MUSC Psychiatry Chair Update
February 2, 2017

Thomas W. Uhde, MD
Department of Psychiatry and Behavioral Sciences & Institute of Psychiatry
For anyone who is requesting promotion or tenure effective January 1, 2018, all promotion and tenure requests must be received in the Chairman’s office no later than February 9, 2017, in the form of complete packets accompanied by a letter of recommendation from your Division Director. Packets with checklists, requests for materials, and forms specific for regular and modified faculty have been developed to make the submission process more straightforward. Packets are available on the College of Medicine’s website. Follow this link: http://academicdepartments.musc.edu/com/faculty/apt/musc/index.html.

Promotion to Associate Professor or Professor requires a minimum of four letters of recommendation, addressed to the Departmental Chair. Individuals selected to write the minimum four letters should be non-MUSC faculty in the candidate’s field at the academic rank of professor or its equivalent stature. At least two of these individuals should not be associated with the candidate by having been past mentors/teachers/students/trainees. We ask that you provide 4-6 names of individuals that we can contact to solicit letters of recommendation.

The letter of recommendation from your Division Director must follow appendix 2 in the COM APT guidelines. Division Director letters should include the following paragraphs: introductory, education, research if applicable, scholarly publications, clinical practice if applicable, administration, and other activities and accomplishments.

If you have any questions, please contact Kristen Mulholland mulhollk@musc.edu.

DIRECTOR OF NURSING, MENTAL HEALTH AND DIGESTIVE DISEASE

Angela Richards was named as the Director of Nursing, Mental Health and Digestive Disease. The Director of Nursing oversees and provides leadership for all clinical and support activities for their areas of responsibility, including inpatient units. This role interacts proactively with other directors, leaders, physicians, nurses and other members of the health care delivery team to achieve desired outcomes. The Director of Nursing acts as a liaison for ICCE leaders and Directors of Ambulatory Services to assure continuity of care and goal alignment. Congratulations Angela!
KUDOS/WINS

• Dr. Bernadette Cortese was selected for a 2017 Society of Biological Psychiatry (SOBP) Travel Fellowship Award.

• Dr. Ed Kantor was selected to attend the Society of Biological Psychiatry (SOBP) Training Director’s Outreach Program.

• Dr. Chanita Hughes-Halbert was recently elected to the Board of Directors for the South Carolina Institute of Medicine and Public Health.

SELECTED PUBLICATIONS


LGBTQ PATIENTS 101 WORKSHOP

On Friday, January 13, 2017, mental health professionals from the Lowcountry and across the state gathered at MUSC’s Department of Psychiatry & Behavioral Sciences’ LGBTQ Patients 101 Workshop to learn how to provide inclusive care for individuals of the LGBTQ population. This day-long course was led by Edward Thomas Lewis, III, MD, Psychiatry Fellow and Daena Petersen, MD, MPH, MA, Assistant Professor of Psychiatry and Behavioral Sciences at MUSC. Participants were provided with a basic framework for understanding common LGBTQ terminology and culture that will be useful for clinical practice and informed patient care. Additionally, topics of particular interest including gender identity, legal and ethical considerations, patient care concerns, collaborative care, addictions, and other relevant topics were addressed. The day concluded with an engaging dialogue between conference attendees and a panel of individuals from the LGBTQ community including representatives from Allies Take Action and Charleston SURJ (Showing Up for Racial Justice), We Are Family, Charleston Area Transgender Support, The Ryan White Wellness Center, and SC Equality, which gave participants an opportunity to learn from each other in regards to providing informed care for LGBTQ patients. MUSC’s Department of Psychiatry and Behavioral Sciences remains committed to providing inclusive care in practice and in teaching. Both the attendees and the presenters deemed the workshop a success, another illustration of how we are changing what’s possible as part of MUSC Imagine 2020.
UNMASKED

The evening of January 26, 2017, was marked by a wonderful fundraising event to support the academic, research, and clinical missions of the Department of Psychiatry and Behavioral Sciences and the Institute of Psychiatry. The event was held at the Republic Garden + Lounge and attendees from the MUSC and Lowcountry community enjoyed live music, networked and showed their support for Unmasked, a masquerade to benefit MUSC’s Department of Psychiatry and Behavioral Sciences and the Institute of Psychiatry. Republic and Carolina Real Estate Connection graciously sponsored this event, which aimed to reduce the stigma of mental health issues, of which 1 in 5 adults in America experience at some point in their life.

