MUSC Psychiatry Chair Update
January 19, 2017

Thomas W. Uhde, MD
Department of Psychiatry and Behavioral Sciences & Institute of Psychiatry
For anyone who is requesting promotion or tenure **effective January 1, 2018**, all promotion and tenure requests must be received in the Chairman’s office no later than **February 9, 2017**, in the form of complete packets accompanied by a letter of recommendation from your Division Director. Packets with checklists, requests for materials, and forms specific for regular and modified faculty have been developed to make the submission process more straightforward. Packets are available on the College of Medicine’s website. Follow this link: [http://academicdepartments.musc.edu/com/faculty/apt/musc/index.html](http://academicdepartments.musc.edu/com/faculty/apt/musc/index.html).

Promotion to Associate Professor or Professor requires a minimum of four letters of recommendation, addressed to the Departmental Chair. Individuals selected to write the minimum four letters should be non-MUSC faculty in the candidate’s field at the academic rank of professor or its equivalent stature. **At least two of these individuals should not be associated with the candidate by having been past mentors/teachers/students/trainees.** We ask that you provide 4-6 names of individuals that we can contact to solicit letters of recommendation.

The letter of recommendation from your Division Director **must follow** appendix 2 in the COM APT guidelines. Division Director letters should include the following paragraphs: introductory, education, research if applicable, scholarly publications, clinical practice if applicable, administration, and other activities and accomplishments.

If you have any questions, please contact Kristen Mulholland mulhollk@musc.edu.

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**SENIOR CARE UNIT NURSE MANAGER**

Stanisha B. Vick RN BSN, has recently been promoted to the position of Nurse Manager for the Senior Care unit. She joined the MUSC Institute of Psychiatry team in 2006 as a therapeutic assistant. Since completing her RN degree in 2010, she has worked in several clinical areas throughout the medical center but decided in January 2012 to return to the IOP as a member of the Senior Care Unit team to pursue her passion for psychiatric nursing. Stanisha is currently enrolled in a Masters in Nursing Leadership and Health Care Systems degree program and she is looking forward to working with the Senior Care unit team in her new leadership role. Please join me in congratulating Stanisha on her promotion!
KUDOS/WINS

• Drs. Kevin Gray and Lindsay Squeglia’s research on predicting adolescent alcohol consumption was featured in the Healio Psychiatric Annals. [http://www.healio.com/psychiatry/substance-use-disorders/news/online/%7Bc7458da8-0b40-4fd9-b012-b0d91ee04251%7D/n--acetylcysteine-may-reduce-substance-use-in-adolescents?utm_source=maestro&utm_medium=email&utm_campaign=psychiatr%20y%20news]

• Drs. Sudie Back and Peter Kalivas’ research study showing that an antioxidant may help veterans suffering from PTSD was recently highlighted on the MUSC News Center [http://academicdepartments.musc.edu/newscenter/2016/nac-research-for-veterans-with-ptsd-and-substance-use-disorders/index.html]

SELECTED PUBLICATIONS


Addictive Behaviors is now accepting submissions for a special issue, *Ambulatory Assessment of Addictive Disorders*. Dr. Rachel Tomko (Tomko@musc.edu; Post-doctoral Scholar) and Dr. Erin McClure (McCluree@musc.edu; Assistant Professor) of the Addiction Sciences Division are Guest Editors for this issue and can be contacted directly with any questions or interest. Ambulatory assessment broadly refers to a number of remote monitoring techniques, including ecological momentary assessment (EMA), used to intensively study behavior in naturalistic settings. Submissions should utilize technology-based ambulatory assessment to enhance the study and treatment of addictive disorders. This may include substance use disorders and other addictive disorders (i.e., gambling disorder, internet addiction). Multimethod assessment approaches are particularly encouraged. Original research submissions, methodological papers, and review papers will be considered.

The deadline for manuscript submission is July 1, 2017 for consideration for inclusion in this special issue. More information about this special issue can be found here: [https://www.journals.elsevier.com/addictive-behaviors/call-for-papers/special-issue-ambulatory-assessment-of-addictive-disorders](https://www.journals.elsevier.com/addictive-behaviors/call-for-papers/special-issue-ambulatory-assessment-of-addictive-disorders)
The McKnight Endowment Fund for Neuroscience supports innovative research designed to bring science closer to the day when diseases of the brain can be accurately diagnosed, prevented, and treated. To this end, the McKnight Memory and Cognitive Disorders Award assists scientists working to apply the knowledge achieved through basic research to human brain disorders that affect memory or cognition.

