

Region 7 Quarterly Newsletter

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Welcome to the 2009-2011 Biennium

This biennium promises to be a great opportunity for nurses around the world. As members of the Honor Society of Nursing, Sigma Theta Tau International, we are lucky to be involved at a time when growth, change, and improvement are occurring regularly.

After starting my journey as Region 7 Coordinator, one of my goals was to establish contact with, and learn more about each of the chapters in Region 7. And while I have had the great opportunity to meet many of the chapters in our region, I have tried to contact all of you but know that this is a time when many officers are changing, and e-mails may not get forwarded to new officers. I am continuously trying to update my roster of chapter officers and contact information, and would appreciate any



updates that you send me. Staying in contact and maintaining open communications between the international, regional, and local chapter levels is a huge part of my job. That said, I am always available if you should need me. One of the goals of my time as Region 7 Coordinator is to offer opportunities for aiding

chapters in setting, meeting, and exceeding goals. My hope is that any member, chapter officer or not, will feel free to contact me if they feel the need to do so. I am a resource for each member and chapter in Region 7 and want to help you both in success and in difficult times. Do not hesitate to contact me at all.

Region 7 Regional Committee Update

Recently I was lucky enough to have many leaders from around the region volunteer to work with me on the Region 7 Committee, and I am very pleased with the many diverse ideas and

opportunities for collaboration that these nurses are going to offer our region. While not entirely complete, the list of regional committee members and sub committees is listed both

on the Region 7 Website within the Sigma Theta Tau International Website, and on the last page of this newsletter. There is always room for people to be involved, please let me know if you want to help us.

LEADER TO LEADER***The Value of Member:******What's in it for me?***

28 April at 11 a.m. ET (10 a.m. CT, 9 a.m. MT, 8 a.m. PT)

[Register](#)

Engaging and Meaningful Service***Project***

26 May at 11 a.m. ET (10 a.m. CT, 9 a.m. MT, 8 a.m. PT)

[Register](#)

Time Management for Chapter Leaders

30 June at 11 a.m. ET (10 a.m. CT, 9 a.m. MT, 8 a.m. PT)

[Register](#)

Important Opportunities for Chapter Growth

One of the best parts about being part of a chapter in Sigma Theta Tau International is the tremendous support from the International Headquarters Staff, and while many of you may not be aware of all of the things that they offer, Leader to Leader Teleconferences are the newest and possibly one of the most valuable options for chapter

leaders both current and future.

There is Leader to Leader Teleconference each month, and they offer live, interactive opportunities to learn about improving your practice as a chapter leader. There are three coming up that are very important resources, and I hope that you will register for them and participate as they are well worth the time.

The purpose of Leader-to-Leader is to provide a forum where leaders can gain knowledge and network with each other in an informal setting...no agendas or scripts required. It is a live chapter leader listserv where participants can ask questions and get all of the benefits of feedback, opinions, tips and tricks in a simple teleconference format.

Alpha Epsilon Member Recognized for Helping Haiti

Emory University graduate, Alpha Epsilon Chapter member, and founder of Eternal Hope in Haiti, Twilla Haynes responded to the call of service to help those in need years before the recent earthquake shook Haiti. Founding the organization with her two daughters Angela Haynes and Hope Haynes Bessewius in 1993 their goal was to help improve

the state of health care for Haitians. Their mission of service to human kind and their work did not stop there, in 1996 they opened the Hope Haven Orphanage in Cap Haitien. The efforts of nurses like Twilla Haynes provide great inspiration for all of us, and offer us with new hope for the impact that nurses of today and tomorrow can have on the world.

If you are interested in learning more about Eternal Hope of Haiti and the work that is being done in Haiti right now, go to their website which is www.eternalhopeforhaiti.org. What an amazing example of the reach of the Sigma Theta Tau International membership, especially during the celebration of 2010: The International Year of the Nurse.

Sigma Theta Tau International Events in Region 7

During the next few months many activities are planned, soon many members of Sigma Theta Tau international will be meeting in Atlanta, Georgia, USA for Leadership Summit Atlanta, while the registration for the event is

finalized, I will be sure to share much of the information with chapters throughout the biennium. Conferences like this are great opportunities to meet other chapter leaders and learn from their best practices, but also to make life-long

professional relationships. Additionally, Sigma Theta Tau International's 21st International Nursing Research Congress is being held in Orlando, Florida, USA 12th-16th July 2010. Many of our regional members are presenting here.

APRIL**Tools You Can Use: Resources for chapter leaders**

This interactive session uses STTI's Web site as a virtual classroom to help you locate valuable chapter leader resources and will demonstrate how to use functional tools needed to help you lead your chapter.

- 6 April 3 p.m. (2 p.m. CT, 1 p.m. MT, 12 p.m. PT) [Register](#)
- 8 April 11 a.m. ET (10 a.m. CT, 9 a.m. MT, 8 a.m. PT) [Register](#)

The Basics of Mass Communications for Chapter Leaders

During this webcast learn how to better communicate with your members using *STTI Connect* and your chapter roster to create mailing labels, mail merges and more.

- 13 April 3 p.m. (2 p.m. CT, 1 p.m. MT, 12 p.m. PT) [Register](#)
- 15 April 11 a.m. ET (10 a.m. CT, 9 a.m. MT, 8 a.m. PT) [Register](#)

Effective Governance Committees

Working with strong committees is one of the most effective ways to support chapter operations, delegate responsibilities and cultivate future chapter leaders. Join Erin Hurst, chapter training specialist, during this one-hour presentation focusing on the responsibilities and vital roles your Governance Committee has within your chapter.

