

Chris Gregory is an Assistant Professor in the Department of Health Sciences and Research at MUSC as well as a Research Health Scientist at the Ralph H. Johnson VAMC. His research is focused on the functional and health-related benefits of exercise in individuals following central nervous system injury or disease. In addition to investigating factors that impact walking in persons after incomplete spinal cord injury, Dr. Gregory is also studying the impact of muscle strength and power training on locomotor function in persons following stroke.