All proceeds from the event will be put toward the important department-wide initiatives of patient care, education and cutting edge research.

Be sure to join us for our next community event coming up on April 27, 2017, Spring Jazz Night, to take place at How Art Thou Jazz Lounge - see http://bit.ly/2jCE6kR for more details!

CALL FOR PAPERS

Addictive Behaviors
Call for Papers
Special Issue: Ambulatory Assessment of Addictive Disorders

Addictive Behaviors is now accepting submissions for a special issue, Ambulatory Assessment of Addictive Disorders. Dr. Rachel Tomko (Tomko@musc.edu; Post-doctoral Scholar) and Dr. Erin McClure (McCluree@musc.edu; Assistant Professor) of the Addiction Sciences Division are Guest Editors for this issue and can be contacted directly with any questions or interest. Ambulatory assessment broadly refers to a number of remote monitoring techniques, including ecological momentary assessment (EMA), used to intensively study behavior in naturalistic settings. Submissions should utilize technology-based ambulatory assessment to enhance the study and treatment of addictive disorders. This may include substance use disorders and other addictive disorders (i.e., gambling disorder, internet addiction). Multimethod assessment approaches are particularly encouraged. Original research submissions, methodological papers, and review papers will be considered.

The deadline for manuscript submission is July 1, 2017 for consideration for inclusion in this special issue. More information about this special issue can be found here: https://www.journals.elsevier.com/addictive-behaviors/call-for-papers/special-issue-ambulatory-assessment-of-addictive-disorders
**CALL FOR PAPERS**

*Addictive Behaviors*

**Call for Papers**

**Special Issue: Ambulatory Assessment of Addictive Disorders**

*Addictive Behaviors* is now accepting submissions for a special issue, *Ambulatory Assessment of Addictive Disorders*. Dr. Rachel Tomko ([Tomko@musc.edu](mailto:Tomko@musc.edu); Post-doctoral Scholar) and Dr. Erin McClure ([McCluree@musc.edu](mailto:McCluree@musc.edu); Assistant Professor) of the Addiction Sciences Division are Guest Editors for this issue and can be contacted directly with any questions or interest. Ambulatory assessment broadly refers to a number of remote monitoring techniques, including ecological momentary assessment (EMA), used to intensively study behavior in naturalistic settings. Submissions should utilize technology-based ambulatory assessment to enhance the study and treatment of addictive disorders. This may include substance use disorders and other addictive disorders (i.e., gambling disorder, internet addiction). Multimethod assessment approaches are particularly encouraged. Original research submissions, methodological papers, and review papers will be considered.

**The deadline for manuscript submission is July 1, 2017** for consideration for inclusion in this special issue. More information about this special issue can be found here: [https://www.journals.elsevier.com/addictive-behaviors/call-for-papers/special-issue-ambulatory-assessment-of-addictive-disorders](https://www.journals.elsevier.com/addictive-behaviors/call-for-papers/special-issue-ambulatory-assessment-of-addictive-disorders)
Please join us for a
Comings and Goings celebration

Please join us as we recognize new faculty and employees and say farewell to those leaving us.

February 16, 2017
Institute of Psychiatry Lobby
10-11am
desserts and refreshments will be served

You are cordially invited to the
Department of Psychiatry & Behavioral Sciences

Faculty Reception
March 6, 2017

Wickliffe House
5pm-7pm

Please RSVP to Kristen Mulholland (mulhollk@musc.edu) by February 27, 2017.
January 2017
13th - LGBTQ Patients 101: Practical Information for Providing Inclusive Care (CEU's offered)

February 2017
17th - TTS Series: Introduction to Prolonged Exposure for the Treatment of PTSD (CEU’s offered)

March 2017
31st - TTS Series: An Overview of Dialectical Behavior Therapy (CEU’s offered)

April 2017
21st - 3rd Annual Spring Social Work Conference (CEU’s offered)

May 2017
12th - TTS Series: Eating Disorders in Adolescents (CEU’s offered)

June 2017
1st-2nd - 30th Annual Update in Psychiatry (CME/CEU’s offered)

Visit our website for further details & online registration for all of our events:
www.musc.edu/psych events
Questions? Contact us at psych-events@musc.edu or (843) 792-8175
Get social with us!