Use of Award Funds
We are interested in proposals that address memory or cognition under normal and pathological conditions. This includes proposals that address mechanisms of memory or cognition at the synaptic, cellular, molecular, genetic or behavioral level in animals, including humans. We are particularly interested in proposals that incorporate fundamentally new approaches, as well as those that involve human experimentation. Collaborative and cross-disciplinary applications are encouraged.

Projects restricted to the creation of conventional mouse knockouts in candidate disease genes identified by association studies, or to broadly overexpress those genes, are discouraged. In addition, projects to perform genetic interaction screens on disease genes in model organisms (yeast, worm, fly, fish) will not be considered, unless the project includes substantive specific aims that investigate the disease relevance of any new genes discovered in human or mammalian model systems.

Eligibility
Investigators who are conducting research at institutions within the United States are invited to apply. Applicants must be in tenured or tenure-track faculty positions; research faculty in annually renewable positions are ineligible. Applicants may not be employees of the Howard Hughes Medical Institute or scientists within the intramural program of the National Institutes of Health. Applicants may not hold another McKnight Award that would overlap with the Memory and Cognitive Disorders Award. We are interested in geographic, gender, and racial diversity and we encourage women and minorities, as well as scientists from all around the U.S., to apply. Funds may be used toward a variety of research activities, but not the recipient's salary. The candidate's other sources of funding will be considered when selecting awards.

Selection Process
For an application form, please visit our website at www.neuroscience.mcknight.org, or email or call the office of The McKnight Endowment Fund for Neuroscience (info@mcknight.org; 612-333-4220). The deadline for submission is March 27, 2017. In mid June, the selection committee will invite a small number of applicants to submit more detailed proposals, which will be due September 25, 2017. Funding begins February 1, 2018. Please email ONE PDF file that includes the application form (include one application form for each PI), a 2-page project description, and a 4-page NIH bio sketch to: neuro@mcknight.org (references may be outside the 2-page limit, but may be no more than two pages). Please do not include a budget. If you do not receive email confirmation of receipt of your LOI within 5 business days, please contact Eileen Maler at 612-333-4220 or emaler@mcknight.org.

The Endowment Fund will fund up to four awards, each providing $100,000 per year for three years.
Pain, Pills, and Pregnancy

Constance Guille, M.D.
MUSC Health Women's Reproductive Behavioral Health Clinic
Medical University of South Carolina

The prescription opioid epidemic in our country is now known to extend into pregnancy and has become a major public health problem due to its impact on maternal, fetal, and newborn health and overuse of health care resources.

The talk will cover the magnitude and impact of this problem, and how we can help, support and engage women in positive health behaviors.

Science for the rest of us

MUSC's Science Café is a series of entertaining talks on scientific subjects in a fun, social environment.

To learn more, contact Tara Abbott at 843-792-2926 or abbottt@musc.edu.

Tuesday, January 24, 2017 | 5:30 p.m.
Charleston Beer Works (upstairs)
480 King Street, Charleston, SC 29403
REPUBLIC GARDEN + LOUNGE
present
U.N.MASKED
A MASQUERADE TO BENEFIT MENTAL HEALTH
THURSDAY, JANUARY 26, 2017 | 7 - 11 p.m.
REPUBLIC GARDEN + LOUNGE
462 King Street | Charleston, SC 29403

Whether it is anxiety, PTSD, depression or serious mental illnesses, 1 in 5 adults in America will experience mental health issues. Nearly 60% of adults with a mental illness did not receive mental health services in the previous year.

Join us for an evening of live music and dancing to raise awareness and funds for mental health in our community. Proceeds from the event will go directly to the Medical University of South Carolina’s Department of Psychiatry and Behavioral Sciences and the Institute of Psychiatry to support the important department-wide initiatives of patient care, education and cutting edge research.

GENERAL ADMISSION TICKET: $15.00
VIP TICKET: $65.00

FOR MORE DETAILS AND TICKET PURCHASE VISIT:
http://bit.ly/2hAXYVh

SPECIAL SPONSORSHIP OPPORTUNITIES AVAILABLE | CONTACT 843.792.1113 OR RICH@AAMS.CEDU

COCKTAIL CASUAL AND MASQUERADE MASKS OPTIONAL.

