MUSC Psychiatry Chair Update
March 2015

Thomas W. Uhde, MD
Department of Psychiatry and Behavioral Sciences & Institute of Psychiatry
Dr. M. Frampton Gwynette graduated from the Medical University of South Carolina College of Medicine in 2000. He completed both his residency in Adult Psychiatry and fellowship in Child & Adolescent Psychiatry at Cedars-Sinai Medical Center in Los Angeles, California. Dr. Gwynette joined MUSC’s Department of Psychiatry and Behavioral Sciences Faculty in 2006. He is the Founder and Director of Project Rex, a social skills training program that has served hundreds of patients with Autism and their families throughout the state since 2008. Dr. Gwynette is also the Director of the General Psychiatry Clinic within the Department’s Community and Public Safety Psychiatry Division. In this role, Dr. Gwynette has administrative, teaching and supervisory roles working alongside third and fourth-year psychiatry residents, clinical faculty, and support staff.

For the last four years, Dr. Gwynette has helped lead efforts, both on campus and throughout the greater Charleston community, to bring an Autism Center to MUSC. From 2011 to 2013, he served as the Co-Chair of the MUSC Autism Center Strategic Planning Committee, and was the lead author on the committee’s Strategic Plan submitted to the MUSC College of Medicine Dean, Dr. Etta Pisano in 2012. Dr. Gwynette is currently an active member of the Steering Committee for the MUSC Center of Neurodevelopmental Medicine, created in 2013 from the integration of both the MUSC Autism Center and the MUSC ADHD Center Strategic Plans.

Dr. Gwynette’s clinical and research interests include biological and behavioral interventions for patients with Autism. He recently served as the primary investigator for an internally funded pilot grant studying the implementation of a social skills program using an online social network (Facebook). In addition, he serves as a Co-Investigator on the Biomarkers in Autism of Aripiprazole and Risperidone Treatment (BAART), a federally funded, multi-center pharmacogenetic trial led by Primary Investigator Lindsay DeVane, Ph.D.

Dr. Gwynette is very active in community efforts to raise Autism awareness and support for patients and families, most recently helping to organize the Lowcountry Autism Forum for the third consecutive year. This free educational event aimed at parents, loved ones, and stakeholders attracted over 800 attendees from four different states to its annual meeting in October 2014, making it the largest free meeting of its kind.

Earlier this year, Dr. Gwynette was appointed to the American Academy of Child and Adolescent Psychiatry (AACAP) Autism Spectrum Disorder and Intellectual Disability Committee. He also serves in several other leadership positions in the state, including the Executive Council of the American Psychiatric Association’s South Carolina Branch and as the Vice Chair of the Board of the Lowcountry Autism Consortium.

Dr. Gwynette lives in Mount Pleasant and loves spending time with his two daughters (eight and five-years old) and his wife, Gretchen Gwynette, M.D. (an Abdominal Radiologist). He longs for the Philadelphia Eagles to win a Super Bowl some day. He’s most proud that he and his family have a strong relationship with Jesus Christ.
FACULTY PROFILE: Royce Sampson, MSN, RN, CRA

Royce Sampson, MSN, RN, CRA is a Research Assistant Professor in the Department of Psychiatry and Behavioral Services and Chief Operations Officer of the South Carolina Clinical and Translational Research Institute (SCTR, Brady, PI), the academic home of the National Institutes of Health (NIH) Clinical and Translational Science Award (CTSA) Grant. She is a certified research administrator with a Master’s degree from the MUSC College of Nursing in Adult Health, Gerontological Nursing with a broad range of nursing experiences from ICU to community healthcare. For SCTR, she developed and operationalized the SCTR SUCCESS Center, SCTR’s “front door” and research support services, and provides strategic planning and operational and financial oversight for SCTR clinical research services including the SUCCESS Center, SCTR Research Nexus, Research Coordination and Management (RCM), and Research Opportunities and Collaborations (ROC).