Therapeutic Techniques & Special Populations in Psychiatry Series
AN OVERVIEW OF DIALECTICAL BEHAVIOR THERAPY
Medical University of South Carolina | Strom Thurmond Building | Cazes Auditorium | Charleston, SC
Friday, March 31, 2017 | 8:30 A.M. - 4:30 P.M.
Earn up to 6.5 CEUs*

Featuring
Amanda M. Sterling, Psy. D.
Clinical Psychologist
Medical University of South Carolina

Join us
Dialectical Behavior Therapy (DBT) is a treatment-based cognitive-behavioral treatment that was developed to address the treatment needs for individuals with borderline personality disorder (BPD). With this treatment model designed for BPD patients, these skills can be taught and used for patients with many disorders including emotional dysregulation and interpersonal difficulties. The workshop, a 3-hour intensive, will be an introduction to the four major modules of DBT including emotion regulation, interpersonal effectiveness, distress tolerance, and mindfulness. Participants will learn about an understanding of these modules and the practical knowledge to teach these concepts effectively. There will be an opportunity to observe role plays and contribute to the practical application of DBT skills.

Early Registration
<table>
<thead>
<tr>
<th>General Registration</th>
<th>On-Site Registration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Providers: $125.00</td>
<td>$150.00</td>
</tr>
<tr>
<td>MUSC Providers:</td>
<td>$115.00</td>
</tr>
<tr>
<td>$40.00</td>
<td>$65.00</td>
</tr>
</tbody>
</table>

REGISTER ONLINE AT www.musc.edu/psych events

Visit our website for further details & online registration for all of our events:
www.musc.edu/psych events
Questions? Contact us at psych-events@musc.edu or (843) 792-8175
Get social with us!
Save the Date

30th Annual Update in Psychiatry: Technology and Mental Health

June 1 - 2, 2017 • Charleston, SC

SAVE THE DATE

June 1 - 2, 2017 • Charleston, SC

30th Annual Update in Psychiatry

Technology and Mental Health

Over the past three decades, important innovative technologies have transformed mental health care. To recognize our achievements and advancements in science and clinical practice, our 2017 conference will focus on technology and mental health.

Held in beautiful downtown Charleston at MUSC’s new Bioengineering Auditorium during Charleston’s premier cultural event, Spoleto Festival USA, this conference brings together psychiatrists, psychologists, counselors, and social workers, as well as researchers, other physicians and healthcare professionals, for two days of networking and education. Be sure to join us this year for a networking reception with colleagues and community partners.

Charleston International Airport flies nonstop to 21 airports and 14 cities in the US. Come visit one of the most beloved cities in the world and see what everyone is talking about.

MARK YOUR CALENDAR!

Registration will open in February 2017

For conference details, visit us at www.musc.edu/psychevents, call (843) 792-0175 or get social with us and keep up-to-date on our year-round continuing education opportunities.
ONGOING STUDIES

Title: Low Field Magnetic Stimulation (LFMS) and Subjective/Objective Measures of Sleep
Contact: Allison Wilkerson, wilkersa@musc.edu, 843.792.4636
Description: This study is a double-blind, sham-controlled crossover pilot study of low field magnetic stimulation (LFMS) in people with insomnia. Participants will receive 4 LFMS treatments total (2 active, 2 sham) and complete 5 overnight sleep studies to explore the relationship between low field magnetic stimulation and improvement of insomnia.

Title: Eagle Eye: Validation of computer-based saccade measures as a sensitive, reliable, and freely available biomarker for tracking subtle neurocognitive changes in Parkinson's disease.
Sponsor: Michael J. Fox Foundation
Contact: Jenna Renfroe, PhD; renfroe@musc.edu; 843-792-6096
Description: This study aims to validate a computer-based task to enable clinicians and researchers to measure saccades without the cost and complexity of traditional eye-tracking equipment.

Title: Development and standardization of an iPhone-based application for quantitative measurement of the pupillary light reflex in healthy adults and patients with Parkinson’s disease. (iDilate)
Sponsor: Chairs Departmental Research Foundation
Contact: Jenna Renfroe, PhD; renfroe@musc.edu; 843-792-6096
Description: This aim of this project is to develop and standardize an application that would allow clinicians, researchers, and community-based safety personnel (e.g., police and EMS) to obtain quantitative measurements of the pupillary light reflex, a highly sensitive measure of neurological functioning.

