Summer Greetings MUWC,

I hope that you all are enjoying the summer so far. Take advantage of every minute and make the most of every day. It’s hard to believe that it’s already July! The spring was very busy for the MUWC. I certainly enjoyed all of the activities the club organized. I’m eager to jump into this year and make lasting relationships with the ladies of this organization. I am already so fond of so many of you. Your kindness and support for me has been visible, and I appreciate it more than I can say.

I hope to focus a little bit on membership this year. The MUWC has so many wonderful things to offer, and I believe we should share that with others. There is strength in numbers and the more members we have the bigger difference we can make in the lives of our students and patients and programs we offer. As you know, the MUWC is open to professional staff and administrative officers of the six colleges of MUSC as well as the spouses of professional staff and administrative officers. If each member of the MUWC extends the invitation to join to other women within this group, just think how easy it would be to have a successful membership drive. Simply put, it's a WE Team approach and it works!

I encourage members to take a look at the social groups within our organization. We offer a variety of activities for everyone. If you are interested in participating in the Movie club, Lunch bunch, Bridge club, Book club or Investment club then try it out! Go online to www.musc.edu/womensclub and take a look at what we offer. Change is a good thing, and I encourage you to try something new! Be sure to save some room on the social calendar this year for new and exciting events you and your spouse or guest can participate in. Our web page is periodically updated as new dates come out. If MUWC is not a bookmarked favorite, please make it one soon! Go ahead and put these dates on your calendar: Membership Coffee 09/17/08 at Leah Greenberg's home, the MUWC Holiday Party on 12/07/08 at the home of Peggy Underwood and the Annual Luncheon on 5/6/09 at Cindi Solomon’s. These two gracious ladies open their homes to us, and we would love everyone to come out!

The MUSC Office of Volunteer and Guest Services is always in need of magazines. We are also now taking donations of travel size toiletries. These items are collected and disbursed to ICU families. So many of our families come from out of town and the ICU stay can be long. So next time you travel, save that hotel shampoo! The hospital concierges can put it to good use! If you have ideas you would like to share with me, feel free to call me any time. I would love to hear from you! As always, I remain, Yours in Service,

Katy Kuder, President
Your New Board of Directors

President.................................Katy Kuder
President-Elect.........................Cindi Solomon
Vice President, Programs..........Barbara Warburton &
                                  JoEllen Basile
Recording Secretary...................Shaymala Kini
Corresponding Secretary...........Terri DeVane &
                                  Laura Patrick
Treasurer..................................Carol Green
Immediate Past President..........Laura Patrick

Appointed Officers
Hospitality..............................Annie Lovering
Membership..............................Sarah Nguyen
The Distaff Editor.....................Barbara Smith
Publicity.................................Susan Master
Roses for Commencement.........Lynda Selby
Web Page Editor.......................Sandy Nelson
Scholarships............................Laura Patrick
Handbook Editor.......................Katy Kuder
Liaison – CCMA........................Jean Lang
Liaison – Walk for the Cure........Annie Lovering
Liaison – Women’s History Month..Chris Conway
Chair – Posies for Patients........Debbie Lambert
Chair – Teddy Bear Day.............Jenny Reves
Chair – Roses for Commencement...Lynda Selby

Elections were held April 30th at the Annual Meeting
and Luncheon hosted again by Cindi Solomon in her
lovely home on Sullivan’s Island.

These ladies are already hard at work planning another
great year for all of us. Come to the Fall Coffee in
September to hear all the details.

Spring Activities

Posies for Patients on Valentine’s Day was again
a big success. Many thanks to all who contributed
flowers, helped us arrange them, and delivered
them to adult patients at MUSC.

The Wine Tasting finished this year’s program
schedule with a bang. A large group turned out on April 11th at
Total Wine & More for a sampling of Sonoma Valley
wines. We learned what makes this area unique, tasted seven of its wines, and had lots of fun.

On May 8th ten members of MUWC participated in our
annual Todd Carter Memorial Teddy Bear day. This event remembers Todd Carter, Debbie and Jamie
Carter’s teenage son who tragically died in an
automobile accident several years ago. Stuffed
animals are collected by our members and distributed
to adult patients at MUSC. This year we even wheeled
our cart loaded with animals down the street to Ashley
River Tower. The animals brighten the day of the adult
patients, many of whom have very little to cheer them
up. It was a very uplifting experience for all who
participated. Come join us next year.
What’s In a Rose? A net profit of $1648.00 that’s what! The Roses for Commencement project was a huge success. Lynda Selby, Erble Creasman, Judy Hand, Jane Locke, Barbara Warburton, Terri DeVane and Katy Kuder worked on the project. The group started the sale shortly before 8:00 a.m and shortly before 11:00 a.m. the roses sold out! The gross sales came to $1,948.00. Our expenses totaled $300.00 leaving the MUWC a net profit of $1,648.00!!! This project was fun, and provided a product that was much appreciated! We heard so many times comments such as, “I am so glad that you are here! We just didn’t even think about buying flowers for this occasion!” When we told our customers that the money raised will go towards scholarships for our students, they just bought more! This just goes to prove that having a purpose and doing worthwhile work really does make a difference!

