MUSC Psychiatry
Chair Update
May 2014

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Department of Psychiatry and
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Psychiatry
Tatiana M. Davidson, Ph.D., is Assistant Professor in the Mental Health Disparities and Diversity Program in the Department of Psychiatry and Behavioral Sciences. Dr. Davidson received her BS from the University of Washington and her MA and PhD from Clark University. She completed her internship and NIMH-funded postdoctoral fellowship at the Medical University of South Carolina.

Dr. Davidson’s research has focused on addressing mental health care disparities by maximizing reach and receipt of evidence-based treatments among traumatic stress and other vulnerable populations through the development, evaluation, and dissemination of innovative, technology-based resources. Over the last few years, Dr. Davidson has been involved in a number of federally and internally funded projects focusing on reducing mental health care disparities among underserved and vulnerable populations through the development and evaluation of e/m-health resources as dissemination strategies for evidence-based treatments) and the development of technology-based tools to enhance quality of care in health and mental health care among minority and underserved populations.
Dr. Dan Smith is a clinical psychologist based in the National Crime Victims Research and Treatment Center. His research and clinical interests cluster around the training of mental health professionals and the impact of traumatic stress on adults, youth, and families, areas in which he has published over 75 papers. Dan’s interests intersect in a variety of his duties, which include serving as Co-Director (with Dean Kilpatrick) of the Charleston Consortium Psychology Internship, a joint venture between the Department and the Mental Health Service at the VA. He is also the co-developer of several online training courses, including TF-CBTWeb and CPTWeb, that are designed for mental health professionals who want to learn how to deliver evidence-based treatments for PTSD and related problems associated with traumatic stress exposure. Dan is also a collaborator on a variety of ongoing treatment dissemination and implementation projects that his colleagues at the NCVC have initiated, and he has for many years been part of a team of investigators from MUSC, the University of Florida, and the University of Texas who are conducting a series of studies to develop and test methods for improving minority recruitment in clinical trials. For the past 8 years, he has served as the Course/Theme Director for the Fundamentals of Patient Care course in the first year medical student curriculum, and he serves as both Associate Dean for Faculty Affairs and Faculty Development in the College of Medicine and Associate Director of the MUSC Office of Gender Equity.
Dr. Wendy Balliet completed her undergraduate degree in psychology at Ithaca College and her master’s and Ph.D. in counseling psychology with a health psychology concentration at Virginia Commonwealth University. She completed her clinical psychology internship at the University of Florida Health Science Center where her major rotation was Medical Psychology. Dr. Balliet finished her post-doctoral training in behavioral medicine at MUSC in 2011, was hired as full time Instructor, and was recently promoted to Assistant Professor within the Division of Bio-behavioral Medicine. She has helped build and grow the Division of Bio-behavioral Medicine, developing several clinical services within the behavioral medicine clinic, focused on the psychosocial and behavioral aspects of coping with chronic illness. Dr. Balliet’s clinical interests include the assessment and treatment of individuals suffering from end-stage organ failure and aiding in preparedness for solid organ transplant, living kidney donation, and working with patients suffering from chronic pain such as pancreatitis. She developed a group therapy program for transplant candidates and recipients, holding weekly group sessions in the Behavioral Medicine Clinic. She is currently helping to build a living donor program with the Kidney Transplant Team. Dr. Balliet has collaborated with several multi-disciplinary teams at MUSC in these areas resulting in numerous publications and federal grant-submissions. She works closely with the Digesting Disease Clinic and serves on the board of the South East Chapter of the National Pancreatitis Foundation. Other areas of interest include social support and post-traumatic growth as applied to individuals suffering from various chronic illnesses. Dr. Balliet serves as a clinical supervisor for post-doctoral fellows and interns rotating through the behavioral medicine clinic. She received the Best Clinical Supervisor Award in 2011, nominated and selected by the Charleston Consortium Clinical Psychology Internship class.
The terms “Funds Flow” and “F&A” are widely and increasingly used on campus to emphasize a person’s particular viewpoint, usually within the context of the level and sources of support a researcher receives from his or her Division or the department. There are widely varying perceptions regarding these terms and related policies.

This Update addresses the basic facts regarding “F&A’s”, leaving Funds Flow for another day.