Previously in the Department of Psychiatry & Behavioral Sciences, she has served as the Associate Director for the Geriatric Psychiatry Program and Clinical Services Director for the Alzheimer’s Research and Clinical Programs and the Regulatory and Quality Assurance Director of the South Carolina Node of the National Institutes on Drug Abuse (NIDA) Clinical Trials Network (Brady, PI). With 22 years of clinical research experience, she has over 22 years of federal and corporate multi-site clinical research and leadership experience including nurse clinician, grants administration, contracts and budget development, regulatory affairs, quality assurance monitoring, and project management. She is Project Lead on the SPARC Request system and a member of the Epic Research Implementation Team. She serves on the COM Clinical Research Taskforce: CTMS Advisory Taskforce and Process Mapping, System Requirements and Research Workflow Subcommittee (chair); and the Department of Psychiatry Finance and APT Committees. Previously, she served as the Co-Chair of the National CTSA Administrator Key Function Committee and the Clinical Research Management Key Function Committee Workshop.
My name is Patricia Gethers. I am a Medical Office Assistant. I have been working as a medical office assistant for 5 years. I have 4 beautiful children (3 girls and a boy).

**Favorite food:** chicken alfredo

**Most played song on Ipad/Iphone:** Fill Me Up by Ms. Casey J

**Favorite quote:** "Do unto others as you would have them do unto you."

**One thing you love about Charleston:** the fact that I live in a tourist city that is filled with rich history.

**One thing people may not know about me:** I have aspirations of becoming a psychologist.
STAFF PROFILE: Jennifer Winchester

I'm from a very small town in Upstate NY (we literally have one stop light), and I thought I'd move to Charleston for a year or so and go back up North. I've been here for 11 years now and have no plans to leave! While I love this city, I am still very much a product of my roots - "y'all" will never just roll off my tongue and I have no idea how to fry anything. Much to the dismay of our Chairman, I will also always be a Syracuse fan. I guess you can say I've been a bit of a jock my whole life and I'm still up for a competition almost anytime (you might know already that I'm pretty good at free throws!). I absolutely adore animals and if I had a bigger yard, I may or may not have a couple more.

I have a Master’s Degree in Human Services with a specialization in Marital, Couple, and Family Therapy. I opted not to be a practicing counselor, but instead to work with the community. I’m here to help with media requests, community relations, or other public affairs tasks. Don’t hesitate to contact me!

Favorite Food: pizza or seafood, depending on my mood.

Most played song on your iPhone/iPod: I have such a random preference for music that there is not just one song I play over and over. It could be my dad's kind of country, Miranda Lambert, Beyonce, Michael Franti and Spearhead, or old school hip hop ... you just never know!

Favorite quote: “Finish each day and be done with it. You have done what you could.” Ralph Waldo Emerson

One thing you love about Charleston: blue skies most of the time (especially compared to upstate NY), the bridges, and birds. I also love how there always seems to be something to do in this city.

One thing people might not know about you: I was Spanish Club President in high school, which earned me a trip to Spain. I almost had a Spanish minor in college but the last class I needed was cancelled my last semester. NO PRACTICADO EN ANOS!
FACULTY MEETING
The next Faculty meeting will be held on Tuesday, April 21, 2015, from 12-1pm in the IOP auditorium. Dr. Dan Handel, Chief Medical Officer, Medical Center, will be giving a brief presentation. All are encouraged to attend.

TOWN ALL
The March Town ALL is a drop-in Town ALL and will be held on March 16 from 2-3pm. During drop-in Town ALL’s *an open forum* will be held for those individuals who have questions or issues that need to be addressed. Members of the Administrative Leadership Committee of the Departmental Council will be on hand to answer any questions you have during the drop-in open forum.

Please join us Monday, April 20, 2015, for our Town ALL from 2-3pm in the IOP auditorium. Dr. Diana Mullis will be giving a presentation on the ED/Psychiatry interface and relationship. Feel free to email your questions that you want addressed prior to the next Town ALL to psychall@musc.edu. If you are unable to join us live, we are now streaming Town ALLs at https://connect.musc.edu/psychiatry.
• The MUSC Center for Global Health recently announced the awardees for its Global Health Trainee and Faculty Mentor Leading Student Groups Abroad grants. Recipients from the College of Medicine include Cynthia Swenson, Professor in the Department of Psychiatry and Behavioral Sciences, who was awarded for her project Mentoring 15 Students in an Immersive Village Health Outreach Program in Ghana.