Lace House Visit
On April 17th, MUWC members Denise Ciccarelli, Terri DeVane, Jane Locke, Laura Patrick and Dr. Sarah Nguyen traveled to Columbia for a garden reception hosted by South Carolina’s First Lady, Mrs. Jenny Sanford. Beverly Kirkhart spoke on “How to Turn Setbacks into Comebacks.” She is the author of My Healing Companion and Chicken Soup for the Surviving Soul. A reception was presented by Hollings Cancer Center and Haynsworth Sinkler & Boyd. Afterward our group toured the beautiful Lace House gardens on a perfect Spring evening before heading back to Charleston.

ART of Healthy Cooking
Feedback from last year’s ad hoc committee for fundraising survey revealed considerable interest in a healthy cuisine cookbook project for the coming year. With the support of the MUWC board, our club has joined with Health 1st of MUSC and the registered dietitian of MUSC’s Heart Health program to produce such a cookbook. MUWC’s Laura Patrick will be co-chairing this effort with Annie Lovering, RN (Health 1st) and Janet Carter, MS, RD LD (Pediatric Cardiology’s Heart Health). The cookbook’s title, ART of Health Cooking, recognized Ashley River Tower hospital on its cover while pictures from selected art exhibited in the hospital serve as the cookbook’s dividers. The book will sell for $15 and is to be published by early 2009.

WE NEED YOUR HELP! Janet Carter has put together a team of 8 dietetic interns whose projects for 2008-09 will include: analyzing and optimizing the nutrition of all recipes, as well as helping with our marketing and sales. But they need your recipes ASAP. Please submit as many of your favorite healthy recipes as you like. They can be e-mailed or printed/handwritten and mailed. A form is included if you want to use it. If you have questions or would like to be further involved in planning the cookbook, please contact Laura at lgpatrick@comcast.net or 884-4380. Recipes should be mailed to: Laura Patrick 667 Serotina Court, Mt. Pleasant SC 29464.

Be the next Fannie Farmer!
Treasurer’s Report 2007-2008

INCOME
Dues........................................$10,285
Donations................................... 2,455
Amazon Book Credit....................... 59
Graduation Rose Sale...................... 1,648
Wine Tasting................................ 624
CD Liquidation............................ 14,958
Total Income...........................$30,029

EXPENSE
Scholarship Recipients....................$15,000
Women’s History Month................... 100
Gift Certificates.......................... 100
Spring Luncheon.......................... 494
Oyster Roast............................... 356
Wine Tasting............................... 596
Banners/Mailings/Directories............ 594
Miscellaneous............................ 274
Transfer to CD............................ 10,000
Total Expense...........................$27,514

Current Balances:
Checking....................................$ 7,145.00
CD.............................................10,681.35
CD.............................................10,268.46

The Board has voted to again give $15,000 in scholarships. Application forms are on our website and the deadline is August 27th. We look forward to meeting the new scholarship recipients at the Fall Coffee on September 17th.

Speaking of money, YOUR DUES ARE DUE! Please take a minute to fill in the membership form included in the Distaff, or you can print one from the website, and mail it with your check to Terri DeVane, 207 Pitt Street, Mt. Pleasant 29464. As you can see the majority of our scholarship funds come directly from your dues. Thank you, and we look forward to seeing you in the fall.

What’s Happening?

Plans are underway for next year. In addition to our “regularly scheduled programs”, Fall Coffee, Holiday Party and Annual Meeting, Barbara Warburton and JoEllen Basile are working on some great ideas for group outings and social get-togethers…another wine-tasting and perhaps an oyster roast or cookout, downtown walking tour with lunch, cooking class, kayaking, and walking the bridge are just some of the possibilities. Find out all about them at the Fall Coffee. We’re also getting a group together to Walk for the Cure on October 18th. You can register through a link on our website www.musc.edu/womensclub.

Don’t miss out on the Fun!

Annual Meeting

Oyster Roast

Cheers!

The greatest discovery of any generation is that a human being can alter his life by altering his attitude.

- William James