Here are a few “F&A Fast Facts”:
• F&A is the abbreviation for Facilities & Administration costs.
• F&A’s are also widely referred to as “indirect” or “overhead” costs.
• MUSC negotiates its cost of conducting research (i.e. F&A rate) with the federal government on a periodic basis (every 4-6 years).
• Selected examples of expenses taken into account to determine an institution’s infrastructure costs (the “F” in F&A) for conducting research are lighting, heating, power, office & laboratory space, operational services and facility depreciation.
• The infrastructure costs for conducting research in the Department of Psychiatry & Behavioral Sciences generally costs less than research conducted by department’s requiring more intensive operating services and/or technologies or hospital-based facilities.
• Although MUSC has an established federally-negotiated F&A rate, not all research sponsors (e.g. foundations, pharmaceutical industry) honor the rate that allows the university to recover its real costs for conducting the sponsored research. Any shortfall in the cost for conducting the sponsored research must be covered from other sources of funding (typically the department).
• The distribution of F&A monies to support research within a university are determined by the university and not the federal government.
• The Department of Psychiatry & Behavioral Sciences recovered the greatest amount of F&A costs in Fiscal Year 2013 than any other single department in the College of Medicine.
• In 2013 the faculty of the Department of Psychiatry & Behavioral Sciences generated $6.28M in F&A costs, which represents 20% of the College of Medicine’s total recovered F&A funds.
• The $6,286,708 in F&A generated by psychiatry faculty in FY2013 were distributed as follows:
  • College of Medicine = $5,658,067 (90%)
  • Principal Investigators = $188,600 (3%)
  • Psychiatry Divisions = $298,033 (4.7%)
  • Psychiatry Central Research Operations = 79,170 (1.3%)
  • Department Executive Research Committee = $62,867 (1%)
FAST FACTS

Visit any emergency room in any major city in the United States and you will find a large number of patients (typically in the range of 15-20 individuals) in need of specialized inpatient psychiatric care. Rather than being admitted in a timely manner for mental health care, these individuals are “boarded” in emergency rooms for long periods of time until a psychiatric hospital bed can be found somewhere in the local community or “anywhere” in the state. This problem is a nationwide problem that “begs” for a solution. No single hospital can adequately address this problem, which exists in virtually all major population centers in the United States. Without providing any “magical” solutions, here are some FAST FACTS:

- In 1955, the per capita hospital beds available for individuals with severe and disabling psychiatric disorders was more than 300 beds per 100,000 people.
- Public health advocates and reputable services research indicate that approximately 50 psychiatric hospital beds/100,000 people are necessary to provide adequate mental health care to the community.
- The per capita number of psychiatric beds in 2005 was 17.1 beds per 100,000 population and, in 2010 (the latest available information), the number had dropped to 14.1 beds per 100,000, representing a 14% reduction over 5 years. Best available information indicates that the number of psychiatric beds is still declining nationwide.
- As expected, narrowly-defined “state hospital expenditures” decrease with the closure of psychiatric hospital beds. What is not widely recognized is the negative impact and increased expenditures in other areas: the number of violent crimes by “untreated” individuals with mental illness increases, hospital emergency rooms are overcrowded with psychiatric patients who require treatment, homeless individuals in the community increases, police in essence become mental health providers, and our jails and prisons become de facto psychiatric hospitals.
Grant and K Award Policy Reminder

Research training grants are an important mechanism for developing research expertise of our faculty, and the Department encourages their submission. However, many grants, especially K awards, do not provide 100% of the awardees's salary support at the percentage effort required by the funding agency. Applications for K awards require letters of support from the department chair documenting support for the faculty member's salary including any shortfall between what is provided by the grant and the awardees total compensation. The Executive Committee on Research addressed this issue two years ago and recommended the following guidelines which were approved by Dr. Uhde.

The policy requires that the applicant's Division Director(s) guarantee in writing that the division has sufficient funds or have made arrangements to cover any cost-sharing expenses, salary/fringe benefits over the funding cap or other related expenses. Obviously, the division should not provide such a guarantee unless it has sufficient funds to cover this expense. This policy is particularly relevant to K award grants, which only cover a portion of the research effort required.

