MUSC Psychiatry Chair Update
January 2015

Thomas W. Uhde, MD
Department of Psychiatry and Behavioral Sciences & Institute of Psychiatry
Erin A. McClure, Ph.D. is an Instructor in the Clinical Neuroscience Division, Department of Psychiatry and Behavioral Sciences at the Medical University of South Carolina. She received her B.S. from Allegheny College with a double major in Psychology and Neuroscience. She then obtained her Ph.D. in experimental psychology from the University of Florida in 2009. Dr. McClure completed a postdoctoral research fellowship at the Johns Hopkins University in the Department of Psychiatry and Behavioral Sciences, and joined the department at MUSC in 2012.

Dr. McClure’s research interests focus broadly on improving strategies to treat cigarette smoking and study the complex process of relapse in abstinent smokers. Her research background and collaborations have involved the study of relapse, withdrawal, craving, and treatment for tobacco and cannabis dependence through the use of outpatient, laboratory-based studies, as well as clinical trials assessing pharmacological and behavioral interventions in both adolescents and adults. Dr. McClure is currently extending this work to incorporate different technology outlets to conduct fine-grained analyses of the process of relapse to inform treatment efforts and deliver interventions remotely in real-time. Dr. McClure was awarded a K01 Mentored Scientist Career Development Award from the National Institute on Drug Abuse in July 2014 (Primary Mentor, Dr. Kevin M. Gray). This award will allow her to pursue research and career development focused on the integration of mobile health technology to improve the research and treatment of smoking among adolescent populations. Specifically, Dr. McClure will develop and evaluate a remote monitoring technology to detect smoking and relapse in this population. Through this remote detection system, data will be gathered to isolate the antecedents contributing to relapse in the natural environment with the goal of preventing relapse through the real-time delivery of treatment interventions. Dr. McClure’s long-term career goals are to contribute to a science of behavior change through the development and evaluation of mobile-based interventions, focusing specifically on cessation from tobacco and other substances of abuse in hard-to-treat populations.

In addition to her primary research interests, Dr. McClure is also involved in collaborative research projects focused on pharmacotherapy evaluation for adolescent cigarette smokers and adult cannabis users, ovarian hormone influences on stress-reactivity and cigarette craving among female smokers, and translational research exploring mechanism and efficacy of combination pharmacotherapy for smoking cessation.
Angela Richards, RN, MSN, NEA-BC, GCNS-BC IOP Admissions and Access Manager: I've been a nurse for more than 25 years. I am dually ANCC board-certified as both a Nurse Executive-Advanced and a Gerontological Clinical Nurse Specialist. I've been at MUSC for 9.5 years and in my current role for the last two years. I am a native of Charleston and a proud wife and mother of four children. My job can be difficult at times due to the high demand for psychiatric beds but I absolutely love what I do! I am blessed in that every day I get to make a positive difference in someone else's life.

Favorite Food: Lasagna

Most played song on your iPhone/iPod: “Grace” by Tasha Cobbs

Favorite quote: "All things work together for the good of those who love God who are called according to His purpose." Romans 8:28

One thing you love about Charleston: The weather, of course!

One thing people might not know about you: I absolutely love sci-fi movies!
FACULTY PROFILE:
Mike Sweat, PhD

Dr. Michael Sweat received his PhD in Sociology from Emory University in 1992. Upon graduation he joined the US Centers for Disease Control where he worked extensively on a large longitudinal study examining the epidemiology of HIV in Thailand among military recruits to the Royal Thai Army. Dr. Sweat later joined Family Health International (FHI) in Washington, DC where he conducted mathematical modeling of HIV epidemics and worked with national leaders in a host of developing countries in Africa, Asia and Latin America to raise awareness of the threat of HIV/AIDS and mount effective prevention strategies. He later was promoted to the Director of the Behavioral Research Unit at FHI, where he led the first randomized controlled trial examining the efficacy of HIV counseling and testing as an intervention to reduce HIV risk. The study was conducted in Kenya, Tanzania, and Trinidad, and is credited with stimulating global support for HIV testing and counseling in developing countries as an essential core prevention strategy. In 1995 Dr. Sweat joined the faculty of The Johns Hopkins University, Bloomberg School of Public Health in the Department of International Health, and he was later promoted to the Director of the Social and Behavioral Interventions Division. At Johns Hopkins Dr. Sweat was Principal Investigator on multiple NIH-funded efficacy trials on HIV/AIDS prevention and care, graduated 10 doctoral and 80 masters advisees, and was the Director of the MPH behavioral science core.

