The Distaff
Newsletter of the Medical University Women's Club

Laura Patrick, Editor
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February 2014

MESSAGE FROM THE PRESIDENT

SPECIAL INTEREST GROUPS

Lunch Bunch
Contact: Kathy Squires
Noon on Thursday
Thursday, February 5th
Leyla Restaurant
298 King Street
RSVP to Kathy ntimid891@gmail.com
703.244.3956

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Bridge Club
Contact: Jenny Reves
Friday, February 21st
Hosted by Jill Katz

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MUWC Book Group
Contact: Terri DeVane
February 12th
10am Road Trip to Hobcaw Barony

Baroness of Hobcaw:
The Life of Belle
by Mary E. Miller Baruch

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MUWC Evening Book & Scarf Group
Contact: Terri DeVane
Tuesday, February 18
at 5:30 pm
Meet in the Lobby Marriott, Lockwood Dr.
Let the Great World Spin
by

Holiday Book Swaps
*Evening Group*

I am writing to you from New York experiencing yet another "Polar Vortex" with winds approaching 30 mph and temperatures in the teens. I am definitely anxious to return to the low country’s “balmy” February temperatures!

While spring seems a long way off, I am looking forward to our annual Posies for Patients event this Wednesday, January 29th when we will create over 200 springtime flower arrangements for our MUSC patients. We are so grateful to have the many MUWC volunteers joining us this year for Posies. In February we continue with the flower theme as we make greeting cards using pressed flowers with Oshibana artist Mila Garro. For March we will have the opportunity to take our annual hike with Ken Patrick at the Santee Delta March 9th. Our trip to Bull Island has been rescheduled for March 29th (see details below). I trust that the weather will be just perfect for these outdoor activities by then. Watch for more upcoming MUWC event emails in the coming weeks!

Until next month,

Megan Zwerner

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Colum McCann

LET THE GREAT WORLD SPIN

Colum McCann

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Supper Club
Contact: Debbie Lambert

TBD

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The Investment Club
Contact: Laura Patrick

Meets at 1:30 on the last Tuesday of each month at the Charleston Public Library, Calhoun St., Meeting Room A

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Mahjongg Club
Contact: Kathy Kraft or Karen Gemmill

Thursday, Feb 27 at the home of Betty Bear

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Ravenel Bridge Walkers
Contact
Kathy Harrison Rockey
388-4294
*Afternoon Group*

L to R: Pic 1 Ledlie Bell, Biljana Lanier; Pic 2 Jane Locke

L to R: Chris Conway, JoLynn Waller, Donna Draughn, Jo Ellen Basile
BOARD OF DIRECTORS

President: Megan Zwerner
President-Elect: Charlotte Gillispie
Vice President of Programs: Jane Locke & Mariela Perez-Ralston
Vice President Membership: Cecily DiPiro
Recording Secretary: Kathy Harrison-Rockey
Corresponding Secretary: Karen Gemmill
Treasurer: Sadhna Patel
Immediate Past President: Tiffany Takacs

APPOINTED OFFICERS AND COMMITTEE CHAIRS:
Parliamentarian & Historian: Stephanie Aston-Jones
Hospitality: Jill Katz
“The Distaff” Editor: Laura Patrick
Handbook: Terri DeVane
Scholarships: Tiffany Takacs
Web Site: Kristi Adams
Communications: Susan Master
Publicity: Laura Patrick

To view all the Shutterfly pictures from Holiday Book Groups
Click Here
https://muscwomensclub.shutterfly.com/2457

In January Lunch Bunch Visited Bacco
Liaison to CCMA:
Jean Lang

Liaison to MUSC Women's History Month:
Chris Conway

Chair for Posies for Patients:
Jo Ellen Basile

Chair for Teddy Bear Day:
Catherine Cummins

Chair for Roses for Commencement:
Lynda Selby & Stephanie Aston-Jones

Cookbook Chair:
Laura Patrick

Quick Hot-Links...