• Dr. Kathleen Brady received the Fischman Award through the College on Problems of Drug Dependence.

• Dr. Gregg Dwyer was reappointed by the President of the American Academy of Psychiatry and the Law as Chair of the Sexual Offenders Committee.

• During the 67th annual conference of the American Academy of Forensic Sciences, Dr. Dwyer gave two presentations: Assessment and Treatment of Problematic Sexual Behaviors: An Update and Mental Health Support to Law Enforcement: Practical Issues.

• Dr. Gregg Dwyer an invited faculty member for the jointly sponsored Georgia State Patrol and Georgia Bureau of Investigation Post Critical Incident Seminar for law enforcement and other public safety personal who have experienced traumatic events such as shootings, line of duty death, traffic accidents, suicide of co-worker or family member, etc.

• Dr. Matthew Carpenter was awarded the SC Governor’s Young Scientist Award for Excellence in Research.

• Dr. Kathleen Brady has been named President-Elect of the International Society of Addiction Medicine which is the largest international organization of physicians focused on advancement of knowledge about addiction as a treatable disease and recognition that physicians worldwide have a major role to play in understanding, treating and prevention of addictions.

• Dr. Kathleen Brady has been named as Chairperson of the Scientific Advisory Board for the intramural programs at the National Institute of Alcohol Abuse and Alcoholism.
BLOOD DRIVE

- The next IOP Blood Drive will be on Friday, March 27th from 10:00am - 3:00pm in the Weight Management Center (4 South). Pizza and drinks will be provided. To schedule your appointment, contact Bonnie Jones at jonesb@musc.edu.

2015 DART SUMMER RESEARCH FELLOWS

Andrew Motts
Katharina Koch
Leslie Ruffing
Ningfei Li
Alex Snead
Katherine Foster
Allie Hott

Amy Duvall
Bravada Hill
Christopher Nguyen
Avery Acuff
Jessica Lord
Cameron Wheeler
Saturday Volunteers
Who? 85 volunteers needed
What?
• Pulling recycling bins out of clean port-o-lets and placing along start line/fence openings
• Directing people to use the recycle boxes
• Pulling out and replacing liners as needed. We will have gloves available if anyone wants them, but this is really not a dirty job as the majority of waste at the start line is empty water bottles
• Assisting with tossing bags into the recycling trucks after the runners clear the course
When? March 28, 5:30AM-10:00AM
Where? Meeting at Sea Island Shopping Center at Coleman Blvd. and Chuck Dawley
Restorative Retelling is a 10-week, group intervention for adult family members and friends suffering from traumatic grief due to the violent death of a loved one.

Goals of the group are to provide members with:

- Information on common reactions to trauma and bereavement
- Strategies for managing stress and anxiety
- Restoration of positive memories of you and your loved one

When:
Tuesdays, 4:30pm-6:00pm,
Beginning March 17th, 2015

Where:
National Crime Victims Center at MUSC, 2nd Floor

How Long?
10 Weeks for 90 minute group sessions

For more information, please contact:
Meg Wallace, Case Manager
843-792-8209

National Crime Victims Research and Treatment Center

“An equal opportunity employer, promoting workplace diversity.”
Friday, April 10
8:00 a.m. - 4:45 p.m.
MUSC Bioengineering Building, 68 President St.

REGISTRATION FEES:
General Registration: $100
MUSC Employees: $50
Students and Trainees: $50
** Fees increase March 23. Fee includes materials, continuing education credit processing, breakfast and lunch.

HOW TO REGISTER:
Visit us online at musc.edu/psychevents to register online or to print a registration form

CONTACT US:
Questions about the conference? Reach us at (843) 792-0175 or e-mail psych-events@musc.edu

Many research-based updates and changes were introduced with the recent release of the Fifth Edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-5). Understanding these changes and appropriately integrating them into clinical practice is of extreme importance for providers as it can affect diagnosis, treatment selection, and also insurance coverage.