AN OVERVIEW OF DIALECTICAL BEHAVIOR THERAPY
Medical University of South Carolina | Strom Thurmond Building | Giuzz Auditorium | Charleston, SC

Friday, March 31, 2017 | 8:30 A.M. - 4:30 P.M.

Earn up to 6.5 CEUs*

Featuring
Amanda M. Sterling, Psy. D.
Clinical Psychologist (Medical Group)

Join us

Dialectical Behavior Therapy (DBT) is a behavior cognitive-behavioral treatment plan that can help psychiatry among other mental health professionals. To date, the best evidence-based practice for patients with many disorders including emotional dysregulation and depression involves the use of DBT. A recent study in the American Journal of Psychiatry found that DBT key behavioral markers for patients with depression were associated with the DBT program.

Early Registration

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REGISTER ONLINE AT www.musc.edu/psychoevents

Visit our website for further details & online registration for all of our events:
www.musc.edu/psychoevents

Questions? Contact us at psych.event@musc.edu or (843) 792-9730

Get social with us!
INTRODUCTION TO PROLONGED EXPOSURE FOR THE TREATMENT OF PTSD

Medical University of South Carolina | Wellness Center | Room 204 | Charleston, SC
Friday, February 17, 2017 | 8:30 A.M. - 4:30 P.M.

Earn up to 6.5 CEUs*

Featuring
Alyssa A Rheingold, Ph.D.
Postdoctoral Fellow
National Center for PTSD

Join us
Trauma exposure is not rare. Roughly 60% of US people will experience at least one trauma in their lives. Unfortunately, many will develop trauma-related difficulties such as posttraumatic stress disorder. There have been a number of advances in the trauma field over the past two decades indicating several empirically supported treatment interventions for PTSD. Prolonged exposure is a gold standard trauma treatment approach guided by cognitive behavioral principles. This workshop will provide clinicians with an introduction to the basic concepts of prolonged exposure including conducting in vivo and imaginal exposures as well as how to organize sessions. Participants will have an opportunity to observe role play examples as well as practice skills.

Visit our website for further details & online registration for all of our events:
www.musc.edu/psychevents

Questions? Contact us at psych-events@musc.edu or (843) 792-0175

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www.musc.edu/psychevents

Psychiatry Continuing Education
2016-2017 Events Calendar

January 2017
13th - LGBTQ Patients 101: Practical Information for Providing Inclusive Care (CEU's offered)

February 2017
17th - TIS Series: Introduction to Prolonged Exposure for the Treatment of PTSD (CEU's offered)

March 2017
31st - TIS Series: An Overview of Dialectical Behavior Therapy (CEU's offered)

April 2017
21st - 3rd Annual Spring Social Work Conference (CEU's offered)

May 2017
12th - TIS Series: Eating Disorders in Adolescents (CEU's offered)

June 2017
1st-2nd - 30th Annual Update in Psychiatry (CME/CEU's offered)
Save the Date

30th Annual Update in Psychiatry: Technology and Mental Health

June 1 - 2, 2017 • Charleston, SC

Over the past three decades, important innovative technologies have transformed mental health care. To recognize our achievements and advancements in science and clinical practice, our 2017 conference will focus on technology and mental health.

Held in beautiful downtown Charleston at MUSC’s new Bioengineering Auditorium during Charleston’s premier cultural event, Spoleto Festival USA, this conference brings together psychiatrists, psychologists, counselors, and social workers, as well as researchers, other physicians and healthcare professionals, for two days of networking and education. Be sure to join us this year for a networking reception with colleagues and community partners.

Charleston International Airport flies nonstop to 21 airports and 16 cities in the US. Come visit one of the most beloved cities in the world and see what everyone is talking about.

MARK YOUR CALENDAR!