In 2007 Dr. Sweat joined the faculty as Professor in MUSC's Family Services Research Center (FSRC) in the Department of Psychiatry and Behavioral Sciences. In 2011 he became the Director of the FSRC, and he received tenure in 2013. Dr. Sweat has been Principal Investigator while at MUSC on multiple projects with over $13 million in funding from NIH, USAID, WHO, and The Gates Foundation. He was the Principal Investigator for the Tanzania site of NIMH Project Accept, an 8-year multi-country (Tanzania, South Africa, Zimbabwe, Thailand) community randomized trial of the efficacy of community-based mobile HIV testing. He is currently PI for "The Evidence Project", an NIMH-funded study now in its 10th year, conducting systematic reviews, meta-analyses, and mathematical modeling to identify the most efficacious HIV prevention and care interventions in low- and middle-countries. He also has two NIH R01 clinical trials underway in Tanzania examining such factors as graduated incentives to promote engagement in HIV testing and treatment, enrolling HIV sero-discordant couples as a dyad in AIDS treatment programs, and HIV antiretroviral pre-exposure prophylaxis. In 2012 Dr. Sweat was named as the founding Director of the MUSC Center for Global Health. He recently established a collaboration between MUSC, The Clemson University Department of Bioengineering, and Arusha Technical College & Muhimbili University in Tanzania to join forces to develop low-cost health technologies for developing country settings, and foster research, training, and service.
I have lived in Charleston all my life. I married my high school sweetheart and have one great kid (both of which I spend most of my free time with). My Mother is from Pittsburgh and my father is from Alabama but most of my immediate family live here. There are many things to love about Charleston but this is what I appreciate the most best. I received my Bachelor's and Master's degree from MUSC. I generally like Dr. Seuss quotes but my favorite quote that my father always said was to "work hard and to plan your work and work your plan." My favorite food is fried pork chops but I eat chicken wings as often as I can. I like to fish but am not very good at it. I don’t hunt because I am afraid of heights. I love music--usually the older stuff. I value trust, loyalty, honesty, and friendship and respect those who feel the same. My friends are usually friends for life. I do not use Facebook. I love football. I am an Alabama and Steeler fan but also follow the Gamecocks as well.

Favorite Food: Fried Pork chops

Most played song on your iPhone/iPod: Jolene - Zac Brown version

Favorite quote: You have brains in your head. You have feet in your shoes. You can steer yourself in any direction you choose. You're on your own, and you know what you know. And you are the guy who'll decide where to go.
Dr. Seuss

One thing you love about Charleston: I have a lot of family in the area

One thing people might not know about you: I am afraid of heights
GIFT DRIVE

On December 13th the Department of Psychiatry and Behavioral Sciences hosted a gift drive at Holy City Brewing, a long-time supporting business of the department’s efforts. The turnout was great and we managed to supply our child and adolescent patients with various gifts and toys this holiday season! Thank you to Jennifer Winchester for organizing the drive, and to those who attended or donated gifts. Thank you also to our 2 North “wrappers” (below).