This training seminar will provide an explanation of the core changes from DSM-IV to DSM-5 including the new nonaxial documentation of diagnosis, an overview of a revised organizational structure, and the changes within selected diagnostic categories (i.e., bipolar and related disorders separated from depressive disorders, substance-related and addictive disorders, somatic symptom and related disorders, childhood disorders, and the separation of trauma- and stressor-related disorders from anxiety disorders into its own category).

Through lecture and interactive panel discussion, participants will learn how to effectively implement these changes into their own clinical practice.
The BIRCWH Career Development Program at the Medical University of South Carolina will support the research career development of junior faculty members who have recently completed clinical training or postdoctoral fellowships, and who have mentorship and a solid plan for training in basic research, translational research, clinical research and/or health services research relevant to women's health in all areas of the neurosciences. BIRCWH is a K12 career development program co-funded by the Office of Research on Women's Health (ORWH) and the National Institute of Child Health and Human Development (NIHCD), National Institutes of Health.

K12 Applications due: April 17, 2015 by 12:00 PM
Appointment start date: July 1, 2015

For more information or to apply electronically, please visit www.musc.edu/bircwh
Questions: contact Sarah Gainey at smithsar@musc.edu or 843-792-8207
ANNUAL WOMEN’S HEALTH RESEARCH DAY

The MUSC Women’s Health Research Center and SCTR will be hosting the third annual Women’s Health Research Day on Thursday, April 16, 2015 in the Bioengineering Building Auditorium (110). The dynamic and diverse program will include:

*Rajita Sinha, PhD, Foundations Fund Professor of Psychiatry and Professor in the Child Study Center and Neurobiology; Director, Yale Interdisciplinary Stress Center
*Sharon Weissman, MD, Associate Professor of Clinical Internal Medicine & Program Director for the Infectious Disease Fellowship, University of SC
*Scientific presentations and poster sessions highlighting sex and gender-based work conducted across campus and statewide

Registration is free but attendees must register by April 6, 2015. To register, Click Here or visit: https://redcap.musc.edu/surveys/?s=EEAD4DTXHT. For more information, please visit www.musc.edu/wrc or contact Sarah Gainey (smithsar@musc.edu).
THE 4TH ANNUAL
LOWCOUNTRY MENTAL HEALTH CONFERENCE

* 11.25 - 10 Credits for M.D.’s, Counselors, Social Workers, MFT’s and More! *

Join Us for an Incredible Two-Day Conference in downtown Charleston, SC

The Lowcountry Mental Health Conference is one of the premier mental health events in the Southeast. The conference boasts ten world-class presenters and offers mental health professionals an opportunity to earn up to 11.25 credits!

Presentation topics include:

- **Building Resilience With Mindfulness Training**, Amishi Jha Ph.D.
- **Challenging Patients: What To Do...When You Don’t Know What To Do!**, Christine Pelic M.D.
- **The Cultural Dimensions of Mental Health Recovery**, Stephen Mcleod-Bryant M.D.
- **Understanding Behavior & How the Mind Works**, Eric Hipple (Former NFL Quarterback)
- And many more talks!

Specific objectives & the complete schedule can be found on the conference website.

[www.lowcountrymhconference.com](http://www.lowcountrymhconference.com)

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<td>Development and Evaluation of a Web-Based Psychiatry Resident Alcohol Curriculum</td>
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<td>Marcelo Lopez</td>
<td>Mouse Chronic Intermittent Ethanol (CIE) Core</td>
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<td>Howard Becker</td>
<td>Ethanol Dependence and Stress Effects on Ethanol Drinking: Role of CRF</td>
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<td>A Phase 2, Efficacy, Safety and Tolerability Study of ALKS 3831 in Subjects with Schizophrenia with Alcohol Use Disorder</td>
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<td>A Prospective, Longitudinal, Observational Study to Evaluate Potential Predictors of Relapse in Studies with Major Depressive Disorder Who Have Responded to Antidepressant Treatment</td>
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<td>Robert Malcolm</td>
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SELECTED PUBLICATIONS