The Office of Research Administration will not approve grant applications for submission until prior arrangements have been made in advance to cover all research expenses in the event that the grant is awarded. If you have questions, please contact Dr. Dean Kilpatrick, Vice Chair for Research and Research Administration's at 792 – 2945.
Comprehensive Psychiatric Care Specialists (CPCS) is now accepting new patient referrals for consultation, medication management and psychotherapy. The clinic is set in a traditional Charleston single house with convenient off street parking and is located within close proximity to the Institute of Psychiatry at 26-A Bee Street. The practice is designed to provide treatment to patients seeking the expertise of MUSC faculty with high levels of privacy, convenience and accessibility. CPCS is a cash-based clinic that does not accept private insurance, Medicaid or Medicare. Patients with private insurance may file for out-of-network reimbursement through their insurance providers. If you have any questions regarding CPCS, please contact Kirk Meekins, MD (meekins@musc.edu) or Connie Guille, MD (guille@musc.edu). For a description of providers and services, visit our website at www.psychiatriccarespecialists.com.

*Please note, the website does not function on older versions of Internet Explorer currently used at MUSC. You can access the website at MUSC on another browser (Mozilla Firefox, Google Chrome) or on a mobile device.*
PROMOTION PACKETS
For anyone who is requesting promotion effective July 1, 2015, all promotion requests must be received in the Chairman’s office no later than July 21, 2014, in the form of a complete packet accompanied by a letter of recommendation from your Division Director. Packets with checklists, requests for materials, and forms specific for regular and modified faculty have been developed to make the submission process more straightforward. Packets are available on the College of Medicine’s website. Follow this link: http://academicdepartments.musc.edu/com/faculty/apt/musc/index.html. If you have questions, please contact Kristen Mulholland (mulhollk@musc.edu). The fall cycle is only for promotion packets. Tenure packets are accepted during the spring cycle.

COMINGS AND GOINGS
Please join us for a “Comings and Goings” celebration as we recognize new employees and faculty and say farewell to those leaving us. The celebration will take place on June 26 from 1:30-2:30pm in the Institute of Psychiatry lobby. Desserts and refreshments will be served.

PROJECT QUIT
You can follow Dr. Kevin Gray’s adolescent smoking cessation study on Facebook and Twitter. Follow Project Quit on facebook: https://www.facebook.com/MUSCProjectQuit
Follow Project Quit on Twitter: https://twitter.com/ProjectQuit
The psychiatry site for resources is: www.musc.edu/dsm5update. The site has the entire DSM5 collection, individual change updates and articles of interest. Departmental Grand Rounds presentations on the DSM5 from September and April were recorded on Tegrity, and are available on the website so people can watch the overview presentations. The site is continually evolving so there will be updates and changes as they become available.

There is also an APA site dedicated to the DSM5- www.dsm5.org which is likely the most up to date for billing/coding issues.

Faculty needing specific resources or having DSM questions can send an email to DSM5update@musc.edu and we will try to get you the info you need.

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### BLOOD DRIVE

**Red Cross Blood Drive**  
Friday, June 27th  
10:00am to 3:00pm  
Weight Management Day Room 4 South  
To schedule email Bonnie Jones  jonesb@musc.edu  
Appts scheduled every 15 minutes from 10 - 3
RECENTLY AWARDED GRANTS

Pathways Linking Vitamin D and Transition to Diabetes (Cost Reimbursement Portion) – Patrick M. O’Neil, PhD (Supplement)

Developing rTMS as a Potential Treatment for Nicotine Addiction – Xingbao Li, MD (New)

MST-Psychiatric Teams/Robin Hood Foundation – Melisa Rowland, MD (Supplement)

Gestational Age Variation in Human Placental Transport Mechanisms – C. Lindsay DeVane, PharmD (Continuation)

Phase II RCT of Comprehensive Triage HIV Prevention: Tanzania – Michael Sweat, PhD (Continuation)

TF-CBT for Adjudicated Youth in Residential Treatment – Benjamin Saunders, PhD (Continuation)

Drug Abuse Research Training – Sudie Back, PhD (Continuation)

Trans-Cranial Direct Current Stimulation to Treat Aphasia: Phase II Trial: Mark George, MD (Continuation)

Hypocretin and Its Receptors Gene Transfer for Narcolepsy: Meng Liu, MD, PhD (Continuation)

Implementation of Prolonged Exposure in the Army: Is Consultation Necessary for Effective Dissemination? : Kenneth Ruggiero, PhD (Continuation)

Psychological First Aid for Victims of Crime -- Michael R. McCart, PhD (Continuation)
Dr. Cindy Swenson, has received a research pilot grant from the MUSC Center for Global Health in order to further a global health research project on *Improving Health Through Implementation of a Village-Based Complex Biogas System* which have great potential for future extramural funding. Out of several applications, this project was one of six which were awarded funds after going through a very competitive peer review process and a final review panel consisting of experienced investigators across campus.