Front: Jessica Jones
Back from left: Dawn Vocolina, Karen McHugh, Holly-Ann Boyle
ANNUAL FUNDRAISER

After much consideration I have decided to refocus our annual fundraising initiatives to include a more inclusive event. We will not host Hoops for Hope in 2015. While the tournament, itself, was successful, the event did not draw the crowds or sponsors we all had hoped. Charleston is a city that offers a large number of entertainment options, and MUSC hosts various fundraising events so we have opted for something that both interests the public and does not conflict with other university development functions. In the Fall of 2015, we will have a charity oyster roast (venue TBD). Please be on the lookout for more information on this event as we hope to have all of your support. For questions, please contact Jennifer Winchester at winchest@musc.edu. Thank you for your previous contributions.
FACULTY MEETING

The next Faculty meeting will be held on Tuesday, January 20, 2015, from 12-1pm in the IOP auditorium. Matt Wain, Chief Operating Officer, Medical Center Administration, will be giving a brief presentation. All are encouraged to attend.

SPRING CYCLE FOR PROMOTION & TENURE

For anyone who is requesting promotion or tenure effective January 1, 2016, all promotion and tenure requests must be received in the Chairman’s office no later than February 9, 2015, in the form of complete packets accompanied by a letter of recommendation from your Division Director. Packets with checklists, requests for materials, and forms specific for regular and modified faculty have been developed to make the submission process more straightforward. Packets are available on the College of Medicine’s website. Follow this link: http://academicdepartments.musc.edu/com/faculty/apt/musc/index.html. The letter of recommendation from your Division Director must follow appendix 2 in the COM APT guidelines. Division Director letters should include the following paragraphs: introductory, education, research if applicable, scholarly publications, clinical practice if applicable, administration, and other activities and accomplishments. If you have any questions, please contact Kristen Mulholland mulhollk@musc.edu.
KUDOS/WINS

- Congratulations to Pat O’Neil, PhD, director of the Weight Management Center in the Department of Psychiatry and Behavioral Sciences, who has been elected Mayor of Sullivan’s Island.
- Gregg Dwyer, M.D., Ed.D., F.A.P.A. presented “Sexual Predators: Can They Be Adolescents?” at the University of South Carolina School of Medicine Child and Adolescent Grand Rounds.
- Dr. Suzanne Thomas was nominated by MUSC and accepted into Harvard's Institutes of Higher Education Leadership Development Program.
- Bashar Badran, a Neuroscience PhD student in the Brain Stimulation Laboratory, took home first place at the Student’s Innovation Program for his construction of an ear stimulator. A provisional patent has been filed.
- Thank you to Suzanne Thomas for her participation as a faculty facilitator in Interprofessional Day. The day brings nearly 1,500 students across six colleges together to learn that interprofessional practice, education, and team science are important for the foundation of new discoveries and improved health outcomes.
- Congratulations to Dr. Connie Best for being named to Governor Haley’s Domestic Violence Task Force.
- Congratulations to Pat O’Neil, PhD, director of the Weight Management Center in the Department of Psychiatry and Behavioral Sciences, who has been elected Mayor of Sullivan’s Island.

GRANT AWARD ACTIVITY
12.1.14-12.31.14

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<td>Alyssa Rheingold</td>
<td>Violence against Hispanic Women Network</td>
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<td>Bernadette Cortese</td>
<td>Trauma Related Olfactory Cues in Post Traumatic Stress Disorder</td>
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<td>K. Michael Cummings</td>
<td>Models For Tobacco Product Evaluation</td>
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<td>Dean Kilpatrick</td>
<td>IPA Kilpatrick with US Army Medical Research and Materiel Command (USAMRMC), Telemedicine and Advanced Technology Research Center (TATRC)</td>
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<td>Mark George</td>
<td>Educational Event Agreement</td>
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<td>Kathleen Brady</td>
<td>A Randomized, Double-Blind, Multi-Center, Placebo-Controlled, Parallel-Group, Efficacy and Safety Study of 2 Doses of Dasotraline in Adults with Attention Deficit Hyperactivity Disorder (ADHD)</td>
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3rd Annual Women’s Health Research Day

The MUSC Women’s Health Research Center and SCTR will be hosting the third annual Women’s Health Research Day on Thursday, April 16, 2015 in the Bioengineering Building Auditorium (110). Investigators from across campus and statewide are invited to submit their gender/sex-based research for presentation; abstracts are due by NOON on February 25, 2015. Registration is free but attendees must register by April 6, 2015. To register or submit an abstract, Click Here or visit: https://redcap.musc.edu/surveys/?s=NfXN2hEfDP. For more information, please visit www.musc.edu/wrc or contact Sarah Gainey (smithsar@musc.edu).

