March brings upon us St. Patrick’s Day, National Nutrition Month and the blossoming of Spring! Even if you aren’t Irish, it’s always fun to wear St. Patty green. We will be celebrating this occasion with a Supper Club on Saturday, March 16th hosted by the O’Squires. For more information, email Kathy at ntimid8r51@comcast.net.

We are three months into 2013.......have you kept to your New Year’s resolutions? Did they involve better nutrition? For tips on nutrition, visit http://www.eatright.org. With Spring just around the corner, consider planting a vegetable or herb garden. Then feel free to invite me over to sample the harvest!

I hope to see you at the monthly Lunch Bunch Thursday, March 7th at the Irish Pub, Madra Rue located off Park Circle in N. Charleston. In addition, our 1st monthly activity is planned for March 5th when we head for Beads and Brush Strokes (by Country Bumpkin) at 918 Lansing Dr. in Mt. Pleasant to learn how to make jewelry. Please contact Jane Locke at lockejaneb@aol.com to sign up.
Bridge Club
Contact: Jenny Reves
Friday, March 15th
at the home of Susan Brooks

MUWC Book Group
Contact: Terri DeVane
Wednesday, Feb. 13th
at 2pm
the home of Maria Cordova
948 Equestrian Drive
Mt. Pleasant
The book to be discussed:
The Art of Fielding
by Chad Harbach

MUWC Evening Book
& Scarf Group
Contact: Terri DeVane
Wednesday, Mar. 20th
at 5:30 pm.

The Art of Fielding
by Chad Harbach

February Lunch Bunch @
Dragon Palace Chinese Bistro

L to R: Pic 1 Carol Green, Loray Sorto (guest), Kathy Squires, Terri DeVane, Erble Creasman, Cecily DiPiro;
Pic 2 clockwise: Tiffany Takacs, Donna Draughn, Erble Creasman, Cecily DiPiro, Laura Patrick, Kathy Rockey, Karen Gemmill
Meet at The Aqua Lounge
Marriott, Lockwood Dr.

The book to be discussed:
The Gift of Rain
by Tan Twan Eng

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Supper Club
Contact: Debbie Lambert
St. Patrick’s Theme
March 16th 6pm

At the home of Kathy Squires

Assistant, Marcus Middleton with CHEF LIZ VENA

Pic 1: Cecily DiPiro, Deborah Williamson (guest), Susan Wamsley, Catherine Cummins; Pic 2: Peggy Underwood, Mary Muller (guest), Libby Burns (guest), Megan Zwerner; Pic 3: Jean Lang, Terri DeVane, Laura Patrick

Pic 4: Kay Chitty (guest), Leah Greenberg, Courtenay Fain (guest); Pic 5: Jill Katz, Mariela Perez-Ralston, Eugenia Minniti (guest)
Pic 6: Laura Schonholz, Kathy Harrison-Rockey, Tiffany Takacs

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The Investment Club
Contact: Laura Patrick
Meets at 1:30 on the last Tuesday of each month at the Charleston Public Library, Calhoun St., Meeting Room A

Our Menu
Warm Butterbean & Mixed Greens Salad
Butternut Squash Risotto with Seared Tilapia
Chocolate Souffle with Caramel Sauce
Hostess, Jane Locke

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**Mahjongg Club**
Contact: Kathy Kraft or Karen Gemmill
Thursday, March 28th
at the home of Karen Gemmill
2944 Amberhill Way
West Ashley

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For more photos and step by step images of the cooking
click on this link
[http://muscwomensclub.shutterfly.com/2057](http://muscwomensclub.shutterfly.com/2057)

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**Scenes from Supper Club's Hippie Party**

1st Place Costume Winners: Laura and Ken Patrick

L to R: JoAnn Rampton, Karen Gemmill, Bob Gemmill, Jane Drabkin
Welcome Brunch for New Members
Hosted by Susan Wamsley

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Jane Drabkin

Cookbook Chair:
Laura Patrick

Chris Conway, Karen Gemmill, Sadhna Patel, Jane Drabkin, Mariela Perez-Ralston

Karen Gemmill, Jane Drabkin, Patti Sachs (new member)

Kathy Harrison-Rockey (new member), Cecily DiPiro, Barbara Bartynski (new member), Cathy Melvin (new member), Jane Locke
Women's History Month

To Learn More
click here:

Book Groups

The Post & Courier’s Book & Author Luncheon is April 5th. As of February 25th, Miss Manners, Bob Dotson and Linda Greenlaw have been booked as speakers. Although the price is TBA it is traditionally around $45 & seating is limited. Our table of 8 is first come, then a waiting list. Contact Terri DeVane

To view book lists for 2012-13 and meeting dates click here:
http://academicdepartments.musc.edu/womensclub/bookclub/index.htm

Posies for Patients 2013

Posies for Patients was once again a great success, thanks to all the support from so many wonderful MUWC members and friends. Your donations of creative talent, money, vases, garden greens, and/or flowers made it possible to brighten...
garden greens, and/or flowers made it possible to brighten the day of over two hundred MUSC patients.

We were even left with extra arrangements which were offered to grateful members of Volunteer Services, many nurses' stations and MUSC/hospital staff!! This made for a very special day, February 21st.

Megan Zwerner - Coordinator

L to R: Jane Locke, Susan Wamsley, Donna Draughn, Megan Zwerner, Laura Patrick, Terri DeVane, Lynda Selby, Jill Katz, Stephanie Aston-Jones

MANY thanks to all of you who made our 2013 Posies event a success:
Stephanie Aston-Jones
Barbara Bartynski
Jo Ellen Basile
Kay Chitty
Chris Christopher
Chris Conway
Maria Cordova-Salinas
Erble Creasman
Catherine Cummins
Terri DeVane
Cecily DiPiro
Donna Draughn
Jane Drabkin
Karen Gemmill
Carol Green
Leah Greenberg
Jill Katz
Katherine Kraft
Katy Kuder
Debbie Lambert
Meggett Lavin
Jane Locke
Susan Master
Gwen McCurdy
Mary Underwood Muller
Laura Patrick (and Ken!)
Mariela Perez-Ralston
Kathy Rockey
Lynda Selby
Barbara Smith
Kathy Squires
Sunny Steinberg
Tiffany Takacs
Peggy Underwood
Jo Lynn Waller
Susan Wamsley
Barbara Warburton
Early Spring

Jane, Stephanie, and Susan

Lynda loading a cart
Candy Stripers & Junior Volunteer Program 2013

Do you know a young person who is looking for summer volunteer opportunities?

The goal of the MUSC 2013 Candy Striper & Volunteer Program is to provide positive, energetic male & female students (ages 14-18) who are possibly interested in healthcare or other real world experience with an environment and an opportunity to learn, help others, build friendships, and give back. The program also provides assistance to departments that could use extra sets of hands.

Volunteering can be a rewarding way to spend the summer!

Here is the link

http://www.muschealth.com/volunteer/candystriper.htm
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Dates for March Calendar

March 5th - Jewelry Making Class 10 am at "Beads & Brush Strokes"
918 Lansing Dr. Mt. Pleasant - across the street from Trader Joe's

March 21st - 3 Cheeses in 3 Hours 10:30 am - Cheese Making Class
at the home of Mariela Perez-Ralston on Headquarters Island, Johns Island

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Spring Calendar

April 2nd - Tour of the SC Governor's Mansion
April 5th - P & C Book and Author Luncheon
April 25 (TENTATIVE) - Full Moon Kayaking
May 9th - Spring Luncheon
May 17th - Roses for Commencement

For more information on all these events
Contact Jane Locke