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The Distaff
Newsletter of the Medical University Women's Club
www.musc.edu/womensclub

SPOTLIGHT ON A MEMBER

Jenny Reves

This is what retirement is all about!!! In May 2011, Jerry and I embarked on a cruise that will cover over 6000 miles and encompass half of the United States. This trip is called "The Great Loop" and is traveled entirely on the water. It includes the Intracoastal Waterway, Chesapeake Bay, Hudson River, canals and rivers of Canada, Great Lakes, Mississippi River, rivers of Tennessee and Alabama, around the Gulf coast of Florida and back up to Charleston along the east coasts of Florida, Georgia and South Carolina. The loop takes most boats about 9 months depending on the speed of the boat, but our trip will take us about a year to complete since we have some side trips planned and will be home for Thanksgiving and through the cold part of winter. You can
follow us on our journey at www.sweetgrassadventures.com.

We are making this trip on our trawler "Sweetgrass", a 41-foot Roughwater built in 1984. This is a motor "yacht" with an average cruising speed of 7 knots. At this slow speed one has plenty of time to enjoy the scenery.

We are currently at the northern end of Lake Champlain with Canada a mile away. We've explored small towns on the Chesapeake, docked in Jersey City with the Manhattan skyline across the river, toured the Statue of Liberty, took a side trip to Philadelphia, and cruised up the Hudson River with stops along the way. The Canadian section of the trip is considered to have the most spectacular scenery, while our home port of Charleston gets great marks as one of the best cities on the loop.

Life on a boat is truly different than on land. It is amazing how you really do lose track of time when cruising. To be specific, one completely loses track of what day it is. We do not have T.V. (and we don't miss it) so we don't see any news broadcasts. We occasionally will see a newspaper and try to listen to NPR so we can learn of major events. Computer access is available (sometimes) so we are not completely out of touch.

Life on a boat is not convenient, in fact it is pretty inconvenient in many ways. Things that you take for granted at a land-based home such as a car, electricity, plumbing and running water, dishwasher, garbage disposal, washer and dryer, television, local gym or pool for exercise, and mail delivery are either non existent on a boat or require lots of planning and coordination to accomplish.

The inconvenience of all these things allows you to see life in a completely different way. You become more self-sufficient, learn to work better together with your spouse, see sights and places that you wouldn't see by car, and experience sunrises and sunsets that are spectacular.

The following words of Mark Twain hold true for what we are now experiencing: "Twenty years from now, you will be more disappointed by the things you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover."
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TODD CARTER TEDDY BEAR DAY

Wednesday, October 26th

Thank you to everyone who has already donated stuffed animals for this event!
MUWC NEW INTEREST GROUP

SUPPER CLUB

SUPER CLUB has been a functioning group within MUWC for just one year, yet the people involved have already developed great friendships.

The group meets at least once every two months. The hosts open up their home for the evening and decide the theme and menu. Everyone brings a dish and a bottle of wine.

For more information, contact Debbie Lambert

MUWC SCHOLARSHIP APPLICATIONS ARE AVAILABLE ON LINE

The Medical University Women's Club invites students in all six colleges who have financial needs to apply for its annual scholarships. Awards are generated through the proceeds of the club's various fundraisers and membership dues. Applications are accepted from full-time MUSC students in their second or subsequent years. Previous applicants may reapply.
Chair for Roses

for Commencement:

Jane Drabkin

Cookbook Chair:

Laura Patrick

Please encourage any qualified students to apply.

Applications are due by August 29.

Winners will be recognized at the MUWC Fall Coffee.

2011 Scholarship Application

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The Art of Health Cooking

Congratulations and thanks once again to Laura Patrick, Annie Steele and all the people who contributed to the success of the cookbook.

Over $8,000 was earned this year to be used for MUWC scholarships.

Thank you!
WHY NOT VOLUNTEER AT THE GREATEST PLACE IN CHARLESTON?
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Come volunteer today! Go to www.MUSCHealth.com/volunteer

Our Website - www.musc.edu/womensclub

MUWC APPLICATION:

_____ New Member _____Renewing Member

Name__________________________________________ College/Dept/Title_____________________

Address______________________________________________________________

Ph: H____________W____________C_______________ Email______________________________

Spouse's Name___________________________________ College/Dept/Title____________________

I am interested in joining: _____ Book Club _____Lunch Bunch _____Bridge Club _____MahJong _____Investment Club
I am interested in volunteering for: ____________________MUWC Projects _________Hospital Volunteer

Send this form with your tax-deductible dues to:
Terri DeVane 5092 Chisolm Road, Johns Island, SC  29455

Amount Enclosed: $ _______________________ (Payable to MUWC)