds with percutaneous tubes or drains
- Identify physical therapy modalities and their role in wound care
- Identify four types of debridement and indications for each
- On a simulated model, demonstrate the correct technique to cross hatch eschar and perform conservative sharp instrumental debridement of devitalized tissue

REGISTRATION

Participants are accepted on a space available basis. **Class size is limited. A registration form is attached for completion.**

COURSE TUITION

**Full Course: \$1, 875.00
(including Debridement
Workshop)**

Daily Fees: \$250.00

Debridement Workshop: \$200.00

Fees include tuition, handouts, supplies for skills sessions and debridement workshop, and certificate of attendance.

LOCATION

Medical University of South
Carolina
College of Nursing
Room 403
99 Jonathan Lucas Street
Charleston, SC 29425

HOUSING

ACCOMMODATIONS

Participants are responsible for arranging their own housing and transportation. A housing-hotel list can be downloaded from the CE website –
<http://www.musc.edu/nursing/departments/continuingeducation/courses.htm>

PARKING

Public parking facilities are available behind the College of Nursing building. Entrance to the parking garage is at the intersection of President and Jonathan Lucas Streets.

TARGET AUDIENCE

Registered nurses, nurse practitioners, clinical nurse specialists, treatment nurses or other health care providers wanting to update or expand their knowledge and skills and nurses preparing for certification or re-certification in wound care.

RECOMMENDED REFERENCES, READINGS, AND RESOURCES

- Bryant, R. & Nix, R. (Eds.). (2007). *Acute & Chronic Wounds: Current Management Concepts*. 3rd ed. St. Louis: C. V. Mosby.
- Hess, C. (2005). *Clinical Guide: Wound Care*. 5th Ed. Philadelphia, PA: Lippincott, Williams, & Wilkins.
- WOCN Practice Guidelines (purchased from WOCN: www.wocn.org).
- Guideline for Management of Wounds in Patients with Lower Extremity Arterial Disease. (2008). *WOCN Clinical Practice Guideline*. Series, No.1, WOCN, Glenview, IL.
- Guideline for Prevention and Management of Pressure Ulcers. (2003). *WOCN Clinical Practice Guideline*. Series, No.2, WOCN, Glenview, IL.
- Guideline for Management of Wounds in Patients with Lower Extremity Neuropathic Disease. (2004). *WOCN Clinical Practice Guideline*. Series, No.3, WOCN, Glenview, IL.
- Guideline for Management of Wounds in Patients with Lower-Extremity Venous Disease. (2005). *WOCN Clinical Practice Guideline*. Series, No.4 WOCN, Glenview, IL.
- WOCN fact sheets and best practice documents such as the *Ankle Brachial Index: Best Practice for Clinicians and Conservative Sharp Wound Debridement: Best Practice for Clinicians and the WOCN Professional Manual* are available for download or order from the online bookstore at the WOCN website at: www.wocn.org.

COURSE CONTENT

Course content includes classroom didactic and skills practice sessions. Topics to be addressed include the following:

- Normal structure and function of skin
- Physiology of wound healing: phases of healing, factors that enhance or impede healing
- Assessment and documentation-measuring, staging, classifying wounds
- Prevention and management of pressure ulcers-risk assessment, pressure redistribution devices
- Infection control-indicators of infection, how to culture
- Principles of topical therapy and selection of dressings
- Adjunctive therapies (topical negative pressure, skin substitutes, growth factors, hyperbaric oxygen)
- Medical surgical interventions
- Identification and management of lower extremity wounds-venous, arterial and neuropathic/diabetic wounds including compression therapy
- Non-invasive assessment with ankle brachial index (ABI)
- Foot/nail care assessment and identification of high risk foot conditions
- Care of patients with draining wounds/fistulae, and percutaneous tubes/drains
- Principles of debridement and performing conservative sharp instrumental wound debridement
- Management of patients with special needs: burns, oncology, and atypical wounds
- Multidisciplinary care
- Physical therapy modalities for wound care

COURSE SCHEDULE

The daily class schedule can be downloaded at - <http://www.musc.edu/nursing/departments/continuingeducation/courses.htm>

DATES/TIME*

- Sat, 4/17 - 8:00 AM-5:15 PM
- Sun, 4/18 - 8:00 AM-5:15 PM
- Mon, 4/19 - 8:00 AM-5:15 PM
- Tues, 4/20 - 8:00 AM-5:00 PM
- Wed, 4/21 - 8:00 AM-5:00PM
- Thurs, 4/22 - 8:00 AM-5:30 PM
- Friday, 4/23 - 8:00 AM-3:45 PM
- Sat, 4/24 - 8:00 AM-1:00 PM

***Times may adjusted at discretion of Program Director**

CANCELLATION POLICY

We reserve the right to cancel the program if necessary for insufficient registration. Full registration fees will be refunded for cancelled programs. The University cannot be responsible for reimbursement of airline or other transportation fares, hotel or rental car charges, including penalties.



NURSING CONTACT HOURS

Contact Hours are provided based on the number of hours successfully completed in the course. A maximum of 57 Contact Hours are available for the complete course.

The Medical University of South Carolina is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.



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REGISTRATION FORM

Tuition/Registration – Registration Deadline is March 1, 2010

_____ \$1, 875.00 * - Full Tuition for the course including the Saturday Debridement Workshop (April 17-24, 2010).

_____ \$250.00 * per day - Daily Tuition Fee for single days (Please check individual dates plan to attend):

___ Sat, April 17 ___ Sun, April 18 ___ Mon, April 19 ___ Tues, April 20

___ Wed, April 21 ___ Thurs, April 22 ___ Friday, April 23

_____ \$200.00 * - Daily Tuition: Debridement Workshop ONLY, Sat, April 24.

_____ TOTAL FEES DUE

*NOTE: A \$100.00 non-refundable Registration Fee is due with the Registration Form as a deposit to reserve a place in the course and the balance of the tuition is due 2 weeks prior to the first day of the course.

Name: _____ Credentials: _____

Mailing Address: _____

City _____ State _____ ZIP _____

SS# _____ Day Time Phone _____

E-mail address _____ Fax Number _____

Make check for Registration Fee and or/Tuition fees payable to:

“MUSC/CON”

Medical University of South Carolina – College of Nursing
MSC 160

99 Jonathan Lucas Street, RM 517

Charleston, SC 29425

For Information: 843-792-2651 or Toll Free 1-866-637-6835, option #2

Or Credit Card Payments can be faxed to 843-792-3680: Check to indicate type credit card.

Visa MasterCard American Express Discover Card Other (specify) _____

Credit Card Number _____ Expiration Date _____

Print Name on the Card _____ Signature _____

Specify amount paid by check or to be charged on Credit Card for the following and total paid/charged:

Registration Fee \$ _____ Full Tuition \$ _____ Daily Tuition \$ _____ Debridement (only) \$ _____

Total amount paid or to be charged: _____ Date _____