Title: Atomoxetine Treatment for Cognitive Impairment in Parkinson’s Disease (ATM-Cog).
Sponsor: Michael J. Fox Foundation
Contact: Vanessa Hinson, MD, PhD; hinsonvk@musc.edu; 843-792-6096
Description: This RCT assessing the safety and efficacy of ATM for cognitive impairment in Parkinson’s disease.

Title: Ranger Resilience and Improved Performance on phospholipid bound Omega-3’s (RRIP-3).
Sponsor: Aker Biomarine
Contact: Travis H. Turner, PhD; turnertr@musc.edu; 843-577-5011 x5192
Description: This is a RCT examining whether supplementation with phospholipid bound omega-3 improves resiliency to psychophysiological distress in a sample of 400 candidates going through Infantry Basic Officer Leadership Course (IBOLC) and subsequent Ranger training at Ft. Benning. In addition to grades from IBOLC and success/failure in Ranger training, a number of neuropsychiatric measures are included as outcome and mediator/moderator variables.

Title: Better Resiliency Among Veterans and Non-Veterans with Omega-3’s (BRAVO)
Sponsor: Congressionally Directed Medical Research Program.
Contact: Samantha Wise; wissa@musc.edu; 843-792-2425
Description: This RCT seeks to determine if dietary supplementation with omega-3 HUFAs reduces the risk for serious suicidal behaviors in an at-risk clinical population. Changes in cognitive processes specific to suicide risk are evaluated, including implicit associations, response inhibition and sustained attention.
**ONGOING STUDIES**

**Title:** Effect of Pregnenolone on Cue-Reactivity in Marijuana-Dependent Individual.  
**Contact:** Lisa Nunn, jenkinli@musc.edu, 792-0476  
**Description:** This study explores the impact of an oral medication, pregnenolone, on drug craving following exposure to marijuana cues. Participation consists of a screening visit and one study session.

**Title:** Neural Substrates of Emotion: Impact of Cocaine Dependence  
**Contact:** Lisa Nunn, jenkinli@musc.edu, 792-0476  
**Description:** This study explores the effect of oxytocin on brain activity associated with stress in cocaine dependent individuals. Participation consists of a screening visit and one study session.

**Title:** A Randomized Controlled Trial of Varenicline for Adolescent Smoking Cessation (formal title protocol); Project Quit (nickname)  
**Contact:** Referrals – Team Intake Coordinator; Study Management - Lori Ann Ueberroth, Study Coordinator  
**Contact email:** Referrals – smokingstudy@musc.edu; Study Management – ueberro@musc.edu  
**Contact phone number:** Referrals – 792-4097; Study Management – 792-8220  
**Description:** This is a research study to determine if a medication (varenicline) helps young cigarette smokers quit. Smokers aged 14-21 who participate in the study receive medication or placebo and help with quitting during 12 weekly sessions. Smokers under 18 must have parental consent. There is no cost to participate and compensation is available to those that qualify.

**Title:** The gender-sex hormone interface with craving & stress-related changes in smoking (formal title protocol); SCOR 3 Nicotine (nickname)  
**Contact:** Referrals – Team Intake Coordinator; Study Management - Lori Ann Ueberroth, Study Coordinator  
**Contact email:** Referrals – smokingstudy@musc.edu; Study Management – ueberro@musc.edu  
**Contact phone number:** Referrals – 792-4097; Study Management – 792-8220  
**Description:** This is a non-treatment study for cigarette smokers ages 18-45, examining gender and reproductive hormone influences on smoking behavior. There is NO requirement that participants be interested in quitting smoking. The study involves 4 clinic visits and compensation is provided for those who qualify.

**Title:** Gabapentin for Relapse Prevention: Alcohol Withdrawal-Brain GABA/Glutamate Effects  
**Contact:** Konstantin Voronin, voronin@musc.edu, 792-4887  
**Description:** This treatment study is an 16-weeks outpatient clinical trial where subjects will get medication, which might help them to reduce or stop their drinking, or a placebo. This study will recruit and randomize subjects who have expressed an interest in receiving treatment for alcohol dependence. Upon enrollment into this study there will be 11 outpatient visits. Each visit will last about 1-1.5 hours.

