Preventing cooking fires
- Never leave hot food or appliances unattended while cooking.
- Always be alert when you are cooking and not under the influence of medication or alcohol.
- Keep anything that can catch on fire at least 3 feet from the stove, toaster oven, or other heat source.
- Keep the stovetop, burners, and oven clean.
- Do not wear loose fitting clothes that can catch fire if you stand too close to a burner.

Preventing burns and scalds
- To prevent hot food or liquid spills, use the stove’s back burner and/or turn pot handles away from the stove's edge.
- All appliance cords should be kept coiled and away from counter edges.
- Use oven mitts or potholders when moving hot food.
- Open containers that have been in the microwave slowly and away from the face.

Keeping Kids Safe
1. Create a 3 foot Kid Free Zone around the stove.
2. Never hold a child while cooking, drinking, or carrying hot foods or liquids.
3. Young children should be more than 3 feet from any place where there is hot food, drinks, pans, or trays.
4. Hot items should be kept from the edge of counters and tables.
5. Do not use a tablecloth or placemat if very young children are in the home.
6. When children are old enough, teach them to cook safely and always with help from an adult.