CofC Speaking Opportunity

The College of Charleston plans monthly events to promote mental health awareness. Community speakers are invited to participate, both providers and patients. If you are interested in speaking, please look at previous Journey of Understanding titles at connect2hope.eventbrite.com. Contact Tina Arnoldi at arnoldice@cofc.edu if you are interested in participating.

APA Meeting Travel Information

As you plan to attend APA’s Annual Meeting in Toronto, please note that travelers entering Canada MUST have a valid passport and/or a visa. Check the expiration date of your passport now to be sure it will be valid at the time of entry into Canada. Also check the requirements for re-entry into your country. Know the rules for crossing the border to avoid any last-minute problems.

For more information, visit the U.S. State Department’s Website at http://travel.state.gov/content/passports/english/passports.html.
IS YOUR LOVED ONE SUFFERING FROM A MENTAL ILLNESS?

The National Alliance on Mental Illness (NAMI) understands that depression, schizophrenia, bi-polar illness, and other disorders can challenge families.

FREE HELP IS AVAILABLE:

The NAMI Family to Family Program

WHAT: A free, 12 session educational course for family members and friends of those with a serious mental illness. The course is instructed by trained NAMI family members.

WHEN: Tuesdays and Thursdays, beginning January 20th, 2015. 6:00 PM – 8:30 PM. Course ends February 26th, 2015.

WHERE: MUSC, Institute of Psychiatry, 5 North #526 Classroom, 67 President Street in downtown Charleston.

HOW: Contact Jane Wright: (864)-923-3806 or by email at jdcwright@yahoo.com

FREE: Must pre-register. No Registration Fee. A notebook and all materials provided by NAMI.
In January of 2014, MUSC instituted a new policy regarding international travel for MUSC faculty, staff, trainees and students traveling on MUSC funded travel. The policy (see link below) is intended to help promote the health, safety, and security of all members of the MUSC community while traveling abroad. The policy outlines the definition of University-related travel, international travel assistance/registration, and requirements for faculty, staff, trainees, and students.

The major component of the new international travel policy is registering University-related travel with International SOS. Please see the link below to MUSC’s webpage for International SOS. Also included below is a link to information provided via MUSC Global Health.

To help facilitate compliance with the international travel policy, we have updated the department’s travel and outside activity e-request. Overall, the e-request is the same with a few additions related to international travel.

MUSC International Travel Policy:  http://globalhealth.musc.edu/blog/musc-international-travel-policy
International SOS:  International SOS
MUSC Global Health:  http://globalhealth.musc.edu

In addition to adding the international travel information to the Travel and Outside Activities Form we have also added a Business Manager selection below the Division/Program selection. The Business Manager is not in the routing/approval process, but it allows the travel form to be routed to the selected Business Manager once the travel and outside activity request has been completed.
Mindfulness Strategies in Clinical Practice

Friday, February 20 | 8:30 am - 4:30 pm | MUSC Bioengineering Building

“If you want to conquer the anxiety of life, live in the moment, live in the breath.”
--Amit Ray

Many people struggle daily with worry, depression, anxiety, and anger, keeping them from living a value driven life in the present moment. A growing body of research indicates that mindfulness and training in compassion can reduce these psychological ailments as well as help to modulate emotional responses. This workshop will provide an explanation of the basic principles of mindfulness practice in order to help behavioral health providers in their own daily lives and their clinical work with clients. Through lecture and experiential activities, participants will learn how to observe thoughts without being caught up in them, be more fully aware of their surroundings, and welcome emotion.