MUWC Website
Amazon.com
MUSC Directory
Waring Historical Library
The Catalyst
Distaff Editor
MUWC Pictures

L to R: Kathy Rockey, Edie Rubin, Kathy Squires, Jane Locke Tiffany Takacs, (standing) Cecily DiPino, Carol Green, Jenny Reves, and (seated) Renee D'Agostino, Charlotte Gillespie, Patti Sachs, Jean Lang, JoAnn Rampton, Laura Patrick

Making Bracelets
Standing L to R: Mariela Perez-Ralston, Jane Locke, Tiffany Takacs, Susan Wamsley, Renee D'Agostino, Barbara Smith; Seated L to R: Karen Gemmill, Terri DeVane, Jean Lang, Laura Patrick, Megan Zwermer
Fundraising @ SEWE Feb 14, 15, 16

Charles Bear Photography (Betty Bear's brother) is exhibiting at the Southeastern Wildlife Exposition.

His art will be in the atrium at the Embassy Suites Hotel @ Marion Square, no ticket is needed to view the exhibits.

Remember to mention MUWC! When a member or friend of the MUWC purchases any of his photos/art work, he will donate 15% of that sale to the MUWC Scholarship fund.
OSHIBANA CLASS
with artist Mila Garro
Thursday, February 20th, 10:00 am - noon
Cost: $18.00 includes all materials, soft drinks and cookies. (Please bring cash or check to class.)
*Maximum 12 people.
**RSVP by Tuesday, February 18 to Mariela Perez-Ralston at mariela_perez@hotmail.com or 917-647-7595

In this two-hour workshop, we will be creating a unique representation of your individual creativity using pressed flowers. Through the creation of greeting cards you will learn about different materials for background, what kind of flowers to use and how to protect them.

www.PaintingwithPetals.com
SOUTHAMPTON POINTE CLUBHOUSE in library room
2500 Beaucastel Road, Mount Pleasant, SC 29464
Trip to Bulls Island March 29th
$45.00 per person 10am-3pm
We will leave Garris Landing at 10:00 am.
RSVP no later than February 24th

There is lots of walking involved on this excursion. It is a mile and a half to the beach and, of course, a mile and a half back to the dock. We will take our own lunch and drinks, there is no food or water provided. Picnic tables are available and bathrooms on the island are near the docks. This is an undeveloped barrier island.

**Spouses and friends are also invited**

Checks can be mailed to Jane Locke
1373 Woodlock Road, Mt. Pleasant, SC 29464
Make check out to Coastal Expeditions.
email Jane Locke or call her at 843.819.3508 to rsvp

The boat to the island takes about 30 minutes. While on board, you'll be able to move around to take in the pristine views. Once on the island, you'll be on your own to explore the 16 miles of trails and seven miles of sandy beach. Be prepared with sunscreen, bottled water, insect repellent, jacket, good walking shoes (not sandals), and snacks to ensure a comfortable day. A short walk from the ferry you will find bathroom facilities, picnic area, and storm shelter. From there, you can decide to walk straight to the beach or to a walking trail.
Click here to see a YouTube video of the Boneyard.
http://www.youtube.com/watch?feature=player_embedded&v=y8_6VcZ8yA4

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Start Heart Month off right by clicking here 👇
take MUSC's free Heart Aware Online Risk Assessment.
This free, confidential tool evaluates your risk of cardiovascular disease, including congestive heart disease, in 10 minutes.

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Dates for Your February and March Calendars

Thursday, February 20th - Oshibana Art Class with artist Mila Garro at her studio in Mt. Pleasant
10 am - noon $18.00 Limit of 12 spaces
RSVP to Mariela Perez-Ralston or 917-647-7595

Sunday, March 9th - Nature Hike with Ken Patrick
The Santee Delta, meet at Kohls 11am to carpool
RSVP to Jane Locke 819-3508

Date TBD - Tasty Image Chocolate making class
Belle Hall Shopping Center, Mt. Pleasant
RSVP to Mariela Perez-Ralston or 917-647-7595

Saturday, March 29 - Bull Island Trip rescheduled
10am - 3pm with Coastal Expeditions
RSVP to Jane Locke 819-3508 by February 24th