- 20 April 3 p.m. (2 p.m. CT, 1 p.m. MT, 12 p.m. PT) [Register](#)
- 29 April 11 a.m. ET (10 a.m. CT, 9 a.m. MT, 8 a.m. PT) [Register](#)

MAY**Effective Leadership Succession Committees**

Working with strong committees is one of the most effective ways to support chapter operations, delegate responsibilities and cultivate future chapter leaders. Join Erin Hurst, chapter training specialist, during this one-hour presentation focusing on how your Leadership Succession Committee supports the longevity of your chapter.

- 4 May 3 p.m. (2 p.m. CT, 1 p.m. MT, 12 p.m. PT) [Register](#)
- 6 May 11 a.m. ET (10 a.m. CT, 9 a.m. MT, 8 a.m. PT) [Register](#)

Train, Transition and Track

Set the tone for your new board with effective training and transitions. Join Erin Hurst during this one-hour presentation to discuss the most effective strategies for training new chapter leaders, transition chapter operations to the new board and track your progress.

- 11 May 3 p.m. (2 p.m. CT, 1 p.m. MT, 12 p.m. PT) [Register](#)
- 13 May 11 a.m. ET (10 a.m. CT, 9 a.m. MT, 8 a.m. PT) [Register](#)

A Common Thread: The benefits of social networking for STTI Chapters

Join Erin Hurst, chapter training specialist and Michelle Lilly, chapter communications specialist, to discuss the benefits of utilizing online social networking technologies. During this one-hour presentation, participants will receive tips on choosing the right platform and understanding all of the opportunities and obstacles associated with social networking.

18 May 3 p.m. (2 p.m. CT, 1 p.m. MT, 12 p.m. PT) [Register](#)

- 20 May 11 a.m. ET (10 a.m. CT, 9 a.m. MT, 8 a.m. PT) [Register](#)

Overcoming the Summer Lull: Keeping Your Chapter Awake and Engaged

The lazy days of summer are upon us, so how do you keep your members connected during a season when many people are not in school, taking vacations and spending time with their family? During this one-hour presentation, join Erin Hurst, chapter training specialist, to discuss strategies that will help you engage members and keep your chapter thriving during the summer lull.

- 25 May 3 p.m. (2 p.m. CT, 1 p.m. MT, 12 p.m. PT) [Register](#)
- 27 May 11 a.m. ET (10 a.m. CT, 9 a.m. MT, 8 a.m. PT) [Register](#)

RECORDED

(Available after 10 July on the [Leadership Training](#) page)

[Take the Lead Series: Chapter Structure and Officer Responsibilities](#)

Welcome to part one of *Taking the Lead Series*. This presentation is a brief overview of the chapter structure and responsibilities of the leaders of each chapter. By the end of the presentation you will have a clear understanding of a chapter's structure. You will know and understand the roles and responsibilities of chapter officers. You will also get a brief overview of basic chapter operations and will learn where to locate officer resources on the honor society's Web site. The presentation is 22 minutes long and can be viewed through Window Media Player.

Prerequisite to other **Take the Lead webcasts.*

[Virginia Henderson International Nursing Library Tutorial](#)

[Chapter Officer Positions: What You May Not Have Known](#)

[Successful Succession Planning](#)

[President Carol J. Huston's Vision 2020 Webcast](#)

[Contemporary Issues in Nursing: Developing Future Nurse Leaders](#)

[Sharepoint Tutorial](#)

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Regional Committee Members

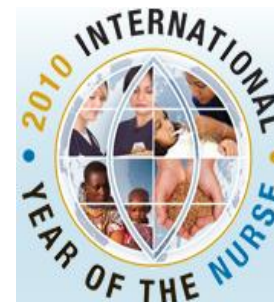
Regional Sub Committee	Co-Chairs	E-Mail Address
Chapter Health & Growth	Janet DuBois	janetdfnp@hotmail.com
	Deborah Gritzmacher	deborahgritzmacher@clayton.edu
Communications	Ramona Cowart-Smith	smithrc@musc.edu
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	TBD	TBD
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	Allison Edmonds	aedmonds@health.usf.edu
Special Projects & Awards	Gayle Casterline	casterlineg@queens.edu

2010: International Year of the Nurse

By the time that many of you get this, you will have heard about the April 25, 2010 celebration of the International Year of the Nurse to be held at the National Cathedral in Washington, DC at 5:00 pm EST. This event is expected to attract nurses from around the world to celebrate the global impact that nurses have on the state of healthcare. This is a once in a lifetime opportunity, and I hope that many of you will be there to celebrate with us. I know that there are a few of you who have already made plans to

attend, and I would love to know about anyone who is planning to attend this momentous event. If you are planning to attend or know anyone in your chapter who is, please let me know by sending an e-mail to me to let me know you will be there. I am currently planning to have a Meet Up in Washington, DC some time before the actual service.

This a very unique opportunity to meet a whole world's worth of nurses and celebrate our fantastic profession's impact on our planet.



Visit the official website
<http://www.2010iyn.org>

There are events and ideas throughout this website—it is worth the time to explore this as a resource for chapter programming.