Session I: Recognizing the Patient with CKD

7:45 – 8:20 Joshua H. Lipschutz, MD – Title: “CKD: Definition, Prevalence and Impact in Health.” Objectives: State the epidemiology of CKD and discuss its definition and staging. Recognize the utility and limitations of available equations that estimate kidney function. Assess the relationship between CKD and cardiovascular morbidity and mortality.


8:55 – 9:30 Milos N. Budisavljevic, MD – Title: “Chronic Kidney Disease in African Americans.” Objectives: Recognize the prevalence, characteristics and clinical implications of the genetic predisposition in African Americans to acquire chronic kidney disease of glomerular origin.

9:30 – 9:40 Open Discussion

Saturday, May 30th, 2015

Session II: Treating CKD and the Difficult Hypertensive Patient

9:55 – 10:30 Jan N. Basile, MD. Title: “Resistant Hypertension: Tricks of the Trade for Controlling BP.” Objectives: Recognize the clinical features of renovascular hypertension (RVH) and reference the evidence supporting revascularization of RVH. Review the clinical evidence that guides pharmacotherapy of hypertension in CKD. Implement strategies to achieve blood pressure goals and delineate a diagnostic approach for the recognition of resistant and refractory hypertension.

10:30 – 11:05 Robert Pisoni, MD – Title: “Managing Chronic Kidney Disease to Slow its Progression.” Objective: Implement a strategy to slow the progression of CKD. Evaluate interventions to control proteinuria, glycemia and lipids. Identify the risk benefit ratio of RAS blockade.

11:05 – 11:40 Nada Abou Hassan, MD – Title: “Extra Renal Manifestations of CKD.” Objective: Manage anemia and phosphate balance in individuals with chronic kidney disease in the inpatient and outpatient settings.
11:40 – 11:50 **Open Discussion**

11:55 – 12:50 **Lunch**

**Session III: Practical Miscellaneous Renal Topics in Primary Care**

12:55 – 1:30 Key Note Speaker: N. Stan Nahman, Jr., MD – **Title:** “Nephrology Dilemmas in Primary Care.” **Objectives:** Describe the effects of vasodilators on volume status and hemodynamics. Delineate the appropriate steps for assessing hematuria and proteinuria. Discuss the best practice for obtaining medical history and appropriate selection and dosage of medications in patients with kidney disorders. Implement strategies, such as the teachback method, to ensure patient understanding of medication management.

1:30 – 2:05 Ruth C. Campbell, MD, MSPH – Title: **“Why do Nephrologists Hate NSAIDs?”**

Objectives: Explain the mechanisms of nephrotoxicity associated with the use of non-steroidal anti-inflammatory drugs (NSAIDs). Recognize the clinical scenarios where NSAIDs-related nephrotoxicity is likely to occur.

2:05 – 2:15 **Open Discussion**

2:20 **Beverage Break**

**Session IV: Fluid and Electrolyte Challenges for the General Practitioner and for the Hospitalist**

2:30 – 3:05 Nithin Karakala, MD – **Title:** “Handling Diuretics: Science and Art.” **Objectives:** Appropriately prescribe diuretics to manage patients with edema and hypertension. Recognize acute and chronic cardiorenal syndromes.

3:05 – 3:40 Bhavna Bhasin, MD – **Title:** “Approach to the Treatment of Hyperkalemia.” **Objectives:** Implement appropriate therapeutic interventions to recognize and treat hyperkalemia in the outpatient and inpatient settings.

3:40 – 4:15 Juan Carlos Velez, MD – **Title:** “Key Points in Hyponatremia.” **Objectives:** Recognize the critical laboratorial and clinical parameters for the evaluation of hyponatremia. Appropriately manage hyponatremia in the inpatient and outpatient settings.

4:15 – 4:25 **Open Discussion**

4:30 Adjourn