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The Distaff
Newsletter of the Medical University Women’s Club

Katy A. Kuder, Editor
kuderk@musc.edu

December 2010

Happy Holidays to You & Yours

"It’s the most wonderful time of the year!" as the song goes. May we take time from our busy schedules to reflect what this season truly means. Not the gifts, but being thankful for all the little things in our lives. Being in good health at my age and having loved ones near is a start. Having a Board that wants the best for the organization is another. But the one I appreciate is being President of a group of women who want to give back to the University all year. May we continue to give our gifts and talents to those we come in contact with.

See you at the Holiday Party!
Debbie Lambert

dplchalacha@hotmail.com
843-795-2285

THE MUWC HOLIDAY PARTY
A Holiday Brunch.
Sunday, December 5, 2010

1:00 p.m.

Held at the Home of Paul and Peggy Underwood
5150 Chisolm Road, Johns Island, "Black Pond"

"R.S.V.P. to Cecily DiPiro
216-6060 or southpole@comcast.net

Directions to the Underwood's Home:

From Highway 17 South:
At first traffic light after the bridge turn right onto Chisolm Road.
Go 5.5 miles. When you see the "Black Pond" sign turn right and then bear left through the gate and follow the driveway.

From James Island/Maybank Highway:
Follow Maybank Highway across Stono Bridge
At first traffic light turn right onto River Road. Follow to the traffic light.
Go straight through the light and the road becomes Chisolm Road.
Go 5.5 miles. When you see the "Black Pond" sign turn right and then bear left through the gate and follow the driveway.
Turn left on Main Road towards Kiawah and Seabrook.

THE PERFECT HOLIDAY GIFT!
"Voted Top 10 Finalist in the Morris Press Cookbook Design Contest"
Give a cookbook this holiday! We will be selling the cookbook from 11:30 - 1:30 at both the ART lobby and the MUSC Farmer's Markets on Friday, Dec. 3rd and the 17th. And on Friday, Dec. 10th there is a combination cookbook and food sale at the ART and Main Hospital lobbies. The ART of Healthy Cooking team (Laura, Annie, and myself) are planning an exciting event, and we'd love any help that we could get. It is a Food Sale, different from the typical bake sale in that we will be offering all kinds of foods (not just sweets) from the recipes in the cookbook. We have picked out many of the recipes that we think would work for this type of event, and we were hoping to get help from you all. The event is planned for Friday 12/10, from 11:30 A.M. until 1:30 P.M., so please let me know as soon as you can if you would like to make a dish or two for this unique event. We are hoping to sell a lot of cookbooks during this sale, as well, since folks will be able to sample the scrumptious recipes! - Thank you so much, Janet Carter 792-4717
Please stop by on Saturday, Dec. 11th as a team of our volunteers will be selling the "ART of Healthy Cooking" at the 2010 Holiday Market & Craft Show in Mt. Pleasant from 11 until 3. This market is located on the grounds of Moultrie Middle School on Coleman Blvd. in Mt. Pleasant. We are booth #84 and will be near the school building. Please stop by as you do holiday shopping.

Please let me know if you have any questions.
-Laura

Back by popular demand!

MUWC is proud to announce the return of Be a Tourist in Your Own Town as a great activity for the month of January. Over the past few years, members have thoroughly enjoyed re-discovering Charleston. Each pass costs $20. Our group will decide on the best days in January to tour and the attractions that are of interest.

There are 28 attractions from which to choose and on Tuesday, January 25th, Dining Divas will choose from one of the 22 discounted restaurants. Check this link for more information:


Tickets are available now through December 31st and can be purchased online at www.beatourist.net, by calling 853-8000 or visiting any official area visitor center.

To stay informed with the plans, once you have purchased your pass, email or call Cecily DiPiro southpole@comcast.net or 216-6060 to be placed on a group email list.

Start the New Year with a new and different look at Charleston!

FLU Shots given Monday -Friday at MUSC Employee Health from 7:30 a.m. -3:30 p.m. As a MUWC member, you are apart of the MUSC Volunteer Program. Get your Flu Shot today!
CLUB CORNER CONTACTS

**Lunch Bunch** - RSVP to Betty Howell, 577-6285, bettyhowell25@att.net

**Bridge Club** - Contact: Jenny Reves, 209-9857 (cell) or 853-5970, or jennyreves@yahoo.com

**Book Club** - Contact: Terri DeVane, terri.devane@gmail.com & phone 559-3636

**The Investment Club** - The Investment Club meets the last Tuesday of the month at the downtown Charleston County Library, 1:30 PM. Meeting Room B. Newcomers are welcome. If you have any questions or would like more information, please email Laura Patrick or call her at 884-4380, lgpatrick@comcast.net

**Mahjongg Club** - Sunny Steinberg, 884-3991, samuel22@bellsouth.net

**Dining Divas** - Contact Debbie Lambert, 795-2285 or dpl_chalacha@hotmail.com

PLEASE CONTACT THE CHAIR LISTED ABOVE FOR DATES AND SCHEDULES OF UPCOMING EVENTS. WE ARE ALWAYS LOOKING FOR NEW PEOPLE TO JOIN IN! COME ON, TRY US OUT TODAY!

FRENCH QUARTER ART WALK AND CAROLINA'S RESTAURANT

WHEN: December 3, Friday, 5-8 pm,
WHERE: 10 Exchange Street
TIME: 5:00 p.m. - 8:00 p.m.

What a fun way to conclude a busy work week.
Begin the evening by joining other MUWC members and their guests at Carolina’s Restaurant for Happy Hour (5-6 pm) $4 for wine and 1/2 price food items from the bar menu (small portion size). Then the evening progresses to participating art galleries throughout the French Quarter. Start with East Bay then on to Broad, Church, Cumberland, Queen and Chalmers. Meander back to Carolina’s if you wish.

RSVP: M.E. Canaday, 843-216-1329

DINING DIVAS CALENDAR

Designed for the working women of MUSC! Come dine and socialize with us at the following locations during the coming year. Meeting times will be at 5:30 p.m. unless it is marked as a lunch date which will start at 12 Noon.

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
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<tbody>
<tr>
<td>01/27/11</td>
<td>We will pick a restaurant from “Tourist in Your Own Town” list</td>
</tr>
<tr>
<td>02/23/11</td>
<td>HALO - Across from the MUSC Horseshoe (Lunch)</td>
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<tr>
<td>03/31/11</td>
<td>Saffron Café’ and Bakery, 333 East Bay Street</td>
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<tr>
<td>04/28/11</td>
<td>The Hominy Grill, 207 Rutledge Ave</td>
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<td>05/26/11</td>
<td>Group Choice</td>
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You better watch out, You better not Cry,
You better be good, I'm telling you why
Santa Claus is coming to TOWN!

Happy Holidays to You!

Our Website - www.musc.edu/womensclub
MUWC APPLICATION: _____ New Member _____Renewing Member

Name______________________________________________ College/Dept/Title_____________________

Address______________________________________________________

Ph: H____________W____________ C____________ Email_________________________________

Spouse’s Name________________________________________ College/Dept/Title_____________________

I am interested in joining: ______Book Club _____Lunch Bunch _______Bridge Club _____MahJong ____Investment Club

I am interested in volunteering for: _____________________MUWC Projects ___________Hospital Volunteer

Send this form with your tax-deductible dues to: Terri DeVane 5092 Chisolm Road, Johns Island, SC 29455

Amount Enclosed: $ _______________________ (Payable to MUWC)