9th Annual Symposium
NEPHROLOGY for the Primary Care Provider

An Update on Chronic Kidney Disease Management and
Nephrology in the Primary Care Setting

Saturday, May 17th, 2014

Session I: Recognizing the Patient with CKD


08:55 – 09:25 Takamitsu Saigusa, MD – Title: “Cysts in the Kidney”. Objectives: Delineate a systematic approach to evaluate cysts in the kidney. Describe with the natural history and clinical presentation of polycystic kidney disease.

09:30 – 10:00 Milos N. Budisavljevic, MD – Title: “Nephritic and Nephrotic Syndromes”. Objectives: Delineate and apply a diagnostic workflow for the systematic evaluation of patients with hematuria and/or proteinuria. Recognize the current limitations of quantifying proteinuria.

10:05 Beverage Break

10:30 – 11:00 Special Guest: Adam Whaley-Connell, DO, MSPH – Title: “State of the Art Strategies for CKD Awareness and Detection”. Objectives: Understand the implications of increasing awareness and early detection of CKD. Collect a complete family history and identify genetic determinants that significantly influence development and progression of CKD.

Session II: Treating CKD and the Difficult Hypertensive Patient

11:05 – 11:35 David W. Ploth, MD. Title: “Renovascular Hypertension: Recognition and Management”. Objectives: Recognize the clinical features of renovascular hypertension (RVH) and reference the evidence supporting revascularization of RVH.

11:40 Lunch Break with Case Presentations
12:45 – 13:15 Robert Pisoni, MD – Title: “Managing Resistant Hypertension and Hypertension in CKD”. Objective: Review the clinical evidence that guides pharmacotherapy of hypertension in CKD. Implement strategies to achieve blood pressure goals and delineate a diagnostic approach for the recognition of resistant and refractory hypertension.

13:20 – 13:50 Juan Carlos Q. Velez, MD – Title: “Slowing the Progression of CKD”. Objective: Implement a strategy to slow the progression of CKD. Discuss the latest data on dual RAS blockade and review the risk benefit ratio of that intervention.

13:55 Beverage Break

Session III: Avoiding further Injury to the Kidneys

14:05 – 14:35 Ruth C. Campbell, MD – Title: “Why do Nephrologists Hate NSAIDs?”. Objectives: Explain the mechanisms of nephrotoxicity associated with the use of non-steroidal anti-inflammatory drugs (NSAIDs) and reference the strength of the evidence supporting the clinical correlation.

14:40 – 15:10 Nithin Karakala, MD – Title: “Handling Diuretics: Science and Art”. Objectives: Appropriately prescribe diuretics to manage patients with edema and hypertension. Describe the types of cardiorenal syndromes with emphasis on primary care issues.

15:15 – Beverage Break

Session IV: Managing CKD beyond the Kidneys

15:30 – 16:00 Maria Nieva Salazar, MD – Title: “Anemia in CKD”. Objectives: Monitor hematocrit and hemoglobin levels in all CKD patients. Describe the benefits and risks of erythropoietin-stimulating agent therapy as means of improving the quality of life of CKD patients.

16:05 – 16:35 Nada Abou Hassan, MD – Title: “Bone in CKD”. Objective: Implement a treatment plan to manage patients with high phosphorous levels by introducing dietary changes and accurately prescribing phosphate binders.

16:45 Adjourn