The Kilpatrick, Resnick, Ruggiero, Conoscenti, and McCauley 2007 study funded by the National Institute of Justice was cited in the Introduction section of The First Report of the White House Task Force to Protect Students from Sexual Assault.

Congratulations to the 2N and 4N inpatient units for receiving honorable mentions for the Without One Fall (WOOF) award.

Dr. Gregg Dwyer participated in the following workshop at the APA conference in NYC: Fedoroff P, Murphy L, Knack N, Dwyer RG. (2014, May). *Sex Offenders: A Practical Guide to Assessment and Treatment*. A workshop at the 167th annual meeting of the American Psychiatric Association, New York, NY.

Dr. Lee Lewis received the COM “Clinical Years” Teacher of the Year award as nominated and voted on by the medical students.

Dr. Gregg Dwyer was an invited faculty to the 5th annual North Carolina Law Enforcement Assistance Program (NCLEAP) Post Critical Incident Seminar (PCIS). This is a 3-day seminar for law enforcement and other public safety personal who have experienced traumatic events such as shootings, line of duty death, traffic accidents, suicide of co-worker or family member, etc.
Dr. Dean Kilpatrick was re-appointed by Governor Nikki Haley to serve another term on the Crime Victims Advisory Board for the State Office of Victim Assistance and was also re-appointed as Chair of the Board. Dr. Kilpatrick has served on this board since he was appointed by Governor Richard Riley in 1982.

Dr. Pat O’Neil presents an all-day symposium for the second-year medical students, devoted entirely to obesity. In addition to presentations on obesity by presenters from MUSC faculty and staff (and this and last year, MD/PhD student Becky Knackstedt, who just did her psych rotation), we include every year a panel of 4-6 patients who share their personal experiences in dealing with obesity. Dr. O’Neil received feedback from a medical student regarding the Obesity Symposium. “And I must say, for me, the obesity symposium was one of the best learning experiences so far in medical school.”

Dr. Sudie Back was an invited speaker at the Harvard Addictions conference (May, 2014) in Cambridge, MA. Her talk focused on the treatment of addictions and co-occurring PTSD.

Dr. Carla Danielson, an Associate Professor in the Department of Psychiatry and Behavioral Sciences and Director of Training at the National Crime Victims Research and Treatment Center, is being awarded the inaugural **Mid-Career Innovator Award** from the Association for Behavioral and Cognitive Therapies. This award is in recognition of her innovative research in developing creative mental health treatment approaches for difficult-to-treat populations, particularly adolescents with co-occurring traumatic stress and substance use problems.
KUDOS

• Dr. Rochelle Hanson’s edited book, *Treatment of Child Abuse: Common Ground for Mental Health, Medical, and Legal Practitioners, 2nd edition* has been published by Johns Hopkins University Press. The book contains 35 chapters and covers a range of topics critical to the child abuse field, including many on psychological and medical treatment of child victims and their families.

• Dr. Konstantin Voronin was appointed to serve on the Certification Commission of South Carolina Association of Alcoholism and Drug Abuse Counselors (SCAADAC) committee.
CATTS OR MANDATORY TRAINING

It is the policy of the Medical University of South Carolina, MUSC Physicians/Primary Care, the Medical University Hospital Authority, and our affiliates to comply with the law and to follow ethical business practices. To promote understanding of various federal and state laws, key policies and regulations, we jointly require that all employees and affiliates complete annual CATTS or Mandatory training.

Individuals should complete ALL lessons by the assigned deadline within the system. CATTS or Mandatory training Deadline: June 30, 2014.

You can access the system easily at www.musc.edu/catts and log in using your NetID and password.
This year’s conference will focus on the clinical applications for various brain stimulation methods and when to refer a patient for brain stimulation therapy. Held during Charleston’s premier arts event, Spoleto Festival USA, this conference brings together psychiatrists, neurologists, psychologists, counselors and social workers, as well as other physicians and healthcare professionals, for three days of networking and education. For a list of continuing education opportunities, visit us online at www.muschealth.com/psychevents For details on Spoleto Festival, visit www.spoletousa.org