**Title:** Low Field Magnetic Stimulation (LFMS) and Subjective/Objective Measures of Sleep  
**Contact** Allison Wilkerson, wilkersa@musc.edu, 843.792.4636  
**Description:** This study is a double-blind, sham-controlled crossover pilot study of low field magnetic stimulation (LFMS) in people with insomnia. Participants will receive 4 LFMS treatments total (2 active, 2 sham) and complete 5 overnight sleep studies to explore the relationship between low field magnetic stimulation and improvement of insomnia.
Title: Impulsivity and Drinking/Craving: Effect of a Dopamine Stabilizer Medication  
Contact: Mark Ghent, ghent@musc.edu, 792-1222  
Description: This non treatment study investigates the effects of a medication in response to alcohol. Individuals (ages 21-40) who complete the study will be paid for their participation. This study does not involve alcohol treatment.

Title: Acceptability and feasibility of the remote monitoring of smoking and relapse in adolescents  
Contact: Taylor York, york@musc.edu, 843-792-0493  
Description: This is a research study that will test a new remote monitoring technology to assess smoking in the natural environment among adolescents and young adults ages 15-25. After assessment and inclusion in the study, participants will be asked to carry two devices (smartphone and a device to assess how much they are smoking) with them for 11 days and answer questions about their smoking, mood, surroundings, etc. Participants will also be asked to make a brief quit attempt lasting for approximately 48 hours. There is no cost to participate and compensation is available to those who qualify. Remote monitoring technology has the potential for fewer clinic visits and a better understanding of smoking among adolescents and young adults.

Title: A novel approach to reduce the use, misuse and abuse of prescription opioids in pregnancy  
Contact: Connie Guille, guille@musc.edu, 843-792-6489  
Description: The aim of this study is to gather feedback from pregnant women using prescription opioids who participate in a Cognitive Behavioral Therapy for Chronic Pain program for the reduction of use, misuse and abuse of prescription opioid medication(s).

Title: Adverse early childhood experience and risk for poor obstetric outcomes in African American women  
Contact: Connie Guille, guille@musc.edu, 843-792-6489  
Description: The aim of this study is to investigate the impact of early childhood adversity on a laboratory stressor and risk for poor obstetric outcomes.

Title: Testing a Promising Treatment for Youth Substance Abuse in a Community Setting  
Contact: Dr. Scott W. Henggeler, henggesw@musc.edu, (843) 876-1800  
Description: The overriding purpose of the proposed randomized trial is to examine the effectiveness of a promising outpatient treatment of adolescent substance abuse delivered in a community-based treatment setting.

Title: Family-Based Treatment for Parental Substance Abuse and Child Maltreatment  
Contact: Dr. Cynthia C. Swenson, swensocc@musc.edu, (843) 876-1800  
Description: The purpose of this randomized controlled trial is to examine the effectiveness of the Building Stronger Families Model versus standard services in Connecticut for physically abuse and/or neglected children whose parents are experiencing severe substance abuse. The study is being implemented through a community based mental health provider. Key outcomes under examination include child behavior, parent behavior, family relations, parent to child violence, reabuse, placement, and parental substance abuse.
SUPPORTERS

Dr. Anthony C. Ross
ISLAND CHIROPRACTIC CENTRE

Mechanical treatment is complementary to medical care not an alternative

“Mechanical drivers for symptoms respond to mechanical corrections. Compensatory treatment reduces the symptoms not the mechanical cause”

In network provider for State BCBS

-Class IV Laser
-Adjunctive Therapies
-Rehabilitation
-FDA Protocol Spinal Decompression

Anthony C. Ross DC, DAAPM, CCSP
3546 Maybank Highway
John’s Island, SC 29455
iccji@bellsouth.net
charlestonchiropractic.com

Call 843-559-9111

ZERO
RESTAURANT + BAR

Pre-Theater Dining ~ Cooking Classes
Chef’s Tasting Menus ~ Happy Hour

EASTON PORTER
GROUP

DINNER TUESDAY-SUNDAY
Executive Chef Vinson Petrillo
Across from Gaillard Center at 9 George Street
ZeroRestaurantCharleston.com

CANNON GREEN
A GATHERING COMMON

Sunday Beats & Brunch ~ Chef’s Table
Private Events ~ Happy Hour

DINNER TUESDAY-SATURDAY
Executive Chef Amalia Scatena
103 Spring Street
CannonGreenCharleston.com