Presented by:
Alyssa A. Rheingold, PhD
Associate Professor
Department of Psychiatry and Behavioral Sciences
Medical University of South Carolina

Registration Fees:
Early Registration: $150 | Regular Registration: $175 | Late Registration: $200
Now - December 31 | January 1 - 31 | On or After February 1
Fee includes materials, continuing education credit processing, parking, breakfast, and breaks.

Questions? Call (843) 792-0175 or e-mail psych-events@musc.edu.
For workshop details and to register online, visit musc.edu/psychevents.
Continuing Education Updates

The 14th Annual Social Work Conference: Hot Topics in Social Work was held Friday, October 24 at the Daniel Island Club. The department’s largest continuing education conference to date drew more than 280 attendees from around the state and the southeast for a full day of networking and education. Thank you to our planning committee and our speakers for another outstanding program. Based on attendee feedback, we have decided to host a spring Social Work Conference in addition to our regular fall conference. Make sure to save the date – May 22, 2015 – for our next event!

SAVE THE DATE FOR OUR UPCOMING TRAININGS:

Mindfulness Strategies in Clinical Practice
February 20, 2015  |  Location: MUSC Bioengineering Building, Rm. 112  |  Early Registration Fee: $150

Working with Patients with Anxiety and Panic
March 13, 2015  |  Location: MUSC Bioengineering Building, Rm. 112  |  Early Registration Fee: $150

DSM-5 Conference
April 10, 2015  |  Location: MUSC Bioengineering Building, Rm. 110  |  Early Registration Fee: TBD

Spring Social Work Conference
May 22, 2015  |  Location: MUSC Bioengineering Building, Rm. 110
Early Registration Fee: $110  |  MUSC Employees & Retirees: $80  |  BSW/MSW Students: $30

28th Annual Update in Psychiatry: Child and Adolescent Mental Health
June 4 - 6, 2015  |  Location: MUSC Bioengineering Building, Rm. 110  |  Early Registration Fee: TBD

For additional information or to register for a conference, visit us online at www.musc.edu/psychevents.
Questions? Contact us at 843-792-0175 or e-mail psych-events@musc.edu.
REQUIRED CME

This past year the SC legislature passed a law that now requires licensed physicians in SC to complete 2 hours of CME related to controlled substance prescribing as part of their required 40 CME every two years prior to licensure renewal. The law went into effect this past week, so this requirement must be met by physicians whose regular/permanent licenses expire June 30, 2015. There are no exceptions being made for physicians that do not prescribe controlled substances.

At the present time, the SC Medical Association offers an online course that meets these requirements and provides a CME certificate free of charge when a coupon code is used. The physician does not have to be a member of the SCMA. Several physicians have taken the course and provided positive feedback: www.scmedical.org/content/mycmehome

- Practitioners should click on “Take a CME Course”
- Register using your SCMA number of your medical license number
- Add the course “Approved Procedures for South Carolina Physicians Prescribing and Monitoring Controlled Substances” to your shopping cart
- There will be a screen that appears to indicate there is a $200 charge, but there will be no charge when you enter coupon code SCMD6207 at checkout.
- Complete the course and get your CME certificate.
- If you want the certificate maintained in your Verge credentials file, you can fax it to Verge at 1-888-455-1101 or email it to vcredentialinghelp@verge-operating.com

Below are links to the Board of Medical Examiners website if anyone has further questions:

New Continuing Medical Education mandate required for June 30, 2015 Renewal
http://www.llr.state.sc.us/POL/Medical/Policies/CME_requirement_general_information.pdf

Continuing Medical Education for Prescribing and Monitoring Controlled Substances Advisory Opinion
http://www.llr.state.sc.us/POL/Medical/Policies/BME_AO_CME_Prescribing_and_Monitoring_Controlled_Subs.pdf

Links to Controlled Substance CME providers
http://www.llr.state.sc.us/POL/Medical/Policies/Links_to_Controlled_Substance_CME_providers.pdf