Registration will open in February 2017

For conference details, visit us at www.musc.edu/psychevents. Call (843) 792-0175 or get social with us and keep up to date on our year-round continuing education opportunities.
Title: Bringing South African Men into HIV Counseling and Testing (HCT) and Care  
Contact: Dr. Michael D. Sweat, sweatm@musc.edu, (843) 876-1800  
Description: The ultimate objective of this research is to provide evidence-based strategies to improve treatment of HIV+ men. Treatment as prevention (TasP) can only work through a three step process: (1) Testing a significant proportion of the population, (2) linkage to care and (3) maintaining in care a significant proportion of HIV+ individuals to the point of viral suppression. The benefits of increased testing, linkage to and maintenance in care for men would be enormous. We propose a study that combines structural and individual level interventions and integrates the results to address our overall objective of maintenance in care to the point of viral suppression. Aim 1: In a cluster-randomized study, we will investigate whether male-centered mobilization and testing increases the population-level percentage of men who have been tested (within the last 12 months) by more than 10 absolute percentage points. Aim 2: In the individually-randomized design, we will investigate whether POC CD4 testing and individualized case management improves linkage to care (immediately following diagnosis) and viral suppression (12 months later) over POC CD4 testing alone and standard of care. Aim 3: Integrate the results of the two trial components (Aims 1 and 2) to evaluate the joint effect of the interventions on the percentage of HIV+ men who are effectively tested, linked to care and maintained with undetectable VL. The benefits of increased testing, linkage to and maintenance in care for men would be enormous. Men would remain healthier longer, could work and support their families, contribute to rather than deplete household economic resources, raise their children, and they would be less likely to transmit HIV to female partners.

Title: A Pharmacokinetic Comparison of Immediate Release N-Acetylcysteine with Extended Release N-Acetylcysteine in Healthy Adults  
Contact: Melissa Michel, michelm@musc.edu, 843-792-1901  
Description: Healthy males and females between the ages of 18-50 years are asked to participate in a 12 day outpatient study. The purpose of the study is to determine if a newly developed extended release version of N-Acetylcysteine (NAC) will be acceptable to replace the currently available immediate release formulation of NAC.

Title: A Prospective, Longitudinal, Observational Study to Evaluate Potential Predictors of Relapse in Subjects With Major Depressive Disorder Who Have Responded to Antidepressant Treatment  
Contact: Melissa Michel, michelm@musc.edu, 843-792-1901  
Description: This study is being done to collect information related to Major Depressive Disorder (MDD). The purpose of this observational study is to identify if answers to self-reported questionnaires about your symptoms and functioning, information about your daily activity and sleep quality, and speech and voice characteristics can be used to predict worsening of MDD in the near future.

Title: Low Field Magnetic Stimulation (LFMS) and Subjective/Objective Measures of Sleep  
Contact Allison Wilkerson, wilkersa@musc.edu, 843.792.4636  
Description: This study is a double-blind, sham-controlled crossover pilot study of low field magnetic stimulation (LFMS) in people with insomnia. Participants will receive 4 LFMS treatments total (2 active, 2 sham) and complete 5 overnight sleep studies to explore the relationship between low field magnetic stimulation and improvement of insomnia.
**ONGOING STUDIES**

**Title:** Evaluation of Cue-Induced Brain Activation in Pedophilic Offenders  
**Contact:** Dr. Gregg Dwyer, 843-792-1461  
**Description:** This study adapts fMRI neuroimaging to evaluate cue-induced changes in regional brain activity in men with Pedophilic Disorder compared to men without the disorder. It has significant potential for knowledge acquisition. Neuroimaging technology has been used to a limited extent to address the neurobiological underpinnings of deviant sexual behavior, but studies are limited in number as well as in scope. It extends results of previous neuroimaging studies by assessing regional brain activity after cue stimulation with a control group during simultaneous fMRI and penile plethysmography. Funded by a University of Ottawa Medical Research Fund grant; joint with Royal’s Institute of Mental Health Research, University of Ottawa.

**Title:** Sexually Violent Predators” and the Impact of Substance Addiction: A Pilot Study  
**Contact:** Dr. Gregg Dwyer and Thomas Lewis III, 843-792-1461  
**Description:** This study evaluates persons committed under the South Carolina Sexually Violent predator (SVP) Act with regard to substance usage, mental health diagnoses, criminal justice, and sex offense data to better understand their relationships. By utilizing SVP Act Multidisciplinary Team review data, information can be obtained comparing persons recommended for commitment to those dismissed from the review process. Given the dearth of empirical study of this population, employing the depth and breadth of data to be examined will enable this pilot study to further the field and public safety efforts at the community level. The Principal Investigator for this study is a General Psychiatry Resident in the DART program with associated funding support.

**Title:** Enhancing the Identification of Victims of Child Pornography Production and Distribution  
**Contacts:** Drs. Gregg Dwyer, 843-792-1461  
**Description:** A unique collaboration with the National Center for Missing and Exploited Children has enabled access to data from a national registry of identified child pornography victims for the first time outside the federal government. The research team has built a database to examine characteristics of identified child pornography victims; how they are identified; relationships between child and perpetrator characteristics; details about the child pornography offenses. This is a multinational joint project with MUSC CPSPD, Royal’s Institute of Mental Health Research, University of Ottawa, Canada and School of Health in Social Science, University of Edinburgh, Scotland, UK. Funded by a Thorn Foundation grant.

**Title:** A Randomized, Double-Blind, Placebo-Controlled, Phase 4, Relapse Prevention Study Evaluating the Efficacy and Safety of Vortioxetine (5, 10 and 20 mg) in Adults With Major Depressive Disorder  
**Contact:** Donovan Katy donova@musc.edu (843) 724-2945  
**Description:** The goal of the study is to evaluate 3 fixed doses (5, 10 and 20 mg oral tablets) of vortioxetine (Brintellix) in the prevention of relapse in adult subjects (18-75 years old) with major depressive disorder (MDD), recurrent, who responded to acute treatment with vortioxetine. Eligible subjects participate in a 16-week open-label treatment period with vortioxetine followed by a 32-week double-blind randomized treatment phase.
ONGOING STUDIES

Title: TMS for nicotine addiction
Contact: Scott Henderson or Xingbao Li
Contact email: henderjs@musc.edu or lixi@musc.edu
Contact phone: 843-792-5560 or 843-792-5729
Description: This is a double blind randomized controlled smoking cessation research study sponsored by the National Institute of Drug Abuse. This study is designed to ascertain whether repetitive transcranial magnetic stimulation (rTMS) can affect things that may prompt you to want to smoke and the consumption of cigarettes over a 3-month period. After assessment and inclusion into the study, participants will be randomized to receive a 10-time active rTMS or placebo-like rTMS. Participants must be (1) current cigarette smokers; (2) between 18-60 years old; (3) able to commit approximately 13 hours of time to the study; and (4) have no metal in their body. Compensation will be provided.

Title: Integrative Risk Reduction and Treatment for PTSD and Teen Substance Use Problems
Contact: Anna Smalling, smallina@musc.edu, 792-8361
Description: This program involves a randomized controlled trial (RCT) with subjects ages 13-18 years who have experienced interpersonal violence (physical or sexual abuse/assault, exposure to domestic violence, witness community violence). Subjects are randomized to either receive Risk Reduction through Family Therapy (RRFT) or Treatment As Usual (TAU). Youth will be recruited from local child advocacy centers and the interventions are psychosocial in nature. Follow-up assessments will be conducted at multiple time points through 18-month post entry.

Title: Investigation of safety and efficacy of once-daily semaglutide in obese subjects without diabetes mellitus
Contact: Suzanne Kuker, kuker@musc.edu, 792-5427
Description: This study seeks to determine whether semaglutide, will help non-diabetic people who are obese to lose weight over one year. Participants will be randomly assigned to receive 1 of 5 doses of semaglutide, liraglutide or an inactive placebo and will be enrolled in the study for 59 weeks. The primary measure will be weight change and other measures will include health factors related to obesity such as blood sugar control, blood pressure, and cholesterol. The safety of the drug for weight loss will also be studied.
Dr. Anthony C. Ross
ISLAND CHIROPRACTIC CENTRE

Mechanical treatment is complementary to medical care not an alternative

“Mechanical drivers for symptoms respond to mechanical corrections. Compensatory treatment reduces the symptoms not the mechanical cause”

In network provider for State BCBS

- Class IV Laser
- Adjunctive Therapies
- Rehabilitation
- FDA Protocol Spinal Decompression

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John’s Island, SC 29455
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charlestonchiropractic.com

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ZERO
RESTAURANT + BAR
Pre-Theater Dining ~ Cooking Classes
Chef’s Tasting Menus ~ Happy Hour

EASTON PORTER GROUP
DINNER TUESDAY–SATURDAY
Executive Chef Amalia Scatena
103 Spring Street
CannonGreenCharleston.com

CANNON GREEN
A GATHERING COMMON
Sunday Beats & Brunch ~ Chef’s Table
Private Events ~ Happy Hour

DINNER TUESDAY–SUNDAY
Executive Chef Vinson Petrillo
Across from Gaillard Center at 6 George Street
ZeroRestaurantCharleston.com